

# VIII BIEG NA MOUNT EVEREST

B4SPORT

**Wydarzenie:** 8 Bieg i Rajd Nordic Walking na Mount Everest -  
Piękno Natury  
**Organizator:** Klub Biegacza „GOCH” Bytów  
**Data:** 2019-04-28  
**Miejsce:** Bytów  
**Dystans:** 8.85 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Meta_All		Czas netto 8.85km	Różn	Tempo min/km	Tempo km/h
						1.5km	3.6km				
1	<b>KOBUS Tomasz</b>	<b>52</b>	TRI TEAM BYTÓW	M30	1	00:05:37	00:15:03	<b>00:33:30.50</b>		3:47	15.9 (100%)
2	<b>ZWOLSKI Andrzej</b>	<b>135</b>	ŚCIGAŁ TEAM	M50	1	00:05:44	00:15:19	<b>00:33:56.70</b>	+00:00:26 (1.3%)	3:50	15.6 (98.1%)
3	<b>JANISZEWSKI Marek</b>	<b>33</b>	DRUTEX	M30	2	00:05:56	00:16:02	<b>00:35:27.80</b>	+00:01:57 (5.5%)	4:00	15 (94.3%)
4	<b>JAKUBEK Patryk</b>	<b>31</b>	ŚWIAT PŁYTEK U KRYSPIŃA	M18	1	00:05:46	00:15:50	<b>00:35:35.30</b>	+00:02:04 (5.8%)	4:01	14.9 (93.7%)
5	<b>DAJNOWSKI Mateusz</b>	<b>14</b>	CHŁOPAK ZE WSI	M18	2	00:05:59	00:16:07	<b>00:36:00.65</b>	+00:02:30 (6.9%)	4:04	14.8 (93.1%)
6	<b>GARSKI Krystian</b>	<b>22</b>	ŚWIAT PŁYTEK U KRYSPIŃA	M40	1	00:06:12	00:16:42	<b>00:36:26.75</b>	+00:02:56 (8.1%)	4:07	14.6 (91.8%)
7	<b>ZIEMAN Michał</b>	<b>134</b>	KLUB BIEGACZA GOCH BYTÓW	M30	3	00:05:48	00:16:04	<b>00:36:56.45</b>	+00:03:25 (9.3%)	4:10	14.4 (90.6%)
8	<b>KRYZEL Tomasz</b>	<b>56</b>	WIKING RYCHNOWY	M18	3	00:06:16	00:16:43	<b>00:37:01.30</b>	+00:03:30 (9.5%)	4:10	14.3 (89.9%)
9	<b>KLEINSZMIDT Ryszard</b>	<b>44</b>	UNIPEX	M50	2	00:06:18	00:16:58	<b>00:37:13.70</b>	+00:03:43 (10.0%)	4:12	14.3 (89.9%)
10	<b>SZRYWER Daniel</b>	<b>110</b>	ŚWIAT PŁYTEK U KRYSPIŃA	M18	4	00:06:16	00:16:36	<b>00:37:24.50</b>	+00:03:54 (10.4%)	4:13	14.2 (89.3%)
11	<b>SPIREWKA Piotr</b>	<b>97</b>	AKADEMIA BIEGOWA KOŚCIERZYNA	M18	5	00:06:01	00:16:43	<b>00:37:38.90</b>	+00:04:08 (11.0%)	4:15	14.1 (88.7%)
12	<b>GLAZIK Dariusz</b>	<b>25</b>	ŚCIGAŁ TEAM	M40	2	00:06:27	00:17:13	<b>00:37:50.60</b>	+00:04:20 (11.5%)	4:16	14 (88.1%)
13	<b>WENDT Patryk</b>	<b>122</b>	WENCIK TEAM	M30	4	00:06:40	00:17:40	<b>00:38:10.30</b>	+00:04:39 (12.2%)	4:18	13.9 (87.4%)
14	<b>ROLA Damian</b>	<b>91</b>		M18	6	00:06:12	00:16:42	<b>00:38:16.80</b>	+00:04:46 (12.5%)	4:19	13.9 (87.4%)
15	<b>GLISZCZYŃSKI Michał</b>	<b>26</b>	NADLEŚNICTWO BYTÓW	M18	7	00:06:40	00:17:39	<b>00:38:42.60</b>	+00:05:12 (13.4%)	4:22	13.7 (86.2%)
16	<b>RYBARCZYK Maciej</b>	<b>93</b>		M40	3	00:07:06	00:18:11	<b>00:39:05.50</b>	+00:05:35 (14.3%)	4:24	13.6 (85.5%)
17	<b>LUBIŃSKI Kamil</b>	<b>62</b>	CENTRUM SPORTOWE U JEZUITÓW	M18	8	00:06:27	00:17:22	<b>00:39:07.10</b>	+00:05:36 (14.3%)	4:25	13.6 (85.5%)
18	<b>CICHOSZ-MIELEWCZYK Mateusz</b>	<b>8</b>	ŚWIAT PŁYTEK U KRYSPIŃA	M30	5	00:06:29	00:17:39	<b>00:39:56.10</b>	+00:06:25 (16.1%)	4:30	13.3 (83.6%)
19	<b>KUCZKOWSKI Michał</b>	<b>57</b>	TRI TEAM BYTÓW	M30	6	00:06:41	00:18:13	<b>00:40:32.65</b>	+00:07:02 (17.4%)	4:34	13.1 (82.4%)
20	<b>CHAŁUPA Daniel</b>	<b>7</b>	KLUB BIEGACZA GOCH BYTÓW	M40	4	00:06:55	00:18:28	<b>00:40:36.70</b>	+00:07:06 (17.5%)	4:35	13.1 (82.4%)
21	<b>PRZEWŁOCKI Michał</b>	<b>86</b>	TKKF KOSZALIN	M30	7	00:06:43	00:17:58	<b>00:40:51.05</b>	+00:07:20 (18.0%)	4:36	13 (81.8%)
22	<b>KUKLIŃSKI Maciej</b>	<b>58</b>	METROŻERCY	M40	5	00:07:07	00:18:42	<b>00:40:53.45</b>	+00:07:22 (18.1%)	4:37	13 (81.8%)
23	<b>WĘSIERSKI Krystian</b>	<b>125</b>	DRUTEX	M30	8	00:07:01	00:18:37	<b>00:40:55.35</b>	+00:07:24 (18.1%)	4:37	13 (81.8%)
24	<b>KAZIMIERSKI Michał</b>	<b>137</b>	KLUB BIEGACZA GOCH BYTÓW	M40	6	00:06:54	00:18:37	<b>00:41:04.95</b>	+00:07:34 (18.4%)	4:38	12.9 (81.1%)
25	<b>DĄBROWSKI Roman</b>	<b>15</b>		M40	7	00:06:57	00:18:50	<b>00:41:11.70</b>	+00:07:41 (18.7%)	4:39	12.9 (81.1%)
26	<b>SIENKIEWICZ Marcin</b>	<b>96</b>		M30	9	00:07:13	00:18:56	<b>00:41:12.25</b>	+00:07:41 (18.7%)	4:39	12.9 (81.1%)
27	<b>KORDECKI Robert</b>	<b>54</b>	MARATOŃCZYK WIELKI KLINCZ	M18	9	00:06:51	00:18:31	<b>00:41:14.30</b>	+00:07:43 (18.7%)	4:39	12.9 (81.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Meta_All		Czas netto		Tempo min/km	Tempo km/h
						1.5km	3.6km	8.85km	Różn		
28	LEWAŃCZYK Marcin	60	METROŻERCY	M30	10	00:07:14	00:18:44	<b>00:41:27.85</b>	+00:07:57 (19.2%)	4:41	12.8 (80.5%)
29	WASZAK Karol	118	KORZYBSKIE REKINY	M30	11	00:06:25	00:17:53	<b>00:41:39.50</b>	+00:08:09 (19.6%)	4:42	12.7 (79.9%)
30	KOBIEROWSKI Sławomir	50	KLUB BIEGACZA GOCH BYTÓW	M30	12	00:07:24	00:19:03	<b>00:41:51.85</b>	+00:08:21 (20.0%)	4:43	12.7 (79.9%)
31	WESOŁOWSKI Zbigniew	124	AKTYWNI KOCIEWIACY	M50	3	00:07:04	00:18:49	<b>00:41:59.00</b>	+00:08:28 (20.2%)	4:44	12.6 (79.2%)
32	KLASA Michał	42	AKADEMIA BIEGOWA KIELPINO	M40	8	00:07:14	00:18:59	<b>00:42:02.25</b>	+00:08:31 (20.3%)	4:44	12.6 (79.2%)
33	NOWODWORSKA Justyna	77	RUNTASTYCZNI TEAM BYTÓW	K30	1	00:07:15	00:19:05	<b>00:42:10.55</b>	+00:08:40 (20.6%)	4:45	12.6 (79.2%)
34	WERNER Krzysztof	123	TOTALNIE BIEGNIĘCI	M40	9	00:07:20	00:19:14	<b>00:42:28.20</b>	+00:08:57 (21.1%)	4:47	12.5 (78.6%)
35	DYMEK Sebastian	17	AKADEMIA BIEGOWA KOŚCIERZYNA	M30	13	00:06:56	00:19:07	<b>00:42:35.10</b>	+00:09:04 (21.3%)	4:48	12.5 (78.6%)
36	LIETZ Renia	61	TOTALNIE BIEGNIĘCI	K30	2	00:07:15	00:19:22	<b>00:42:55.50</b>	+00:09:25 (21.9%)	4:50	12.4 (78.0%)
37	BARGAŃSKA Justyna	2	RUNTASTYCZNI TEAM BYTÓW	K40	1	00:07:26	00:19:49	<b>00:43:23.55</b>	+00:09:53 (22.8%)	4:54	12.2 (76.7%)
38	OWCZAREK Katarzyna	79	STEP BY STEP TRÓJMIASTO	K40	2	00:07:28	00:19:58	<b>00:43:36.20</b>	+00:10:05 (23.2%)	4:55	12.2 (76.7%)
39	MATUSZYŃSKI Mirosław	69	KLUB BIEGACZA GOCH BYTÓW	M40	10	00:07:47	00:20:02	<b>00:43:38.15</b>	+00:10:07 (23.2%)	4:55	12.2 (76.7%)
40	KNUT Paweł	48		M18	10	00:06:59	00:19:01	<b>00:43:38.65</b>	+00:10:08 (23.2%)	4:55	12.2 (76.7%)
41	SZCZEPANIAK Jacek	108	KORZYBSKIE REKINY	M50	4	00:07:21	00:19:42	<b>00:43:50.30</b>	+00:10:19 (23.6%)	4:57	12.1 (76.1%)
42	SZADRIN Andrej	107	KLUB BIEGACZA GOCH BYTÓW	M30	14	00:07:15	00:20:00	<b>00:43:59.05</b>	+00:10:28 (23.8%)	4:58	12.1 (76.1%)
43	WEILAND Adrian	119	NIGHT WOLVES SŁUPSK	M30	15	00:06:48	00:19:30	<b>00:44:03.90</b>	+00:10:33 (24.0%)	4:58	12.1 (76.1%)
44	GRACHEL Darek	28	RUNNER_FROM_SŁUPSK	M18	11	00:07:05	00:19:29	<b>00:44:24.90</b>	+00:10:54 (24.6%)	5:01	12 (75.5%)
45	METEL Izabela	71	RUNTASTYCZNI TEAM BYTÓW	K40	3	00:07:44	00:20:17	<b>00:45:01.30</b>	+00:11:30 (25.6%)	5:05	11.8 (74.2%)
46	ŻURAWSKI Piotr	139	KORZYBSKIE REKINY	M40	11	00:07:22	00:20:16	<b>00:45:08.50</b>	+00:11:38 (25.8%)	5:05	11.8 (74.2%)
47	KLUCZEWSKA Emilia	45	RUNTASTYCZNI TEAM BYTÓW	K30	3	00:07:46	00:20:47	<b>00:45:23.35</b>	+00:11:52 (26.2%)	5:07	11.7 (73.6%)
47	STRZELECKI Zbigniew	101	KORZYBSKIE REKINY	M60	1	00:08:01	00:20:50	<b>00:45:23.35</b>	+00:11:52 (26.2%)	5:07	11.7 (73.6%)
49	KAZIMIERCZAK Leszek	40	FOR-REST-RUN	M30	16	00:07:58	00:20:46	<b>00:45:37.80</b>	+00:12:07 (26.6%)	5:09	11.6 (73.0%)
50	NADOLSKI Tomasz	74	DRUŻYNA OLBRZYMA	M40	12	00:08:27	00:21:23	<b>00:45:53.25</b>	+00:12:22 (27.0%)	5:11	11.6 (73.0%)
51	KAŚNICKA Tamara	39		K40	4	00:08:21	00:21:26	<b>00:46:00.40</b>	+00:12:29 (27.2%)	5:11	11.5 (72.3%)
52	BRODZIK Ewa	3	BŁOTNIAKI TEAM BYTÓW	K30	4	00:08:01	00:21:06	<b>00:46:28.50</b>	+00:12:58 (27.9%)	5:15	11.4 (71.7%)
53	ZĘBALA Dariusz	133		M40	13	00:07:55	00:21:10	<b>00:46:28.60</b>	+00:12:58 (27.9%)	5:15	11.4 (71.7%)
54	MACIEJEWSKI Michał	64		M40	14	00:08:13	00:20:52	<b>00:46:28.80</b>	+00:12:58 (27.9%)	5:15	11.4 (71.7%)
55	PIESZKUR Teresa	81		K18	1	00:08:22	00:21:27	<b>00:46:40.60</b>	+00:13:10 (28.2%)	5:16	11.4 (71.7%)
56	WICZKOWSKI Maciej	126		M30	17	00:08:14	00:21:16	<b>00:46:50.70</b>	+00:13:20 (28.5%)	5:17	11.3 (71.1%)
57	MUERAU-NOWICKA Hanna	73	KLUB BIEGACZA GOCH BYTÓW	K50	1	00:07:49	00:21:07	<b>00:47:04.40</b>	+00:13:33 (28.8%)	5:19	11.3 (71.1%)
58	SIDOR Mariusz	95	DECATHLON POWER SŁUPSK	M30	18	00:07:15	00:20:32	<b>00:47:07.60</b>	+00:13:37 (28.9%)	5:19	11.3 (71.1%)
59	TOCHA Zbigniew	115	AKTYWNI KOCIEWIACY	M60	2	00:08:50	00:22:12	<b>00:47:21.95</b>	+00:13:51 (29.3%)	5:21	11.2 (70.4%)
60	GAJEK Artur	19	KORZYBSKIE REKINY	M40	15	00:08:36	00:21:59	<b>00:47:30.60</b>	+00:14:00 (29.5%)	5:22	11.2 (70.4%)
61	GROCHOWSKI Mateusz	29	GABIT	M18	12	00:08:07	00:21:37	<b>00:47:45.70</b>	+00:14:15 (29.8%)	5:23	11.1 (69.8%)
62	WITKA Piotr	127	ŁEBA MORS POLAND	M50	5	00:08:00	00:21:38	<b>00:47:55.70</b>	+00:14:25 (30.1%)	5:24	11.1 (69.8%)
63	ZADROŻNY Szymon	131	WATAHA WAŁCZ	M40	16	00:08:25	00:22:05	<b>00:48:05.00</b>	+00:14:34 (30.3%)	5:25	11 (69.2%)
64	KĘSIK Agnieszka	41	ŚWIAT PŁYTEK U KRYPINA	K30	5	00:07:46	00:20:58	<b>00:48:06.85</b>	+00:14:36 (30.4%)	5:26	11 (69.2%)
65	ŚWIGOŃ Daniel	113	BŁOTNIAKI TEAM BYTÓW	M40	17	00:08:40	00:22:16	<b>00:48:12.50</b>	+00:14:42 (30.5%)	5:26	11 (69.2%)
66	JANIK Roman	32	KWIDZYN BIEGA	M60	3	00:08:30	00:22:26	<b>00:48:18.20</b>	+00:14:47 (30.6%)	5:27	11 (69.2%)
67	CIEPLIK Paweł	9		M30	19	00:08:39	00:22:12	<b>00:48:20.25</b>	+00:14:49 (30.7%)	5:27	11 (69.2%)
68	SYLDATK Karol	103	METROŻERCY	M30	20	00:08:17	00:21:44	<b>00:48:29.95</b>	+00:14:59 (30.9%)	5:28	11 (69.2%)
69	SZRAMA Marian	109	BAZA 44	M50	6	00:07:53	00:21:37	<b>00:48:39.85</b>	+00:15:09 (31.1%)	5:29	10.9 (68.6%)
70	MIKOŁAJCZYK Tomasz	72		M30	21	00:09:05	00:22:39	<b>00:49:00.65</b>	+00:15:30 (31.6%)	5:32	10.8 (67.9%)
71	TATYS Tomasz	114	-	M40	18	00:07:42	00:21:33	<b>00:49:16.20</b>	+00:15:45 (32.0%)	5:34	10.8 (67.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Meta_All		Czas netto		Tempo min/km	Tempo km/h
						1.5km	3.6km	8.85km	Różn		
72	<b>JASZEWSKI Tomasz</b>	<b>35</b>	KLUB BIEGACZA GOCH BYTÓW	M40	19	00:08:47	00:22:39	<b>00:49:30.30</b>	+00:15:59 (32.3%)	5:35	10.7 (67.3%)
73	<b>KNUT Damian</b>	<b>49</b>		M40	20	00:08:35	00:23:09	<b>00:49:32.00</b>	+00:16:01 (32.4%)	5:35	10.7 (67.3%)
74	<b>BYCZKOWSKI Mateusz</b>	<b>6</b>		M18	13	00:08:17	00:21:38	<b>00:49:48.15</b>	+00:16:17 (32.7%)	5:37	10.7 (67.3%)
75	<b>SYLDATK Wioleta</b>	<b>104</b>	METROŻERCY	K30	6	00:08:40	00:22:44	<b>00:50:15.80</b>	+00:16:45 (33.3%)	5:40	10.6 (66.7%)
76	<b>CYRSON Anna</b>	<b>11</b>	RUNTASTYCZNI TEAM BYTÓW	K50	2	00:08:35	00:23:13	<b>00:50:21.85</b>	+00:16:51 (33.5%)	5:41	10.5 (66.0%)
77	<b>ROCHOWSKI Piotr</b>	<b>90</b>	STALOWOWOLSKI KLUB BIEGACZA	M50	7	00:07:21	00:21:09	<b>00:50:27.70</b>	+00:16:57 (33.6%)	5:42	10.5 (66.0%)
78	<b>ZABOROWSKA Urszula</b>	<b>129</b>	KLUB BIEGACZA GOCH BYTÓW	K50	3	00:08:34	00:23:00	<b>00:50:36.05</b>	+00:17:05 (33.8%)	5:43	10.5 (66.0%)
79	<b>KNITTER-KLASA Edyta</b>	<b>47</b>	AKADEMIA BIEGOWA KIEŁPINO	K50	4	00:08:35	00:22:35	<b>00:50:37.25</b>	+00:17:06 (33.8%)	5:43	10.5 (66.0%)
80	<b>REINKA Daniel</b>	<b>88</b>		M40	21	00:08:08	00:22:30	<b>00:50:44.00</b>	+00:17:13 (34.0%)	5:43	10.5 (66.0%)
81	<b>MACIEJEWSKI Paweł</b>	<b>63</b>		M30	22	00:09:16	00:23:39	<b>00:50:54.80</b>	+00:17:24 (34.2%)	5:45	10.4 (65.4%)
82	<b>KOSMALA Aleksandra</b>	<b>55</b>		K30	7	00:08:47	00:23:20	<b>00:50:58.95</b>	+00:17:28 (34.3%)	5:45	10.4 (65.4%)
83	<b>CZECH Roman</b>	<b>12</b>	KLUB BIEGACZA GOCH BYTÓW	M70+	1	00:09:06	00:24:05	<b>00:51:23.65</b>	+00:17:53 (34.8%)	5:48	10.3 (64.8%)
84	<b>RUTKOWSKA Anna</b>	<b>92</b>	WATAHA WAŁCZ	K50	5	00:08:43	00:23:15	<b>00:51:27.60</b>	+00:17:57 (34.9%)	5:48	10.3 (64.8%)
85	<b>ZANIEWSKI Grzegorz</b>	<b>132</b>		M40	22	00:08:54	00:23:11	<b>00:51:46.35</b>	+00:18:15 (35.3%)	5:50	10.3 (64.8%)
86	<b>MALEK Andrzej</b>	<b>66</b>	ATLAS	M60	4	00:09:12	00:23:52	<b>00:52:04.15</b>	+00:18:33 (35.6%)	5:52	10.2 (64.2%)
87	<b>PRANCZK Marek</b>	<b>84</b>	KLUB BIEGACZA GOCH BYTÓW	M50	8	00:08:44	00:23:22	<b>00:52:21.90</b>	+00:18:51 (36.0%)	5:54	10.1 (63.5%)
88	<b>KALINOWSKA Paulina</b>	<b>37</b>	AB KARTUZY/KIEŁPINO	K30	8	00:08:05	00:22:01	<b>00:52:23.15</b>	+00:18:52 (36.0%)	5:55	10.1 (63.5%)
89	<b>JERECZEK Joanna</b>	<b>36</b>	FABRYKA ZDROWIA BYTÓW	K50	6	00:08:36	00:22:45	<b>00:52:26.65</b>	+00:18:56 (36.1%)	5:55	10.1 (63.5%)
90	<b>PRUSZAK Aneta</b>	<b>85</b>	RUNTASTYCZNI TEAM BYTÓW	K30	9	00:08:44	00:23:38	<b>00:52:33.90</b>	+00:19:03 (36.3%)	5:56	10.1 (63.5%)
91	<b>KARABASZ Jacek</b>	<b>38</b>	WATAHA WAŁCZ	M40	23	00:08:43	00:23:12	<b>00:52:39.80</b>	+00:19:09 (36.4%)	5:56	10.1 (63.5%)
92	<b>WEILAND Cyprian</b>	<b>120</b>	NIGHT WOLVES SŁUPSK	M18	14	00:08:06	00:22:29	<b>00:52:50.60</b>	+00:19:20 (36.6%)	5:58	10.1 (63.5%)
93	<b>PODSIEDLIK Zbigniew</b>	<b>83</b>	1 POMORSKA BRYGADA LOGISTYCZNA	M40	24	00:09:00	00:23:39	<b>00:52:57.30</b>	+00:19:26 (36.7%)	5:58	10 (62.9%)
94	<b>ŻMUDA-TRZEBIATOWSKA Marzena</b>	<b>136</b>		K40	5	00:08:36	00:23:05	<b>00:52:59.10</b>	+00:19:28 (36.8%)	5:59	10 (62.9%)
95	<b>ŚRUBKA Patryk</b>	<b>112</b>	RUNBUSTERS	M30	23	00:08:25	00:22:08	<b>00:53:04.35</b>	+00:19:33 (36.9%)	5:59	10 (62.9%)
96	<b>REMBALSKI Piotr</b>	<b>89</b>	ŚWIAT PŁYTEK U KRYPINA	M40	25	00:09:21	00:24:24	<b>00:53:04.65</b>	+00:19:34 (36.9%)	5:59	10 (62.9%)
96	<b>MATYSIAK-REMBALSKI Anna</b>	<b>70</b>	ŚWIAT PŁYTEK U KRYPINA	K40	6	00:09:21	00:24:24	<b>00:53:04.65</b>	+00:19:34 (36.9%)	5:59	10 (62.9%)
98	<b>DOMASZK Zbigniew</b>	<b>16</b>	ŚWIAT PŁYTEK U KRYPINA	M40	26	00:09:21	00:24:26	<b>00:53:05.35</b>	+00:19:34 (36.9%)	5:59	10 (62.9%)
99	<b>ŚMIGIEL Jarosław</b>	<b>111</b>		M40	27	00:09:05	00:24:15	<b>00:53:14.80</b>	+00:19:44 (37.1%)	6:00	10 (62.9%)
100	<b>ORŁOWSKI Bogusław</b>	<b>78</b>		M50	9	00:09:21	00:24:24	<b>00:53:18.15</b>	+00:19:47 (37.1%)	6:01	10 (62.9%)
101	<b>FECKIW Małgorzata</b>	<b>18</b>		K18	2	00:08:02	00:22:28	<b>00:53:20.25</b>	+00:19:49 (37.2%)	6:01	10 (62.9%)
102	<b>CZERWIONKA Dariusz</b>	<b>13</b>		M40	28	00:09:29	00:24:26	<b>00:53:20.40</b>	+00:19:49 (37.2%)	6:01	10 (62.9%)
103	<b>STYP-REKOWSKI Piotr</b>	<b>102</b>		M30	24	00:09:11	00:24:16	<b>00:53:49.20</b>	+00:20:18 (37.7%)	6:04	9.9 (62.3%)
104	<b>RYBARCZYK Irena</b>	<b>94</b>		K40	7	00:09:14	00:24:27	<b>00:53:52.50</b>	+00:20:22 (37.8%)	6:05	9.9 (62.3%)
105	<b>KOBIEROWSKI Edward</b>	<b>51</b>	KLUB BIEGACZA GOCH BYTÓW	M40	29	00:09:07	00:24:20	<b>00:53:53.10</b>	+00:20:22 (37.8%)	6:05	9.9 (62.3%)
106	<b>STEFANIAK Piotr</b>	<b>98</b>	ŁEBA MORS POLAND	M50	10	00:09:42	00:24:33	<b>00:54:26.85</b>	+00:20:56 (38.5%)	6:09	9.8 (61.6%)
107	<b>KOMAJDA Jarosław</b>	<b>53</b>	SOLECCY BIEGACZE	M50	11	00:09:16	00:24:32	<b>00:54:27.05</b>	+00:20:56 (38.5%)	6:09	9.8 (61.6%)
108	<b>TRZEWIKOWSKA Marzena</b>	<b>117</b>		K40	8	00:09:27	00:24:50	<b>00:54:37.10</b>	+00:21:06 (38.7%)	6:10	9.7 (61.0%)
109	<b>ANDRZEJCZAK Sławomir</b>	<b>1</b>	GRZESŁAW USTKA	M40	30	00:09:03	00:24:03	<b>00:54:37.65</b>	+00:21:07 (38.7%)	6:10	9.7 (61.0%)
110	<b>KLASA Anna</b>	<b>43</b>	AKADEMIA BIEGOWA KIEŁPINO	K18	3	00:09:00	00:24:12	<b>00:54:41.80</b>	+00:21:11 (38.7%)	6:10	9.7 (61.0%)
111	<b>GNYBA Mariusz</b>	<b>27</b>	METROŻERCY	M30	25	00:08:41	00:23:44	<b>00:54:50.60</b>	+00:21:20 (38.9%)	6:11	9.7 (61.0%)
112	<b>TÓRZ Andrzej</b>	<b>116</b>	USTKA	M60	5	00:09:14	00:24:25	<b>00:54:54.60</b>	+00:21:24 (39.0%)	6:12	9.7 (61.0%)
113	<b>BROKOS Tomasz</b>	<b>4</b>	DCT DRUŻYNA BIEGOWA	M30	26	00:08:52	00:24:22	<b>00:54:58.90</b>	+00:21:28 (39.1%)	6:12	9.7 (61.0%)
114	<b>KLUK Sylwia</b>	<b>46</b>		K40	9	00:09:32	00:24:54	<b>00:55:04.00</b>	+00:21:33 (39.1%)	6:13	9.6 (60.4%)
115	<b>RAMUTKOWSKI Zbigniew</b>	<b>87</b>		M30	27	00:08:50	00:25:24	<b>00:55:11.20</b>	+00:21:40 (39.3%)	6:14	9.6 (60.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Różn	Tempo min/km	Tempo km/h
						Meta_All 1.5km	Meta_All 3.6km	netto 8.85km			
116	<b>MUSZYŃSKI Jacek</b>	<b>20</b>	ŚWIAT PŁYTEK U KRYSPINA	M60	6	00:09:23	00:25:08	<b>00:56:39.25</b>	+00:23:08 (40.9%)	6:24	9.4 (59.1%)
117	<b>WEILAND Agnieszka</b>	<b>121</b>	NIGHT WOLVES SŁUPSK	K30	10	00:08:33	00:24:19	<b>00:57:05.00</b>	+00:23:34 (41.3%)	6:27	9.3 (58.5%)
118	<b>MARZEC Leszek</b>	<b>68</b>		M40	31	00:09:24	00:25:11	<b>00:57:05.40</b>	+00:23:34 (41.3%)	6:27	9.3 (58.5%)
119	<b>LENKIEWICZ Andrzej</b>	<b>59</b>	PIĘKNY	M60	7	00:09:16	00:25:51	<b>00:58:00.75</b>	+00:24:30 (42.2%)	6:33	9.2 (57.9%)
120	<b>GIERSEWSKA Urszula</b>	<b>24</b>		K50	7	00:09:55	00:26:25	<b>00:58:43.80</b>	+00:25:13 (42.9%)	6:38	9 (56.6%)
121	<b>STRZELECKA-DRAGUN Halina</b>	<b>100</b>	KS ZRYW	K60	1	00:10:40	00:27:55	<b>01:01:23.90</b>	+00:27:53 (45.4%)	6:56	8.7 (54.7%)
122	<b>CIŻMOWSKA Barbara</b>	<b>10</b>	MTS HAMER MIASTKO	K60	2	00:10:40	00:28:16	<b>01:03:06.75</b>	+00:29:36 (46.9%)	7:07	8.4 (52.8%)
123	<b>MAJKOWSKI Stanisław</b>	<b>65</b>	KLUB BIEGACZA GOCH BYTÓW	M60	8	00:09:13	00:28:16	<b>01:06:14.75</b>	+00:32:44 (49.4%)	7:29	8 (50.3%)
124	<b>MARCZAK Małgorzata</b>	<b>67</b>	-	K50	8	00:10:34	00:28:40	<b>01:06:55.05</b>	+00:33:24 (49.9%)	7:33	7.9 (49.7%)
125	<b>BUDZYŃSKA Elżbieta</b>	<b>5</b>		K50	9	00:11:24	00:30:38	<b>01:08:41.50</b>	+00:35:11 (51.2%)	7:45	7.7 (48.4%)
126	<b>NIEMCZYK Ula</b>	<b>75</b>	TOTALNIE BIEGNIĘCI	K30	11	00:11:22	00:31:20	<b>01:09:27.55</b>	+00:35:57 (51.8%)	7:50	7.6 (47.8%)
127	<b>PAWELSKA Dorota</b>	<b>80</b>		K40	10	00:11:34	00:31:23	<b>01:10:01.40</b>	+00:36:30 (52.1%)	7:54	7.6 (47.8%)
128	<b>ZABROCKA Anna</b>	<b>130</b>		K30	12	00:11:55	00:31:44	<b>01:11:07.75</b>	+00:37:37 (52.9%)	8:02	7.5 (47.2%)
129	<b>JABCZYŃSKA Joanna</b>	<b>30</b>		K18	4	00:11:37	00:31:31	<b>01:11:36.15</b>	+00:38:05 (53.2%)	8:05	7.4 (46.5%)
130	<b>STOLARCZYK Maciej</b>	<b>99</b>	SZKOŁA YOGI ZOFII NETTER	M40	32	00:09:18	00:26:12	<b>01:22:15.85</b>	+00:48:45 (59.3%)	9:17	6.5 (40.9%)

Znaleziono 130 wynik(ów)