



VIII BIEG IM. ASI KENIG - NORDIC WALKING - 5 KM

B4SPORT

Wydarzenie: VIII Bieg im. Asi Kenig
Organizator: Szkoła Podstawowa im. Jana Kochanowskiego w Sławsku
Data: 2019-04-28
Miejsce: Sławsko
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	BRZOWSKI Piotr	214	AKTYWNI POSTOMINO	M-Open	1	00:30:03.22		6:00	10 (100%)
2	NACZK Leonard	198	LĘBORSKIE LWY	M-Open	2	00:31:11.58	+00:01:08 (3.7%)	6:14	9.6 (96.0%)
3	JAWORSKI Robert	185	WŁÓCZYKIJ PIESZCZ	M-Open	3	00:31:54.67	+00:01:51 (5.8%)	6:22	9.4 (94.0%)
4	DZIK Cezary	213		M-Open	4	00:33:20.12	+00:03:16 (9.8%)	6:40	9 (90.0%)
5	NACZK Wiktoria	197	LĘBORSKIE LWY	K-Open	1	00:34:39.33	+00:04:36 (13.3%)	6:55	8.7 (87.0%)
6	MUSIAŁ Klaudia	196		K-Open	2	00:36:07.57	+00:06:04 (16.8%)	7:13	8.3 (83.0%)
7	KNITTER Monika	189		K-Open	3	00:36:13.50	+00:06:10 (17.0%)	7:14	8.3 (83.0%)
8	SZYCKO Oliwia	211		K-Open	4	00:37:28.22	+00:07:24 (19.8%)	7:29	8 (80.0%)
9	NOWAK Wojciech	215		M-Open	5	00:37:50.09	+00:07:46 (20.6%)	7:34	7.9 (79.0%)
10	MACIĄG Zbigniew	219		M-Open	6	00:38:01.35	+00:07:58 (21.0%)	7:36	7.9 (79.0%)
11	KENIG Agnieszka	188		K-Open	5	00:38:07.68	+00:08:04 (21.2%)	7:37	7.9 (79.0%)
12	SZYCKO Radosław	210		M-Open	7	00:38:32.87	+00:08:29 (22.0%)	7:42	7.8 (78.0%)
13	RADOWSKA Teresa	204		K-Open	6	00:39:21.64	+00:09:18 (23.6%)	7:52	7.6 (76.0%)
14	CHRÓŚCICKA-STRYSZKO Kinga	169		K-Open	7	00:39:25.87	+00:09:22 (23.8%)	3:56	15.2 (152.0%)
15	KONWERSKA Ewa	190		K-Open	8	00:39:26.35	+00:09:23 (23.8%)	7:53	7.6 (76.0%)
16	LEŚNIEWSKI Marek	193	KB BRYZA POSTOMINO	M-Open	8	00:41:09.35	+00:11:06 (27.0%)	8:13	7.3 (73.0%)
17	MIKLAŚIŃSKA-KAMELSKA Monika	195	SPOKO SŁAWNO	K-Open	9	00:42:12.97	+00:12:09 (28.8%)	8:26	7.1 (71.0%)
18	SZMIGIERO Kacper	208		M-Open	9	00:44:02.82	+00:13:59 (31.8%)	8:48	6.8 (68.0%)
19	NOWAK Bożena	218		K-Open	10	00:44:31.10	+00:14:27 (32.5%)	8:54	6.7 (67.0%)
20	KAMELSKA Lucyna	187	SŁAWNO	K-Open	11	00:44:35.24	+00:14:32 (32.6%)	8:55	6.7 (67.0%)
21	SZMIGIERO Weronika	217	W.P.K SŁOŃ TEAM	K-Open	12	00:44:45.43	+00:14:42 (32.9%)	8:57	6.7 (67.0%)
22	SZMIGIERO Agnieszka	209	W.P.K SŁOŃ TEAM	K-Open	13	00:44:45.95	+00:14:42 (32.9%)	8:57	6.7 (67.0%)
23	GAKOWSKA Danuta	167		K-Open	14	00:44:51.25	+00:14:48 (33.0%)	8:58	6.7 (67.0%)
24	BRZOWSKA Teresa	216		K-Open	15	00:46:58.36	+00:16:55 (36.0%)	9:23	6.4 (64.0%)
25	JAWORSKI Marcin	186	WŁÓCZYKIJ PIESZCZ	M-Open	10	00:55:00.64	+00:24:57 (45.4%)	11:00	5.5 (55.0%)
26	JAWORSKA Ewa	184	WŁÓCZYKIJ PIESZCZ	K-Open	16	00:55:00.83	+00:24:57 (45.4%)	11:00	5.5 (55.0%)
27	CHUDY Janina	182	KS OLSZEWSKI I SYNOWIE	K-Open	17	00:56:04.40	+00:26:01 (46.4%)	11:12	5.4 (54.0%)

Znaleziono 27 wynik(ów)