

VII ZIMOWA BIESZCZADZKA DYCHA 2021

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Zimowy Maraton Bieszczadzki 2021
Fundacja Bieg Rzeźnika
2021-03-20
Cisna
10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	KAPUSTA-SZYDŁAK Sylwia	2208	RZESZOWSKA AKADEMIA KOLARSKA	K30	1	01:00:07.15		6:00	10 (100%)
2	KIELAR Kamila	2061		K30	2	01:10:21.90	+00:10:14 (14.6%)	7:02	8.5 (85.0%)
3	SZTORC Joanna	2161		K30	3	01:12:36.10	+00:12:28 (17.2%)	7:15	8.3 (83.0%)
4	LEW Beata	2086	FART CIERPISZ	K40	1	01:14:26.05	+00:14:18 (19.2%)	7:26	8.1 (81.0%)
5	POTERA Krystyna	2130	FRYTKÓW!!!	K30	4	01:14:26.55	+00:14:19 (19.2%)	7:26	8.1 (81.0%)
6	MACIĄG Aniela	2090	SZYMANOWSKI TRIATHLON TEAM	K20	1	01:15:38.65	+00:15:31 (20.5%)	7:33	7.9 (79.0%)
7	SIERGIEJ Elżbieta	2139	RUN TEAM TYGRYSY ORZYSZ	K50	1	01:17:16.75	+00:17:09 (22.2%)	7:43	7.8 (78.0%)
8	BERENDT Agnieszka	2003		K40	2	01:19:27.80	+00:19:20 (24.3%)	7:56	7.6 (76.0%)
9	TADLA Izabela	2164		K30	5	01:19:47.40	+00:19:40 (24.7%)	7:58	7.5 (75.0%)
10	BISS-MIERZWIŃSKA Magdalena	2009		K40	3	01:21:17.00	+00:21:09 (26.0%)	8:07	7.4 (74.0%)
11	SMOLIK Katarzyna	2143	KB ATHLETIC ZRĘCIN/PAWKO RUNNER TEAM	K20	2	01:23:06.05	+00:22:58 (27.7%)	8:18	7.2 (72.0%)
12	BIESZCZAD Regina	2008	KB ATHLETIC ZRĘCIN	K20	3	01:23:06.70	+00:22:59 (27.7%)	8:18	7.2 (72.0%)
13	PASIEKA Agnieszka	2114	KB ATLETIC ZRĘCIN	K40	4	01:23:07.40	+00:23:00 (27.7%)	8:18	7.2 (72.0%)
14	WAŁACHOWSKA Urszula	2228	SOLINA TEAM	K30	6	01:23:54.70	+00:23:47 (28.4%)	8:23	7.2 (72.0%)
15	OPIELAK Wiktoria	2108	SZYMANOWSKI TRIATHLON TEAM	K20	4	01:23:58.75	+00:23:51 (28.4%)	8:23	7.1 (71.0%)
16	KRAWCZYK-BIELECKA Dagmara	2076	SZYMANOWSKI TRIATHLON TEAM	K40	5	01:24:26.00	+00:24:18 (28.8%)	8:26	7.1 (71.0%)
17	DZIENISIK Justyna	2031	RUN TEAM ORZYSZ	K20	5	01:26:24.65	+00:26:17 (30.4%)	8:38	6.9 (69.0%)
18	KOCHANOWSKA Anna	2064	CZEWARUNTIM	K40	6	01:27:48.45	+00:27:41 (31.5%)	8:46	6.8 (68.0%)
19	IZDEBSKA Ewa	2048		K20	6	01:28:57.15	+00:28:50 (32.4%)	8:53	6.7 (67.0%)
20	PIWOWARSKA Kinga	2126		K20	7	01:29:09.75	+00:29:02 (32.6%)	8:54	6.7 (67.0%)
21	KRUPA Ewa	2079		K20	8	01:30:13.05	+00:30:05 (33.4%)	9:01	6.7 (67.0%)
22	KAMIŃSKA Katarzyna	2249		K30	7	01:30:30.25	+00:30:23 (33.6%)	9:03	6.6 (66.0%)
23	ZYCHOWICZ Daria	2188	RUN TEAM TYGRYSY ORZYSZ	K40	7	01:30:45.95	+00:30:38 (33.8%)	9:04	6.6 (66.0%)
24	KOTEWICZ Judyta	2072	RADOMNO BIEGA	K30	8	01:31:01.05	+00:30:53 (33.9%)	9:06	6.6 (66.0%)
25	SZCZĘSNA Anna	2159		K30	9	01:31:01.10	+00:30:53 (33.9%)	9:06	6.6 (66.0%)
26	MACIEWICZ Teresa	2091		K50	2	01:31:12.00	+00:31:04 (34.1%)	9:07	6.6 (66.0%)
27	WALASZEK Karolina	2244	PORMAT JEDLICZE BIEGA	K20	9	01:31:24.90	+00:31:17 (34.2%)	9:08	6.6 (66.0%)
28	PIESZCZOCH Monika	2124		K30	10	01:32:02.90	+00:31:55 (34.7%)	9:12	6.5 (65.0%)
29	KALICKA Justyna	2242		K20	10	01:32:56.85	+00:32:49 (35.3%)	9:17	6.5 (65.0%)

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						10km			
30	WASYLÓW Izabela	2011	OFIARY JEDZENIA KOTLETÓW	K30	11	01:33:40.95	+00:33:33 (35.8%)	9:22	6.4 (64.0%)
31	KUKLEWSKA Ewa	2083		K60	1	01:35:53.40	+00:35:46 (37.3%)	9:35	6.3 (63.0%)
32	SZWED Karolina	2162	SUSKA GRUPA BIEGOWA	K30	12	01:36:33.05	+00:36:25 (37.7%)	9:39	6.2 (62.0%)
33	GÓRKA Jolanta	2042	SUSKA GRUPA BIEGOWA	K40	8	01:36:36.60	+00:36:29 (37.8%)	9:39	6.2 (62.0%)
34	ZAKRZEWSKA Anna	2181		K40	9	01:36:37.70	+00:36:30 (37.8%)	9:39	6.2 (62.0%)
35	KAMIŃSKA -ZAWISZA Ewelina	2054		K40	10	01:36:57.40	+00:36:50 (38.0%)	9:41	6.2 (62.0%)
36	KUTA Anna	2212		K40	11	01:37:18.00	+00:37:10 (38.2%)	9:43	6.2 (62.0%)
37	KUS Iwona	2027		K30	13	01:37:21.70	+00:37:14 (38.3%)	9:44	6.2 (62.0%)
38	HOŁOWATY Renata	2047		K20	11	01:37:40.05	+00:37:32 (38.4%)	9:46	6.1 (61.0%)
39	STANIKOWSKA Anna Ewa	2150		K40	12	01:38:01.05	+00:37:53 (38.7%)	9:48	6.1 (61.0%)
40	SADURA Anna	2136	RUN TEAM TYGRYSY ORZYSZ	K40	13	01:39:37.70	+00:39:30 (39.7%)	9:57	6 (60.0%)
41	WOŹNIAK Lidia	2233		K50	3	01:39:45.80	+00:39:38 (39.7%)	9:58	6 (60.0%)
42	URBAN Paulina	2170		K20	12	01:41:18.75	+00:41:11 (40.7%)	10:07	5.9 (59.0%)
43	PETER Katarzyna	2119		K40	14	01:42:32.05	+00:42:24 (41.4%)	10:15	5.9 (59.0%)
44	ZIOBROWSKA Agnieszka	2187		K40	15	01:42:35.60	+00:42:28 (41.4%)	10:15	5.8 (58.0%)
45	LICHNOWSKA Anna	2088		K40	16	01:43:12.75	+00:43:05 (41.8%)	10:19	5.8 (58.0%)
46	CZAŁPIŃSKA Joanna	2020		K40	17	01:44:32.90	+00:44:25 (42.5%)	10:27	5.7 (57.0%)
47	UNIOWSKA Kamila	2169	ĆMY BAROWE	K30	14	01:44:37.05	+00:44:29 (42.5%)	10:27	5.7 (57.0%)
48	MAZUR Iwona	2096	ĆMY BAROWE	K30	15	01:44:37.80	+00:44:30 (42.5%)	10:27	5.7 (57.0%)
49	KNAP Elżbieta	2063	GACEK TEAM	K30	16	01:45:13.90	+00:45:06 (42.9%)	10:31	5.7 (57.0%)
50	KRZYSZEWSKA Agnieszka	2045		K30	17	01:45:45.55	+00:45:38 (43.2%)	10:34	5.7 (57.0%)
51	GALUS Agnieszka	2036		K40	18	01:46:26.70	+00:46:19 (43.5%)	10:38	5.6 (56.0%)
52	BOROWIEC-RÓŻYCKA Magdalena	2012	BIEGAJĄCY ŚWIDNIK	K40	19	01:47:09.95	+00:47:02 (43.9%)	10:42	5.6 (56.0%)
53	MIKSZA Aneta	2100	CROSSFITTER BOX CHEŁM	K40	20	01:47:20.80	+00:47:13 (44.0%)	10:44	5.6 (56.0%)
54	SUDAK Magdalena	2154		K30	18	01:47:41.60	+00:47:34 (44.2%)	10:46	5.6 (56.0%)
55	MARCINEK Marta	2248		K30	19	01:48:08.25	+00:48:01 (44.4%)	10:48	5.5 (55.0%)
56	DOBROWOLSKA Julia	2251		K20	13	01:48:08.70	+00:48:01 (44.4%)	10:48	5.5 (55.0%)
57	PASZEK Krystyna	2030	DOGOŃ GRODZISK MAZOWIECKI	K60	2	01:48:08.80	+00:48:01 (44.4%)	10:48	5.5 (55.0%)
58	PAWELEC Krystyna	2032	DOGOŃ GRODZISK MAZOWIECKI	K60	3	01:48:09.65	+00:48:02 (44.4%)	10:48	5.5 (55.0%)
59	KRUZEL Małgorzata	2080	BIEGOWE MISIE	K20	14	01:48:41.85	+00:48:34 (44.7%)	10:52	5.5 (55.0%)
60	JĘDRZEJCZYK Justyna	2207		K30	20	01:51:36.20	+00:51:29 (46.1%)	11:09	5.4 (54.0%)
61	JĘDRZEJCZYK Agnieszka	2206	LECĘ BO CHCĘ ...	K40	21	01:51:40.65	+00:51:33 (46.2%)	11:10	5.4 (54.0%)
62	KANIA Monika	2055		K20	15	01:53:11.50	+00:53:04 (46.9%)	11:19	5.3 (53.0%)
63	WIECZOREK Joanna	2177	MARKOWI BIEGACZE	K40	22	01:55:03.60	+00:54:56 (47.7%)	11:30	5.2 (52.0%)
64	FJAŁKOWSKA Karolina	2034		K30	21	01:55:31.65	+00:55:24 (48.0%)	11:33	5.2 (52.0%)
65	BROŻYNA Magda	2015		K40	23	01:57:42.35	+00:57:35 (48.9%)	11:46	5.1 (51.0%)
66	SYRYJCZYK-SACZUK Joanna	2158		K40	24	01:59:18.45	+00:59:11 (49.6%)	11:55	5 (50.0%)
67	CZUBA Jadwiga	2024		K30	22	02:00:45.60	+01:00:38 (50.2%)	12:04	5 (50.0%)
68	DĄBRÓWKA Nina	2194	FUNDACJA LATARNIA	K30	23	02:03:04.15	+01:02:57 (51.2%)	12:18	4.9 (49.0%)
69	OCHWAT Elżbieta	2243	UKS ARKA UMIESZCZ	K40	25	02:08:22.05	+01:08:14 (53.2%)	12:50	4.7 (47.0%)
70	KOPIEC Iwona	2067		K40	26	02:10:35.20	+01:10:28 (54.0%)	13:03	4.6 (46.0%)
71	SKOREK-MASZOTA Weronika	2141	PADŁ NA RYJ TEAM	K40	27	02:11:18.55	+01:11:11 (54.2%)	13:07	4.6 (46.0%)
72	STANISŁAWCZYK Aleksandra	2151		K30	24	02:13:57.30	+01:13:50 (55.1%)	13:23	4.5 (45.0%)
73	MALCZEWSKA Anna	2252	MALCZUSIA TEAM	K40	28	02:20:31.90	+01:20:24 (57.2%)	14:03	4.3 (43.0%)

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74	JABŁOŃSKA Grażyna	2247		K40	29	03:30:56.90	+02:30:49 (71.5%)	21:05	2.8 (28.0%)
75	GRZEGOREK Justyna	2044		K40	30	03:31:04.80	+02:30:57 (71.5%)	21:06	2.8 (28.0%)

Znaleziono 75 wynik(ów)