

VII ZIMOWA BIESZCZADZKA DYCHA 2021

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Zimowy Maraton Bieszczadzki 2021
Fundacja Bieg Rzeźnika
2021-03-20
Cisna
10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	TARGOSZ Michał Mateusz	2166		M40	1	00:52:54.50		5:17	11.3 (100%)
2	CZYŻ Wojciech	2025		M40	2	01:08:06.30	+00:15:11 (22.3%)	6:48	8.8 (77.9%)
3	GAŁUSZKA Tomasz	2037	SKITUROWE BIESZCZADY	M40	3	01:09:32.50	+00:16:38 (23.9%)	6:57	8.6 (76.1%)
4	BODZIOCH Grzegorz	2010	GORLICKA GRUPA BIEGOWA	M40	4	01:11:15.60	+00:18:21 (25.8%)	7:07	8.4 (74.3%)
5	KOSTKA Robert	2071	TEAM ZALEWSKI	M40	5	01:12:12.85	+00:19:18 (26.7%)	7:13	8.3 (73.5%)
6	GET Maciej	2041		M40	6	01:15:16.45	+00:22:21 (29.7%)	7:31	8 (70.8%)
7	WRÓBEL Bartłomiej	2180	CISNA	M40	7	01:15:33.70	+00:22:39 (30.0%)	7:33	7.9 (69.9%)
8	MIERZWIŃSKI Marcin	2099		M40	8	01:16:29.30	+00:23:34 (30.8%)	7:38	7.8 (69.0%)
9	SROKA Sławomir	2145		M40	9	01:20:31.05	+00:27:36 (34.3%)	8:03	7.5 (66.4%)
10	ZBYSŁAW Damian	2210		M40	10	01:21:20.95	+00:28:26 (35.0%)	8:08	7.4 (65.5%)
11	HAJDUK Tomek	2046	YULO RUN TEAM SIEDLCE	M40	11	01:22:20.85	+00:29:26 (35.7%)	8:14	7.3 (64.6%)
12	GAWLIK Łukasz	2040	STG KRAKÓW ŚRÓDMIEŚCIE	M40	12	01:22:28.65	+00:29:34 (35.9%)	8:14	7.3 (64.6%)
13	KOWALSKI Marcin	2211	RADOMNO BIEG	M40	13	01:26:10.80	+00:33:16 (38.6%)	8:37	7 (61.9%)
14	PIĄTEK Piotr	2121		M40	14	01:26:27.50	+00:33:33 (38.8%)	8:38	6.9 (61.1%)
15	ZAREMBA Waldemar	2183		M40	15	01:27:05.90	+00:34:11 (39.3%)	8:42	6.9 (61.1%)
16	CZERSKI Krzysztof	2023		M40	16	01:29:22.20	+00:36:27 (40.8%)	8:56	6.7 (59.3%)
17	GAŁUSZKA Mariusz	2250	SKITUROWE BIESZCZADY	M40	17	01:33:43.25	+00:40:48 (43.5%)	9:22	6.4 (56.6%)
18	RÓŻYCKI Paweł	2133		M40	18	01:36:17.70	+00:43:23 (45.1%)	9:37	6.2 (54.9%)
19	SUMOREK Sebastian	2223		M40	19	01:36:25.00	+00:43:30 (45.1%)	9:38	6.2 (54.9%)
20	ZAKRZEWSKI Olaf	2182	ANTYLOOPY	M40	20	01:36:34.60	+00:43:40 (45.2%)	9:39	6.2 (54.9%)
21	ZAWISZA Tomasz	2184		M40	21	01:36:57.65	+00:44:03 (45.4%)	9:41	6.2 (54.9%)
22	KUTA Rafał	2213		M40	22	01:37:21.90	+00:44:27 (45.7%)	9:44	6.2 (54.9%)
23	POPCZYK Piotr	2246		M40	23	01:39:24.10	+00:46:29 (46.8%)	9:56	6 (53.1%)
24	CHWASTA Mariusz	2193		M40	24	01:39:53.45	+00:46:58 (47.0%)	9:59	6 (53.1%)
25	JEZIOREK Jozi	2052		M40	25	01:54:19.45	+01:01:24 (53.7%)	11:25	5.2 (46.0%)
26	DĄBRÓWKA Radosław	2195	FUNDACJA LATARNIA	M40	26	02:03:06.75	+01:10:12 (57.0%)	12:18	4.9 (43.4%)
27	TWARDUŚ Leszek	2238		M40	27	02:08:21.80	+01:15:27 (58.8%)	12:50	4.7 (41.6%)
28	MAŁEK Krzysztof	2237		M40	28	02:48:28.65	+01:55:34 (68.6%)	16:50	3.6 (31.9%)

