

# VII ZIMOWA BIESZCZADZKA DYCHA 2021

B4SPORT

**Wydarzenie:** Zimowy Maraton Bieszczadzki 2021  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2021-03-20  
**Miejsce:** Cisna  
**Dystans:** 10 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

| Msc | Zawodnik                   | Numer       | Klub                             | Kategoria | Mkat | Czas netto 10km    | Różn              | Tempo min/km | Tempo km/h   |
|-----|----------------------------|-------------|----------------------------------|-----------|------|--------------------|-------------------|--------------|--------------|
| 1   | <b>DOMISZEWSKI Ignacy</b>  | <b>2029</b> | GUKLA BRATKOWICE KORZENIOWSKI.PL | M30       | 1    | <b>00:46:02.15</b> |                   | 4:36         | 13 (100%)    |
| 2   | <b>JAKUBIK Marcin</b>      | <b>2049</b> | MKS HALICZ PSG KROŚCIENKO        | M30       | 2    | <b>00:50:04.10</b> | +00:04:01 (8.1%)  | 5:00         | 12 (92.3%)   |
| 3   | <b>WETHACZ Dariusz</b>     | <b>2174</b> | LOKOMOTIV MAJDAN                 | M30       | 3    | <b>00:55:08.65</b> | +00:09:06 (16.5%) | 5:30         | 10.9 (83.8%) |
| 4   | <b>ZAWADZKI Marcin</b>     | <b>2239</b> | SZCZWANY TRZMIEL TEAM            | M30       | 4    | <b>00:57:30.30</b> | +00:11:28 (19.9%) | 5:45         | 10.4 (80.0%) |
| 5   | <b>BRENDZOWSKI Adam</b>    | <b>2192</b> | SOLINA TEAM / RUNONLINE.PL TEAM  | M30       | 5    | <b>00:57:37.20</b> | +00:11:35 (20.1%) | 5:45         | 10.4 (80.0%) |
| 6   | <b>KORZONEK Karol</b>      | <b>2068</b> | SPRINT GORZYCE                   | M30       | 6    | <b>01:03:12.40</b> | +00:17:10 (27.2%) | 6:19         | 9.5 (73.1%)  |
| 7   | <b>WOLSKI Michał</b>       | <b>2231</b> | WOLSCY BROTHERS DESTRUCTION TEAM | M30       | 7    | <b>01:05:33.25</b> | +00:19:31 (29.8%) | 6:33         | 9.2 (70.8%)  |
| 8   | <b>SZAREK Michał</b>       | <b>2240</b> |                                  | M30       | 8    | <b>01:06:54.00</b> | +00:20:51 (31.2%) | 6:41         | 9 (69.2%)    |
| 9   | <b>SZYBA Sylwester</b>     | <b>2050</b> |                                  | M30       | 9    | <b>01:07:42.10</b> | +00:21:39 (32.0%) | 6:46         | 8.9 (68.5%)  |
| 10  | <b>PEŁDIAK Mateusz</b>     | <b>2116</b> | PAWKO RUNNER TEAM                | M30       | 10   | <b>01:07:47.60</b> | +00:21:45 (32.1%) | 6:46         | 8.9 (68.5%)  |
| 11  | <b>BEŚKA Michał</b>        | <b>2004</b> | SPRINT GORZYCE                   | M30       | 11   | <b>01:09:41.75</b> | +00:23:39 (33.9%) | 6:58         | 8.6 (66.2%)  |
| 12  | <b>MALINOWSKI Marcin</b>   | <b>2092</b> |                                  | M30       | 12   | <b>01:10:17.85</b> | +00:24:15 (34.5%) | 7:01         | 8.5 (65.4%)  |
| 13  | <b>UZDEJCZYK Kamil</b>     | <b>2171</b> | SOLINA TEAM                      | M30       | 13   | <b>01:10:59.40</b> | +00:24:57 (35.2%) | 7:05         | 8.5 (65.4%)  |
| 14  | <b>ROKOSZ Łukasz</b>       | <b>2132</b> |                                  | M30       | 14   | <b>01:13:27.20</b> | +00:27:25 (37.3%) | 7:20         | 8.2 (63.1%)  |
| 15  | <b>BICHAJŁO Maciek</b>     | <b>2005</b> |                                  | M30       | 15   | <b>01:13:28.30</b> | +00:27:26 (37.3%) | 7:20         | 8.2 (63.1%)  |
| 16  | <b>BOŻEK Sebastian</b>     | <b>2013</b> |                                  | M30       | 16   | <b>01:14:07.45</b> | +00:28:05 (37.9%) | 7:24         | 8.1 (62.3%)  |
| 17  | <b>LEW Damian</b>          | <b>2087</b> |                                  | M30       | 17   | <b>01:14:27.00</b> | +00:28:24 (38.2%) | 7:26         | 8.1 (62.3%)  |
| 18  | <b>BUCZAK Szymon</b>       | <b>2254</b> |                                  | M30       | 18   | <b>01:15:04.30</b> | +00:29:02 (38.7%) | 7:30         | 8 (61.5%)    |
| 19  | <b>ZIELINSKI Pawel</b>     | <b>2185</b> |                                  | M30       | 19   | <b>01:15:44.75</b> | +00:29:42 (39.2%) | 7:34         | 7.9 (60.8%)  |
| 20  | <b>STEBEL Marcin</b>       | <b>2221</b> | FUNDACJA LATARNIA                | M30       | 20   | <b>01:15:50.35</b> | +00:29:48 (39.3%) | 7:35         | 7.9 (60.8%)  |
| 21  | <b>SZWED Tomasz</b>        | <b>2245</b> | SUSKA GRUPA BIEGOWA              | M30       | 21   | <b>01:16:49.85</b> | +00:30:47 (40.1%) | 7:40         | 7.8 (60.0%)  |
| 22  | <b>WERESIŃSKI Michał</b>   | <b>2173</b> |                                  | M30       | 22   | <b>01:20:14.95</b> | +00:34:12 (42.6%) | 8:01         | 7.5 (57.7%)  |
| 23  | <b>RYNIAK Jakub</b>        | <b>2134</b> |                                  | M30       | 23   | <b>01:20:16.55</b> | +00:34:14 (42.7%) | 8:01         | 7.5 (57.7%)  |
| 24  | <b>FIGIEL Michał</b>       | <b>2198</b> |                                  | M30       | 24   | <b>01:20:39.70</b> | +00:34:37 (42.9%) | 8:03         | 7.4 (56.9%)  |
| 25  | <b>PERZEWSKI Maciej</b>    | <b>2118</b> |                                  | M30       | 25   | <b>01:24:46.20</b> | +00:38:44 (45.7%) | 8:28         | 7.1 (54.6%)  |
| 26  | <b>STASZEWSKI Kamil</b>    | <b>2152</b> |                                  | M30       | 26   | <b>01:25:42.25</b> | +00:39:40 (46.3%) | 8:34         | 7 (53.8%)    |
| 27  | <b>KOTEWICZ Przemysław</b> | <b>2073</b> | RADOMNO BIEGA                    | M30       | 27   | <b>01:26:11.75</b> | +00:40:09 (46.6%) | 8:37         | 7 (53.8%)    |
| 28  | <b>DUCHNOWSKI Łukasz</b>   | <b>2053</b> | RUN TYM TYGRYSY ORZYSZ           | M30       | 28   | <b>01:26:24.80</b> | +00:40:22 (46.7%) | 8:38         | 6.9 (53.1%)  |
| 29  | <b>KOTARBA Mateusz</b>     | <b>2241</b> |                                  | M30       | 29   | <b>01:27:30.90</b> | +00:41:28 (47.4%) | 8:45         | 6.9 (53.1%)  |

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|-----|--------------------------------|-------------|------------------------------|-----------|------|--------------------|-------------------|--------------|-------------|
| 30  | <b>WINIARSKI Marcin</b>        | <b>2179</b> |                              | M30       | 30   | <b>01:28:28.60</b> | +00:42:26 (48.0%) | 8:50         | 6.8 (52.3%) |
| 31  | <b>SOŁTYS Mateusz</b>          | <b>2144</b> |                              | M30       | 31   | <b>01:30:20.60</b> | +00:44:18 (49.0%) | 9:02         | 6.6 (50.8%) |
| 32  | <b>MAZUR Piotr</b>             | <b>2097</b> | ĆMY BAROWE                   | M30       | 32   | <b>01:31:44.35</b> | +00:45:42 (49.8%) | 9:10         | 6.5 (50.0%) |
| 33  | <b>MILLER Tomasz</b>           | <b>2102</b> | BIEGAM BO LUBIĘ ZĄBKI TEAM   | M30       | 33   | <b>01:35:51.75</b> | +00:49:49 (52.0%) | 9:35         | 6.3 (48.5%) |
| 34  | <b>OSIADŁY Bartosz</b>         | <b>2109</b> |                              | M30       | 34   | <b>01:37:07.90</b> | +00:51:05 (52.6%) | 9:42         | 6.2 (47.7%) |
| 35  | <b>GÓRECKI Dariusz</b>         | <b>2038</b> |                              | M30       | 35   | <b>01:37:21.60</b> | +00:51:19 (52.7%) | 9:44         | 6.2 (47.7%) |
| 36  | <b>NESTOROWICZ Maksymilian</b> | <b>2105</b> | MAXNESTOR TEAM               | M30       | 36   | <b>01:37:36.95</b> | +00:51:34 (52.8%) | 9:45         | 6.1 (46.9%) |
| 37  | <b>PADO Michał</b>             | <b>2110</b> | PIJAKI TEAM                  | M30       | 37   | <b>01:37:41.00</b> | +00:51:38 (52.9%) | 9:46         | 6.1 (46.9%) |
| 38  | <b>ŚWISTAK Piotr</b>           | <b>2227</b> |                              | M30       | 38   | <b>01:37:41.25</b> | +00:51:39 (52.9%) | 9:46         | 6.1 (46.9%) |
| 39  | <b>RUDNICKI Piotr</b>          | <b>2218</b> |                              | M30       | 39   | <b>01:39:14.55</b> | +00:53:12 (53.6%) | 9:55         | 6 (46.2%)   |
| 40  | <b>RADKIEWICZ Maciej</b>       | <b>2216</b> |                              | M30       | 40   | <b>01:39:49.10</b> | +00:53:46 (53.9%) | 9:58         | 6 (46.2%)   |
| 41  | <b>BIESZCZAD Mateusz</b>       | <b>2007</b> | ATHLETIC ZRĘCIN              | M30       | 41   | <b>01:50:00.95</b> | +01:03:58 (58.2%) | 11:00        | 5.5 (42.3%) |
| 42  | <b>CHLEBIŃSKI Maciej</b>       | <b>2019</b> | RZESZOWSKIE GAZELE I GEPARDY | M30       | 42   | <b>01:55:45.50</b> | +01:09:43 (60.2%) | 11:34        | 5.2 (40.0%) |

Znaleziono 42 wynik(ów)