



VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2016-12-31
Miejsce: Koszalin
Dystans: 5.3 km



Klasyfikacja: K18-29

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 1.7km	Start_All 3.4km	Start_All 5.1km	Czas netto 5.3km	Czas brutto 5.3km	Różn	Tempo min/km	Tempo km/h
1	FRONTCZAK Izabela	82	TKKF KOSZALIN	K18-29	1	00:00:19	00:07:00	00:14:32	00:22:05	00:22:47.80	00:23:06.95		4:17	14 (100%)
2	PARDEJ Liliana	246		K18-29	2	00:00:20	00:07:40	00:15:30	00:23:02	00:23:42.50	00:24:02.90	+00:00:54 (3.8%)	4:28	13.4 (95.7%)
3	ROMBALSKA Julia	277	AWFIS GDAŃSK	K18-29	3	00:00:25	00:08:28	00:16:58	00:25:21	00:26:06.10	00:26:31.70	+00:03:18 (12.7%)	4:55	12.2 (87.1%)
4	KOWALSKA Magdalena	247		K18-29	4	00:00:25	00:08:44	00:18:09	00:27:21	00:28:10.25	00:28:35.30	+00:05:22 (19.1%)	5:18	11.3 (80.7%)
5	WĘGIEL Aleksandra	343		K18-29	5	00:00:26	00:08:39	00:17:50	00:27:17	00:28:14.00	00:28:40.25	+00:05:26 (19.3%)	5:19	11.3 (80.7%)
6	GRAJ Joanna	99		K18-29	6	00:00:36	00:09:03	00:18:22	00:27:42	00:28:35.30	00:29:12.05	+00:05:47 (20.3%)	5:23	11.1 (79.3%)
7	HAŁKA Ola	106		K18-29	7	00:00:24	00:09:01	00:18:36	00:28:07	00:29:05.00	00:29:29.45	+00:06:17 (21.6%)	5:29	10.9 (77.9%)
8	MALINOWSKA-BURDA Aleksandra	202		K18-29	8	00:00:33	00:09:29	00:19:06	00:28:20	00:29:13.10	00:29:46.55	+00:06:25 (22.0%)	5:30	10.9 (77.9%)
9	KOSECKA Sylwia	160		K18-29	9	00:00:39	00:09:49	00:19:13	00:28:33	00:29:24.95	00:30:04.05	+00:06:37 (22.5%)	5:33	10.8 (77.1%)
10	SZPAKOWSKA Paulina	311		K18-29	10	00:00:40	00:09:44	00:19:10	00:28:37	00:29:30.90	00:30:11.00	+00:06:43 (22.8%)	5:34	10.8 (77.1%)
11	WAWRZYNIAK Karolina	338		K18-29	11	00:00:34	00:09:28	00:19:15	00:29:08	00:30:07.15	00:30:41.90	+00:07:19 (24.3%)	5:40	10.6 (75.7%)
12	PACAN Mira	244	ŚWIAT PŁYTEK U KRYSPIŃSKA	K18-29	12	00:00:31	00:09:59	00:20:35	00:30:39	00:31:34.55	00:32:05.65	+00:08:46 (27.8%)	5:57	10.1 (72.1%)
13	MARCHEWKA Katarzyna	204		K18-29	13	00:00:24	00:09:49	00:20:21	00:31:14	00:32:19.55	00:32:44.40	+00:09:31 (29.5%)	6:06	9.8 (70.0%)
14	JAKUBOWSKA Anna	119		K18-29	14	00:00:37	00:11:39	00:23:15	00:34:42	00:35:41.10	00:36:18.60	+00:12:53 (36.1%)	6:43	8.9 (63.6%)

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15	JANDURA Patrycja	121		K18-29	15	00:00:35	00:11:52	00:24:01	00:36:10	00:37:20.65	00:37:56.05	+00:14:32 (39.0%)	7:02	8.5 (60.7%)

Znaleziono 15 wynik(ów)