



VIII BIEG SZLAKIEM DZIKA

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dziki Weekend 2018
Stowarzyszenie Klub Biegowy Dzik
2018-08-18
Police
10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K2 30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	NIEMIRO Dominika	690	JAGODOWO-KALINOWY TEAM	K2 30-39	1	00:00:04	00:23:04	00:46:35.00	00:46:39.10		4:39	12.9 (100%)
2	CZARNECKA Barbara	149		K2 30-39	2	00:00:06	00:23:03	00:46:41.95	00:46:48.90	+00:00:06 (0.2%)	4:40	12.8 (99.2%)
3	SIERADZKA Justyna	864	MOŻW	K2 30-39	3	00:00:07	00:23:30	00:47:14.90	00:47:21.95	+00:00:39 (1.4%)	4:43	12.7 (98.4%)
4	ZABOROWSKA Małgorzata	817	GRARUNNERS	K2 30-39	4	00:00:09	00:23:38	00:47:43.30	00:47:53.15	+00:01:08 (2.4%)	4:46	12.6 (97.7%)
5	PASIEKA Agnieszka	203	K.B.SPRINT ŚWIDWIN / 21.BLT	K2 30-39	5	00:00:09	00:23:52	00:48:25.80	00:48:35.10	+00:01:50 (3.8%)	4:50	12.4 (96.1%)
6	SOBOCIŃSKA Ewelina	745	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	K2 30-39	6	00:00:05	00:24:23	00:48:37.70	00:48:43.40	+00:02:02 (4.2%)	4:51	12.3 (95.3%)
7	TAMBORSKA Agata	694	DZIK KOMANDO	K2 30-39	7	00:00:09	00:23:27	00:48:43.50	00:48:53.30	+00:02:08 (4.4%)	4:52	12.3 (95.3%)
8	ŚWIST Joanna	42	RUNNING QUEEN	K2 30-39	8	00:00:19	00:24:19	00:48:54.35	00:49:14.25	+00:02:19 (4.7%)	4:53	12.3 (95.3%)
9	KRZACZKOWSKA Iwona	715	DZIKI WROCŁAW	K2 30-39	9	00:00:03	00:23:55	00:49:37.60	00:49:40.80	+00:03:02 (6.1%)	4:57	12.1 (93.8%)
10	SZYMAŃSKA Katarzyna	32	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	10	00:00:04	00:24:35	00:50:06.05	00:50:10.95	+00:03:31 (7.0%)	5:00	12 (93.0%)
11	MŁYNARCZYK Tatiana	61	HUSARIA RACE TEAM	K2 30-39	11	00:00:05	00:24:39	00:50:27.35	00:50:33.00	+00:03:52 (7.7%)	5:02	11.9 (92.2%)
12	KOPKA Magdalena	56		K2 30-39	12	00:00:19	00:25:07	00:50:58.95	00:51:18.05	+00:04:23 (8.6%)	5:05	11.8 (91.5%)
13	BOROWSKA Karolina	146	PUSZCZYK BUKOWY	K2 30-39	13	00:00:06	00:24:38	00:51:01.35	00:51:07.35	+00:04:26 (8.7%)	5:06	11.8 (91.5%)
14	BLICHARSKA Marta	594		K2 30-39	14	00:00:34	00:25:35	00:51:29.25	00:52:03.85	+00:04:54 (9.5%)	5:08	11.7 (90.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
15	MARZEC Karolina	441	DZIKIE DZIKI GORZÓW	K2 30-39	15	00:00:03	00:25:37	00:51:39.55	00:51:42.95	+00:05:04 (9.8%)	5:09	11.6 (89.9%)
16	ALABRUDZIŃSKA Agnieszka	855	SZWLA STARGARD	K2 30-39	16	00:00:09	00:25:07	00:52:21.15	00:52:30.85	+00:05:46 (11.0%)	5:14	11.5 (89.1%)
17	KAMIŃSKA Ewelina	117	MUD GOATS	K2 30-39	17	00:00:08	00:26:13	00:52:33.25	00:52:41.85	+00:05:58 (11.4%)	5:15	11.4 (88.4%)
18	NIKONOWICZ Ewa	464	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	K2 30-39	18	00:00:06	00:26:43	00:52:44.30	00:52:50.85	+00:06:09 (11.7%)	5:16	11.4 (88.4%)
19	ŻUKOWSKA Natalia	770	JW 3605	K2 30-39	19	00:00:04	00:26:13	00:53:51.80	00:53:56.10	+00:07:16 (13.5%)	5:23	11.1 (86.0%)
20	ROSTRYGIN Katarzyna	33		K2 30-39	20	00:00:17	00:27:06	00:54:04.50	00:54:22.40	+00:07:29 (13.9%)	5:24	11.1 (86.0%)
21	SCHERFENBERG Katarzyna	772		K2 30-39	21	00:04:02	00:26:33	00:54:17.10	00:58:19.10	+00:07:42 (14.2%)	5:25	11.1 (86.0%)
22	PASŁAWSKA Magda	127		K2 30-39	22	00:00:18	00:28:24	00:54:17.95	00:54:36.70	+00:07:42 (14.2%)	5:25	11 (85.3%)
23	MAJDAN-ADAMSKA Agnieszka	496		K2 30-39	23	00:00:37	00:27:00	00:54:26.95	00:55:04.40	+00:07:51 (14.4%)	5:26	11 (85.3%)
24	BERNACKA-SZYDLIK Karolina	45		K2 30-39	24	00:00:12	00:26:46	00:54:27.85	00:54:40.55	+00:07:52 (14.5%)	5:26	11 (85.3%)
25	NIKLAS Małgorzata	752	KSF NOWOGRÓDEK POMORSKI	K2 30-39	25	00:00:50	00:27:38	00:54:42.95	00:55:32.95	+00:08:07 (14.9%)	5:28	11 (85.3%)
26	STROJNA-GRZYBOWSKA Marta	678	MAUPOLAND	K2 30-39	26	00:00:29	00:27:09	00:54:53.50	00:55:22.90	+00:08:18 (15.1%)	5:29	10.9 (84.5%)
27	GAJEK Patrycja	118		K2 30-39	27	00:00:19	00:27:02	00:54:54.70	00:55:14.60	+00:08:19 (15.2%)	5:29	10.9 (84.5%)
28	SYCHEL Magdalena	779		K2 30-39	28	00:00:09	00:27:28	00:56:12.85	00:56:21.85	+00:09:37 (17.1%)	5:37	10.7 (82.9%)
29	SZCZETYŃSKA Karolina	224	ZDRUN EXTREME	K2 30-39	29	00:00:09	00:28:05	00:56:19.50	00:56:28.50	+00:09:44 (17.3%)	5:37	10.7 (82.9%)
30	JURECZKO Agnieszka	461	DZIK KOMANDO	K2 30-39	30	00:00:25	00:27:16	00:56:21.15	00:56:46.85	+00:09:46 (17.3%)	5:38	10.6 (82.2%)
31	ZAGROCKA Mirosława	310		K2 30-39	31	00:00:12	00:26:54	00:56:59.60	00:57:11.85	+00:10:24 (18.3%)	5:41	10.5 (81.4%)
32	WOJSZCZYK Marlena	645	TRYTON BIKE TEAM	K2 30-39	32	00:00:30	00:28:51	00:57:14.75	00:57:45.55	+00:10:39 (18.6%)	5:43	10.5 (81.4%)
33	SZYMAŃSKA Jolanta	199		K2 30-39	33	00:01:14	00:29:27	00:57:16.05	00:58:31.00	+00:10:41 (18.7%)	5:43	10.5 (81.4%)
34	PTAK Patrycja	440	HUSARIA RACE TEAM	K2 30-39	34	00:00:10	00:27:12	00:57:16.75	00:57:27.00	+00:10:41 (18.7%)	5:43	10.5 (81.4%)
35	ŻAK Dominika	332	PUSZCZYK BUKOWY	K2 30-39	35	00:00:14	00:28:35	00:57:57.45	00:58:12.05	+00:11:22 (19.6%)	5:47	10.4 (80.6%)
36	KNOT Martyna	30	PIĘKNI I BESTIE	K2 30-39	36	00:00:32	00:29:07	00:58:15.20	00:58:47.35	+00:11:40 (20.0%)	5:49	10.3 (79.8%)
37	PYŻANOWSKA Katarzyna	407		K2 30-39	37	00:00:18	00:29:07	00:58:36.65	00:58:54.90	+00:12:01 (20.5%)	5:51	10.2 (79.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
38	LEBIEDZIŃSKA Angelika	77	NORDA ACTIVE TEAM	K2 30-39	38	00:00:09	00:29:35	00:59:04.80	00:59:13.85	+00:12:29 (21.2%)	5:54	10.2 (79.1%)
39	KOCZOCIK Natalia	818	IZERSKA GRUPA BIEGOWA	K2 30-39	39	00:00:26	00:29:44	00:59:35.95	01:00:02.40	+00:13:00 (21.8%)	5:57	10.1 (78.3%)
40	ROMAN Ewelina	791	MONIAGYM	K2 30-39	40	00:00:33	00:29:38	00:59:50.15	01:00:23.20	+00:13:15 (22.1%)	5:59	10 (77.5%)
41	PAWLAK Milena	565		K2 30-39	41	00:00:38	00:29:14	01:00:03.60	01:00:42.55	+00:13:28 (22.4%)	6:00	10 (77.5%)
42	WILES Magdalena	852		K2 30-39	42	00:00:33	00:30:36	01:01:55.20	01:02:28.85	+00:15:20 (24.8%)	6:11	9.7 (75.2%)
43	BUDNA Anna	913		K2 30-39	43	00:00:16	00:30:10	01:01:55.80	01:02:12.15	+00:15:20 (24.8%)	6:11	9.7 (75.2%)
44	SZULC Helena	764	SMT SZCZECIN	K2 30-39	44	00:00:08	00:30:15	01:02:08.65	01:02:16.90	+00:15:33 (25.0%)	6:12	9.7 (75.2%)
45	JAROSŁAWSKA Jowita	681		K2 30-39	45	00:00:08	00:30:18	01:02:10.45	01:02:18.85	+00:15:35 (25.1%)	6:13	9.7 (75.2%)
46	HANDKE Justyna	785	XRUNNERS	K2 30-39	46	00:00:36	00:31:43	01:02:59.05	01:03:35.15	+00:16:24 (26.0%)	6:17	9.5 (73.6%)
47	PYREK Iwona	81		K2 30-39	47	00:00:20	00:31:52	01:04:02.55	01:04:23.15	+00:17:27 (27.3%)	6:24	9.4 (72.9%)
48	BIAŁASIK Maria	88		K2 30-39	48	00:00:24	00:30:35	01:04:18.15	01:04:43.00	+00:17:43 (27.6%)	6:25	9.3 (72.1%)
49	ROGALA Magda	31	WKURW_TEAM NOWOGARD	K2 30-39	49	00:00:30	00:31:53	01:04:52.65	01:05:22.95	+00:18:17 (28.2%)	6:29	9.2 (71.3%)
50	DOLEŻEK Agnieszka	883	WIECZORNE BIEGANIE	K2 30-39	50	00:00:42	00:32:35	01:05:11.10	01:05:53.35	+00:18:36 (28.5%)	6:31	9.2 (71.3%)
51	MIZIELINSKA Daria	882		K2 30-39	51	00:00:42	00:32:35	01:05:11.55	01:05:54.20	+00:18:36 (28.5%)	6:31	9.2 (71.3%)
52	BROCZKOWSKA Żaneta	708		K2 30-39	52	00:00:21	00:31:48	01:05:12.20	01:05:33.95	+00:18:37 (28.6%)	6:31	9.2 (71.3%)
53	BASZURO Magdalena	64		K2 30-39	53	00:00:45	00:31:45	01:05:21.30	01:06:06.60	+00:18:46 (28.7%)	6:32	9.2 (71.3%)
54	ZAKRZEWSKA Sylwia	452	FSD RUN DREZDENKO	K2 30-39	54	00:00:40	00:32:41	01:05:28.35	01:06:09.25	+00:18:53 (28.9%)	6:32	9.2 (71.3%)
55	SZWARC Ewa	705		K2 30-39	55	00:00:28	00:32:05	01:06:18.75	01:06:47.60	+00:19:43 (29.8%)	6:37	9 (69.8%)
56	ŁUKASIEWICZ-WESELAK Justyna	695		K2 30-39	56	00:00:23	00:33:43	01:06:30.55	01:06:54.20	+00:19:55 (30.0%)	6:39	9 (69.8%)
57	DUTKIEWICZ Urszula	6	WATAHA	K2 30-39	57	00:00:14	00:32:19	01:06:38.45	01:06:52.65	+00:20:03 (30.1%)	6:39	9 (69.8%)
58	SOKOŁOWSKA Agnieszka	23	DALEKO JESZCZE	K2 30-39	58	00:00:33	00:33:02	01:07:37.00	01:08:10.65	+00:21:02 (31.1%)	6:45	8.9 (69.0%)
59	MISIAK Dorota	120	BYLEBY DO PRZODU	K2 30-39	59	00:00:24	00:32:38	01:07:41.35	01:08:05.65	+00:21:06 (31.2%)	6:46	8.9 (69.0%)
60	JAKUBOWSKA Aneta	528	DZIKUŚ	K2 30-39	60	00:00:25	00:32:42	01:08:08.80	01:08:34.60	+00:21:33 (31.6%)	6:48	8.8 (68.2%)

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61	KAMIŃSKA Adriana	684	BBL POLICE	K2 30-39	61	00:00:43	00:33:22	01:08:09.30	01:08:52.45	+00:21:34 (31.7%)	6:48	8.8 (68.2%)
62	UZDOWSKA Marta	692	OCR TEAM WŁOČŁAWEK	K2 30-39	62	00:00:29	00:32:51	01:08:11.45	01:08:41.20	+00:21:36 (31.7%)	6:49	8.8 (68.2%)
63	LISOWSKA Agnieszka	863		K2 30-39	63	00:01:01	00:34:32	01:08:14.05	01:09:16.00	+00:21:39 (31.7%)	6:49	8.8 (68.2%)
64	KOMOSA Agnieszka	386		K2 30-39	64	00:01:00	00:33:49	01:08:23.70	01:09:24.00	+00:21:48 (31.9%)	6:50	8.8 (68.2%)
65	MAŁYSA Marta	888		K2 30-39	65	00:01:00	00:33:48	01:08:23.85	01:09:23.95	+00:21:48 (31.9%)	6:50	8.8 (68.2%)
66	PRZYBYSZ Katarzyna	89		K2 30-39	66	00:00:19	00:33:14	01:08:28.55	01:08:48.45	+00:21:53 (32.0%)	6:50	8.8 (68.2%)
67	KNIOŁA Agnieszka	46	PIŁA TEAM	K2 30-39	67	00:00:07	00:34:29	01:08:28.65	01:08:36.60	+00:21:53 (32.0%)	6:50	8.8 (68.2%)
68	JAKUBOWSKA Dorota	530	23.BAZA LOTNICTWA TAKTYCZNEGO	K2 30-39	68	00:00:25	00:33:20	01:08:30.40	01:08:55.95	+00:21:55 (32.0%)	6:51	8.8 (68.2%)
69	MADOŃ Magdalena	927		K2 30-39	69	00:00:45	00:33:12	01:08:34.90	01:09:20.00	+00:21:59 (32.1%)	6:51	8.7 (67.4%)
70	CHACHURSKA Daria	137	DZIK KOMANDO	K2 30-39	70	00:00:22	00:33:36	01:08:36.90	01:08:59.45	+00:22:01 (32.1%)	6:51	8.7 (67.4%)
71	PASZKIEWICZ Anna	333	DZIK Z PUSZCZY	K2 30-39	71	00:00:55	00:33:18	01:08:38.90	01:09:34.50	+00:22:03 (32.1%)	6:51	8.7 (67.4%)
72	GUMOWSKA Karolina	344		K2 30-39	72	00:00:31	00:34:47	01:08:40.30	01:09:11.40	+00:22:05 (32.2%)	6:52	8.7 (67.4%)
73	BARTNICKA Beata	227	HUSARIA RACE TEAM	K2 30-39	73	00:00:58	00:34:40	01:08:47.60	01:09:45.75	+00:22:12 (32.3%)	6:52	8.7 (67.4%)
74	GAJEK Anna	94		K2 30-39	74	00:00:36	00:33:45	01:09:20.90	01:09:57.60	+00:22:45 (32.8%)	6:56	8.7 (67.4%)
75	JAMRÓZ Monika	626		K2 30-39	75	00:00:10	00:33:45	01:09:26.85	01:09:36.95	+00:22:51 (32.9%)	6:56	8.6 (66.7%)
76	BUBLIENKO Jana	743		K2 30-39	76	00:00:56	00:34:42	01:09:31.60	01:10:28.50	+00:22:56 (33.0%)	6:57	8.6 (66.7%)
77	POHLID-DODA Anna	37	MRA SUSZ	K2 30-39	77	00:00:55	00:35:30	01:09:35.95	01:10:31.35	+00:23:00 (33.1%)	6:57	8.6 (66.7%)
78	ROGOWSKA Agnieszka	730	PIĘKNI I BESTIE	K2 30-39	78	00:00:45	00:33:25	01:10:03.40	01:10:49.05	+00:23:28 (33.5%)	7:00	8.6 (66.7%)
79	WOŁCZAK Iwona	414		K2 30-39	79	00:00:30	00:35:06	01:10:03.95	01:10:34.55	+00:23:28 (33.5%)	7:00	8.6 (66.7%)
80	JÓZEFOWICZ Anna	87		K2 30-39	80	00:00:43	00:33:27	01:10:05.40	01:10:49.35	+00:23:30 (33.5%)	7:00	8.6 (66.7%)
81	MICHALCZYK Katarzyna	130	FERTISTAV PL	K2 30-39	81	00:01:30	00:34:48	01:10:29.05	01:11:59.90	+00:23:54 (33.9%)	7:02	8.5 (65.9%)
82	PRENDECKA Sylwia	34		K2 30-39	82	00:00:47	00:34:28	01:10:43.65	01:11:31.40	+00:24:08 (34.1%)	7:04	8.5 (65.9%)
83	CHOYNACKA-SAŃKA Alicja	544		K2 30-39	83	00:00:27	00:34:47	01:10:48.30	01:11:15.95	+00:24:13 (34.2%)	7:04	8.5 (65.9%)

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84	STAŃKO Agnieszka	643	STARGARD JA SIĘ NIE ŚCIGAM	K2 30-39	84	00:00:31	00:35:43	01:11:03.20	01:11:34.85	+00:24:28 (34.4%)	7:06	8.4 (65.1%)
85	CHUDYNKA Paulina	761	KOBIECE BIEGANIE	K2 30-39	85	00:00:49	00:35:49	01:11:32.90	01:12:22.65	+00:24:57 (34.9%)	7:09	8.4 (65.1%)
86	WIERZBA Ewa	640	KOBIECE BIEGANIE	K2 30-39	86	00:00:53	00:35:46	01:11:35.80	01:12:28.85	+00:25:00 (34.9%)	7:09	8.4 (65.1%)
86	KACZMAREK Arleta	833	KOBIECE BIEGANIE	K2 30-39	87	00:00:52	00:35:47	01:11:35.80	01:12:28.75	+00:25:00 (34.9%)	7:09	8.4 (65.1%)
88	LATKOWSKA Anna	880		K2 30-39	88	00:00:29	00:35:08	01:11:40.35	01:12:10.20	+00:25:05 (35.0%)	7:10	8.4 (65.1%)
89	SZAL Marzena	474	IZERSKA GRUPA BIEGOWA	K2 30-39	89	00:00:25	00:33:21	01:11:43.45	01:12:09.00	+00:25:08 (35.1%)	7:10	8.4 (65.1%)
90	CZAPLIŃSKA Magdalena	241		K2 30-39	90	00:00:30	00:34:53	01:11:46.35	01:12:16.65	+00:25:11 (35.1%)	7:10	8.4 (65.1%)
91	STARON-SARAMAK Aleksandra	163	MAGNOLIA GABINETY DENTYSTYCZNE	K2 30-39	91	00:00:39	00:35:42	01:12:01.35	01:12:40.35	+00:25:26 (35.3%)	7:12	8.3 (64.3%)
92	SIWIELA Katarzyna	726		K2 30-39	92	00:00:11	00:33:50	01:12:20.45	01:12:31.90	+00:25:45 (35.6%)	7:14	8.3 (64.3%)
93	PAGEL Kasia	372		K2 30-39	93	00:01:05	00:35:53	01:12:25.65	01:13:31.20	+00:25:50 (35.7%)	7:14	8.3 (64.3%)
94	PROKOCKA Asia	271		K2 30-39	94	00:01:05	00:35:53	01:12:25.75	01:13:30.95	+00:25:50 (35.7%)	7:14	8.3 (64.3%)
95	PIETKIEWICZ Anna	635		K2 30-39	95	00:00:27	00:35:17	01:12:26.75	01:12:54.00	+00:25:51 (35.7%)	7:14	8.3 (64.3%)
96	CZAJKOWSKA Diana	107	ZESPÓŁ NIESPOKOJNYCH NÓG	K2 30-39	96	00:00:57	00:35:19	01:12:32.80	01:13:30.35	+00:25:57 (35.8%)	7:15	8.3 (64.3%)
97	HRYNKIEWICZ-PAWŁASZEK Anna	297		K2 30-39	97	00:00:19	00:35:39	01:13:33.85	01:13:53.30	+00:26:58 (36.7%)	7:21	8.2 (63.6%)
98	JANKOWSKA Justyna	636	MRÓWECZKI	K2 30-39	98	00:00:37	00:35:37	01:13:34.40	01:14:12.25	+00:26:59 (36.7%)	7:21	8.2 (63.6%)
99	WOLNA Dorota	853		K2 30-39	99	00:00:21	00:35:59	01:13:37.00	01:13:58.80	+00:27:02 (36.7%)	7:21	8.2 (63.6%)
100	STEMPNIAK Katarzyna	73	REBELS LEGION TEAM	K2 30-39	100	00:00:58	00:35:35	01:13:56.80	01:14:55.75	+00:27:21 (37.0%)	7:23	8.1 (62.8%)
101	SZULC Anna	612		K2 30-39	101	00:00:11	00:37:07	01:14:28.25	01:14:40.00	+00:27:53 (37.4%)	7:26	8.1 (62.8%)
102	WIELGUS-ULATOWSKA Joanna	111		K2 30-39	102	00:00:43	00:36:49	01:15:06.50	01:15:49.55	+00:28:31 (38.0%)	7:30	8 (62.0%)
103	PUFF Agata	775	PANDA I BANDA	K2 30-39	103	00:01:04	00:37:01	01:15:25.60	01:16:29.85	+00:28:50 (38.2%)	7:32	8 (62.0%)
104	PRABUCKA Karolina	841	UKŁ ÓSEMKA POLICE	K2 30-39	104	00:00:48	00:37:34	01:15:41.35	01:16:29.70	+00:29:06 (38.5%)	7:34	7.9 (61.2%)
105	HAJDUKIEWICZ Anna	674		K2 30-39	105	00:00:23	00:37:01	01:15:56.15	01:16:19.20	+00:29:21 (38.7%)	7:35	7.9 (61.2%)
106	KOWNACKA Aleksandra	212	AT-TRZEBIATÓW	K2 30-39	106	00:00:45	00:35:32	01:16:33.05	01:17:18.70	+00:29:58 (39.1%)	7:39	7.8 (60.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
107	MASAL Emilia	571		K2 30-39	107	00:01:08	00:36:07	01:16:42.55	01:17:50.90	+00:30:07 (39.3%)	7:40	7.8 (60.5%)
108	SOSKA Joanna	282	MUD GOATS	K2 30-39	108	00:00:58	00:37:20	01:17:06.75	01:18:05.20	+00:30:31 (39.6%)	7:42	7.8 (60.5%)
109	KĘDRA Małgorzata	468		K2 30-39	109	00:01:09	00:41:36	01:17:09.10	01:18:18.25	+00:30:34 (39.6%)	7:42	7.8 (60.5%)
110	BOGACKA Małgorzata	106		K2 30-39	110	00:00:24	00:36:47	01:17:11.60	01:17:35.65	+00:30:36 (39.7%)	7:43	7.8 (60.5%)
111	WOLANO Anna	36	CF PRAWY BRZEG	K2 30-39	111	00:00:20	00:36:02	01:17:14.55	01:17:35.40	+00:30:39 (39.7%)	7:43	7.8 (60.5%)
112	MICHALIK-CAŁY Kasia	596	KOBIECE BIEGANIE	K2 30-39	112	00:00:52	00:37:22	01:17:19.50	01:18:11.50	+00:30:44 (39.8%)	7:43	7.8 (60.5%)
113	KRYSIAK Halina	848	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	113	00:00:34	00:39:29	01:19:10.10	01:19:44.80	+00:32:35 (41.2%)	7:55	7.6 (58.9%)
114	KRUSZEWICZ Alina	946		K2 30-39	114	00:00:18	00:38:29	01:19:17.75	01:19:35.95	+00:32:42 (41.3%)	7:55	7.6 (58.9%)
115	PEDA Kamila	66		K2 30-39	115	00:00:24	00:39:09	01:20:21.05	01:20:45.85	+00:33:46 (42.0%)	8:02	7.5 (58.1%)
116	MOLENDASabina	351		K2 30-39	116	00:00:31	00:38:50	01:20:32.80	01:21:04.20	+00:33:57 (42.2%)	8:03	7.4 (57.4%)
117	GRUNT Małgorzata	283	DZIKIE DZIKI GORZOW WLKP	K2 30-39	117	00:00:07	00:38:16	01:21:02.90	01:21:10.15	+00:34:27 (42.5%)	8:06	7.4 (57.4%)
118	KWIATKOWSKA Alicja	49	BIGYELLOWFOOT ADVENTURE TEAM	K2 30-39	118	00:01:03	00:39:01	01:22:35.50	01:23:38.95	+00:36:00 (43.6%)	8:15	7.3 (56.6%)
119	MOŹDŹEŃ Anna	672		K2 30-39	119	00:01:03	00:39:01	01:22:35.85	01:23:39.00	+00:36:00 (43.6%)	8:15	7.3 (56.6%)
120	SOLECKA Anna	470		K2 30-39	120	00:01:09	00:41:50	01:23:54.60	01:25:04.05	+00:37:19 (44.5%)	8:23	7.1 (55.0%)
121	KOSTYK Agnieszka	307		K2 30-39	121	00:00:49	00:39:23	01:24:28.00	01:25:17.90	+00:37:53 (44.9%)	8:26	7.1 (55.0%)
122	BABYSZKO Alicja	871		K2 30-39	122	00:01:04	00:41:29	01:25:16.65	01:26:21.30	+00:38:41 (45.4%)	8:31	7 (54.3%)
123	MASZCZYK Marta	229	MONIA GYM	K2 30-39	123	00:00:17	00:40:49	01:25:41.45	01:25:58.65	+00:39:06 (45.6%)	8:34	7 (54.3%)
124	BICHTA Katarzyna	776		K2 30-39	124	00:00:16	00:40:50	01:25:41.50	01:25:58.45	+00:39:06 (45.6%)	8:34	7 (54.3%)
125	ADAM Kamila	706	1983	K2 30-39	125	00:00:39	00:41:53	01:27:13.10	01:27:52.65	+00:40:38 (46.6%)	8:43	6.9 (53.5%)
126	LIŚKIEWICZ Kasia	289		K2 30-39	126	00:00:38	00:41:54	01:27:13.85	01:27:52.55	+00:40:38 (46.6%)	8:43	6.9 (53.5%)
127	SMYKA Kamila	242		K2 30-39	127	00:00:30	00:43:44	01:30:39.25	01:31:09.40	+00:44:04 (48.6%)	9:03	6.6 (51.2%)
128	LIWUŚ-ŁAPIŃSKA Asia	269	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	128	00:01:04	00:49:59	01:36:39.10	01:37:44.05	+00:50:04 (51.8%)	9:40	6.2 (48.1%)
	KUBICKA Karolina	509		K2 30-39		DNF	00:29:12 DNF	DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
	JANICZAK Kasia	802		K2 30-39		DNF	01:38:53 DNF	DNF	DNF		-	- (0.0%)

Znaleziono 130 wynik(ów)