



VIII BIEG TRZEŹWOŚCI - BIEG 10 KM

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Wydarzenie: XII Festiwal Sportowo-Turystyczny 2018
Organizator: Rowerowa Brzoza
Data: 2018-09-23
Miejsce: Przytęki-Brzoza
Dystans: 10 km

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Najlepszy Polak

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	BRZEZIŃSKI Błażej	3	BRZEZINRUNCLUB	M3	1	JW 1515 BYDGOSZCZ	Brzezińscy		00:00:03	00:31:19.45	00:31:22.65		3:07	19.2 (100%)
2	NARTOWSKI Kamil	379		M3	2	RCI Bydgoszcz			00:00:01	00:32:58.50	00:33:00.35	+00:01:39 (5.0%)	3:17	18.2 (94.8%)
3	KOŚMIEJA Marcin	131	TKKF KOLEJARZ BYDGOSZCZ	M3	3			TKKF Kolejarz Bydgoszcz	00:00:04	00:34:21.55	00:34:26.30	+00:03:02 (8.8%)	3:26	17.5 (91.1%)
4	POLAŃSKI Tomasz	403		M4	1				00:00:03	00:34:33.70	00:34:36.95	+00:03:14 (9.4%)	3:27	17.4 (90.6%)
5	KRYSKE Bartosz	299	SPÓJNIA BIAŁE BŁOTA	M3	4	Jw 2980 braniewo	KRYSKE	SPÓJNIA BIAŁE BŁOTA	00:00:03	00:34:49.15	00:34:52.75	+00:03:29 (10.0%)	3:28	17.2 (89.6%)
6	TUCZYŃSKI Sylwester Leon	128	BYDGOSKIE OKONIE	M2	1			Bydgoskie Okonie	00:00:03	00:35:10.65	00:35:13.95	+00:03:51 (11.0%)	3:31	17.1 (89.1%)
7	RATAJCZYK Przemysław	220	TKKF KOLEJARZ BYDGOSZCZ	M2	2				00:00:02	00:35:15.40	00:35:18.35	+00:03:55 (11.2%)	3:31	17 (88.5%)
8	LUTOWSKI Wojciech	203	TKKF KOLEJARZ BYDGOSZCZ	M3	5			TKKF Kolejarz Bydgoszcz	00:00:02	00:35:19.30	00:35:21.35	+00:03:59 (11.3%)	3:31	17 (88.5%)
9	GÓRNY Maciej	388	CENTRUM SZKOLENIA LOGISTYKI GRUDZIĄDZ	M3	6	CSLog Grudziądz			00:00:01	00:35:21.45	00:35:23.40	+00:04:02 (11.4%)	3:32	17 (88.5%)
10	DEROŃ Waldemar	326		M3	7	1 Brygada Logistyczna			00:00:05	00:36:14.70	00:36:20.05	+00:04:55 (13.6%)	3:37	16.6 (86.5%)
11	JAGODZIŃSKI Mateusz	51	BYDGOSKIE OKONIE	M2	3			Bydgoskie Okonie	00:00:03	00:36:23.40	00:36:26.95	+00:05:03 (13.9%)	3:38	16.5 (85.9%)
12	BEDNARCZYK Adrian	333		M3	8	1 Brygada Logistyczna			00:00:04	00:36:27.25	00:36:31.50	+00:05:07 (14.1%)	3:38	16.5 (85.9%)
13	WERYK Sebastian	330		M3	9	1 Brygada Logistyczna			00:00:03	00:36:31.00	00:36:34.40	+00:05:11 (14.2%)	3:39	16.4 (85.4%)
14	STACHOWICZ Wiesław	12	BRZOZA BIEGA	M4	2	1. WSzP Bydgoszcz		Brzoza Biega	00:00:03	00:36:43.40	00:36:46.60	+00:05:23 (14.7%)	3:40	16.3 (84.9%)
15	MUDZIEJEWSKI Jarosław	9	TKKF KOLEJARZ BYDGOSZCZ	M4	3			TKKF Kolejarz Bydgoszcz	00:00:03	00:36:49.65	00:36:52.95	+00:05:30 (14.9%)	3:40	16.3 (84.9%)
16	KOWALCZYK Marek	10		M4	4	Policja			00:00:02	00:36:50.15	00:36:53.05	+00:05:30 (15.0%)	3:41	16.3 (84.9%)
17	DEPTUŁA Grzegorz	70	VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY	M3	10				00:00:02	00:36:50.45	00:36:53.05	+00:05:31 (15.0%)	3:41	16.3 (84.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
18	GOŁDYN Sebastian	325		M2	4	1 Brygada Logistyczna			00:00:03	00:37:02.55	00:37:06.45	+00:05:43 (15.4%)	3:42	16.2 (84.4%)
19	JAGIEŁA Jarosław	288	TKKF KOLEJARZ BYDGOSZCZ	M4	5		Jagiela	TKKF Kolejarz Bydgoszcz	00:00:04	00:37:02.70	00:37:07.65	+00:05:43 (15.4%)	3:42	16.2 (84.4%)
20	ŁOPUSZYŃSKI Rafał	320	12WOG	M4	6	12WOG			00:00:00	00:37:19.55	00:37:19.55	+00:06:00 (16.1%)	3:43	16.1 (83.9%)
21	ŁAZ Kamil	347	RUN BYDGOSZCZ	M3	11			RUN BYDGOSZCZ	00:00:03	00:37:20.70	00:37:24.05	+00:06:01 (16.1%)	3:44	16.1 (83.9%)
22	SZYSZKA Mariusz	329		M4	7	1 Brygada Logistyczna		SPÓJNIA BIAŁE BŁOTA	00:00:05	00:37:21.70	00:37:27.15	+00:06:02 (16.2%)	3:44	16.1 (83.9%)
23	PAWŁOWSKI Tomasz	120		M2	5		PAWŁOWSKI		00:00:04	00:37:32.35	00:37:36.90	+00:06:12 (16.6%)	3:45	16 (83.3%)
24	MARKOWSKI Artur	391	12 WOG	M3	12	12WOG			00:00:03	00:37:54.75	00:37:58.30	+00:06:35 (17.4%)	3:47	15.8 (82.3%)
25	BALCERZAK Marcin	219	33. BLTR POWIDZ	M4	8	33 BLTr Powidz			00:00:04	00:38:01.80	00:38:06.55	+00:06:42 (17.6%)	3:48	15.8 (82.3%)
26	SOWA Wojciech	123	CSAIU	M4	9	CSAiU Toruń	Sowa	CSAiU	00:00:02	00:38:02.10	00:38:04.85	+00:06:42 (17.6%)	3:48	15.8 (82.3%)
27	FROM Piotr	264	CENTRUM SZKOLENIA LOGISTYKI GRUDZIĄDZ	M3	13	CSLog Grudziądz			00:00:05	00:38:06.65	00:38:12.15	+00:06:47 (17.8%)	3:48	15.7 (81.8%)
28	RYCHTER Karol	401	THE RYCHTERS	M4	10				00:00:05	00:38:11.10	00:38:16.45	+00:06:51 (18.0%)	3:49	15.7 (81.8%)
29	WIĘCKOWSKI Dariusz	176	ROWEROW BRZOZA	M3	14				00:00:05	00:38:19.35	00:38:24.50	+00:06:59 (18.3%)	3:49	15.7 (81.8%)
30	CHOLEWIŃSKI Dariusz	127	HURAGAN MIEDZYŃ	M4	11				00:00:03	00:38:27.75	00:38:30.85	+00:07:08 (18.6%)	3:50	15.6 (81.3%)
31	ŁĄCZNY Jarosław	389	BYDGOSKIE OKONIE/PBSLA	M3	15			Bydgoskie Okonie	00:00:04	00:38:31.60	00:38:36.45	+00:07:12 (18.7%)	3:51	15.6 (81.3%)
32	TUCHOLSKI Bartłomiej	23	BYDGOSKIE OKONIE	M2	6			Bydgoskie Okonie	00:00:04	00:38:35.35	00:38:40.30	+00:07:15 (18.8%)	3:51	15.5 (80.7%)
33	KLONOWSKI Mariusz	399		M3	16				00:00:04	00:38:42.75	00:38:46.75	+00:07:23 (19.1%)	3:52	15.5 (80.7%)
34	ETTINGER Paweł	248		M3	17				00:00:05	00:38:44.35	00:38:49.70	+00:07:24 (19.1%)	3:52	15.5 (80.7%)
35	MACZYŃSKI Grzegorz	206	TKKF KOLEJARZ BYDGOSZCZ	M5	1			TKKF Kolejarz Bydgoszcz	00:00:03	00:38:46.70	00:38:50.45	+00:07:27 (19.2%)	3:52	15.5 (80.7%)
36	KRELA Andrzej	324		M4	12	1 Brygada Logistyczna			00:00:04	00:38:59.95	00:39:04.00	+00:07:40 (19.7%)	3:54	15.4 (80.2%)
37	WOLNY Piotr	11	BRZOZA BIEGA	M5	2			Brzoza Biega	00:00:03	00:39:01.75	00:39:05.10	+00:07:42 (19.7%)	3:54	15.4 (80.2%)
38	FUZ Marek	382	KABEL TEAM BYDGOSZCZ	M4	13				00:00:04	00:39:10.75	00:39:15.20	+00:07:51 (20.0%)	3:55	15.3 (79.7%)
39	KARASZEWSKI Norbert	147	1. WSZP BYDGOSZCZ	M3	18	1. WSzP Bydgoszcz			00:00:03	00:39:14.70	00:39:18.45	+00:07:55 (20.2%)	3:55	15.3 (79.7%)
40	SZLINGER Jakub	227		M3	19				00:00:09	00:39:21.85	00:39:31.80	+00:08:02 (20.4%)	3:56	15.2 (79.2%)
41	NIEDBALSKI Przemysław	25	PAŁUKI RUNNING TEAM	M4	14			Niedbalscy	00:00:03	00:39:25.35	00:39:29.10	+00:08:05 (20.5%)	3:56	15.2 (79.2%)
42	MATUŁA Adam	332		M3	20	1 Brygada Logistyczna			00:00:03	00:39:33.60	00:39:37.35	+00:08:14 (20.8%)	3:57	15.2 (79.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna			Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
					Mkat	mundurowa	Rodzina						
43	MAGDZIARZ Jakub	243	KANCELARIA HMM	M3	21		Magdziarz	00:00:05	00:39:38.00	00:39:43.15	+00:08:18 (21.0%)	3:57	15.1 (78.6%)
44	DURCZAK Juras	22	BYDGOSKIE OKONIE	M3	22		Bydgoskie Okonie	00:00:07	00:39:52.45	00:40:00.05	+00:08:33 (21.4%)	3:59	15 (78.1%)
45	SERWACZAK Grzegorz	285	CENTRUM SZKOLENIA LOGISTYKI GRUDZIĄDZ	M3	23	CSLog Grudziądz		00:00:07	00:40:00.95	00:40:08.20	+00:08:41 (21.7%)	4:00	15 (78.1%)
46	PAWLACZYK Szymon	36	TRISPACE	M3	24		TRISPACE	00:00:07	00:40:18.95	00:40:26.05	+00:08:59 (22.3%)	4:01	14.9 (77.6%)
47	PURWIN Piotr	75	CYTADELA GRUDZIĄDZ	M4	15	13 Wojskowy Oddział Gospodarczy		00:00:12	00:40:20.45	00:40:32.85	+00:09:01 (22.4%)	4:02	14.9 (77.6%)
48	GNIOT Jacek	275	WZU S.A.	M4	16	Wojskowe Zakłady Uzbrojenia S.A.		00:00:12	00:40:23.65	00:40:36.35	+00:09:04 (22.5%)	4:02	14.9 (77.6%)
49	FILIPCZAK Jarosław	362		M3	25	Policja		00:00:22	00:40:41.40	00:41:03.60	+00:09:21 (23.0%)	4:04	14.7 (76.6%)
50	SZYCHOWSKI Jarosław	397	TKKF KOLEJARZ BYDGOSZCZ	M3	26		TKKF Kolejarz Bydgoszcz	00:00:07	00:40:44.40	00:40:51.55	+00:09:24 (23.1%)	4:04	14.7 (76.6%)
51	DOBOSZ Maciej	153		M3	27	Służba Więzienna		00:00:07	00:40:53.40	00:41:00.90	+00:09:33 (23.4%)	4:05	14.7 (76.6%)
52	WIERZYŃSKI Damian	344	EXIMO EXTREME TEAM	M3	28			00:00:05	00:40:58.80	00:41:04.50	+00:09:39 (23.6%)	4:05	14.6 (76.0%)
53	MOROSZCZAK Bogumił	108	SPÓJNA BIAŁE BŁOTA	M4	17		Moroszczak SPÓJNIA BIAŁE BŁOTA	00:00:05	00:40:59.00	00:41:04.80	+00:09:39 (23.6%)	4:05	14.6 (76.0%)
54	WIŚNIEWSKI Piotr	194	SZCZYCIEŃSKI KLUB KYOKUSHIN KARATE	M2	7		Wiśniewscy	00:00:15	00:41:05.40	00:41:21.15	+00:09:45 (23.8%)	4:06	14.6 (76.0%)
55	ZAKURZEWSKI Tomasz	140	BRZOZA BIEGA	M4	18		Zakurzewski Brzoza Biega	00:00:05	00:41:10.55	00:41:15.80	+00:09:51 (23.9%)	4:07	14.6 (76.0%)
56	OLKOWSKI Jurek	166	THE RUNNERS ŚWIECIE	M6	1			00:00:05	00:41:11.80	00:41:17.05	+00:09:52 (24.0%)	4:07	14.6 (76.0%)
57	KACZMAREK Sebastian	174	TEAM KUCYKI	M3	29			00:00:07	00:41:15.25	00:41:22.35	+00:09:55 (24.1%)	4:07	14.5 (75.5%)
58	BETHKE Sławomir	260	TRISPACE	M2	8		TRISPACE	00:00:18	00:41:22.90	00:41:41.00	+00:10:03 (24.3%)	4:08	14.5 (75.5%)
59	KRUSZKA Łukasz	28		M4	19			00:00:04	00:41:27.70	00:41:32.25	+00:10:08 (24.5%)	4:08	14.5 (75.5%)
60	WŁODARSKI Przemysław	104	SPÓJNIA BIAŁE BŁOTA	M3	30		SPÓJNIA BIAŁE BŁOTA	00:00:05	00:41:31.15	00:41:36.90	+00:10:11 (24.6%)	4:09	14.5 (75.5%)
61	DAŃCZUK Jerzy	143	RCI BYDGOSZCZ	M5	3	RCI Bydgoszcz		00:00:05	00:41:31.45	00:41:36.70	+00:10:12 (24.6%)	4:09	14.5 (75.5%)
62	BŁASZAK Łukasz	221	'BUBA' SOLEC KUJAWSKI	M3	31			00:00:15	00:41:38.90	00:41:54.75	+00:10:19 (24.8%)	4:09	14.4 (75.0%)
63	MEYER Marek	392		M4	20			00:00:05	00:41:50.50	00:41:56.00	+00:10:31 (25.1%)	4:11	14.3 (74.5%)
64	WIŚNIEWSKI Leszek	295	BRZOZA	M4	21			00:00:04	00:42:03.55	00:42:08.40	+00:10:44 (25.5%)	4:12	14.3 (74.5%)
65	GURDAK Leszek	371		M4	22			00:00:09	00:42:06.65	00:42:16.30	+00:10:47 (25.6%)	4:12	14.2 (74.0%)
66	KAZUBOWSKI Jacek	183	50PLUS	M5	4		Kazubowski	00:00:07	00:42:16.65	00:42:23.75	+00:10:57 (25.9%)	4:13	14.2 (74.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
67	KUBIAK Sławomir	167		M4	23				00:00:06	00:42:24.35	00:42:31.15	+00:11:04 (26.1%)	4:14	14.1 (73.4%)
68	SZEWCZAK Jacek	265	CENTRUM SZKOLENIA LOGISTYKI GRUDZIĄDZ	M3	32	CSLog Grudziądz		Centrum Szkolenia Logistyki Grudziądz	00:00:13	00:42:35.25	00:42:48.55	+00:11:15 (26.4%)	4:15	14.1 (73.4%)
69	PAWŁOWSKI Radosław	119	JFTC SU	M5	5	JFTC SU	PAWŁOWSKI		00:00:06	00:42:37.10	00:42:44.00	+00:11:17 (26.5%)	4:15	14.1 (73.4%)
70	WALDA Łukasz	48		M3	33	Służba Więzienna			00:00:09	00:42:41.30	00:42:50.50	+00:11:21 (26.6%)	4:16	14.1 (73.4%)
71	GZYL Mikołaj	136	JANUSZE TRIATHLONU 'EXODUS' TEAM	M3	34				00:00:09	00:42:47.15	00:42:56.80	+00:11:27 (26.8%)	4:16	14 (72.9%)
72	GAWLIKOWSKI Przemysław	340	12WOG	M3	35	12WOG			00:00:10	00:42:48.50	00:42:59.45	+00:11:29 (26.8%)	4:16	14 (72.9%)
73	WIŚNIEWSKI Zbigniew	21	BRZOZA BIEGA	M5	6			Brzoza Biega	00:00:29	00:42:56.20	00:43:25.85	+00:11:36 (27.0%)	4:17	14 (72.9%)
74	JĘDRZEJCZYK Mikołaj	40	LUKS START NAKŁO	M4	24				00:00:28	00:43:03.35	00:43:31.40	+00:11:43 (27.2%)	4:18	13.9 (72.4%)
75	JANKIEWICZ Maciej	111	SPÓJNIA BIAŁE BŁOTA	M3	36	Policja			00:00:07	00:43:11.10	00:43:18.45	+00:11:51 (27.5%)	4:19	13.9 (72.4%)
76	KUNKE Tomasz	77	CYTADELA GRUDZIĄDZ	M4	25	13 Wojskowy Oddział Gospodarczy			00:00:07	00:43:14.00	00:43:21.85	+00:11:54 (27.5%)	4:19	13.9 (72.4%)
77	PASZKIET Remigiusz	94	#SLIMAKIBARCIN	M4	26			#slimakibarcin	00:00:14	00:43:15.35	00:43:29.50	+00:11:55 (27.6%)	4:19	13.9 (72.4%)
78	KRYSIŃSKI Łukasz	145	1987	M3	37				00:00:15	00:43:34.60	00:43:50.00	+00:12:15 (28.1%)	4:21	13.8 (71.9%)
79	TOMECKI Teodor	173	22 ODN	M3	38	22 ODN			00:00:08	00:43:38.40	00:43:47.05	+00:12:18 (28.2%)	4:21	13.7 (71.4%)
80	NITKA Ireneusz	39	LUKS START NAKŁO	M4	27	Służba Więzienna			00:00:27	00:43:43.90	00:44:11.75	+00:12:24 (28.4%)	4:22	13.7 (71.4%)
81	CZYŻEWSKI Daniel	375	#SLIMAKIBARCIN	M2	9				00:00:20	00:43:53.60	00:44:14.05	+00:12:34 (28.6%)	4:23	13.7 (71.4%)
82	GRALIK Jędrzej	37	1992	M2	10		Gralik	Bydgoskie Okonie	00:00:16	00:43:54.70	00:44:10.90	+00:12:35 (28.7%)	4:23	13.7 (71.4%)
83	SZYSZKA Radosław	169	KEEPPER	M3	39				00:00:07	00:43:54.90	00:44:02.55	+00:12:35 (28.7%)	4:23	13.7 (71.4%)
84	TUCHOLSKI Mikołaj	27	PAŁUKI RUNNING TEAM	M2	11		Niezbalscy	Pałuki Running Team	00:00:07	00:44:01.15	00:44:09.05	+00:12:41 (28.8%)	4:24	13.6 (70.8%)
85	TRZECIAK Robert	341	12WOG	M4	28	12WOG			00:00:11	00:44:01.40	00:44:13.25	+00:12:41 (28.8%)	4:24	13.6 (70.8%)
86	TORCHALSKI Krzysztof	318	RUN PASJA	M6	2				00:00:05	00:44:02.25	00:44:07.30	+00:12:42 (28.9%)	4:24	13.6 (70.8%)
87	BARCZAK Piotr	313		M5	7	IWSP SZ			00:00:07	00:44:04.90	00:44:12.15	+00:12:45 (28.9%)	4:24	13.6 (70.8%)
88	JUREK Piotr	196	BBL SZUBIN	M5	8				00:00:07	00:44:16.30	00:44:23.90	+00:12:56 (29.2%)	4:25	13.6 (70.8%)
89	JAGIEŁA Bartosz	165	TKKF KOLEJARZ BYDGOSZCZ	M3	40		Jagieta	TKKF Kolejarz Bydgoszcz	00:00:10	00:44:16.40	00:44:27.00	+00:12:56 (29.2%)	4:25	13.5 (70.3%)
90	RACHOŃ Jacek	263	CENTRUM SZKOLENIA LOGISTYKI GRUDZIĄDZ	M3	41	CSLog Grudziądz			00:00:12	00:44:17.75	00:44:29.85	+00:12:58 (29.3%)	4:25	13.5 (70.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
91	GRZEGORZEWSKI Rafał	14	BRZOZA BIEGA	M4	29			Brzoza Biega	00:00:08	00:44:20.20	00:44:28.20	+00:13:00 (29.3%)	4:26	13.5 (70.3%)
92	ANDRZEJEWSKI Paweł	29		M4	30				00:00:03	00:44:21.50	00:44:25.25	+00:13:02 (29.4%)	4:26	13.5 (70.3%)
93	SIEMIENIECKI Dariusz	150		M4	31				00:00:06	00:44:22.15	00:44:28.60	+00:13:02 (29.4%)	4:26	13.5 (70.3%)
94	NAMIEŚNIK Krzysztof	62	KRZYSIEKN	M4	32	56 Baza Lotnicza			00:00:10	00:44:22.60	00:44:33.50	+00:13:03 (29.4%)	4:26	13.5 (70.3%)
95	LEWICKI Konrad	180	ŻANDARMII Z BYDGOSZCZY	M3	42				00:00:11	00:44:25.40	00:44:37.15	+00:13:05 (29.5%)	4:26	13.5 (70.3%)
96	RYBAK Remigiusz	354	KEEPPER	M4	33				00:00:06	00:44:31.05	00:44:37.90	+00:13:11 (29.6%)	4:27	13.5 (70.3%)
97	ŁUGOWSKI Tomasz	376		M3	43				00:00:12	00:44:32.15	00:44:45.05	+00:13:12 (29.7%)	4:27	13.5 (70.3%)
98	PAŁKA Michał	38	#SLIMAKIBARCIN	M3	44				00:00:16	00:44:34.60	00:44:51.25	+00:13:15 (29.7%)	4:27	13.5 (70.3%)
99	ZASADA Krystian	364	#SLIMAKIBARCIN	M4	34			#slimakibarcin	00:00:16	00:44:34.75	00:44:51.45	+00:13:15 (29.7%)	4:27	13.5 (70.3%)
100	NIEDBALSKI Grzegorz	126	RUN BYDGOSZCZ	M6	3				00:00:06	00:44:36.60	00:44:42.60	+00:13:17 (29.8%)	4:27	13.5 (70.3%)
101	ŚLEFARSKI Marcin	99		M3	45				00:00:07	00:44:38.95	00:44:46.05	+00:13:19 (29.8%)	4:27	13.4 (69.8%)
102	SZULC Andrzej	87	ELTRA W BIEGU	M4	35				00:00:10	00:44:44.20	00:44:54.25	+00:13:24 (30.0%)	4:28	13.4 (69.8%)
103	WILLMA Jarosław	17	BRZOZA BIEGA	M5	9			Brzoza Biega	00:00:03	00:44:44.75	00:44:47.80	+00:13:25 (30.0%)	4:28	13.4 (69.8%)
104	PIKUL Andrzej	308	SGB BANK S.A.	M4	36			SGB BANK S.A.	00:00:22	00:44:46.95	00:45:09.70	+00:13:27 (30.1%)	4:28	13.4 (69.8%)
105	LISIECKI Jacek	112		M4	37				00:00:12	00:44:48.15	00:45:01.00	+00:13:28 (30.1%)	4:28	13.4 (69.8%)
106	GÓRA Krystian	338		M3	46	1 Brygada Logistyczna			00:00:15	00:44:48.45	00:45:03.65	+00:13:29 (30.1%)	4:28	13.4 (69.8%)
107	CZEPEK Aleksander	44	BRZOZA BIEGA	M6	4			Brzoza Biega	00:00:03	00:44:48.80	00:44:52.70	+00:13:29 (30.1%)	4:28	13.4 (69.8%)
108	MURAS Michał	229	22.ODN	M4	38	22 ODN			00:00:08	00:44:51.00	00:44:59.65	+00:13:31 (30.2%)	4:29	13.4 (69.8%)
109	WIŚNIEWSKI Wojciech	253	ZSH BYDGOSZCZ	M4	39				00:00:16	00:44:51.10	00:45:07.95	+00:13:31 (30.2%)	4:29	13.4 (69.8%)
110	WYSOCKI Zbigniew	122	SLIMAKI BARCIN	M5	10				00:00:25	00:44:52.50	00:45:17.65	+00:13:33 (30.2%)	4:29	13.4 (69.8%)
111	NIEWOLSKI Marcin	246	KOMENDA POWIATOWA POLICJI W ŻNINIE	M3	47	Policja			00:00:14	00:44:55.30	00:45:09.90	+00:13:35 (30.3%)	4:29	13.4 (69.8%)
112	ZYGLER Zbigniew	132	22 ODN	M4	40	22 ODN			00:00:09	00:45:01.80	00:45:11.45	+00:13:42 (30.4%)	4:30	13.3 (69.3%)
113	ŚCIBAK Wojciech	154	JFTC SU	M3	48	JFTC SU			00:00:07	00:45:05.10	00:45:13.05	+00:13:45 (30.5%)	4:30	13.3 (69.3%)
114	RYBARCZYK Bartosz	359	PAŁUKI RUNNING TEAM	M3	49	1. WSzP Bydgoszcz			00:00:05	00:45:12.40	00:45:17.85	+00:13:52 (30.7%)	4:31	13.3 (69.3%)
114	SYNAKIEWICZ Tomasz	300	SGB BANK S.A.	M3	50			SGB BANK S.A.	00:00:21	00:45:12.40	00:45:34.25	+00:13:52 (30.7%)	4:31	13.3 (69.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
116	GLIWKA Artur	34	GLIWEK	M3	51	Dowództwo 1. Brygady Lotnictwa Wojsk Lądowych			00:00:10	00:45:15.10	00:45:25.30	+00:13:55 (30.8%)	4:31	13.3 (69.3%)
117	KARPIŃSKI Adam	57	12WOG	M5	11	12WOG			00:00:17	00:45:19.70	00:45:37.45	+00:14:00 (30.9%)	4:32	13.2 (68.8%)
118	KOWALIK Waldemar	61		M4	41	PWL BYDGOSZCZ			00:00:23	00:45:21.85	00:45:45.75	+00:14:02 (30.9%)	4:32	13.2 (68.8%)
119	STRÓŻYŃSKI Marcin	186		M4	42				00:00:17	00:45:27.65	00:45:45.60	+00:14:08 (31.1%)	4:32	13.2 (68.8%)
120	KOŃCZAL Robert	292		M3	52				00:00:12	00:45:32.50	00:45:45.30	+00:14:13 (31.2%)	4:33	13.2 (68.8%)
121	BUZALSKI Robert	53	ORANGE POLSKA	M4	43				00:00:07	00:45:37.50	00:45:45.20	+00:14:18 (31.3%)	4:33	13.1 (68.2%)
122	KRZYŻANOWSKI Robert	351	RUN PASJA	M5	12				00:00:12	00:45:39.85	00:45:51.95	+00:14:20 (31.4%)	4:33	13.1 (68.2%)
123	BIAŁY Dawid	89	GKS SPÓJNIA BIAŁE BŁOTA	M2	12				00:00:25	00:45:54.60	00:46:20.50	+00:14:35 (31.8%)	4:35	13.1 (68.2%)
124	ŻYWICA Adam	16	BRZOZA BIEGA	M4	44			Brzoza Biega	00:00:07	00:45:55.35	00:46:02.75	+00:14:35 (31.8%)	4:35	13.1 (68.2%)
125	JARANTOWICZ Adam	191	THE RUNNERS ŚWIECIE	M3	53			The Runners Świecie	00:00:19	00:45:56.75	00:46:16.25	+00:14:37 (31.8%)	4:35	13.1 (68.2%)
126	PAWLACZYK Paweł	109	SPÓJNIA BIAŁE BŁOTA	M2	13			SPÓJNIA BIAŁE BŁOTA	00:00:27	00:46:00.75	00:46:28.05	+00:14:41 (31.9%)	4:36	13 (67.7%)
127	BRZYKCY Adam	144	1987	M3	54				00:00:15	00:46:01.15	00:46:17.00	+00:14:41 (31.9%)	4:36	13 (67.7%)
128	RUSZKIEWICZ Łukasz	133		M3	55				00:00:08	00:46:06.65	00:46:15.40	+00:14:47 (32.1%)	4:36	13 (67.7%)
129	PILISZCZUK Andrzej	360	TRISPACE	M4	45			TRISPACE	00:00:21	00:46:07.15	00:46:28.30	+00:14:47 (32.1%)	4:36	13 (67.7%)
130	NALEŻYTY Piotr	69	KLINIKA TRIATHLONU	M3	56				00:00:09	00:46:13.15	00:46:22.40	+00:14:53 (32.2%)	4:37	13 (67.7%)
131	OKULSKI Krystian	262		M3	57				00:00:09	00:46:16.90	00:46:26.20	+00:14:57 (32.3%)	4:37	13 (67.7%)
132	WŁOCH Sylwester	369	1963	M5	13				00:00:07	00:46:18.85	00:46:26.75	+00:14:59 (32.4%)	4:37	13 (67.7%)
133	HAPONIUK Marcin	323		M4	46				00:00:26	00:46:20.75	00:46:47.70	+00:15:01 (32.4%)	4:38	12.9 (67.2%)
134	KADOW Ryszard	195	TRISPACE	M4	47			TRISPACE	00:00:07	00:46:21.30	00:46:28.55	+00:15:01 (32.4%)	4:38	12.9 (67.2%)
135	DOMERACKI Marek	273	WZU S.A.	M5	14	Wojskowe Zakłady Uzbrojenia S.A.			00:00:21	00:46:38.00	00:46:59.55	+00:15:18 (32.8%)	4:39	12.9 (67.2%)
135	TARCZYŃSKI Łukasz	156	TEAM KUCYKI	M3	58			TeAm KucYKi	00:00:30	00:46:38.00	00:47:08.45	+00:15:18 (32.8%)	4:39	12.9 (67.2%)
137	WĘGRZYNOWSKI Sławomir	384	KABEL TEAM	M5	15				00:00:09	00:46:40.25	00:46:50.20	+00:15:20 (32.9%)	4:40	12.9 (67.2%)
138	KUŚNIEREK Bartosz	54	PAŁUKI RUNNING TEAM	M3	59			Pałuki Running Team	00:00:15	00:46:43.05	00:46:58.05	+00:15:23 (32.9%)	4:40	12.8 (66.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
139	CZYŻEWSKI Patryk	390	SŁOWIAŃSKA WYOBRAŹNIA	M3	60				00:00:19	00:46:45.10	00:47:04.70	+00:15:25 (33.0%)	4:40	12.8 (66.7%)
140	HOLICZKO Mirosław	245	JW 1515	M5	16	JW 1515 BYDGOSZCZ			00:00:07	00:46:46.40	00:46:53.60	+00:15:26 (33.0%)	4:40	12.8 (66.7%)
141	BRYJA Robert	317	1966	M5	17				00:00:09	00:46:52.45	00:47:02.10	+00:15:33 (33.2%)	4:41	12.8 (66.7%)
141	KUJAWA Daniel	139	56. BAZA LOTNICZA	M3	61	56 Baza Lotnicza			00:00:16	00:46:52.45	00:47:09.40	+00:15:33 (33.2%)	4:41	12.8 (66.7%)
143	AUGUSTYNOWICZ Andrzej	240	603392651	M4	48	RCI Bydgoszcz			00:00:05	00:46:52.95	00:46:58.10	+00:15:33 (33.2%)	4:41	12.8 (66.7%)
144	PIECHOWIAK Jacek	91		M4	49				00:00:11	00:46:58.40	00:47:09.70	+00:15:38 (33.3%)	4:41	12.8 (66.7%)
145	SZPOJDA Grzegorz	249	KLUB BIEGOWY TSK ORZEŁ OSIEK	M4	50	Służba Więzienna			00:00:11	00:47:11.50	00:47:23.45	+00:15:52 (33.6%)	4:43	12.7 (66.1%)
146	KUTYŁA Krzysztof	230	VII LICEUM BYDGOSZCZ	M4	51				00:00:04	00:47:33.80	00:47:38.75	+00:16:14 (34.1%)	4:45	12.6 (65.6%)
147	BEBYN Marek	393		M1	2				00:00:14	00:47:35.85	00:47:50.45	+00:16:16 (34.2%)	4:45	12.6 (65.6%)
148	GÓRSKI Marian	238	SOLECCY BIEGACZE	M6	5				00:00:03	00:47:45.95	00:47:49.60	+00:16:26 (34.4%)	4:46	12.6 (65.6%)
149	RZEŹNIK Paweł	117		M3	62		Pietrzak		00:00:05	00:47:48.85	00:47:54.50	+00:16:29 (34.5%)	4:46	12.5 (65.1%)
150	ŻEGLICZ Marek	110	SPÓJNIA BIAŁE BŁOTA	M2	14			SPÓJNIA BIAŁE BŁOTA	00:00:10	00:47:52.05	00:48:02.75	+00:16:32 (34.6%)	4:47	12.5 (65.1%)
151	ŚWIĘCICKI Andrzej	187	BYDGOSZCZ	M4	52				00:00:09	00:47:52.15	00:48:01.35	+00:16:32 (34.6%)	4:47	12.5 (65.1%)
152	CZERWIŃSKI Michał	55	12WOG	M3	63	12WOG			00:00:16	00:48:02.75	00:48:19.25	+00:16:43 (34.8%)	4:48	12.5 (65.1%)
153	SEROCZYŃSKI Dariusz	46		M4	53				00:00:07	00:48:09.25	00:48:17.20	+00:16:49 (35.0%)	4:49	12.5 (65.1%)
153	KARWASZ Andrzej	192		M4	54				00:00:25	00:48:09.25	00:48:34.75	+00:16:49 (35.0%)	4:48	12.5 (65.1%)
155	LUZAK Mirosław	350	MWIK BYDGOSZCZ	M5	18				00:00:08	00:48:30.75	00:48:38.95	+00:17:11 (35.4%)	4:51	12.4 (64.6%)
156	CZELIŃSKI Leszek	41		M5	19				00:00:13	00:48:31.75	00:48:45.05	+00:17:12 (35.5%)	4:51	12.4 (64.6%)
157	SZEWczykOWSKI Grzegorz	255	BYDGOSKIE ŻÓŁWIE	M3	64			Bydgoskie Żółwie	00:00:09	00:48:37.30	00:48:47.20	+00:17:17 (35.6%)	4:51	12.3 (64.1%)
158	GRYCZKA Piotr	88	GRYCZKA_TEAM	M5	20		Gryczka	AmberBolt	00:00:11	00:48:44.20	00:48:55.75	+00:17:24 (35.7%)	4:52	12.3 (64.1%)
159	SZELIGA Karol	286	CENTRUM SZKOLENIA LOGISTYKI GRUDZIĄDZ	M3	65	CSLog Grudziądz			00:00:12	00:48:45.80	00:48:58.40	+00:17:26 (35.8%)	4:52	12.3 (64.1%)
160	MATYSZCZAK Damian	172		M4	55				00:00:11	00:48:50.75	00:49:01.90	+00:17:31 (35.9%)	4:53	12.3 (64.1%)
161	KOZŁOWSKI Rafał F.	58		M4	56	PWL BYDGOSZCZ			00:00:24	00:48:54.85	00:49:19.60	+00:17:35 (36.0%)	4:53	12.3 (64.1%)
162	STACHNIUK Przemysław	290	JFTC SU	M3	66	JFTC SU			00:00:07	00:48:58.75	00:49:06.70	+00:17:39 (36.0%)	4:53	12.2 (63.5%)
163	KIEŁCZYŃSKI Marek	157		M4	57				00:00:03	00:49:01.20	00:49:04.55	+00:17:41 (36.1%)	4:54	12.2 (63.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
164	REPCZYŃSKI Tomek	231		M2	15				00:00:15	00:49:07.10	00:49:22.30	+00:17:47 (36.2%)	4:54	12.2 (63.5%)
165	SIKORA Antoni	185	1949	M6	6				00:00:05	00:49:10.00	00:49:15.75	+00:17:50 (36.3%)	4:55	12.2 (63.5%)
166	GRYCZKA Karol	130		M1	3		Gryczka	AmberBolt	00:00:14	00:49:25.70	00:49:40.65	+00:18:06 (36.6%)	4:56	12.1 (63.0%)
167	OGULEWICZ Tomasz	198	TORUŃSKI KLUB KARATE KYOKUSHIN	M2	16				00:00:17	00:49:26.10	00:49:43.55	+00:18:06 (36.6%)	4:56	12.1 (63.0%)
168	DOMAN Janusz	291	UKS SZBLA BRZOZA	M6	7				00:00:05	00:49:40.85	00:49:46.15	+00:18:21 (36.9%)	4:58	12.1 (63.0%)
169	PODSIEDLIK Zbigniew	215	22 ODN	M4	58	22 ODN			00:00:09	00:49:42.15	00:49:51.70	+00:18:22 (37.0%)	4:58	12.1 (63.0%)
170	RYBAK Mariusz	151	TRISPACE	M4	59			TRISPACE	00:00:17	00:49:42.50	00:50:00.25	+00:18:23 (37.0%)	4:58	12.1 (63.0%)
171	WALENCIAK Jarosław	202	VERWOLF BLOOD	M4	60				00:00:16	00:49:49.75	00:50:06.65	+00:18:30 (37.1%)	4:59	12 (62.5%)
172	KRÓL Dariusz	158	22 ODN	M4	61	22 ODN			00:00:09	00:50:01.50	00:50:11.35	+00:18:42 (37.4%)	5:00	12 (62.5%)
173	BYRTEK Grzegorz	374		M4	62				00:00:09	00:50:21.05	00:50:30.40	+00:19:01 (37.8%)	5:02	11.9 (62.0%)
174	PAWLAK Jakub	322	JFTC SU	M3	67	JFTC SU			00:00:25	00:50:30.10	00:50:56.00	+00:19:10 (38.0%)	5:03	11.9 (62.0%)
175	GRZYWIŃSKI Wojtek	56	12WOG	M3	68	12WOG			00:00:12	00:50:30.30	00:50:42.30	+00:19:10 (38.0%)	5:03	11.9 (62.0%)
176	URBAŃSKI Tomasz	184		M3	69	1.GPR Świdwin			00:00:25	00:50:36.50	00:51:01.65	+00:19:17 (38.1%)	5:03	11.9 (62.0%)
177	SOWIŃSKI Piotr	105	SPÓJNIA BIAŁE BŁOTA	M4	63		Sowińscy	SPÓJNIA BIAŁE BŁOTA	00:00:11	00:50:36.85	00:50:48.80	+00:19:17 (38.1%)	5:03	11.9 (62.0%)
178	KOŁODZIEJSKI Stanisław	59		M4	64	PWL BYDGOSZCZ			00:00:11	00:50:38.15	00:50:49.95	+00:19:18 (38.1%)	5:03	11.8 (61.5%)
179	DERENDA Mirek	152		M4	65				00:00:11	00:50:42.50	00:50:53.80	+00:19:23 (38.2%)	5:04	11.8 (61.5%)
180	FIEGEL Wojciech	346	BYLE PRZED ... TEAM	M4	66				00:00:25	00:50:49.15	00:51:14.30	+00:19:29 (38.4%)	5:04	11.8 (61.5%)
181	POWALISZ Dariusz	310	BYLE PRZED....TEAM	M4	67				00:00:25	00:50:49.20	00:51:14.65	+00:19:29 (38.4%)	5:04	11.8 (61.5%)
182	TRUDNOWSKI Janusz	115		M7+	1				00:00:15	00:50:50.50	00:51:06.25	+00:19:31 (38.4%)	5:05	11.8 (61.5%)
183	WIŚNIEWSKI Tomasz	193		M5	21		Wiśniewscy		00:00:19	00:50:54.45	00:51:14.10	+00:19:35 (38.5%)	5:05	11.8 (61.5%)
184	MUSZEWSKI Kamil	398	KĄCIK URODY PASTELOVE	M3	70				00:00:11	00:50:56.20	00:51:07.30	+00:19:36 (38.5%)	5:05	11.8 (61.5%)
185	MELER Jakub	267	JAM-POŻ	M3	71				00:00:05	00:51:03.60	00:51:09.15	+00:19:44 (38.7%)	5:06	11.7 (60.9%)
186	MARCINIAK Jarosław	311	JFTC SU	M4	68	JFTC SU			00:00:07	00:51:04.05	00:51:11.15	+00:19:44 (38.7%)	5:06	11.7 (60.9%)
187	RACHWAŁ Maciej	160		M2	17				00:00:15	00:51:08.15	00:51:23.80	+00:19:48 (38.7%)	5:06	11.7 (60.9%)
188	RENC Patryk	236	SERCE TYBETU	M2	18				00:00:16	00:51:14.25	00:51:30.65	+00:19:54 (38.9%)	5:07	11.7 (60.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
189	POPIELA Maksymilian	305	SGB-BANK S. A.	M4	69			SGB BANK S.A.	00:00:22	00:51:24.80	00:51:47.75	+00:20:05 (39.1%)	5:08	11.7 (60.9%)
190	BARSZCZEWSKI Sebastian	162		M3	72				00:00:28	00:51:32.80	00:52:01.55	+00:20:13 (39.2%)	5:09	11.6 (60.4%)
191	ROŹNIAKOWSKI Paweł	302	SGB BANK S.A.	M3	73			SGB BANK S.A.	00:00:23	00:51:36.65	00:52:00.20	+00:20:17 (39.3%)	5:09	11.6 (60.4%)
192	SIEKIERKA Zbigniew	225	#ŚLIMAKIBARCIN	M6	8				00:00:24	00:52:04.30	00:52:29.05	+00:20:44 (39.8%)	5:12	11.5 (59.9%)
193	GRUBA Jacek	135		M5	22		Gruba		00:00:22	00:52:07.10	00:52:29.55	+00:20:47 (39.9%)	5:12	11.5 (59.9%)
194	RAUT Wiesław	395	TRISPACE	M7+	2			TRISPACE	00:00:21	00:52:17.90	00:52:39.50	+00:20:58 (40.1%)	5:13	11.5 (59.9%)
195	SULIMA Maciej	114	ZIELONI Z JANIKOWSKIEJ	M5	23				00:00:13	00:52:24.05	00:52:37.15	+00:21:04 (40.2%)	5:14	11.5 (59.9%)
196	MELLER Jarosław	84		M2	19				00:00:12	00:52:28.80	00:52:41.50	+00:21:09 (40.3%)	5:14	11.4 (59.4%)
197	KANIA Daniel	164		M3	74				00:00:13	00:52:33.40	00:52:46.70	+00:21:13 (40.4%)	5:15	11.4 (59.4%)
198	WOJCIECHOWSKI Jarosław	100		M4	70		Wojciechowscy		00:00:19	00:52:34.40	00:52:54.15	+00:21:14 (40.4%)	5:15	11.4 (59.4%)
199	KRYSZTOFIAK Robert	65		M4	71				00:00:20	00:52:45.50	00:53:05.95	+00:21:26 (40.6%)	5:16	11.4 (59.4%)
200	GĄSIOREK Tomasz	19	BRZOZA BIEGA	M5	24			Brzoza Biega	00:00:09	00:52:50.55	00:53:00.40	+00:21:31 (40.7%)	5:17	11.4 (59.4%)
201	JEDLIŃSKI Janusz	365	BRZOZA BIEGA	M5	25			Brzoza Biega	00:00:07	00:52:53.15	00:53:00.65	+00:21:33 (40.8%)	5:17	11.3 (58.9%)
202	GONDEK Krzysztof	252		M4	72				00:00:13	00:52:58.25	00:53:12.20	+00:21:38 (40.9%)	5:17	11.3 (58.9%)
203	KAZUBOWSKI Jeremiasz	214	JOTKAZ	M2	20		Kazubowski		00:00:26	00:53:02.10	00:53:28.75	+00:21:42 (40.9%)	5:18	11.3 (58.9%)
204	RYBAK Krzysztof	377	DOCENT FELGA TEAM	M6	9				00:00:21	00:53:13.95	00:53:34.95	+00:21:54 (41.2%)	5:19	11.3 (58.9%)
205	TOCZKIEWICZ Piotr	95		M4	73		Toczkiewicz		00:00:11	00:53:25.50	00:53:37.25	+00:22:06 (41.4%)	5:20	11.2 (58.3%)
206	KUZIEMSKI Jacek	79	CYTADELA GRUDZIĄDZ	M5	26	13 Wojskowy Oddział Gospodarczy			00:00:13	00:53:28.10	00:53:41.95	+00:22:08 (41.4%)	5:20	11.2 (58.3%)
207	WOJANOWSKI Zbigniew	74	CYTADELA GRUDZIĄDZ	M6	10	13 Wojskowy Oddział Gospodarczy			00:00:11	00:53:31.40	00:53:43.20	+00:22:11 (41.5%)	5:21	11.2 (58.3%)
208	GŁOWACKI Marcin	163	INOWROCŁAWSKI KLUB SPORTOWY KARATE	M4	74				00:00:07	00:53:54.10	00:54:01.30	+00:22:34 (41.9%)	5:23	11.1 (57.8%)
209	KĘSIK Roman	72	CYTADELA GRUDZIĄDZ	M5	27	13 Wojskowy Oddział Gospodarczy			00:00:07	00:53:55.45	00:54:02.85	+00:22:36 (41.9%)	5:23	11.1 (57.8%)
210	DUDZIAK Tomasz	381		M3	75				00:00:25	00:54:04.10	00:54:29.60	+00:22:44 (42.1%)	5:24	11.1 (57.8%)
211	SPIRYDOWICZ Piotr	121		M3	76				00:00:17	00:54:06.80	00:54:23.90	+00:22:47 (42.1%)	5:24	11.1 (57.8%)
212	KLINIEWSKI Piotr	20	BRZOZA BIEGA	M5	28			Brzoza Biega	00:00:20	00:54:14.45	00:54:34.65	+00:22:55 (42.2%)	5:25	11.1 (57.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
213	ZNANIECKI Wojciech	30	554-251-82-33	M3	77		Znaniecty		00:00:25	00:54:19.95	00:54:45.20	+00:23:00 (42.3%)	5:26	11 (57.3%)
214	CZELIŃSKI Filip	42		M3	78				00:00:19	00:54:21.15	00:54:40.80	+00:23:01 (42.4%)	5:26	11 (57.3%)
215	DACIO Darek	197		M2	21				00:00:06	00:54:31.30	00:54:38.10	+00:23:11 (42.5%)	5:27	11 (57.3%)
216	MELLER Krzysztof	98		M3	79				00:00:13	00:54:33.00	00:54:46.65	+00:23:13 (42.6%)	5:27	11 (57.3%)
217	OSIECKI Grzegorz	287		M6	11				00:00:19	00:54:39.95	00:54:59.65	+00:23:20 (42.7%)	5:28	11 (57.3%)
218	BRZOZOWSKI Jarosław	33	BRZOZA TRI TEAM	M5	29				00:00:22	00:54:59.55	00:55:21.75	+00:23:40 (43.0%)	5:29	10.9 (56.8%)
219	ANDRZEJEWSKI Ryszard	228	ŻÓŁTOKRÓLEWSCY	M7+	3				00:00:17	00:55:09.20	00:55:26.65	+00:23:49 (43.2%)	5:30	10.9 (56.8%)
220	JULLY Arkadiusz	113		M4	75				00:00:23	00:55:18.05	00:55:41.05	+00:23:58 (43.4%)	5:31	10.8 (56.3%)
221	DAWIDOWICZ Maciej	296	BRZOZA BIEGA	M4	76		Brzoza Biega		00:00:22	00:55:18.60	00:55:41.05	+00:23:59 (43.4%)	5:31	10.8 (56.3%)
222	KUZIOŁA Marcin	303	SGB BANK S.A.	M3	80		SGB BANK S.A.		00:00:19	00:55:43.30	00:56:02.50	+00:24:23 (43.8%)	5:34	10.8 (56.3%)
223	ŻYŁA Wiesław	278	WZU S.A.	M4	77	Wojskowe Zakłady Uzbrojenia S.A.			00:00:21	00:56:23.70	00:56:45.30	+00:25:04 (44.5%)	5:38	10.6 (55.2%)
224	SADOWNIK Michał	276	WZU S.A.	M3	81	Wojskowe Zakłady Uzbrojenia S.A.			00:00:21	00:56:24.45	00:56:45.55	+00:25:05 (44.5%)	5:38	10.6 (55.2%)
225	ROSZAK Tomasz	343	DECATLON TEAM INOWROCŁAW	M4	78				00:00:28	00:56:31.80	00:56:59.95	+00:25:12 (44.6%)	5:39	10.6 (55.2%)
226	CHMIELECKI Artur	93		M4	79				00:00:19	00:56:34.35	00:56:54.10	+00:25:14 (44.6%)	5:39	10.6 (55.2%)
227	DĘBSKI Jan	314	SOŁTYS	M6	12				00:00:17	00:56:56.70	00:57:14.15	+00:25:37 (45.0%)	5:41	10.5 (54.7%)
228	KOMAJDA Jarosław	237	SOLECCY BIEGACZE	M5	30				00:00:20	00:57:05.05	00:57:25.40	+00:25:45 (45.1%)	5:42	10.5 (54.7%)
229	BOŻEK Mariusz	378		M5	31				00:00:24	00:57:34.35	00:57:59.10	+00:26:14 (45.6%)	5:45	10.4 (54.2%)
230	WIERZBOWSKI Krzysztof	146	#BBKTS	M5	32				00:00:11	00:57:44.25	00:57:56.20	+00:26:24 (45.7%)	5:46	10.4 (54.2%)
231	JĘDRA Andrzej	155	ANDRZEJ JĘDRA	M4	80				00:00:21	00:57:57.45	00:58:18.50	+00:26:38 (46.0%)	5:47	10.4 (54.2%)
232	GOSIENIECKI Konrad	67		M2	22				00:00:13	00:58:34.35	00:58:48.00	+00:27:14 (46.5%)	5:51	10.2 (53.1%)
233	MATUSZAK Radosław	289	JFTC SU	M4	81	JFTC SU			00:00:21	00:58:34.90	00:58:55.90	+00:27:15 (46.5%)	5:51	10.2 (53.1%)
234	KUBICKI Mateusz	201		M2	23				00:00:23	00:58:44.30	00:59:07.55	+00:27:24 (46.7%)	5:52	10.2 (53.1%)
235	KOTLARSKI Krystian	339	JFTC SU	M3	82	JFTC SU			00:00:26	00:58:54.40	00:59:20.65	+00:27:34 (46.8%)	5:53	10.2 (53.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
236	PAWLIKOWSKI Szymon	284		M3	83				00:00:27	00:58:58.25	00:59:25.40	+00:27:38 (46.9%)	5:53	10.2 (53.1%)
237	PAWLIKOWSKI Piotr	254	KWW WYBIERAM MAISON	M2	24				00:00:26	00:58:58.55	00:59:25.40	+00:27:39 (46.9%)	5:53	10.2 (53.1%)
238	GRUBA Paweł	149		M3	84		Gruba		00:00:21	00:59:28.40	00:59:49.85	+00:28:08 (47.3%)	5:56	10.1 (52.6%)
239	TREPANOWSKI Tomasz	125		M5	33				00:00:26	00:59:41.80	01:00:08.35	+00:28:22 (47.5%)	5:58	10.1 (52.6%)
240	GAJZLER Jerzy	372	BARTODZIEJE	M6	13				00:00:22	01:01:20.45	01:01:43.40	+00:30:01 (48.9%)	6:08	9.8 (51.0%)
241	ZAŁUBKA Jakub	266	JFTC SU	M4	82	JFTC SU			00:00:21	01:01:25.40	01:01:46.50	+00:30:05 (49.0%)	6:08	9.8 (51.0%)
242	KWARCZEWSKI Mirosław	373	KWARCZUSIE TEAM	M3	85				00:00:17	01:01:35.35	01:01:52.55	+00:30:15 (49.1%)	6:09	9.7 (50.5%)
243	MASŁYSZ Marcin	175		M3	86				00:00:28	01:02:40.85	01:03:09.05	+00:31:21 (50.0%)	6:16	9.6 (50.0%)
244	GRABOWSKI Piotr	281	BRZOZA BIEGA	M5	34			Brzoza Biega	00:00:17	01:03:05.35	01:03:22.95	+00:31:45 (50.3%)	6:18	9.5 (49.5%)
245	SZTEJKA Damian	367	BENEFITKSO	M4	83				00:00:20	01:03:52.80	01:04:13.60	+00:32:33 (51.0%)	6:23	9.4 (49.0%)
246	PÓŁGĘSEK Rafał	218		M4	84				00:00:25	01:04:12.45	01:04:38.35	+00:32:53 (51.2%)	6:25	9.3 (48.4%)
247	BIERYT Arkadiusz	49	AGENCJA REKLAMOWA POLI-FAX UL.BOCZNA 10	M5	35				00:00:05	01:07:56.00	01:08:01.30	+00:36:36 (53.9%)	6:47	8.8 (45.8%)
248	JUREK Sławomir	47	FUNDACJA HORYZONT	M4	85				00:00:27	01:09:45.05	01:10:12.60	+00:38:25 (55.1%)	6:58	8.6 (44.8%)
249	MAZURKIEWICZ Grzegorz	321	CAMEL	M6	14				00:00:18	01:10:09.50	01:10:27.90	+00:38:50 (55.4%)	7:00	8.6 (44.8%)
250	ZISKIELIŃ Waldemar	293		M5	36				00:00:17	01:10:39.05	01:10:56.55	+00:39:19 (55.7%)	7:03	8.5 (44.3%)
251	MIELCAREK Zdzisław	1	BRZOZA BIEGA	M7+	4			Brzoza Biega	00:00:31	01:28:33.95	01:29:05.50	+00:57:14 (64.6%)	8:51	6.8 (35.4%)
252	LENC Janusz	13	TKKF KOLEJARZ BYDGOSZCZ	M6	15			TKKF Kolejarz Bydgoszcz	00:00:27	01:28:38.55	01:29:06.05	+00:57:19 (64.7%)	8:51	6.8 (35.4%)
253	JANIAK Marcin	327		M3	87	1 Brygada Logistyczna			00:00:05					(0.0%)
254	MAĆKOWSKI Maciej	190	UPS BYDGOSZCZ	M3	88				00:00:05					(0.0%)
255	BORYSKIN Andrzej	2	BRZOZA BIEGA	M7+	5			Brzoza Biega	00:00:33					(0.0%)

Znaleziono 255 wynik(ów)