



## VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM

B4SPORT

**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury  
Fizycznej  
**Data:** 2016-12-31  
**Miejsce:** Koszalin  
**Dystans:** 5.3 km



Klasyfikacja: M-OPEN

Punkt pomiarowy: 3,4 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.7km	Start_All 3.4km
1	<b>BEDNARZ Paweł</b>	<b>31</b>	13-TY FUN CLUB ASI CHMIEL:*	M30-39	00:00:15	00:05:32	00:11:37
2	<b>GUZOWSKI Denis</b>	<b>104</b>	TALEX BORYSŁAW BORZYTUCHOM	M18-29	00:00:15	00:05:53	00:12:04
3	<b>WENT Jakub</b>	<b>342</b>		M30-39	00:00:15	00:06:01	00:12:04
4	<b>RUDNIK Krzysztof</b>	<b>278</b>	NIGHT RUNNERS SŁUPSK	M30-39	00:00:15	00:05:53	00:12:05
5	<b>KURKUL Przemek</b>	<b>189</b>	PAŁÓWKO	M18-29	00:00:16	00:06:08	00:12:24
6	<b>ORZECOWSKI Kamil</b>	<b>240</b>		M18-29	00:00:16	00:06:06	00:12:25
7	<b>BARTKOWIAK Janusz</b>	<b>28</b>	K.B. ZDRÓJ MENTOR	M18-29	00:00:15	00:06:09	00:12:29
8	<b>KULCZYK Jerzy</b>	<b>435</b>		M50-59	00:00:15	00:06:07	00:12:29
9	<b>GOSTKOWSKI Łukasz</b>	<b>95</b>	KB GOCH BYTÓW	M18-29	00:00:18	00:06:17	00:12:32
10	<b>WIERZEJSKI Sławomir</b>	<b>348</b>	KLUB BIEGACZA 'GOCH' BYTÓW	M40-49	00:00:15	00:06:19	00:12:35
11	<b>LEŚNIEWSKI Konrad</b>	<b>193</b>	KB BRYZA POSTOMINO	M18-29	00:00:15	00:06:12	00:12:35
12	<b>GARSKI Kryspin</b>	<b>86</b>	ŚWIAT PŁYTEK U KRYSPIŃA	M40-49	00:00:16	00:06:19	00:12:36
13	<b>EMILIT Grzegorz</b>	<b>76</b>	DZIESIĄTKA BIAŁOGARD	M30-39	00:00:17	00:06:19	00:12:37
14	<b>KURKUL Janek</b>	<b>188</b>	KB BRYZA POSTOMINO	M14-17	00:00:17	00:06:11	00:12:43
15	<b>RUDNIKOWSKI Maciej</b>	<b>279</b>	BIEGUZDROWISKOWY.PL	M40-49	00:00:16	00:06:12	00:12:44
16	<b>PEC Marek</b>	<b>251</b>		M40-49	00:00:15	00:06:19	00:12:58
17	<b>SZEWCZUK Paweł</b>	<b>308</b>		M30-39	00:00:16	00:06:18	00:13:01
18	<b>USTIANOWSKI Wojciech</b>	<b>329</b>	JW 1223 (ROZBIEGANY KOSZALIN)	M18-29	00:00:17	00:06:28	00:13:04
19	<b>JAŻWIŃSKI Dawid</b>	<b>129</b>	TKKF KOSZALIN	M14-17	00:00:16	00:06:12	00:13:05
20	<b>WOJTALIK Łukasz</b>	<b>412</b>	POŁCZYN -ZDRÓJ BIEGA	M30-39	00:00:16	00:06:17	00:13:05
21	<b>KLIMOWICZ Michał</b>	<b>151</b>	NIEZRZESZONY	M18-29	00:00:17	00:06:27	00:13:10
22	<b>WOJCIECHOWICZ Jacek</b>	<b>407</b>	WWW.STUDIOTANCAPASJA.PL	M30-39	00:00:16	00:06:33	00:13:21
23	<b>GRZESIK Eugeniusz</b>	<b>102</b>	TKKF KOSZALIN	M50-59	00:00:15	00:06:33	00:13:22
24	<b>RODZIEWICZ Marcin</b>	<b>273</b>		M30-39	00:00:16	00:06:38	00:13:25
25	<b>WÓJCIK Damian</b>	<b>418</b>	RUNNERSWALDE DARŁOWO	M40-49	00:00:19	00:06:41	00:13:29
26	<b>MOSEK Radosław</b>	<b>220</b>		M30-39	00:00:18	00:06:37	00:13:30
27	<b>RUDZIŃSKI Adam</b>	<b>261</b>		M40-49	00:00:16	00:06:33	00:13:31
28	<b>LUBLEWSKI Dawid</b>	<b>436</b>		M18-29	00:00:18	00:06:32	00:13:31

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.7km	Start_All 3.4km
29	<b>CZAPLIŃSKI Jacek</b>	<b>60</b>		M30-39	00:00:18	00:06:30	00:13:32
30	<b>SZAMREJ Wojciech</b>	<b>306</b>		M50-59	00:00:18	00:06:37	00:13:34
31	<b>WOJDASIEWICZ Tadeusz</b>	<b>411</b>		M30-39	00:00:19	00:06:47	00:13:38
32	<b>CHUDY Henryk</b>	<b>53</b>	K S OLSZEWSKI I SYNOWIE	M60-69	00:00:18	00:06:44	00:13:45
33	<b>UZNAŃSKI Ryszard</b>	<b>330</b>	KOŁOBRZEG BIEGA	M40-49	00:00:16	00:06:47	00:13:53
34	<b>ŁUKAWSKI Mariusz</b>	<b>198</b>	JW 1223	M18-29	00:00:19	00:06:47	00:14:00
35	<b>BIEDRZYCKI Krzysztof</b>	<b>32</b>	CW FANZA	M40-49	00:00:17	00:06:50	00:14:02
36	<b>STĘŻAŁA Artur</b>	<b>300</b>	JW1223	M40-49	00:00:17	00:06:49	00:14:02
37	<b>WEBER Paweł</b>	<b>339</b>	BAŁTYK KOSZALIN	M30-39	00:00:18	00:06:44	00:14:06
38	<b>HAMER Szymon</b>	<b>433</b>		M30-39	00:00:18	00:06:46	00:14:07
39	<b>KISIELEWICZ Krzysztof</b>	<b>439</b>	KORZYBSKIE REKINY	M18-29	00:00:21	00:07:02	00:14:07
40	<b>WUJTIUK Piotr</b>	<b>417</b>		M40-49	00:00:18	00:06:56	00:14:09
41	<b>WALTER Przemysław</b>	<b>336</b>	10 BIAŁOGARD	M40-49	00:00:18	00:07:03	00:14:14
42	<b>SZYMAŃSKI Piotr</b>	<b>314</b>	POŁCZYN ZDRÓJ BIEGA	M30-39	00:00:34	00:07:13	00:14:19
43	<b>ŻEROMSKI Dawid</b>	<b>426</b>		M18-29	00:00:18	00:06:59	00:14:22
44	<b>WILKOWSKI Krzysztof</b>	<b>401</b>		M30-39	00:00:17	00:07:04	00:14:28
45	<b>ZBOIŃSKI Wojciech</b>	<b>422</b>		M40-49	00:00:19	00:07:11	00:14:28
46	<b>NOWAKOWSKI Rafał</b>	<b>236</b>		M30-39	00:00:25	00:07:15	00:14:29
47	<b>CHOŁUJ Jarek</b>	<b>50</b>	ROZBIEGANY KOSZALIN	M40-49	00:00:29	00:07:16	00:14:29
48	<b>JAMNIAK Bartosz</b>	<b>120</b>	MTS HAMER MIASTKO	M18-29	00:00:16	00:06:54	00:14:30
49	<b>NOWACZYK Christian</b>	<b>235</b>		M18-29	00:00:21	00:07:05	00:14:31
50	<b>WINKEL Łukasz</b>	<b>403</b>		M40-49	00:00:18	00:07:17	00:14:34
51	<b>ŚNIADECKI Wojciech</b>	<b>317</b>		M18-29	00:00:16	00:06:50	00:14:39
52	<b>ŻYLICZ Paweł</b>	<b>431</b>	STOPA SŁUPSK	M18-29	00:00:17	00:07:13	00:14:40
53	<b>PEKAŁA Piotr</b>	<b>256</b>	ROZBIEGA KOSZALIN	M40-49	00:00:23	00:07:14	00:14:45
54	<b>CZERSKI Paweł</b>	<b>62</b>		M18-29	00:00:18	00:07:18	00:14:51
55	<b>RUTKOWSKI Ryszard</b>	<b>282</b>	RUTKOWSKI TEAM	M50-59	00:00:20	00:07:18	00:14:55
56	<b>KRACZKOWSKI Przemysław</b>	<b>170</b>		M30-39	00:00:35	00:07:26	00:14:55
57	<b>SZAŁKOWSKI Wojtek</b>	<b>305</b>	TUPOT USTKA	M40-49	00:00:34	00:07:34	00:14:56
58	<b>PERCZYŃSKI Jarek</b>	<b>255</b>		M40-49	00:00:17	00:06:56	00:14:58
59	<b>FILIPEK Damian</b>	<b>80</b>		M18-29	00:00:16	00:06:54	00:14:59
60	<b>CHAJNOWSKI Jarosław</b>	<b>48</b>	TKKF TRIATHLON KOSZALIN	M50-59	00:00:22	00:07:34	00:15:01
61	<b>IWANIEC Dariusz</b>	<b>116</b>	TKKF KOSZALIN	M40-49	00:00:18	00:07:15	00:15:02
62	<b>ADAMCZAK Andrzej</b>	<b>26</b>	TRIATHLON KOSZALIN LABO SPORT	M50-59	00:00:22	00:07:34	00:15:02
63	<b>MICHALSKI Jakub</b>	<b>218</b>	TRIATHLON KOSZALIN	M40-49	00:00:21	00:07:35	00:15:03
64	<b>MOSIOŁEK Piotr</b>	<b>221</b>		M40-49	00:00:22	00:07:34	00:15:03
65	<b>KOSIŃSKI Mateusz</b>	<b>164</b>	DRUŻYNA SZPIKU	M18-29	00:00:27	00:07:30	00:15:04
66	<b>KLEMANN Paweł</b>	<b>150</b>		M30-39	00:00:16	00:07:20	00:15:05
67	<b>NIEMCZUK Dariusz</b>	<b>233</b>	JAMNO	M50-59	00:00:21	00:07:36	00:15:05
68	<b>ROGOŻA Ireneusz</b>	<b>276</b>	BIEGNIJMY.PL	M40-49	00:00:19	00:07:26	00:15:10
69	<b>CHROSTEK Adam</b>	<b>52</b>		M40-49	00:00:24	00:07:32	00:15:11
70	<b>DESZCZ Tomasz</b>	<b>434</b>	RONIN GOLDTEAM	M18-29	00:00:15	00:06:52	00:15:12
71	<b>PSTRĄGOWSKI Marcin</b>	<b>442</b>	DZIKI KOSZALIN	M30-39	00:00:20	00:07:19	00:15:12
72	<b>BOBER Jakub</b>	<b>37</b>		M18-29	00:00:21	00:07:12	00:15:12
73	<b>KRAKOWIAK Sławomir</b>	<b>172</b>	COSSG KOSZALIN	M40-49	00:00:24	00:07:37	00:15:12

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.7km	Start_All 3.4km
74	<b>KRAWCZYK Tomasz</b>	<b>177</b>		M30-39	00:00:21	00:07:30	00:15:13
75	<b>JARZYNA Roman</b>	<b>126</b>		M40-49	00:00:17	00:07:27	00:15:18
76	<b>WASYLÓW Mateusz</b>	<b>337</b>	DROZDOWO	M18-29	00:00:18	00:07:10	00:15:19
77	<b>SIENICKI Piotr</b>	<b>286</b>	OPIUM	M40-49	00:00:23	00:07:31	00:15:21
78	<b>GLISZCZYŃSKI Łukasz</b>	<b>89</b>	SPRINT SŁAWNO	M14-17	00:00:16	00:07:19	00:15:23
79	<b>KUBIŃSKI Rafał</b>	<b>184</b>	NIGHT RUNNERS SŁUPSK	M50-59	00:00:19	00:07:34	00:15:23
80	<b>KILAR Tomasz</b>	<b>148</b>		M40-49	00:00:25	00:07:32	00:15:25
81	<b>KOWALCZYK Mariusz</b>	<b>167</b>	WZAJEMNEJ ADORACJI:-)	M40-49	00:00:21	00:07:35	00:15:27
82	<b>HOC Dariusz</b>	<b>110</b>		M40-49	00:00:24	00:07:38	00:15:28
83	<b>CHWALEBA Jan</b>	<b>55</b>		M50-59	00:00:28	00:07:38	00:15:28
84	<b>STRUMIŃSKI Rafał</b>	<b>302</b>	DZIKI KOSZALIN	M30-39	00:00:20	00:07:35	00:15:29
85	<b>MICERSKI Tomasz</b>	<b>216</b>	TKKF KOSZALIN	M40-49	00:00:34	00:07:44	00:15:33
86	<b>GOTOWAŁA Rafał</b>	<b>96</b>		M30-39	00:00:21	00:07:40	00:15:34
87	<b>KUŁAKOWSKI Dawid</b>	<b>185</b>	TKKF KOSZALIN	M30-39	00:00:32	00:07:46	00:15:35
88	<b>WICHER Krzysztof</b>	<b>345</b>	ADWOKATURA	M30-39	00:00:19	00:07:34	00:15:38
89	<b>ŚNIEŻKO Marcin</b>	<b>318</b>	TKKF KOSZALIN	M30-39	00:00:21	00:07:37	00:15:38
90	<b>MUCHA Krzysztof</b>	<b>224</b>		M30-39	00:00:19	00:07:47	00:15:39
91	<b>GOŃKA Krzysztof</b>	<b>94</b>	DECATHLON KOSZALIN	M18-29	00:00:20	00:07:39	00:15:39
92	<b>JAROSZEWSKI Daniel</b>	<b>125</b>	ROZBIEGANY KOSZALIN	M30-39	00:00:22	00:07:40	00:15:39
93	<b>RUTKOWSKI Artur</b>	<b>283</b>		M18-29	00:00:21	00:07:26	00:15:41
94	<b>CYBULSKI Robert</b>	<b>57</b>	MTS HAMER MIASTKO	M40-49	00:00:26	00:07:51	00:15:41
95	<b>WIATRZYK Krzysztof</b>	<b>344</b>	DARŁOWO	M40-49	00:00:22	00:07:50	00:15:42
96	<b>TESKA Bartosz</b>	<b>322</b>	TKKF KOSZALIN	M30-39	00:00:20	00:07:36	00:15:43
97	<b>KRASIŃSKI Witold</b>	<b>174</b>		M40-49	00:00:23	00:07:45	00:15:43
98	<b>KISIELIŃSKI Igor</b>	<b>149</b>		M50-59	00:00:25	00:07:47	00:15:44
99	<b>DOMASZK Zbigniew</b>	<b>70</b>		M40-49	00:00:16	00:07:42	00:15:45
100	<b>KRUPIŃSKI Krzysztof</b>	<b>178</b>	E-UROLOG	M50-59	00:00:22	00:07:59	00:15:47
101	<b>NIECKARZ Krzysztof</b>	<b>232</b>		M30-39	00:00:17	00:07:48	00:15:48
102	<b>MATYSIUK Grzegorz</b>	<b>210</b>	7BOW	M40-49	00:00:19	00:07:50	00:15:49
103	<b>GOŁDYN Marek</b>	<b>92</b>	TKKF KOSZALIN	M30-39	00:00:24	00:07:48	00:15:49
104	<b>SZYMAŃSKI Piotr</b>	<b>315</b>		M40-49	00:00:36	00:07:49	00:15:50
105	<b>PUŚCIAN Krzysztof</b>	<b>263</b>	GIMNAZJUM W MANOWIE	M40-49	00:00:25	00:07:47	00:15:51
106	<b>KUBIAK Andrzej</b>	<b>182</b>		M60-69	00:00:21	00:07:52	00:15:54
107	<b>WACHOLC Michał</b>	<b>333</b>		M18-29	00:00:21	00:07:52	00:15:55
108	<b>KAZIMIEROWICZ Radosław</b>	<b>144</b>	VTT KOSZALIN	M30-39	00:00:22	00:07:45	00:15:58
109	<b>STAWISZYŃSKI Jarosław</b>	<b>298</b>	FORUM ROZWOJU KOSZALINA	M30-39	00:00:41	00:07:53	00:15:59
110	<b>NACHYŁA Paweł</b>	<b>227</b>	DZIKI KOSZALIN	M18-29	00:00:29	00:08:03	00:16:02
111	<b>KUTKOWSKI Marcin</b>	<b>190</b>		M30-39	00:00:18	00:07:53	00:16:04
112	<b>KALISZUK Damian</b>	<b>138</b>		M30-39	00:00:27	00:07:57	00:16:04
113	<b>ZDROWIECKI Artur</b>	<b>423</b>		M30-39	00:00:17	00:07:25	00:16:06
114	<b>TURCZYN Grzegorz</b>	<b>326</b>	NIGHT RUNNERS SŁUPSK	M40-49	00:00:24	00:07:41	00:16:06
115	<b>KŁOSKOWSKI Dariusz</b>	<b>152</b>	NIGHT RUNNERS SŁUPSK	M40-49	00:00:19	00:07:50	00:16:11
116	<b>PIECHOTA Robert</b>	<b>257</b>		M40-49	00:00:18	00:07:34	00:16:16
117	<b>ŁABEJSZA Łukasz</b>	<b>195</b>	WOJOWNICY WÓDY	M30-39	00:00:32	00:08:13	00:16:16
118	<b>ŚWIETLIK Tomasz</b>	<b>320</b>		M50-59	00:00:27	00:08:04	00:16:17

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.7km	Start_All 3.4km
119	<b>MALINOWSKI Mariusz</b>	<b>203</b>		M30-39	00:00:22	00:07:59	00:16:18
120	<b>SABISZ Krzysztof</b>	<b>284</b>		M18-29	00:00:28	00:08:17	00:16:18
121	<b>CYBULSKI Robert</b>	<b>58</b>	MTS HAMER MIASTKO	M14-17	00:00:27	00:08:18	00:16:19
122	<b>BŁANK Krystian</b>	<b>35</b>		M18-29	00:00:27	00:08:19	00:16:19
123	<b>DUDZIAK Piotr</b>	<b>72</b>	KOSZALIN	M40-49	00:00:24	00:07:52	00:16:20
124	<b>PRUS Mikołaj</b>	<b>441</b>		M18-29	00:00:25	00:08:19	00:16:20
125	<b>TUKAJSKI Tomasz</b>	<b>325</b>	BIKE U UP	M30-39	00:00:23	00:07:59	00:16:21
126	<b>CAŁA Bartosz</b>	<b>47</b>	KARATE KLUB BYTÓW	M30-39	00:00:37	00:08:14	00:16:21
127	<b>KAŻMIERCZAK Robert</b>	<b>145</b>		M40-49	00:00:22	00:07:51	00:16:22
128	<b>PEŁKA Janusz</b>	<b>254</b>		M50-59	00:00:20	00:07:47	00:16:23
129	<b>LASKOWSKI Grzegorz</b>	<b>192</b>		M18-29	00:00:23	00:07:58	00:16:23
130	<b>JANUSZEWSKI Jacek</b>	<b>124</b>	17 WOG KOSZALIN	M50-59	00:00:28	00:08:07	00:16:23
131	<b>CYBULSKI Szymon</b>	<b>59</b>	MTS HAMER MIASTKO	M14-17	00:00:26	00:08:16	00:16:24
132	<b>WYGANOWSKI Andrzej</b>	<b>427</b>	WYGAN KOŁOBRZEG	M70+	00:00:23	00:08:07	00:16:26
133	<b>DĄBROWSKI Grzegorz</b>	<b>69</b>		M40-49	00:00:30	00:08:07	00:16:28
134	<b>NAGRABECKI Hubert</b>	<b>229</b>	HUBCIO TEAM :)	M30-39	00:00:35	00:08:14	00:16:28
135	<b>HRYCIÓW Paweł</b>	<b>113</b>	BIAŁOGARD	M30-39	00:00:28	00:08:11	00:16:29
136	<b>ROGALSKI Roberto</b>	<b>275</b>	TKKF KOSZALIN	M30-39	00:00:35	00:07:56	00:16:30
137	<b>JUSZCZAK Krzysztof</b>	<b>132</b>		M60-69	00:00:35	00:08:22	00:16:33
138	<b>SKOWYRSKI Janusz</b>	<b>289</b>	TKKF KOSZALIN	M50-59	00:00:19	00:08:01	00:16:34
139	<b>FIGURA Arkadiusz</b>	<b>79</b>	KONIKOWO	M40-49	00:00:18	00:08:00	00:16:35
140	<b>PEC Daniel</b>	<b>252</b>		M14-17	00:00:15	00:08:08	00:16:36
141	<b>ŻANDARSKI Paweł</b>	<b>425</b>		M18-29	00:00:17	00:08:01	00:16:36
142	<b>OTTO Michał</b>	<b>243</b>		M30-39	00:00:19	00:08:01	00:16:36
143	<b>DZIESZUK Dariusz</b>	<b>75</b>	TKKF KOSZALIN	M40-49	00:00:24	00:08:19	00:16:38
144	<b>CHUDZIK Zbigniew</b>	<b>54</b>	TKKF KOSZALIN	M50-59	00:00:23	00:08:20	00:16:39
145	<b>CHWALEBA Maciej</b>	<b>56</b>		M18-29	00:00:28	00:08:18	00:16:39
146	<b>NADSTAWNY Marek</b>	<b>228</b>		M30-39	00:00:22	00:08:10	00:16:40
147	<b>GROCHOWSKI Rafał</b>	<b>101</b>		M40-49	00:00:26	00:08:09	00:16:40
148	<b>RUDZIŃSKI Bronisław</b>	<b>281</b>		M60-69	00:00:26	00:08:13	00:16:41
149	<b>KALOCIŃSKI Krzysztof</b>	<b>139</b>	ROZBIEGANY KOSZALIN	M30-39	00:00:26	00:08:30	00:16:41
150	<b>BIL Adrian</b>	<b>34</b>		M30-39	00:00:22	00:08:13	00:16:42
151	<b>KAMIŃSKI Tomasz</b>	<b>140</b>	JEDNOSTKA WOJSKOWA 1223	M30-39	00:00:17	00:07:59	00:16:43
151	<b>FELSKI Łukasz</b>	<b>78</b>		M30-39	00:00:43	00:08:11	00:16:47
153	<b>MADEJ Krzysztof</b>	<b>200</b>		M30-39	00:00:29	00:08:15	00:16:48
154	<b>REMPŁAKOWSKI Krzysztof</b>	<b>270</b>	WE RUN	M40-49	00:00:35	00:08:30	00:16:52
155	<b>PRZYMORSKI Waldemar</b>	<b>259</b>	W.P.K. SŁOŃ TEAM USTKA	M40-49	00:00:36	00:08:28	00:16:55
156	<b>JASIŃSKI Cezary</b>	<b>128</b>	UBUDUBU	M40-49	00:00:18	00:08:14	00:16:59
157	<b>OSOBNIAK Ryszard</b>	<b>241</b>	ROZBIEGANY KOSZALIN	M60-69	00:00:33	00:08:25	00:17:01
158	<b>STOKROCKI Wojciech</b>	<b>301</b>		M30-39	00:00:41	00:08:42	00:17:01
159	<b>KOZŁOWIECKI Waldemar</b>	<b>169</b>	TKKF KOSZALIN	M60-69	00:00:16	00:08:29	00:17:02
160	<b>GRZYBOWSKI Piotr</b>	<b>103</b>	KB RUN 42	M40-49	00:00:26	00:08:23	00:17:02
161	<b>STASIAK Grzegorz</b>	<b>296</b>		M30-39	00:00:40	00:08:43	00:17:02
162	<b>JANKOWSKI Grzegorz</b>	<b>123</b>	ŚWIAT PŁYTEK U KRYSPIŃNA	M40-49	00:00:23	00:08:09	00:17:03
163	<b>KOWALCZYK Piotr</b>	<b>166</b>		M30-39	00:00:29	00:08:21	00:17:04

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.7km	Start_All 3.4km
164	<b>MEGIER Wojtek</b>	<b>212</b>		M50-59	00:00:26	00:08:25	00:17:07
165	<b>SZULC Marek</b>	<b>313</b>		M50-59	00:00:32	00:08:42	00:17:08
166	<b>JABŁOŃSKI Tomasz</b>	<b>117</b>	AR SPOKO SŁAWNO	M30-39	00:00:36	00:08:44	00:17:09
167	<b>MEDEL Cezary</b>	<b>214</b>		M40-49	00:00:29	00:08:34	00:17:17
168	<b>JASIENIECKI Piotr</b>	<b>127</b>		M40-49	00:00:23	00:08:37	00:17:18
169	<b>MAJCHRZAK Paweł</b>	<b>201</b>	SUNDBIKERS KARLINO TEAM	M40-49	00:00:23	00:08:34	00:17:21
170	<b>WENCŁAWSKI Michał</b>	<b>341</b>	ARAGORTEAM\ NIGHT RUNNERS SŁUPSK	M18-29	00:00:24	00:08:34	00:17:21
171	<b>OSOWSKI Andrzej</b>	<b>242</b>	OSATEAM	M40-49	00:00:23	00:08:07	00:17:28
172	<b>MARZEC Łukasz</b>	<b>207</b>		M30-39	00:00:27	00:08:30	00:17:28
173	<b>GREBIENIK Andrzej</b>	<b>100</b>		M40-49	00:00:32	00:08:50	00:17:29
174	<b>ATALSKI Damian</b>	<b>27</b>		M30-39	00:00:33	00:08:37	00:17:30
175	<b>RUDZIK Grzegorz</b>	<b>280</b>	KL 'ISKRA' BIAŁOGARD	M30-39	00:00:27	00:08:29	00:17:33
176	<b>FAJGIER Tomasz</b>	<b>77</b>		M40-49	00:00:20	00:08:23	00:17:39
177	<b>PUCHALSKI Marcin</b>	<b>262</b>		M30-39	00:00:38	00:08:35	00:17:42
178	<b>NIWIŃSKI Grzegorz</b>	<b>234</b>	K.B. TUPOT USTKA	M50-59	00:00:42	00:08:52	00:17:42
179	<b>GŁOWACKI Włodzimierz</b>	<b>90</b>		M70+	00:00:16	00:08:29	00:17:44
180	<b>KACZMAREK Łukasz</b>	<b>136</b>	1984	M30-39	00:00:35	00:08:39	00:17:45
181	<b>WOJCIECHOWSKI Andrzej</b>	<b>410</b>		M40-49	00:00:24	00:08:48	00:17:48
182	<b>JURA Kazimierz</b>	<b>131</b>	MTS HAMER	M60-69	00:00:38	00:08:49	00:17:48
183	<b>KĘPKA Mirosław</b>	<b>147</b>	K.B.SPRINT ŚWIDWIN	M40-49	00:00:29	00:08:54	00:17:50
184	<b>KOŁAKOWSKI Dariusz</b>	<b>154</b>	K.B.SPRINT ŚWIDWIN	M40-49	00:00:29	00:08:54	00:17:50
185	<b>HRYCAJ Tomasz</b>	<b>112</b>		M30-39	00:00:25	00:08:46	00:17:51
186	<b>WILIŃSKI Marek</b>	<b>349</b>	K. B SPRINT ŚWIDWIN	M50-59	00:00:28	00:08:55	00:17:51
187	<b>SZULC Szymon</b>	<b>437</b>		M30-39	00:00:32	00:08:54	00:17:52
188	<b>KARNICKI Zygmunt</b>	<b>142</b>	TKKF KOSZALIN	M60-69	00:00:25	00:08:37	00:17:53
189	<b>RETERSKI Damian</b>	<b>272</b>		M14-17	00:00:30	00:08:49	00:17:56
190	<b>RETERSKI Przemysław</b>	<b>271</b>		M30-39	00:00:30	00:08:49	00:17:58
191	<b>KRYGIER Ireneusz</b>	<b>179</b>	W.P.K SŁOŃ TEAM USTKA	M30-39	00:00:36	00:08:55	00:17:59
192	<b>JAKÓBCZAK Dariusz</b>	<b>118</b>		M40-49	00:00:26	00:08:49	00:18:02
193	<b>HELLER Zdzisław</b>	<b>108</b>	NIEZRZESZONY	M60-69	00:00:36	00:08:56	00:18:02
194	<b>PUZYREWSKI Wojciech</b>	<b>264</b>	FORREST GUMP	M30-39	00:00:33	00:09:36	00:18:05
195	<b>KLENIEWICZ Piotr</b>	<b>440</b>		M50-59	00:00:17	00:08:52	00:18:20
196	<b>DANOWSKI Maciej</b>	<b>65</b>	FITNESS CLUB FORMA	M40-49	00:00:25	00:08:57	00:18:20
197	<b>MRUGALSKI Stanisław</b>	<b>223</b>		M50-59	00:00:43	00:09:11	00:18:27
198	<b>BASIAK Krystian</b>	<b>30</b>	KOSZALIN	M30-39	00:00:17	00:09:05	00:18:30
199	<b>WIERZBICKI Kacper</b>	<b>347</b>		M18-29	00:00:16	00:09:06	00:18:32
200	<b>KOTULSKI Piotr</b>	<b>165</b>	KLUB BIEGACZY JYSK	M30-39	00:00:28	00:09:05	00:18:36
201	<b>SPICA Łukasz</b>	<b>294</b>		M18-29	00:00:30	00:09:13	00:18:39
202	<b>ORYSZCZYN Arkadiusz</b>	<b>239</b>		M30-39	00:00:30	00:09:13	00:18:40
203	<b>SIKORSKI Witold</b>	<b>287</b>	KB RUN 42	M50-59	00:00:29	00:09:25	00:18:48
204	<b>HNATOWSKI Artur</b>	<b>109</b>	DM FC KOSZALIN	M40-49	00:00:37	00:09:08	00:18:48
205	<b>ŻUREK Daniel</b>	<b>430</b>		M30-39	00:00:16	00:09:35	00:18:51
206	<b>WOLAŃSKI Maciej</b>	<b>415</b>		M14-17	00:00:30	00:09:26	00:18:54
207	<b>PAULIŃSKI Jan</b>	<b>249</b>	JAMNO	M60-69	00:00:21	00:09:06	00:18:57
208	<b>KOSECKI Tomasz</b>	<b>162</b>		M30-39	00:00:39	00:09:49	00:18:59

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.7km	Start_All 3.4km
209	<b>ŻYWOT Norbert</b>	<b>432</b>	PARKRUN KOŁOBRZEG	M40-49	00:00:27	00:09:25	00:19:03
210	<b>KOLASA Tomasz</b>	<b>153</b>	KĄPIELE NA SPONTANIE	M40-49	00:00:27	00:09:25	00:19:03
211	<b>NAPIERAŁA Marcin</b>	<b>230</b>		M30-39	00:00:36	00:09:43	00:19:05
212	<b>WOLAŃSKI Mariusz</b>	<b>414</b>		M50-59	00:00:17	00:09:39	00:19:07
213	<b>ŚRODA Wojciech</b>	<b>319</b>		M40-49	00:00:34	00:09:36	00:19:07
214	<b>IMIOŁEK Jacek</b>	<b>115</b>		M40-49	00:00:37	00:09:30	00:19:08
215	<b>SKIERKA Grzegorz</b>	<b>288</b>	MKS ŚWIĘC SŁAWNO	M30-39	00:00:34	00:09:36	00:19:12
216	<b>FRASZKIEWICZ Jarosław</b>	<b>81</b>		M40-49	00:00:37	00:09:34	00:19:13
217	<b>TRZEŚNIEWSKI Zbigniew</b>	<b>324</b>		M40-49	00:00:37	00:09:35	00:19:13
218	<b>KACAŁA Jacek</b>	<b>134</b>		M30-39	00:00:36	00:09:38	00:19:15
219	<b>WIERZBICKI Sylwester</b>	<b>346</b>		M30-39	00:00:32	00:09:31	00:19:16
220	<b>SZKATULSKI Tomasz</b>	<b>309</b>	DARŁOWO	M18-29	00:00:33	00:09:30	00:19:16
221	<b>BRESZKA Paweł</b>	<b>43</b>	BIEGNIJMY TO DARŁOWO	M40-49	00:00:32	00:09:31	00:19:17
222	<b>BONISŁAWSKI Jarosław</b>	<b>39</b>	FADOMODA TEAM	M30-39	00:00:29	00:09:36	00:19:19
223	<b>KUPREWICZ Grzegorz</b>	<b>186</b>	JW1223	M30-39	00:00:34	00:09:42	00:19:29
224	<b>KRAWCZYK Bohdan</b>	<b>176</b>		M50-59	00:00:47	00:10:09	00:19:30
225	<b>SZULC Adam</b>	<b>312</b>		M18-29	00:00:38	00:09:29	00:19:37
226	<b>SKRZYPEK Marcin</b>	<b>290</b>	NIETOPERZE KOSZALIN	M30-39	00:00:42	00:09:38	00:19:40
227	<b>CZERSKI Piotr</b>	<b>61</b>		M50-59	00:00:38	00:10:07	00:19:43
228	<b>TELEGA Michał</b>	<b>321</b>		M30-39	00:00:32	00:10:01	00:20:20
229	<b>ZIELIŃSKI Jarosław</b>	<b>424</b>	AMATOR	M30-39	00:00:38	00:09:54	00:20:21
230	<b>LEWEK Maciej</b>	<b>194</b>	PRZYJACIELE Z RADZYN	M50-59	00:00:17	00:09:25	00:20:24
231	<b>GAWLIK Artur</b>	<b>88</b>	BIEGNIJMY.PL	M30-39	00:00:31	00:09:48	00:20:33
232	<b>PACAN Bartosz</b>	<b>245</b>		M30-39	00:00:31	00:09:59	00:20:35
233	<b>GAWĘŁ Michał</b>	<b>87</b>		M18-29	00:00:35	00:10:09	00:20:41
234	<b>SZYSZKOWSKI Tomasz</b>	<b>316</b>		M30-39	00:00:24	00:10:11	00:21:00
235	<b>WILKOWSKI Piotr</b>	<b>402</b>		M30-39	00:00:31	00:10:22	00:21:17
236	<b>KOSECKI Mariusz</b>	<b>161</b>		M30-39	00:00:37	00:10:16	00:21:38
237	<b>PASEK Jan</b>	<b>248</b>		M60-69	00:00:26	00:10:18	00:21:49
238	<b>PANKOWIECKI Roman</b>	<b>226</b>		M60-69	00:00:23	00:10:05	00:21:57
239	<b>ŻURAŃSKI Dariusz</b>	<b>428</b>	WIKING KOSZALIN	M40-49	00:00:42	00:10:58	00:22:07
240	<b>HAUSMAN Andrzej</b>	<b>107</b>	KSR ROWERIA	M60-69	00:00:28	00:10:24	00:22:48
241	<b>ZATORSKI Zbigniew</b>	<b>421</b>	KOŁOBRZEG BIEGA	M30-39	00:00:40	00:11:44	00:24:43
242	<b>KĘPIŃSKI Jan</b>	<b>146</b>		M50-59	00:00:22	00:12:00	00:26:14
243	<b>BARTNIK Marian</b>	<b>29</b>	TKKF KOSZALIN	M70+	00:00:14	00:13:07	00:27:06
244	<b>WALENTOWICZ Ireneusz</b>	<b>443</b>		M60-69	00:00:38	00:16:21	00:34:35

Znaleziono 244 wynik(ów)