

VIII CROSS NA WRZOSACH - OKONEK - 5 KM

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

VIII CROSS NA WRZOSACH
Nadleśnictwo Okonek
2022-08-27
Okonek
5 km



Klasyfikacja: M40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	CHMIELEWSKI Tomasz	20	VO2 MAX RACING TEAM	M40-49	1	00:21:18.05		4:15	14.1 (100%)
2	PODŁYSKA Tadeusz	134	ZASAPANI	M40-49	2	00:23:22.65	+00:02:04 (8.9%)	4:40	12.8 (90.8%)
3	BANIA Edward	5		M40-49	3	00:24:28.90	+00:03:10 (13.0%)	4:53	12.3 (87.2%)
4	KOMORSKI Jacek	76	TEAM TERMINATORUN	M40-49	4	00:24:56.00	+00:03:37 (14.6%)	4:59	12 (85.1%)
5	OGONOWSKI Marek	119	OGON TEAM	M40-49	5	00:25:11.15	+00:03:53 (15.4%)	5:02	11.9 (84.4%)
6	MINCEWICZ Piotr	106	TEAM TERMINATORUN	M40-49	6	00:26:08.65	+00:04:50 (18.5%)	5:13	11.5 (81.6%)
7	NOSAL Mariusz	112		M40-49	7	00:28:48.05	+00:07:30 (26.0%)	5:45	10.4 (73.8%)
8	PAWŁOWSKI Mariusz	125	HUBERTUS BIAŁY BÓR	M40-49	8	00:29:14.05	+00:07:56 (27.1%)	5:50	10.3 (73.0%)
9	GZUBICKI Piotr	45	EL TORO DE ORO	M40-49	9	00:29:21.90	+00:08:03 (27.5%)	5:52	10.2 (72.3%)
10	GAWRON Andrzej	36		M40-49	10	00:30:19.65	+00:09:01 (29.8%)	6:03	9.9 (70.2%)
11	WEDEL Krystian	177		M40-49	11	00:30:42.75	+00:09:24 (30.6%)	6:08	9.8 (69.5%)
12	RYNKIEWICZ Piotr	148	TB WALDEK	M40-49	12	00:30:57.70	+00:09:39 (31.2%)	6:11	9.7 (68.8%)
13	TOMASZEWSKI Dominik	170		M40-49	13	00:31:26.55	+00:10:08 (32.3%)	6:17	9.5 (67.4%)
14	GĘBALA Paweł	37		M40-49	14	00:39:02.75	+00:17:44 (45.4%)	7:48	7.7 (54.6%)
15	KRASOWSKI Tomasz	83		M40-49	15	00:39:03.25	+00:17:45 (45.5%)	7:48	7.7 (54.6%)
16	MOL Rafał	107	GRUPA BIEGOWA ENERGY KACZORY	M40-49	16				(0.0%)

Znaleziono 16 wynik(ów)