VII ZIMOWA BIESZCZADZKA DYCHA 2021

Wydarzenie: Zimowy Maraton Bieszczadzki 2021
Organizator: Fundacja Bieg Rzeźnika
Data: 2021-03-20
Miejsce: Cisna
Dystans: 10 km

Klasyfikacja: Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	**JAŚTAL Piotr**	**2069**	LKB RUDNIK/AZS UJK KIELCE	M20	1	**00:45:18.65**		4:31	13.2 (100%)
2	**DOMISZEWSKI Ignacy**	**2029**	GUKLA BRATKOWICE KORZENIOWSKI.PL	M30	1	**00:46:02.15**	+00:00:43 (1.6%)	4:36	13 (98.5%)
3	**GAZDOWICZ Michał**	**2199**	RUNPASSION.PL TEAM	M20	2	**00:48:40.70**	+00:03:22 (6.9%)	4:52	12.3 (93.2%)
4	**JAKUBIK Marcin**	**2049**	MKS HALICZ PSG KROŚCIENKO	M30	2	**00:50:04.10**	+00:04:45 (9.5%)	5:00	12 (90.9%)
5	**TARGOSZ Michał Mateusz**	**2166**		M40	1	**00:52:54.50**	+00:07:35 (14.4%)	5:17	11.3 (85.6%)
6	**WETHACZ Dariusz**	**2174**	LOKOMOTIV MAJDAN	M30	3	**00:55:08.65**	+00:09:50 (17.8%)	5:30	10.9 (82.6%)
7	**ZAWADZKI Marcin**	**2239**	SZCZWANY TRZMIEL TEAM	M30	4	**00:57:30.30**	+00:12:11 (21.2%)	5:45	10.4 (78.8%)
8	**BRENDZOWSKI Adam**	**2192**	SOLINA TEAM / RUNONLINE.PL TEAM	M30	5	**00:57:37.20**	+00:12:18 (21.4%)	5:45	10.4 (78.8%)
9	**KORZONEK Karol**	**2068**	SPRINT GORZYCE	M30	6	**01:03:12.40**	+00:17:53 (28.3%)	6:19	9.5 (72.0%)
10	**WOLSKI Michał**	**2231**	WOLSCY BROTHERS DESTRUCTION TEAM	M30	7	**01:05:33.25**	+00:20:14 (30.9%)	6:33	9.2 (69.7%)
11	**KRAWCZYK Jakub**	**2075**		M20	3	**01:06:46.35**	+00:21:27 (32.1%)	6:40	9 (68.2%)
12	**SZAREK Michał**	**2240**		M30	8	**01:06:54.00**	+00:21:35 (32.3%)	6:41	9 (68.2%)
13	**SZYBA Sylwester**	**2050**		M30	9	**01:07:42.10**	+00:22:23 (33.1%)	6:46	8.9 (67.4%)
14	**PEŁDIAK Mateusz**	**2116**	PAWKO RUNNER TEAM	M30	10	**01:07:47.60**	+00:22:28 (33.2%)	6:46	8.9 (67.4%)
15	**CZYZ Wojciech**	**2025**		M40	2	**01:08:06.30**	+00:22:47 (33.5%)	6:48	8.8 (66.7%)
16	**MAZUR Jakub**	**2095**	RUNNERS TEAM	M20	4	**01:08:22.50**	+00:23:03 (33.7%)	6:50	8.8 (66.7%)
17	**SKAWIŃSKI Kacper**	**2140**	NIE WIEM¸ NIE INTERESUJE MNIE TO	M20	5	**01:09:04.55**	+00:23:45 (34.4%)	6:54	8.7 (65.9%)
18	**DOMISZEWSKI Wojciech**	**2077**	ĆMY BAROWE	M50	1	**01:09:28.80**	+00:24:10 (34.8%)	6:56	8.6 (65.2%)
19	**GAŁUSZKA Tomasz**	**2037**	SKITUROWE BIESZCZADY	M40	3	**01:09:32.50**	+00:24:13 (34.8%)	6:57	8.6 (65.2%)
20	**BEŚKA Michał**	**2004**	SPRINT GORZYCE	M30	11	**01:09:41.75**	+00:24:23 (35.0%)	6:58	8.6 (65.2%)
21	**MALINOWSKI Marcin**	**2092**		M30	12	**01:10:17.85**	+00:24:59 (35.5%)	7:01	8.5 (64.4%)
22	**STACHYRA Bartłomiej**	**2149**		M20	6	**01:10:38.15**	+00:25:19 (35.9%)	7:03	8.5 (64.4%)
23	**UZDEJCZYK Kamil**	**2171**	SOLINA TEAM	M30	13	**01:10:59.40**	+00:25:40 (36.2%)	7:05	8.5 (64.4%)
24	**KURP Bartłomiej**	**2085**		M20	7	**01:11:13.60**	+00:25:54 (36.4%)	7:07	8.4 (63.6%)
25	**BODZIOCH Grzegorz**	**2010**	GORLICKA GRUPA BIEGOWA	M40	4	**01:11:15.60**	+00:25:56 (36.4%)	7:07	8.4 (63.6%)
26	**MOSKOWICZ Stefan**	**2103**	PRZEMYSKI KLUB BIEGACZA	M60	1	**01:11:46.55**	+00:26:27 (36.9%)	7:10	8.4 (63.6%)
27	**KOSTKA Robert**	**2071**	TEAM ZALEWSKI	M40	5	**01:12:12.85**	+00:26:54 (37.3%)	7:13	8.3 (62.9%)
28	**WOŹNIAK Janusz**	**2232**		M50	2	**01:12:44.90**	+00:27:26 (37.7%)	7:16	8.2 (62.1%)
29	**ROKOSZ Łukasz**	**2132**		M30	14	**01:13:27.20**	+00:28:08 (38.3%)	7:20	8.2 (62.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
30	**BICHAJŁO Maciek**	**2005**		M30	15	**01:13:28.30**	+00:28:09 (38.3%)	7:20	8.2 (62.1%)
31	**SABAT Sebastian**	**2135**		M20	8	**01:13:38.65**	+00:28:20 (38.5%)	7:21	8.1 (61.4%)
32	**BOŻEK Sebastian**	**2013**		M30	16	**01:14:07.45**	+00:28:48 (38.9%)	7:24	8.1 (61.4%)
33	**PODOLAK Zbigniew**	**2128**		M60	2	**01:14:15.35**	+00:28:56 (39.0%)	7:25	8.1 (61.4%)
34	**LEW Damian**	**2087**		M30	17	**01:14:27.00**	+00:29:08 (39.1%)	7:26	8.1 (61.4%)
35	**RAPCZYŃSKI Witold**	**2255**		M50	3	**01:14:43.20**	+00:29:24 (39.4%)	7:28	8 (60.6%)
36	**BUCZAK Szymon**	**2254**		M30	18	**01:15:04.30**	+00:29:45 (39.6%)	7:30	8 (60.6%)
37	**GET Maciej**	**2041**		M40	6	**01:15:16.45**	+00:29:57 (39.8%)	7:31	8 (60.6%)
38	**WRÓBEL Bartłomiej**	**2180**	CISNA	M40	7	**01:15:33.70**	+00:30:15 (40.0%)	7:33	7.9 (59.8%)
39	**ZIELINSKI Pawel**	**2185**		M30	19	**01:15:44.75**	+00:30:26 (40.2%)	7:34	7.9 (59.8%)
40	**STEBEL Marcin**	**2221**	FUNDACJA LATARNIA	M30	20	**01:15:50.35**	+00:30:31 (40.3%)	7:35	7.9 (59.8%)
41	**KAWIK Maciej**	**2209**	FUNDACJA LATARNIA	M20	9	**01:15:54.75**	+00:30:36 (40.3%)	7:35	7.9 (59.8%)
42	**DOLNIAK Mateusz**	**2196**	FUNDACJA LATARNIA	M20	10	**01:16:12.20**	+00:30:53 (40.5%)	7:37	7.9 (59.8%)
43	**MIERZWIŃSKI Marcin**	**2099**		M40	8	**01:16:29.30**	+00:31:10 (40.8%)	7:38	7.8 (59.1%)
44	**SZWED Tomasz**	**2245**	SUSKA GRUPA BIEGOWA	M30	21	**01:16:49.85**	+00:31:31 (41.0%)	7:40	7.8 (59.1%)
45	**STACHYRA Andrzej**	**2148**	LSB	M50	4	**01:18:42.20**	+00:33:23 (42.4%)	7:52	7.6 (57.6%)
46	**PAŚKO Paweł**	**2115**		M20	11	**01:19:09.35**	+00:33:50 (42.8%)	7:54	7.6 (57.6%)
47	**PERZEWSKI Eryk**	**2117**		M20	12	**01:19:54.35**	+00:34:35 (43.3%)	7:59	7.5 (56.8%)
48	**WERESIŃSKI Michał**	**2173**		M30	22	**01:20:14.95**	+00:34:56 (43.5%)	8:01	7.5 (56.8%)
49	**RYNIAK Jakub**	**2134**		M30	23	**01:20:16.55**	+00:34:57 (43.6%)	8:01	7.5 (56.8%)
50	**SROKA Sławomir**	**2145**		M40	9	**01:20:31.05**	+00:35:12 (43.7%)	8:03	7.5 (56.8%)
51	**FIGIEL Michał**	**2198**		M30	24	**01:20:39.70**	+00:35:21 (43.8%)	8:03	7.4 (56.1%)
52	**STACHOWSKI Jakub**	**2147**	NIE WIEM, NIE INTERESUJE MNIE TO	M20	13	**01:21:11.35**	+00:35:52 (44.2%)	8:07	7.4 (56.1%)
53	**ZBYSLAW Damian**	**2210**		M40	10	**01:21:20.95**	+00:36:02 (44.3%)	8:08	7.4 (56.1%)
54	**HAJDUK Tomek**	**2046**	YULO RUN TEAM SIEDLCE	M40	11	**01:22:20.85**	+00:37:02 (45.0%)	8:14	7.3 (55.3%)
55	**GAWLIK Łukasz**	**2040**	STG KRAKÓW ŚRÓDMIEŚCIE	M40	12	**01:22:28.65**	+00:37:10 (45.1%)	8:14	7.3 (55.3%)
56	**MALER Władysław**	**2059**	EXTREME CONSTRUCTION	M60	3	**01:23:45.15**	+00:38:26 (45.9%)	8:22	7.2 (54.5%)
57	**KARDASZ Patryk**	**2062**	SOLINA TEAM	M20	14	**01:23:55.40**	+00:38:36 (46.0%)	8:23	7.1 (53.8%)
58	**KARDASZ Dominik**	**2028**	SOLINA TEAM	M20	15	**01:23:56.45**	+00:38:37 (46.0%)	8:23	7.1 (53.8%)
59	**PERZEWSKI Maciej**	**2118**		M30	25	**01:24:46.20**	+00:39:27 (46.5%)	8:28	7.1 (53.8%)
60	**CZARNY Mariusz**	**2022**		M50	5	**01:25:17.00**	+00:39:58 (46.9%)	8:31	7 (53.0%)
61	**TROJANOWSKI Ryszard**	**2168**		M50	6	**01:25:37.85**	+00:40:19 (47.1%)	8:33	7 (53.0%)
62	**STASZEWSKI Kamil**	**2152**		M30	26	**01:25:42.25**	+00:40:23 (47.1%)	8:34	7 (53.0%)
63	**KOWALSKI Marcin**	**2211**	RADOMNO BIEG	M40	13	**01:26:10.80**	+00:40:52 (47.4%)	8:37	7 (53.0%)
64	**KOTEWICZ Przemysław**	**2073**	RADOMNO BIEGA	M30	27	**01:26:11.75**	+00:40:53 (47.4%)	8:37	7 (53.0%)
65	**DUCHNOWSKI Łukasz**	**2053**	RUN TYM TYGRYSY ORZYSZ	M30	28	**01:26:24.80**	+00:41:06 (47.6%)	8:38	6.9 (52.3%)
66	**PIĄTEK Piotr**	**2121**		M40	14	**01:26:27.50**	+00:41:08 (47.6%)	8:38	6.9 (52.3%)
67	**ZAREMBA Waldemar**	**2183**		M40	15	**01:27:05.90**	+00:41:47 (48.0%)	8:42	6.9 (52.3%)
68	**KOTARBA Mateusz**	**2241**		M30	29	**01:27:30.90**	+00:42:12 (48.2%)	8:45	6.9 (52.3%)
69	**WINIARSKI Lucjan**	**2178**		M20	16	**01:28:26.35**	+00:43:07 (48.8%)	8:50	6.8 (51.5%)
70	**WINIARSKI Marcin**	**2179**		M30	30	**01:28:28.60**	+00:43:09 (48.8%)	8:50	6.8 (51.5%)
71	**GRABARCZYK Dorian**	**2043**		M20	17	**01:29:11.50**	+00:43:52 (49.2%)	8:55	6.7 (50.8%)
72	**CZERSKI Krzysztof**	**2023**		M40	16	**01:29:22.20**	+00:44:03 (49.3%)	8:56	6.7 (50.8%)
73	**KĘDZIOR Grzegorz**	**2060**		M20	18	**01:30:04.55**	+00:44:45 (49.7%)	9:00	6.7 (50.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
74	**SOŁTYS Mateusz**	**2144**		M30	31	**01:30:20.60**	+00:45:01 (49.8%)	9:02	6.6 (50.0%)
75	**MAZUR Piotr**	**2097**	ĆMY BAROWE	M30	32	**01:31:44.35**	+00:46:25 (50.6%)	9:10	6.5 (49.2%)
76	**CHAJDAŚ Mateusz**	**2017**		M20	19	**01:31:59.80**	+00:46:41 (50.7%)	9:11	6.5 (49.2%)
77	**GAŁUSZKA Mariusz**	**2250**	SKITUROWE BIESZCZADY	M40	17	**01:33:43.25**	+00:48:24 (51.7%)	9:22	6.4 (48.5%)
78	**MILLER Tomasz**	**2102**	BIEGAM BO LUBIĘ ZĄBKI TEAM	M30	33	**01:35:51.75**	+00:50:33 (52.7%)	9:35	6.3 (47.7%)
79	**RÓŻYCKI Paweł**	**2133**		M40	18	**01:36:17.70**	+00:50:59 (52.9%)	9:37	6.2 (47.0%)
80	**SUMOREK Sebastian**	**2223**		M40	19	**01:36:25.00**	+00:51:06 (53.0%)	9:38	6.2 (47.0%)
81	**ZAKRZEWSKI Olaf**	**2182**	ANTYLOOPY	M40	20	**01:36:34.60**	+00:51:15 (53.1%)	9:39	6.2 (47.0%)
82	**ZAWISZA Tomasz**	**2184**		M40	21	**01:36:57.65**	+00:51:39 (53.3%)	9:41	6.2 (47.0%)
83	**OSIADŁY Bartosz**	**2109**		M30	34	**01:37:07.90**	+00:51:49 (53.4%)	9:42	6.2 (47.0%)
84	**GÓRECKI Dariusz**	**2038**		M30	35	**01:37:21.60**	+00:52:02 (53.5%)	9:44	6.2 (47.0%)
85	**KUTA Rafał**	**2213**		M40	22	**01:37:21.90**	+00:52:03 (53.5%)	9:44	6.2 (47.0%)
86	**NESTOROWICZ Maksymilian**	**2105**	MAXNESTOR TEAM	M30	36	**01:37:36.95**	+00:52:18 (53.6%)	9:45	6.1 (46.2%)
87	**PADO Michal**	**2110**	PIJAKI TEAM	M30	37	**01:37:41.00**	+00:52:22 (53.6%)	9:46	6.1 (46.2%)
88	**ŚWISTAK Piotr**	**2227**		M30	38	**01:37:41.25**	+00:52:22 (53.6%)	9:46	6.1 (46.2%)
89	**MATUSIK Oskar**	**2253**	OSP CISNA	M20	20	**01:38:41.10**	+00:53:22 (54.1%)	9:52	6.1 (46.2%)
90	**RUDNICKI Piotr**	**2218**		M30	39	**01:39:14.55**	+00:53:55 (54.3%)	9:55	6 (45.5%)
91	**POPCZYK Piotr**	**2246**		M40	23	**01:39:24.10**	+00:54:05 (54.4%)	9:56	6 (45.5%)
92	**GACIOCH Jarosław**	**2035**	RUN TEAM TYGRYSY ORZYSZ	M50	7	**01:39:36.65**	+00:54:18 (54.5%)	9:57	6 (45.5%)
93	**RADKIEWICZ Maciej**	**2216**		M30	40	**01:39:49.10**	+00:54:30 (54.6%)	9:58	6 (45.5%)
94	**CHWASTA Mariusz**	**2193**		M40	24	**01:39:53.45**	+00:54:34 (54.6%)	9:59	6 (45.5%)
95	**PINKOWSKI Bartosz**	**2125**	NIE WIEM, NIE INTERESUJE MNIE TO	M20	21	**01:41:35.55**	+00:56:16 (55.4%)	10:09	5.9 (44.7%)
96	**MIKSZA Karol**	**2101**	CROSSFITTER BOX CHEŁM	M50	8	**01:47:19.80**	+01:02:01 (57.8%)	10:43	5.6 (42.4%)
97	**ZAWADZKI Mateusz**	**2235**		M20	22	**01:47:28.20**	+01:02:09 (57.8%)	10:44	5.6 (42.4%)
98	**LIPIŃSKI Cezary**	**2089**		M20	23	**01:47:39.20**	+01:02:20 (57.9%)	10:45	5.6 (42.4%)
99	**SKRUTEK Jan**	**2142**	SEKCJA SPORTÓW GÓRSKICH GOPR BIESZCZADY	M60	4	**01:48:09.45**	+01:02:50 (58.1%)	10:48	5.5 (41.7%)
100	**JARACZ Krystian**	**2051**	KB ATHLETIC ZRĘCIN	M20	24	**01:48:33.60**	+01:03:14 (58.3%)	10:51	5.5 (41.7%)
101	**NIEMYJSKI Maciek**	**2106**	BIEGOWE MISIE	M20	25	**01:48:41.35**	+01:03:22 (58.3%)	10:52	5.5 (41.7%)
102	**CZAPLA Andrzej**	**2021**		M60	5	**01:48:53.85**	+01:03:35 (58.4%)	10:53	5.5 (41.7%)
103	**BIESZCZAD Mateusz**	**2007**	ATHLETIC ZRĘCIN	M30	41	**01:50:00.95**	+01:04:42 (58.8%)	11:00	5.5 (41.7%)
104	**JEZIOREK Jozi**	**2052**		M40	25	**01:54:19.45**	+01:09:00 (60.4%)	11:25	5.2 (39.4%)
105	**HOSPODAR Andrzej**	**2204**	FUNDACJA LATARNIA	M50	9	**01:54:45.70**	+01:09:27 (60.5%)	11:28	5.2 (39.4%)
106	**CHLEBIŃSKI Maciej**	**2019**	RZESZOWSKIE GAZELE I GEPARDY	M30	42	**01:55:45.50**	+01:10:26 (60.9%)	11:34	5.2 (39.4%)
107	**DĄBRÓWKA Radosław**	**2195**	FUNDACJA LATARNIA	M40	26	**02:03:06.75**	+01:17:48 (63.2%)	12:18	4.9 (37.1%)
108	**WOLSKI Teodor**	**2230**	WOLSCY BROTHERS DESTRUCTION TEAM	M20	26	**02:05:18.05**	+01:19:59 (63.8%)	12:31	4.8 (36.4%)
109	**TWARDUŚ Leszek**	**2238**		M40	27	**02:08:21.80**	+01:23:03 (64.7%)	12:50	4.7 (35.6%)
110	**MAŁEK Krzysztof**	**2237**		M40	28	**02:48:28.65**	+02:03:10 (73.1%)	16:50	3.6 (27.3%)

Znaleziono 110 wynik(ów)