



## VIII BIEG IM. ASI KENIG - BIEG 10KM

B4SPORT

**Event:** VIII Bieg im. Asi Kenig  
**Organiser:** Szkoła Podstawowa im. Jana Kochanowskiego w Sławsku  
**Date:** 2019-04-28  
**Place:** Sławsko  
**Distance:** 10 km



Classification: K-Open

Place	Participant	Number	Club	Category	MCat	Net time 10km	Gap	Pace min/km	Pace km/h
1	<b>BOGDANOWICZ Paula</b>	<b>7</b>	7 PBOT	K-Open	1	<b>00:44:07.55</b>		4:24	13.6 (100%)
2	<b>NIECKARZ Monika</b>	<b>93</b>	KB SPOKO SŁAWNO	K-Open	2	<b>00:45:25.41</b>	+00:01:17 (2.9%)	4:32	13.2 (97.1%)
3	<b>KONKEL Agnieszka</b>	<b>53</b>		K-Open	3	<b>00:45:52.57</b>	+00:01:45 (3.8%)	4:35	13.1 (96.3%)
4	<b>CAŁA Małgorzata</b>	<b>14</b>		K-Open	4	<b>00:46:47.52</b>	+00:02:39 (5.7%)	4:40	12.8 (94.1%)
5	<b>KACZMAREK Marta</b>	<b>36</b>	KB SPOKO SŁAWNO	K-Open	5	<b>00:48:09.48</b>	+00:04:01 (8.4%)	4:48	12.5 (91.9%)
6	<b>LEWANDOWSKA Beata</b>	<b>72</b>	STOPA SŁUPSK	K-Open	6	<b>00:48:49.85</b>	+00:04:42 (9.6%)	4:53	12.3 (90.4%)
7	<b>KULCZYK Katarzyna</b>	<b>69</b>	KB BRYZA POSTOMONO	K-Open	7	<b>00:49:30.60</b>	+00:05:23 (10.9%)	4:57	12.1 (89.0%)
8	<b>CZYŻ Izabella</b>	<b>20</b>	STOPA SŁUPSK	K-Open	8	<b>00:50:14.18</b>	+00:06:06 (12.2%)	5:01	11.9 (87.5%)
9	<b>MOTYKOWSKA Ksenia</b>	<b>90</b>	KB SPOKO SŁAWNO	K-Open	9	<b>00:50:30.76</b>	+00:06:23 (12.6%)	5:03	11.9 (87.5%)
10	<b>PRYZWAN Karolina</b>	<b>114</b>		K-Open	10	<b>00:50:48.05</b>	+00:06:40 (13.1%)	5:04	11.8 (86.8%)
11	<b>KOSICKA Iwona</b>	<b>57</b>	STOPA SŁUPSK	K-Open	11	<b>00:51:03.48</b>	+00:06:55 (13.6%)	5:06	11.7 (86.0%)
12	<b>DRZEWIECKA Justyna</b>	<b>175</b>		K-Open	12	<b>00:51:05.10</b>	+00:06:57 (13.6%)	5:06	11.7 (86.0%)
13	<b>GAŁKOWSKA Patrycja</b>	<b>23</b>	KB BRYZA POSTOMONO	K-Open	13	<b>00:51:13.24</b>	+00:07:05 (13.9%)	5:07	11.7 (86.0%)
14	<b>LITWIN Barbara</b>	<b>76</b>	STOPA SŁUPSK /NIGHT RUNNERS SŁUPSK	K-Open	14	<b>00:51:25.96</b>	+00:07:18 (14.2%)	5:08	11.7 (86.0%)
15	<b>NOWAK Wioleta</b>	<b>163</b>		K-Open	15	<b>00:51:37.08</b>	+00:07:29 (14.5%)	5:09	11.6 (85.3%)
16	<b>KONKEL Joanna</b>	<b>52</b>	MKS 'ŚWIĘC' SŁAWNO	K-Open	16	<b>00:52:40.21</b>	+00:08:32 (16.2%)	5:16	11.4 (83.8%)
17	<b>LEWANDOWSKA Maria</b>	<b>73</b>	W.P.K SŁOŃ TEAM USTKA	K-Open	17	<b>00:53:06.20</b>	+00:08:58 (16.9%)	5:18	11.3 (83.1%)
18	<b>ZARZYCKA Izabela</b>	<b>157</b>	W.P.K SŁOŃ TEAM USTKA	K-Open	18	<b>00:54:06.65</b>	+00:09:59 (18.5%)	5:24	11.1 (81.6%)
19	<b>PIETRZAK Mariola</b>	<b>107</b>	ROZBIEGANY KOSZALIN	K-Open	19	<b>00:56:25.65</b>	+00:12:18 (21.8%)	5:38	10.6 (77.9%)
20	<b>ORDAK Iwona</b>	<b>102</b>	SAMASOBIE	K-Open	20	<b>00:57:13.89</b>	+00:13:06 (22.9%)	5:43	10.5 (77.2%)
21	<b>MAJ Agnieszka</b>	<b>79</b>		K-Open	21	<b>00:57:48.00</b>	+00:13:40 (23.7%)	5:46	10.4 (76.5%)
22	<b>KOROLCZUK Karolina</b>	<b>56</b>		K-Open	22	<b>00:57:48.21</b>	+00:13:40 (23.7%)	5:46	10.4 (76.5%)
23	<b>BIERNAT Karolina</b>	<b>160</b>		K-Open	23	<b>00:58:11.20</b>	+00:14:03 (24.2%)	5:49	10.3 (75.7%)
24	<b>BRZOSTOWSKA Ewa</b>	<b>11</b>	KB BRYZA POSTOMONO	K-Open	24	<b>00:58:44.40</b>	+00:14:36 (24.9%)	5:52	10.2 (75.0%)
25	<b>KOMAR Agnieszka</b>	<b>50</b>	KB SPOKO SŁAWNO	K-Open	25	<b>01:00:02.33</b>	+00:15:54 (26.5%)	6:00	10 (73.5%)
26	<b>WACHHOLZ Beata</b>	<b>147</b>	KB BRYZA POSTOMONO	K-Open	26	<b>01:00:09.14</b>	+00:16:01 (26.6%)	6:00	10 (73.5%)
27	<b>SALAJ Angelika</b>	<b>178</b>	POWIAT SŁUPSKI	K-Open	27	<b>01:01:26.21</b>	+00:17:18 (28.2%)	6:08	9.8 (72.1%)

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28	<b>PROTASEWICZ Renata</b>	<b>113</b>	KB SPOKO SŁAWNO	K-Open	28	<b>01:01:41.37</b>	+00:17:33 (28.5%)	6:10	9.7 (71.3%)
29	<b>MEGGER Agata</b>	<b>84</b>		K-Open	29	<b>01:06:19.80</b>	+00:22:12 (33.5%)	6:38	9 (66.2%)
30	<b>ANTOSIK Grażyna</b>	<b>2</b>	KS OLSZEWSKI I SYNOWIE	K-Open	30	<b>01:07:35.91</b>	+00:23:28 (34.7%)	6:45	8.9 (65.4%)
31	<b>STRUKIEL Anna</b>	<b>134</b>		K-Open	31	<b>01:07:37.44</b>	+00:23:29 (34.7%)	6:45	8.9 (65.4%)

Total 31 results.