

VII ZIMOWA BIESZCZADZKA DYCHA 2021

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Zimowy Maraton Bieszczadzki 2021
Fundacja Bieg Rzeźnika
2021-03-20
Cisna
10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	LEW Beata	2086	FART CIERPISZ	K40	1	01:14:26.05		7:26	8.1 (100%)
2	BERENDT Agnieszka	2003		K40	2	01:19:27.80	+00:05:01 (6.3%)	7:56	7.6 (93.8%)
3	BISS-MIERZWIŃSKA Magdalena	2009		K40	3	01:21:17.00	+00:06:50 (8.4%)	8:07	7.4 (91.4%)
4	PASIEKA Agnieszka	2114	KB ATLETIC ZRĘCIN	K40	4	01:23:07.40	+00:08:41 (10.5%)	8:18	7.2 (88.9%)
5	KRAWCZYK-BIELECKA Dagmara	2076	SZYMANOWSKI TRIATHLON TEAM	K40	5	01:24:26.00	+00:09:59 (11.8%)	8:26	7.1 (87.7%)
6	KOCHANOWSKA Anna	2064	CZEWARUNTIM	K40	6	01:27:48.45	+00:13:22 (15.2%)	8:46	6.8 (84.0%)
7	ZYCHOWICZ Daria	2188	RUN TEAM TYGRYSY ORZYSZ	K40	7	01:30:45.95	+00:16:19 (18.0%)	9:04	6.6 (81.5%)
8	GÓRKA Jolanta	2042	SUSKA GRUPA BIEGOWA	K40	8	01:36:36.60	+00:22:10 (23.0%)	9:39	6.2 (76.5%)
9	ZAKRZEWSKA Anna	2181		K40	9	01:36:37.70	+00:22:11 (23.0%)	9:39	6.2 (76.5%)
10	KAMIŃSKA -ZAWISZA Ewelina	2054		K40	10	01:36:57.40	+00:22:31 (23.2%)	9:41	6.2 (76.5%)
11	KUTA Anna	2212		K40	11	01:37:18.00	+00:22:51 (23.5%)	9:43	6.2 (76.5%)
12	STANIKOWSKA Anna Ewa	2150		K40	12	01:38:01.05	+00:23:35 (24.1%)	9:48	6.1 (75.3%)
13	SADURA Anna	2136	RUN TEAM TYGRYSY ORZYSZ	K40	13	01:39:37.70	+00:25:11 (25.3%)	9:57	6 (74.1%)
14	PETER Katarzyna	2119		K40	14	01:42:32.05	+00:28:06 (27.4%)	10:15	5.9 (72.8%)
15	ZIOBROWSKA Agnieszka	2187		K40	15	01:42:35.60	+00:28:09 (27.4%)	10:15	5.8 (71.6%)
16	LIChNOWSKA Anna	2088		K40	16	01:43:12.75	+00:28:46 (27.9%)	10:19	5.8 (71.6%)
17	CZAŁPIŃSKA Joanna	2020		K40	17	01:44:32.90	+00:30:06 (28.8%)	10:27	5.7 (70.4%)
18	GALUS Agnieszka	2036		K40	18	01:46:26.70	+00:32:00 (30.1%)	10:38	5.6 (69.1%)
19	BOROWIEC-RÓŻYCKA Magdalena	2012	BIEGAJĄCY ŚWIDNIK	K40	19	01:47:09.95	+00:32:43 (30.5%)	10:42	5.6 (69.1%)
20	MIKSZA Aneta	2100	CROSSFITTER BOX CHEŁM	K40	20	01:47:20.80	+00:32:54 (30.7%)	10:44	5.6 (69.1%)
21	JĘDRZEJCZYK Agnieszka	2206	LECĘ BO CHCĘ ...	K40	21	01:51:40.65	+00:37:14 (33.3%)	11:10	5.4 (66.7%)
22	WIECZOREK Joanna	2177	MARKOWI BIEGACZE	K40	22	01:55:03.60	+00:40:37 (35.3%)	11:30	5.2 (64.2%)
23	BROŻYNA Magda	2015		K40	23	01:57:42.35	+00:43:16 (36.8%)	11:46	5.1 (63.0%)
24	SYRYJCZYK-SACZUK Joanna	2158		K40	24	01:59:18.45	+00:44:52 (37.6%)	11:55	5 (61.7%)
25	OCHWAT Elżbieta	2243	UKS ARKA UMIESZCZ	K40	25	02:08:22.05	+00:53:56 (42.0%)	12:50	4.7 (58.0%)
26	KOPIEC Iwona	2067		K40	26	02:10:35.20	+00:56:09 (43.0%)	13:03	4.6 (56.8%)
27	SKOREK-MASZOTA Weronika	2141	PADŁ NA RYJ TEAM	K40	27	02:11:18.55	+00:56:52 (43.3%)	13:07	4.6 (56.8%)
28	MALCZEWSKA Anna	2252	MALCZUSIA TEAM	K40	28	02:20:31.90	+01:06:05 (47.0%)	14:03	4.3 (53.1%)
29	JABŁOŃSKA Grażyna	2247		K40	29	03:30:56.90	+02:16:30 (64.7%)	21:05	2.8 (34.6%)

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30	GRZEGOREK Justyna	2044		K40	30	03:31:04.80	+02:16:38 (64.7%)	21:06	2.8 (34.6%)

Znaleziono 30 wynik(ów)