



VIII EKSTREMALNY JUNIOR - 6-10 LAT

B4SPORT

Event: DZIKI WEEKEND 2024
Organiser: Stowarzyszenie Klub Biegowy Dzik
Date: 2024-08-18
Place: Police
Distance: 0.6 km

 **HERKULES**
www.herkules.org.pl

Classification: All

Place	Participant	Number	Club	Category	MCat	Net time 5km	Gap	Pace min/km	Pace km/h
1	GŁOGOWSKI Jurek	721		OPEN -M	1	00:05:36.15		1:07	53.6 (100%)
2	MATUSIAK Wojciech	755	HELL'S HEAVEN SZCZECIN	OPEN -M	2	00:05:51.65	+00:00:15 (4.4%)	1:10	51.3 (95.7%)
3	SMUK Jan	781		OPEN -M	3	00:05:55.00	+00:00:18 (5.3%)	1:11	50.7 (94.6%)
4	SITEK Nikola	778		OPEN -K	1	00:05:55.35	+00:00:19 (5.4%)	1:11	50.7 (94.6%)
5	WYSOCKI Natan	800		OPEN -M	4	00:05:56.55	+00:00:20 (5.7%)	1:11	50.6 (94.4%)
6	KUBACZYK Laura	744	UKL ÓSEMKA POLICE	OPEN -K	2	00:06:07.75	+00:00:31 (8.6%)	1:13	49 (91.4%)
7	RYKAŁA Julia	773	HELENKA TEAM	OPEN -K	3	00:06:11.00	+00:00:34 (9.4%)	1:14	48.5 (90.5%)
8	RZĄP Paweł	775		OPEN -M	5	00:06:11.90	+00:00:35 (9.6%)	1:14	48.5 (90.5%)
9	CZAPIK Kacper	708		OPEN -M	6	00:06:13.50	+00:00:37 (10.0%)	1:14	48.3 (90.1%)
10	CIEŚLA Nikodem	706		OPEN -M	7	00:06:34.25	+00:00:58 (14.7%)	1:18	45.7 (85.3%)
11	RYKAŁA Jakub	774	HELENKA TEAM	OPEN -M	8	00:06:40.45	+00:01:04 (16.1%)	1:20	45 (84.0%)
12	PREJZNER Martyna	770		OPEN -K	4	00:06:41.00	+00:01:04 (16.2%)	1:20	44.9 (83.8%)
13	WIECZWIŃSKI Bruno	24		OPEN -M	9	00:06:41.35	+00:01:05 (16.2%)	1:20	44.9 (83.8%)
14	FIRKA Kacper	715		OPEN -M	10	00:06:44.20	+00:01:08 (16.8%)	1:20	44.6 (83.2%)
15	PEREK Tymoteusz	766	BOROFAMILIA	OPEN -M	11	00:06:47.85	+00:01:11 (17.6%)	1:21	44.2 (82.5%)
16	BRYŚKIEWICZ Ewa	25	SZYBKIE BRYSKI	OPEN -K	5	00:06:50.15	+00:01:14 (18.0%)	1:22	43.9 (81.9%)
17	KWIATKOWSKI Alan	751	KS POLICE	OPEN -M	12	00:06:58.95	+00:01:22 (19.8%)	1:23	43.1 (80.4%)
18	GIDELSKI Miłosz	716		OPEN -M	13	00:07:01.95	+00:01:25 (20.3%)	1:24	42.8 (79.9%)
19	WIŚNIEWSKI Oliwier	795		OPEN -M	14	00:07:09.25	+00:01:33 (21.7%)	1:25	42 (78.4%)
20	GIERASIMOWICZ Laura	717		OPEN -K	6	00:07:11.55	+00:01:35 (22.1%)	1:26	41.8 (78.0%)
21	MATUSIAK Laura	754	HELL'S HEAVEN SZCZECIN	OPEN -K	7	00:07:25.05	+00:01:48 (24.5%)	1:29	40.4 (75.4%)
22	KWAŚNIEWSKI Roman	750	KORONA KIELCE	OPEN -M	15	00:07:38.20	+00:02:02 (26.6%)	1:31	39.3 (73.3%)
23	JABŁOŃSKI Robert	731		OPEN -M	16	00:07:41.55	+00:02:05 (27.2%)	1:32	39 (72.8%)
24	BIAŁEK Piotr	694		OPEN -M	17	00:07:42.00	+00:02:05 (27.2%)	1:32	39 (72.8%)
25	KNIAŻ Zofia	354		OPEN -M	18	00:07:42.25	+00:02:06 (27.3%)	1:32	39 (72.8%)
26	SALSKI Bartosz	777	KS POLICE	OPEN -M	19	00:07:49.90	+00:02:13 (28.5%)	1:33	38.4 (71.6%)

Place	Participant	Number	Club	Category	MCat	Net	Gap	Pace	Pace
						time		min/km	km/h
						5km			
27	CIEŚLA Dominika	705		OPEN -K	8	00:07:53.80	+00:02:17 (29.1%)	1:34	38.1 (71.1%)
28	WRONKA Mia	798		OPEN -K	9	00:07:55.85	+00:02:19 (29.4%)	1:35	37.9 (70.7%)
29	KULBICKA Natalia	745	SKB DZIK	OPEN -K	10	00:07:56.20	+00:02:20 (29.4%)	1:35	37.8 (70.5%)
30	TERA Aleksander	788		OPEN -M	20	00:08:07.65	+00:02:31 (31.1%)	1:37	37 (69.0%)
31	GŁOGOWSKI Henio	722		OPEN -M	21	00:08:08.45	+00:02:32 (31.2%)	1:37	36.9 (68.8%)
32	PLISZKA Maja	767		OPEN -K	11	00:08:08.95	+00:02:32 (31.3%)	1:37	36.9 (68.8%)
33	SZYDLIK Olivier	783	ZRYW TRZESZCZYN	OPEN -M	22	00:08:09.85	+00:02:33 (31.4%)	1:37	36.8 (68.7%)
34	ZABŁOCKI Szymon	801		OPEN -M	23	00:08:11.05	+00:02:34 (31.5%)	1:38	36.7 (68.5%)
35	NIEDŹWIECKI Szymon	759		OPEN -M	24	00:08:18.50	+00:02:42 (32.6%)	1:39	36.1 (67.4%)
36	ŚWIERCZ Anna	786		OPEN -K	12	00:08:21.00	+00:02:44 (32.9%)	1:40	35.9 (67.0%)
37	DOLIŃSKI Szymon	710		OPEN -M	25	00:08:21.35	+00:02:45 (33.0%)	1:40	35.9 (67.0%)
38	DYWELSKI Tymoteusz	713	WOLF TEAM	OPEN -M	26	00:08:22.05	+00:02:45 (33.0%)	1:40	35.9 (67.0%)
39	WERS Lidia	792	NADMORSZY BIEGACZE KOŁOBRZEG	OPEN -K	13	00:08:24.95	+00:02:48 (33.4%)	1:40	35.7 (66.6%)
40	LITKOWIEC Karol	753		OPEN -M	27	00:08:27.65	+00:02:51 (33.8%)	1:41	35.5 (66.2%)
41	WOŹNIAK Klaudia	797		OPEN -K	14	00:08:32.55	+00:02:56 (34.4%)	1:42	35.2 (65.7%)
42	WIECZOREK Tiana	793		OPEN -K	15	00:08:37.10	+00:03:00 (35.0%)	1:43	34.8 (64.9%)
43	KRUPIŃSKI Ignacy	742	SKB DZIK	OPEN -M	28	00:08:40.95	+00:03:04 (35.5%)	1:44	34.6 (64.6%)
44	WISZNIEWSKA Gabriela	794		OPEN -K	16	00:08:42.10	+00:03:05 (35.6%)	1:44	34.5 (64.4%)
45	JÓHANNSDÓTTIR Pola	734		OPEN -K	17	00:08:43.30	+00:03:07 (35.8%)	1:44	34.4 (64.2%)
46	ODRZYWOLSKA Natalia	761		OPEN -K	18	00:08:51.50	+00:03:15 (36.8%)	1:46	33.9 (63.2%)
47	TEIS Nela	787		OPEN -K	19	00:08:51.70	+00:03:15 (36.8%)	1:46	33.9 (63.2%)
48	BAK Lena	692	NA PRZYPALE ALBO WCALE!!!	OPEN -K	20	00:09:00.15	+00:03:24 (37.8%)	1:48	33.3 (62.1%)
49	CHOROSZYŃSKA Zofia	704	KS POLICE	OPEN -K	21	00:09:02.95	+00:03:26 (38.1%)	1:48	33.2 (61.9%)
50	MIŚKIW Hanna	368	OSP TRZEBIERZ	OPEN -K	22	00:09:23.70	+00:03:47 (40.4%)	1:52	32 (59.7%)
51	KRAIŃSKA Julia	740		OPEN -K	23	00:09:30.55	+00:03:54 (41.1%)	1:54	31.6 (59.0%)
52	FIRKA Paulina	714		OPEN -K	24	00:09:41.80	+00:04:05 (42.2%)	1:56	31 (57.8%)
53	CEGLARZ Jakub	703		OPEN -M	29	00:09:46.70	+00:04:10 (42.7%)	1:57	30.7 (57.3%)
54	BIAŁEK Aleksandra	693		OPEN -K	25	00:09:49.30	+00:04:13 (43.0%)	1:57	30.6 (57.1%)
55	PAWSKA Milana	765		OPEN -K	26	00:10:03.90	+00:04:27 (44.3%)	2:00	29.9 (55.8%)
56	ZALEWSKI Krzysztof	804	VO2MAX RACING TEAM	OPEN -M	30	00:10:22.15	+00:04:46 (46.0%)	2:04	28.9 (53.9%)
57	ODRZYWOLSKA Agata	762		OPEN -M	31	00:10:27.30	+00:04:51 (46.4%)	2:05	28.7 (53.5%)
58	KOZICKA Jagna	739		OPEN -K	27	00:10:30.75	+00:04:54 (46.7%)	2:06	28.6 (53.4%)
59	DYWELSKA Liliana	712	WOLF TEAM	OPEN -K	28	00:10:42.25	+00:05:06 (47.7%)	2:08	28 (52.2%)
60	CZYŻEWSKA Maja	709		OPEN -K	29	00:10:55.85	+00:05:19 (48.7%)	2:11	27.5 (51.3%)
61	PONIEWIERA Maksymilian	769	FUTYMKA TEAM	OPEN -M	32	00:10:56.60	+00:05:20 (48.8%)	2:11	27.4 (51.1%)
62	ŻOŁNOWSKI Filip	805		OPEN -M	33	00:11:02.45	+00:05:26 (49.3%)	2:12	27.2 (50.7%)
63	BOCIEJ Nela	698		OPEN -K	30	00:11:16.45	+00:05:40 (50.3%)	2:15	26.6 (49.6%)
64	GIETKO Natalia	718	GIETKOWICZE	OPEN -K	31	00:11:37.60	+00:06:01 (51.8%)	2:19	25.8 (48.1%)
65	BORODYN Hanna	701	BOROFAMILIA	OPEN -K	32	00:11:39.50	+00:06:03 (51.9%)	2:19	25.8 (48.1%)
66	GŁOWADZKI Tymon	723		OPEN -M	34	00:11:53.70	+00:06:17 (52.9%)	2:22	25.2 (47.0%)
67	ZALEWSKA Marysia	803	VO2MAX RACING TEAM	OPEN -K	33	00:13:07.45	+00:07:31 (57.3%)	2:37	22.9 (42.7%)
68	KRÓL Julia	741	DOGS, CATS, PROSECCO & FRIENDS	OPEN -K	34	00:15:57.45	+00:10:21 (64.9%)	3:11	18.8 (35.1%)
69	CIEŚLIK Zuzia	707		OPEN -K	35				(0.0%)
70	BLADY Kacper	695		OPEN -M	35				(0.0%)

Place	Participant	Number	Club	Category	MCat	Net time 5km	Gap	Pace min/km	Pace km/h
71	PAWLAK Oliwia	763	KS POLICE	OPEN -K	36				(0.0%)

Total 71 results.