



VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej
Data: 2016-12-31
Miejsce: Koszalin
Dystans: 5.3 km



Klasyfikacja: M-OPEN

Punkt pomiarowy: 5,1 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.7km	Start_All 3.4km	Start_All 5.1km
1	BEDNARZ Paweł	31	13-TY FUN CLUB ASI CHMIEL:*	M30-39	00:00:15	00:05:32	00:11:37	00:17:37
2	WENT Jakub	342		M30-39	00:00:15	00:06:01	00:12:04	00:17:38
3	RUDNIK Krzysztof	278	NIGHT RUNNERS SŁUPSK	M30-39	00:00:15	00:05:53	00:12:05	00:17:40
4	GUZOWSKI Denis	104	TALEX BORYSŁAW BORZYTUCHOM	M18-29	00:00:15	00:05:53	00:12:04	00:18:20
5	KURKUL Przemek	189	PAŁÓWKO	M18-29	00:00:16	00:06:08	00:12:24	00:18:36
6	BARTKOWIAK Janusz	28	K.B. ZDRÓJ MENTOR	M18-29	00:00:15	00:06:09	00:12:29	00:18:44
7	KULCZYK Jerzy	435		M50-59	00:00:15	00:06:07	00:12:29	00:18:44
8	ORZECHOWSKI Kamil	240		M18-29	00:00:16	00:06:06	00:12:25	00:18:45
9	WIERZEJSKI Sławomir	348	KLUB BIEGACZA 'GOCH' BYTÓW	M40-49	00:00:15	00:06:19	00:12:35	00:18:47
10	EMILIT Grzegorz	76	DZIESIĄTKA BIAŁOGARD	M30-39	00:00:17	00:06:19	00:12:37	00:18:53
11	GOSTKOWSKI Łukasz	95	KB GOCH BYTÓW	M18-29	00:00:18	00:06:17	00:12:32	00:18:53
12	LEŚNIEWSKI Konrad	193	KB BRYZA POSTOMINO	M18-29	00:00:15	00:06:12	00:12:35	00:18:59
13	GARSKI Kryspin	86	ŚWIAT PŁYTEK U KRYSPIŃA	M40-49	00:00:16	00:06:19	00:12:36	00:19:00
14	KURKUL Janek	188	KB BRYZA POSTOMINO	M14-17	00:00:17	00:06:11	00:12:43	00:19:14
15	RUDNIKOWSKI Maciej	279	BIEGUZDROWISKOWY.PL	M40-49	00:00:16	00:06:12	00:12:44	00:19:15
16	USTIANOWSKI Wojciech	329	JW 1223 (ROZBIEGANY KOSZALIN)	M18-29	00:00:17	00:06:28	00:13:04	00:19:29
17	PEC Marek	251		M40-49	00:00:15	00:06:19	00:12:58	00:19:36
18	KLIMOWICZ Michał	151	NIEZRZESZONY	M18-29	00:00:17	00:06:27	00:13:10	00:19:45
19	WOJTALIK Łukasz	412	POŁCZYN -ZDRÓJ BIEGA	M30-39	00:00:16	00:06:17	00:13:05	00:19:48
20	JAŻWIŃSKI Dawid	129	TKKF KOSZALIN	M14-17	00:00:16	00:06:12	00:13:05	00:19:49
21	SZEWCUK Paweł	308		M30-39	00:00:16	00:06:18	00:13:01	00:19:52
22	GRZESIK Eugeniusz	102	TKKF KOSZALIN	M50-59	00:00:15	00:06:33	00:13:22	00:20:08
23	WOJCIECHOWICZ Jacek	407	WWW.STUDIOTANCAPASJA.PL	M30-39	00:00:16	00:06:33	00:13:21	00:20:09
24	RODZIEWICZ Marcin	273		M30-39	00:00:16	00:06:38	00:13:25	00:20:11
25	WÓJCIK Damian	418	RUNNERSWALDE DARŁOWO	M40-49	00:00:19	00:06:41	00:13:29	00:20:13
26	MOSEK Radosław	220		M30-39	00:00:18	00:06:37	00:13:30	00:20:27
27	CZAPLIŃSKI Jacek	60		M30-39	00:00:18	00:06:30	00:13:32	00:20:28
28	WOJDASIEWICZ Tadeusz	411		M30-39	00:00:19	00:06:47	00:13:38	00:20:31

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.7km	Start_All 3.4km	Start_All 5.1km
29	SZAMREJ Wojciech	306		M50-59	00:00:18	00:06:37	00:13:34	00:20:32
30	RUDZIŃSKI Adam	261		M40-49	00:00:16	00:06:33	00:13:31	00:20:33
31	LUBLEWSKI Dawid	436		M18-29	00:00:18	00:06:32	00:13:31	00:20:36
32	CHUDY Henryk	53	K S OLSZEWSKI I SYNOWIE	M60-69	00:00:18	00:06:44	00:13:45	00:20:48
33	BIEDRZYCKI Krzysztof	32	CW FANZA	M40-49	00:00:17	00:06:50	00:14:02	00:21:02
34	KISIELEWICZ Krzysztof	439	KORZYBSKIE REKINY	M18-29	00:00:21	00:07:02	00:14:07	00:21:04
35	STĘŻAŁA Artur	300	JW1223	M40-49	00:00:17	00:06:49	00:14:02	00:21:14
36	UZNAŃSKI Ryszard	330	KOŁOBRZEG BIEGA	M40-49	00:00:16	00:06:47	00:13:53	00:21:18
37	WUJTIUK Piotr	417		M40-49	00:00:18	00:06:56	00:14:09	00:21:28
38	SZYMAŃSKI Piotr	314	POŁCZYŃ ZDRÓJ BIEGA	M30-39	00:00:34	00:07:13	00:14:19	00:21:29
39	WALTER Przemysław	336	10 BIAŁOGARD	M40-49	00:00:18	00:07:03	00:14:14	00:21:30
40	ZBOIŃSKI Wojciech	422		M40-49	00:00:19	00:07:11	00:14:28	00:21:30
41	ŁUKAWSKI Mariusz	198	JW 1223	M18-29	00:00:19	00:06:47	00:14:00	00:21:31
42	WEBER Paweł	339	BAŁTYK KOSZALIN	M30-39	00:00:18	00:06:44	00:14:06	00:21:35
43	HAMER Szymon	433		M30-39	00:00:18	00:06:46	00:14:07	00:21:35
44	NOWAKOWSKI Rafał	236		M30-39	00:00:25	00:07:15	00:14:29	00:21:35
45	CHOŁUJ Jarek	50	ROZBIEGANY KOSZALIN	M40-49	00:00:29	00:07:16	00:14:29	00:21:39
46	WINKEL Łukasz	403		M40-49	00:00:18	00:07:17	00:14:34	00:21:54
47	NOWACZYK Christian	235		M18-29	00:00:21	00:07:05	00:14:31	00:21:54
48	ŻEROMSKI Dawid	426		M18-29	00:00:18	00:06:59	00:14:22	00:21:58
49	WILKOWSKI Krzysztof	401		M30-39	00:00:17	00:07:04	00:14:28	00:22:01
50	ŻYLICZ Paweł	431	STOPA SŁUPSK	M18-29	00:00:17	00:07:13	00:14:40	00:22:07
51	CHAJNOWSKI Jarosław	48	TKKF TRIATHLON KOSZALIN	M50-59	00:00:22	00:07:34	00:15:01	00:22:07
52	JAMNIAK Bartosz	120	MTS HAMER MIASTKO	M18-29	00:00:16	00:06:54	00:14:30	00:22:08
53	PĘKAŁA Piotr	256	ROZBIEGA KOSZALIN	M40-49	00:00:23	00:07:14	00:14:45	00:22:12
54	SZAŁKOWSKI Wojtek	305	TUPOT USTKA	M40-49	00:00:34	00:07:34	00:14:56	00:22:12
55	ADAMCZAK Andrzej	26	TRIATHLON KOSZALIN LABO SPORT	M50-59	00:00:22	00:07:34	00:15:02	00:22:22
56	MICHALSKI Jakub	218	TRIATHLON KOSZALIN	M40-49	00:00:21	00:07:35	00:15:03	00:22:24
57	KRACZKOWSKI Przemysław	170		M30-39	00:00:35	00:07:26	00:14:55	00:22:26
58	DESZCZ Tomasz	434	RONIN GOLDTEAM	M18-29	00:00:15	00:06:52	00:15:12	00:22:27
59	RUTKOWSKI Ryszard	282	RUTKOWSKI TEAM	M50-59	00:00:20	00:07:18	00:14:55	00:22:28
60	KRAKOWIAK Sławomir	172	COSSG KOSZALIN	M40-49	00:00:24	00:07:37	00:15:12	00:22:33
61	CZERSKI Paweł	62		M18-29	00:00:18	00:07:18	00:14:51	00:22:34
62	MOSIOŁEK Piotr	221		M40-49	00:00:22	00:07:34	00:15:03	00:22:36
63	KOSIŃSKI Mateusz	164	DRUŻYNA SZPIKU	M18-29	00:00:27	00:07:30	00:15:04	00:22:36
64	CHROSTEK Adam	52		M40-49	00:00:24	00:07:32	00:15:11	00:22:44
65	ŚNIADECKI Wojciech	317		M18-29	00:00:16	00:06:50	00:14:39	00:22:45
66	NIEMCZUK Dariusz	233	JAMNO	M50-59	00:00:21	00:07:36	00:15:05	00:22:46
67	PERCZYŃSKI Jarek	255		M40-49	00:00:17	00:06:56	00:14:58	00:22:50
68	KLEMANN Paweł	150		M30-39	00:00:16	00:07:20	00:15:05	00:22:51
69	IWANIEC Dariusz	116	TKKF KOSZALIN	M40-49	00:00:18	00:07:15	00:15:02	00:22:51
70	BOBER Jakub	37		M18-29	00:00:21	00:07:12	00:15:12	00:22:53
71	HOC Dariusz	110		M40-49	00:00:24	00:07:38	00:15:28	00:22:54
72	PSTRĄGOWSKI Marcin	442	DZIKI KOSZALIN	M30-39	00:00:20	00:07:19	00:15:12	00:23:01
73	KRAWCZYK Tomasz	177		M30-39	00:00:21	00:07:30	00:15:13	00:23:01

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.7km	Start_All 3.4km	Start_All 5.1km
74	ROGOŻA Ireneusz	276	BIEGNIJMY.PL	M40-49	00:00:19	00:07:26	00:15:10	00:23:03
75	KUŁAKOWSKI Dawid	185	TKKF KOSZALIN	M30-39	00:00:32	00:07:46	00:15:35	00:23:04
76	MICERSKI Tomasz	216	TKKF KOSZALIN	M40-49	00:00:34	00:07:44	00:15:33	00:23:09
77	MUCHA Krzysztof	224		M30-39	00:00:19	00:07:47	00:15:39	00:23:12
78	GOŃKA Krzysztof	94	DECATHLON KOSZALIN	M18-29	00:00:20	00:07:39	00:15:39	00:23:13
79	WASYLÓW Mateusz	337	DROZDOWO	M18-29	00:00:18	00:07:10	00:15:19	00:23:14
80	FILIPEK Damian	80		M18-29	00:00:16	00:06:54	00:14:59	00:23:15
81	SIENICKI Piotr	286	OPIUM	M40-49	00:00:23	00:07:31	00:15:21	00:23:15
82	JARZYNA Roman	126		M40-49	00:00:17	00:07:27	00:15:18	00:23:19
83	KISIELIŃSKI Igor	149		M50-59	00:00:25	00:07:47	00:15:44	00:23:19
84	KUBIŃSKI Rafał	184	NIGHT RUNNERS SŁUPSK	M50-59	00:00:19	00:07:34	00:15:23	00:23:22
85	KILAR Tomasz	148		M40-49	00:00:25	00:07:32	00:15:25	00:23:22
86	STRUMIŃSKI Rafał	302	DZIKI KOSZALIN	M30-39	00:00:20	00:07:35	00:15:29	00:23:25
87	GOTOWAŁA Rafał	96		M30-39	00:00:21	00:07:40	00:15:34	00:23:28
88	KRUPIŃSKI Krzysztof	178	E-UROLOG	M50-59	00:00:22	00:07:59	00:15:47	00:23:28
89	CHWALEBA Jan	55		M50-59	00:00:28	00:07:38	00:15:28	00:23:30
90	ŚNIEŻKO Marcin	318	TKKF KOSZALIN	M30-39	00:00:21	00:07:37	00:15:38	00:23:31
91	CYBULSKI Robert	57	MTS HAMER MIASTKO	M40-49	00:00:26	00:07:51	00:15:41	00:23:33
92	WICHER Krzysztof	345	ADWOKATURA	M30-39	00:00:19	00:07:34	00:15:38	00:23:35
93	JAROSZEWSKI Daniel	125	ROZBIEGANY KOSZALIN	M30-39	00:00:22	00:07:40	00:15:39	00:23:35
94	GOŁDYN Marek	92	TKKF KOSZALIN	M30-39	00:00:24	00:07:48	00:15:49	00:23:37
95	SZYMAŃSKI Piotr	315		M40-49	00:00:36	00:07:49	00:15:50	00:23:37
96	KRASIŃSKI Witold	174		M40-49	00:00:23	00:07:45	00:15:43	00:23:39
97	DOMASZK Zbigniew	70		M40-49	00:00:16	00:07:42	00:15:45	00:23:40
98	KOWALCZYK Mariusz	167	WZAJEMNEJ ADORACJI:-)	M40-49	00:00:21	00:07:35	00:15:27	00:23:40
99	GLISZCZYŃSKI Łukasz	89	SPRINT SŁAWNO	M14-17	00:00:16	00:07:19	00:15:23	00:23:41
100	NIECKARZ Krzysztof	232		M30-39	00:00:17	00:07:48	00:15:48	00:23:46
101	STAWISZYNSKI Jarosław	298	FORUM ROZWOJU KOSZALINA	M30-39	00:00:41	00:07:53	00:15:59	00:23:54
102	WIATRZYK Krzysztof	344	DARŁOWO	M40-49	00:00:22	00:07:50	00:15:42	00:23:57
103	WACHOLC Michał	333		M18-29	00:00:21	00:07:52	00:15:55	00:23:58
104	PUŚCIAN Krzysztof	263	GIMNAZJUM W MANOWIE	M40-49	00:00:25	00:07:47	00:15:51	00:23:59
105	KUBIAK Andrzej	182		M60-69	00:00:21	00:07:52	00:15:54	00:24:00
106	KUTKOWSKI Marcin	190		M30-39	00:00:18	00:07:53	00:16:04	00:24:06
107	CYBULSKI Robert	58	MTS HAMER MIASTKO	M14-17	00:00:27	00:08:18	00:16:19	00:24:07
108	SABISZ Krzysztof	284		M18-29	00:00:28	00:08:17	00:16:18	00:24:07
108	BŁANK Krystian	35		M18-29	00:00:27	00:08:19	00:16:19	00:24:09
110	KAZIMIEROWICZ Radosław	144	VTT KOSZALIN	M30-39	00:00:22	00:07:45	00:15:58	00:24:13
111	KALISZUK Damian	138		M30-39	00:00:27	00:07:57	00:16:04	00:24:13
112	RUTKOWSKI Artur	283		M18-29	00:00:21	00:07:26	00:15:41	00:24:14
113	ŁABEJSZA Łukasz	195	WOJOWNICY WÓDY	M30-39	00:00:32	00:08:13	00:16:16	00:24:14
114	WYGANOWSKI Andrzej	427	WYGAN KOŁOBRZEG	M70+	00:00:23	00:08:07	00:16:26	00:24:19
115	CAŁA Bartosz	47	KARATE KLUB BYTÓW	M30-39	00:00:37	00:08:14	00:16:21	00:24:19
116	PRUS Mikołaj	441		M18-29	00:00:25	00:08:19	00:16:20	00:24:21
117	MALINOWSKI Mariusz	203		M30-39	00:00:22	00:07:59	00:16:18	00:24:22
118	HRYCIÓW Paweł	113	BIAŁOGARD	M30-39	00:00:28	00:08:11	00:16:29	00:24:22

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.7km	Start_All 3.4km	Start_All 5.1km
119	KLOSKOWSKI Dariusz	152	NIGHT RUNNERS SŁUPSK	M40-49	00:00:19	00:07:50	00:16:11	00:24:25
120	KAŻMIERCZAK Robert	145		M40-49	00:00:22	00:07:51	00:16:22	00:24:26
121	PEŁKA Janusz	254		M50-59	00:00:20	00:07:47	00:16:23	00:24:29
122	NAGRABECKI Hubert	229	HUBCIO TEAM :)	M30-39	00:00:35	00:08:14	00:16:28	00:24:31
123	BIL Adrian	34		M30-39	00:00:22	00:08:13	00:16:42	00:24:33
124	CYBULSKI Szymon	59	MTS HAMER MIASTKO	M14-17	00:00:26	00:08:16	00:16:24	00:24:33
125	TURCZYN Grzegorz	326	NIGHT RUNNERS SŁUPSK	M40-49	00:00:24	00:07:41	00:16:06	00:24:34
126	FIGURA Arkadiusz	79	KONIKOWO	M40-49	00:00:18	00:08:00	00:16:35	00:24:37
127	JANUSZEWSKI Jacek	124	17 WOG KOSZALIN	M50-59	00:00:28	00:08:07	00:16:23	00:24:39
128	PEC Daniel	252		M14-17	00:00:15	00:08:08	00:16:36	00:24:40
129	TUKAJSKI Tomasz	325	BIKE U UP	M30-39	00:00:23	00:07:59	00:16:21	00:24:45
130	DĄBROWSKI Grzegorz	69		M40-49	00:00:30	00:08:07	00:16:28	00:24:48
131	ROGALSKI Roberto	275	TKKF KOSZALIN	M30-39	00:00:35	00:07:56	00:16:30	00:24:50
132	ZDROWIECKI Artur	423		M30-39	00:00:17	00:07:25	00:16:06	00:24:52
133	ŚWIETLIK Tomasz	320		M50-59	00:00:27	00:08:04	00:16:17	00:24:53
134	PIECHOTA Robert	257		M40-49	00:00:18	00:07:34	00:16:16	00:24:54
135	DZIESZUK Dariusz	75	TKKF KOSZALIN	M40-49	00:00:24	00:08:19	00:16:38	00:24:54
136	KALOCIŃSKI Krzysztof	139	ROZBIEGANY KOSZALIN	M30-39	00:00:26	00:08:30	00:16:41	00:24:57
137	CHUDZIK Zbigniew	54	TKKF KOSZALIN	M50-59	00:00:23	00:08:20	00:16:39	00:24:58
138	JUSZCZAK Krzysztof	132		M60-69	00:00:35	00:08:22	00:16:33	00:25:04
139	REPLAKOWSKI Krzysztof	270	WE RUN	M40-49	00:00:35	00:08:30	00:16:52	00:25:05
140	RUDZIŃSKI Bronisław	281		M60-69	00:00:26	00:08:13	00:16:41	00:25:07
141	STOKROCKI Wojciech	301		M30-39	00:00:41	00:08:42	00:17:01	00:25:07
142	STASIAK Grzegorz	296		M30-39	00:00:40	00:08:43	00:17:02	00:25:08
143	ŻANDARSKI Paweł	425		M18-29	00:00:17	00:08:01	00:16:36	00:25:09
144	LASKOWSKI Grzegorz	192		M18-29	00:00:23	00:07:58	00:16:23	00:25:10
145	CHWALEBA Maciej	56		M18-29	00:00:28	00:08:18	00:16:39	00:25:10
146	OTTO Michał	243		M30-39	00:00:19	00:08:01	00:16:36	00:25:15
147	GROCHOWSKI Rafał	101		M40-49	00:00:26	00:08:09	00:16:40	00:25:15
148	DUDZIAK Piotr	72	KOSZALIN	M40-49	00:00:24	00:07:52	00:16:20	00:25:18
149	KAMIŃSKI Tomasz	140	JEDNOSTKA WOJSKOWA 1223	M30-39	00:00:17	00:07:59	00:16:43	00:25:19
150	PRZYMORSKI Waldemar	259	W.P.K. SŁOŃ TEAM USTKA	M40-49	00:00:36	00:08:28	00:16:55	00:25:19
151	FELSKI Łukasz	78		M30-39	00:00:43	00:08:11	00:16:47	00:25:19
152	SKOWYRSKI Janusz	289	TKKF KOSZALIN	M50-59	00:00:19	00:08:01	00:16:34	00:25:22
153	NADSTAWNY Marek	228		M30-39	00:00:22	00:08:10	00:16:40	00:25:24
154	OSOBNIAK Ryszard	241	ROZBIEGANY KOSZALIN	M60-69	00:00:33	00:08:25	00:17:01	00:25:28
155	MADEJ Krzysztof	200		M30-39	00:00:29	00:08:15	00:16:48	00:25:31
156	SZULC Marek	313		M50-59	00:00:32	00:08:42	00:17:08	00:25:31
157	KOZŁOWIECKI Waldemar	169	TKKF KOSZALIN	M60-69	00:00:16	00:08:29	00:17:02	00:25:33
158	JABŁOŃSKI Tomasz	117	AR SPOKO SŁAWNÓ	M30-39	00:00:36	00:08:44	00:17:09	00:25:38
159	GRZYBOWSKI Piotr	103	KB RUN 42	M40-49	00:00:26	00:08:23	00:17:02	00:25:41
160	MEGIER Wojtek	212		M50-59	00:00:26	00:08:25	00:17:07	00:25:43
161	JASIŃSKI Cezary	128	UBUDUBU	M40-49	00:00:18	00:08:14	00:16:59	00:25:48
162	MĘDEL Cezary	214		M40-49	00:00:29	00:08:34	00:17:17	00:25:54
163	KOWALCZYK Piotr	166		M30-39	00:00:29	00:08:21	00:17:04	00:25:55

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.7km	Start_All 3.4km	Start_All 5.1km
164	JANKOWSKI Grzegorz	123	ŚWIAT PŁYTEK U KRYPINA	M40-49	00:00:23	00:08:09	00:17:03	00:26:06
165	JASIENIECKI Piotr	127		M40-49	00:00:23	00:08:37	00:17:18	00:26:06
166	MAJCHRZAK Paweł	201	SUNDAYBIKERS KARLINO TEAM	M40-49	00:00:23	00:08:34	00:17:21	00:26:07
167	WENCLAWSKI Michał	341	ARAGORTEAM\ NIGHT RUNNERS SŁUPSK	M18-29	00:00:24	00:08:34	00:17:21	00:26:10
168	SZULC Szymon	437		M30-39	00:00:32	00:08:54	00:17:52	00:26:12
169	PUZYREWSKI Wojciech	264	FORREST GUMP	M30-39	00:00:33	00:09:36	00:18:05	00:26:16
170	GREBIENIK Andrzej	100		M40-49	00:00:32	00:08:50	00:17:29	00:26:22
171	RUDZIK Grzegorz	280	KL 'ISKRA' BIAŁOGARD	M30-39	00:00:27	00:08:29	00:17:33	00:26:24
172	ATALSKI Damian	27		M30-39	00:00:33	00:08:37	00:17:30	00:26:31
173	HRYCAJ Tomasz	112		M30-39	00:00:25	00:08:46	00:17:51	00:26:32
174	NIWIŃSKI Grzegorz	234	K.B. TUPOT USTKA	M50-59	00:00:42	00:08:52	00:17:42	00:26:36
175	KACZMAREK Łukasz	136	1984	M30-39	00:00:35	00:08:39	00:17:45	00:26:37
176	KĘPKA Mirosław	147	K.B.SPRINT ŚWIDWIN	M40-49	00:00:29	00:08:54	00:17:50	00:26:41
177	WILIŃSKI Marek	349	K. B SPRINT ŚWIDWIN	M50-59	00:00:28	00:08:55	00:17:51	00:26:42
178	KOŁAKOWSKI Dariusz	154	K.B.SPRINT ŚWIDWIN	M40-49	00:00:29	00:08:54	00:17:50	00:26:42
179	MARZEC Łukasz	207		M30-39	00:00:27	00:08:30	00:17:28	00:26:43
180	WOJCIECHOWSKI Andrzej	410		M40-49	00:00:24	00:08:48	00:17:48	00:26:44
181	FAJGIER Tomasz	77		M40-49	00:00:20	00:08:23	00:17:39	00:26:55
182	JURA Kazimierz	131	MTS HAMER	M60-69	00:00:38	00:08:49	00:17:48	00:26:55
183	OSOWSKI Andrzej	242	OSATEAM	M40-49	00:00:23	00:08:07	00:17:28	00:26:56
184	RETERSKI Damian	272		M14-17	00:00:30	00:08:49	00:17:56	00:26:58
185	KRYGIER Ireneusz	179	W.P.K SŁOŃ TEAM USTKA	M30-39	00:00:36	00:08:55	00:17:59	00:26:59
186	PUCHALSKI Marcin	262		M30-39	00:00:38	00:08:35	00:17:42	00:27:00
187	JAKÓBCZAK Dariusz	118		M40-49	00:00:26	00:08:49	00:18:02	00:27:02
188	GŁOWACKI Włodzimierz	90		M70+	00:00:16	00:08:29	00:17:44	00:27:03
189	KARNICKI Zygmunt	142	TKKF KOSZALIN	M60-69	00:00:25	00:08:37	00:17:53	00:27:13
190	DANOWSKI Maciej	65	FITNESS CLUB FORMA	M40-49	00:00:25	00:08:57	00:18:20	00:27:14
191	RETERSKI Przemysław	271		M30-39	00:00:30	00:08:49	00:17:58	00:27:19
192	HELLER Zdzisław	108	NIEZRZESZONY	M60-69	00:00:36	00:08:56	00:18:02	00:27:19
193	WIERZBICKI Sylwester	346		M30-39	00:00:32	00:09:31	00:19:16	00:27:23
194	KOSECKI Tomasz	162		M30-39	00:00:39	00:09:49	00:18:59	00:27:35
195	MRUGALSKI Stanisław	223		M50-59	00:00:43	00:09:11	00:18:27	00:27:38
196	NAPIERAŁA Marcin	230		M30-39	00:00:36	00:09:43	00:19:05	00:27:46
197	ŻUREK Daniel	430		M30-39	00:00:16	00:09:35	00:18:51	00:27:51
198	WOLAŃSKI Maciej	415		M14-17	00:00:30	00:09:26	00:18:54	00:28:03
199	KOTULSKI Piotr	165	KLUB BIEGACZY JYSK	M30-39	00:00:28	00:09:05	00:18:36	00:28:07
200	KRAWCZYK Bohdan	176		M50-59	00:00:47	00:10:09	00:19:30	00:28:09
201	KLENIEWICZ Piotr	440		M50-59	00:00:17	00:08:52	00:18:20	00:28:13
202	HNATOWSKI Artur	109	DM FC KOSZALIN	M40-49	00:00:37	00:09:08	00:18:48	00:28:15
203	WOLAŃSKI Mariusz	414		M50-59	00:00:17	00:09:39	00:19:07	00:28:16
204	KOLASA Tomasz	153	KĄPIELE NA SPONTANIE	M40-49	00:00:27	00:09:25	00:19:03	00:28:18
205	ŻYWOT Norbert	432	PARKRUN KOŁOBRZEG	M40-49	00:00:27	00:09:25	00:19:03	00:28:19
206	SPICA Łukasz	294		M18-29	00:00:30	00:09:13	00:18:39	00:28:22
207	ŚRODA Wojciech	319		M40-49	00:00:34	00:09:36	00:19:07	00:28:24
208	ORYSZCZYN Arkadiusz	239		M30-39	00:00:30	00:09:13	00:18:40	00:28:25

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.7km	Start_All 3.4km	Start_All 5.1km
209	SKIERKA Grzegorz	288	MKS ŚWIĘC SŁAWNO	M30-39	00:00:34	00:09:36	00:19:12	00:28:28
210	FRASZKIEWICZ Jarosław	81		M40-49	00:00:37	00:09:34	00:19:13	00:28:38
211	TRZEŚNIEWSKI Zbigniew	324		M40-49	00:00:37	00:09:35	00:19:13	00:28:38
212	CZERSKI Piotr	61		M50-59	00:00:38	00:10:07	00:19:43	00:28:40
213	IMIOŁEK Jacek	115		M40-49	00:00:37	00:09:30	00:19:08	00:28:53
214	BASIAK Krystian	30	KOSZALIN	M30-39	00:00:17	00:09:05	00:18:30	00:28:56
215	WIERZBICKI Kacper	347		M18-29	00:00:16	00:09:06	00:18:32	00:28:58
216	KACAŁA Jacek	134		M30-39	00:00:36	00:09:38	00:19:15	00:29:04
217	SZKATULSKI Tomasz	309	DARŁOWO	M18-29	00:00:33	00:09:30	00:19:16	00:29:06
218	BRESZKA Paweł	43	BIEGNIJMY TO DARŁOWO	M40-49	00:00:32	00:09:31	00:19:17	00:29:07
219	BONISŁAWSKI Jarosław	39	FADOMODA TEAM	M30-39	00:00:29	00:09:36	00:19:19	00:29:08
220	PAULIŃSKI Jan	249	JAMNO	M60-69	00:00:21	00:09:06	00:18:57	00:29:14
221	SIKORSKI Witold	287	KB RUN 42	M50-59	00:00:29	00:09:25	00:18:48	00:29:16
222	KUPREWICZ Grzegorz	186	JW1223	M30-39	00:00:34	00:09:42	00:19:29	00:29:23
223	SZULC Adam	312		M18-29	00:00:38	00:09:29	00:19:37	00:29:45
224	GAWEŁ Michał	87		M18-29	00:00:35	00:10:09	00:20:41	00:30:25
225	SKRZYPEK Marcin	290	NIETOPERZE KOSZALIN	M30-39	00:00:42	00:09:38	00:19:40	00:30:26
226	PACAN Bartosz	245		M30-39	00:00:31	00:09:59	00:20:35	00:30:40
227	TELEGA Michał	321		M30-39	00:00:32	00:10:01	00:20:20	00:30:45
228	ZIELIŃSKI Jarosław	424	AMATOR	M30-39	00:00:38	00:09:54	00:20:21	00:31:18
229	LEWEK Maciej	194	PRZYJACIELE Z RADZYN	M50-59	00:00:17	00:09:25	00:20:24	00:31:20
230	SZYSZKOWSKI Tomasz	316		M30-39	00:00:24	00:10:11	00:21:00	00:31:59
231	WILKOWSKI Piotr	402		M30-39	00:00:31	00:10:22	00:21:17	00:32:08
232	GAWLIK Artur	88	BIEGNIJMY.PL	M30-39	00:00:31	00:09:48	00:20:33	00:32:29
233	KOSECKI Mariusz	161		M30-39	00:00:37	00:10:16	00:21:38	00:33:28
234	PASEK Jan	248		M60-69	00:00:26	00:10:18	00:21:49	00:33:37
235	ŻURAŃSKI Dariusz	428	WIKING KOSZALIN	M40-49	00:00:42	00:10:58	00:22:07	00:34:02
236	PANKOWIECKI Roman	226		M60-69	00:00:23	00:10:05	00:21:57	00:34:22
237	HAUSMAN Andrzej	107	KSR ROWERIA	M60-69	00:00:28	00:10:24	00:22:48	00:35:17
238	ZATORSKI Zbigniew	421	KOŁOBRZEG BIEGA	M30-39	00:00:40	00:11:44	00:24:43	00:37:55
239	KĘPIŃSKI Jan	146		M50-59	00:00:22	00:12:00	00:26:14	00:40:20
240	BARTNIK Marian	29	TKKF KOSZALIN	M70+	00:00:14	00:13:07	00:27:06	00:41:57
241	WALENTOWICZ Ireneusz	443		M60-69	00:00:38	00:16:21	00:34:35	00:53:36
242	MATYSIUK Grzegorz	210	7BOW	M40-49	00:00:19	00:07:50	00:15:49	
243	TESKA Bartosz	322	TKKF KOSZALIN	M30-39	00:00:20	00:07:36	00:15:43	
244	NACHYŁA Paweł	227	DZIKI KOSZALIN	M18-29	00:00:29	00:08:03	00:16:02	

Znaleziono 244 wynik(ów)