

VIII CROSS NA WRZOSACH - NORDIC WALKING - 5KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Event: VIII CROSS NA WRZOSACH
Organiser: Nadleśnictwo Okonek
Date: 2022-08-27
Place: Okonek
Distance: 5 km



Classification: M45+

Place	Participant	Number	Club	Category	MCat	Net time 5km	Gap	Pace min/km	Pace km/h
1	JAKIMIEC Tadeusz	199	KLUB SPORTOWY HUSARIA SZCZECINEK	M45+	1	00:32:56.10		6:35	9.1 (100%)
2	LAJTER Jerzy	90	4 RUN TEAM PIŁA	M45+	2	00:36:12.20	+00:03:16 (9.0%)	7:14	8.3 (91.2%)
3	MAŁYSZEWICZ Andrzej	100		M45+	3	00:40:07.00	+00:07:10 (17.9%)	8:01	7.5 (82.4%)
4	KOCOŃ Sławomir	70		M45+	4	00:40:26.70	+00:07:30 (18.6%)	8:05	7.4 (81.3%)
5	BANACZYK Piotr	3	LILLSPORT	M45+	5	00:42:33.10	+00:09:37 (22.6%)	8:30	7.1 (78.0%)
6	GLANC Krzysztof	39	CBL SZAMOCIN	M45+	6	00:48:04.25	+00:15:08 (31.5%)	9:36	6.2 (68.1%)
7	WRONA Ryszard	185	LILLSPORT	M45+	7	00:48:27.40	+00:15:31 (32.0%)	9:41	6.2 (68.1%)
8	RAPTA Mieczysław	142		M45+	8	00:49:14.10	+00:16:18 (33.1%)	9:50	6.1 (67.0%)
9	GRANDA Mieczysław	42	BOSKI CIACHOROWSKI	M45+	9	00:52:40.10	+00:19:44 (37.5%)	10:32	5.7 (62.6%)
10	PERLIK Wiesław	126		M45+	10	00:56:39.65	+00:23:43 (41.9%)	11:19	5.3 (58.2%)
DQ	LENARTOWICZ Stanisław	92		M45+		00:34:36.55 DQ		0:00	8.7 (95.6%)

Total 11 results.