



VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2016-12-31
Miejsce: Koszalin
Dystans: 5.3 km



Klasyfikacja: M40-49

Punkt pomiarowy: 5,1 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.7km	Start_All 3.4km	Start_All 5.1km
1	WIERZEJSKI Sławomir	348	KLUB BIEGACZA 'GOCH' BYTÓW	M40-49	00:00:15	00:06:19	00:12:35	00:18:47
2	GARSKI Kryspin	86	ŚWIAT PŁYTEK U KRYSPIŃ	M40-49	00:00:16	00:06:19	00:12:36	00:19:00
3	RUDNIKOWSKI Maciej	279	BIEGUZDROWISKOWY.PL	M40-49	00:00:16	00:06:12	00:12:44	00:19:15
4	PEC Marek	251		M40-49	00:00:15	00:06:19	00:12:58	00:19:36
5	WÓJCIK Damian	418	RUNNERSWALDE DARŁOWO	M40-49	00:00:19	00:06:41	00:13:29	00:20:13
6	RUDZIŃSKI Adam	261		M40-49	00:00:16	00:06:33	00:13:31	00:20:33
7	BIEDRZYCKI Krzysztof	32	CW FANZA	M40-49	00:00:17	00:06:50	00:14:02	00:21:02
8	STĘŻAŁA Artur	300	JW1223	M40-49	00:00:17	00:06:49	00:14:02	00:21:14
9	UZNAŃSKI Ryszard	330	KOŁOBRZEG BIEGA	M40-49	00:00:16	00:06:47	00:13:53	00:21:18
10	WUJTIUK Piotr	417		M40-49	00:00:18	00:06:56	00:14:09	00:21:28
11	WALTER Przemysław	336	10 BIAŁOGARD	M40-49	00:00:18	00:07:03	00:14:14	00:21:30
12	ZBOIŃSKI Wojciech	422		M40-49	00:00:19	00:07:11	00:14:28	00:21:30
13	CHOŁUJ Jarek	50	ROZBIEGANY KOSZALIN	M40-49	00:00:29	00:07:16	00:14:29	00:21:39
14	WINKEL Łukasz	403		M40-49	00:00:18	00:07:17	00:14:34	00:21:54
15	PEKAŁA Piotr	256	ROZBIEGA KOSZALIN	M40-49	00:00:23	00:07:14	00:14:45	00:22:12
16	SZAŁKOWSKI Wojtek	305	TUPOT USTKA	M40-49	00:00:34	00:07:34	00:14:56	00:22:12
17	MICHALSKI Jakub	218	TRIATHLON KOSZALIN	M40-49	00:00:21	00:07:35	00:15:03	00:22:24
18	KRAKOWIAK Sławomir	172	COSSG KOSZALIN	M40-49	00:00:24	00:07:37	00:15:12	00:22:33
19	MOSIOŁEK Piotr	221		M40-49	00:00:22	00:07:34	00:15:03	00:22:36
20	CHROSTEK Adam	52		M40-49	00:00:24	00:07:32	00:15:11	00:22:44
21	PERCZYŃSKI Jarek	255		M40-49	00:00:17	00:06:56	00:14:58	00:22:50
22	IWANIEC Dariusz	116	TKKF KOSZALIN	M40-49	00:00:18	00:07:15	00:15:02	00:22:51
23	HOC Dariusz	110		M40-49	00:00:24	00:07:38	00:15:28	00:22:54
24	ROGOŻA Ireneusz	276	BIEGNIJMY.PL	M40-49	00:00:19	00:07:26	00:15:10	00:23:03
25	MICERSKI Tomasz	216	TKKF KOSZALIN	M40-49	00:00:34	00:07:44	00:15:33	00:23:09
26	SIENICKI Piotr	286	OPIUM	M40-49	00:00:23	00:07:31	00:15:21	00:23:15
27	JARZYNA Roman	126		M40-49	00:00:17	00:07:27	00:15:18	00:23:19
28	KILAR Tomasz	148		M40-49	00:00:25	00:07:32	00:15:25	00:23:22

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.7km	Start_All 3.4km	Start_All 5.1km
29	CYBULSKI Robert	57	MTS HAMER MIASTKO	M40-49	00:00:26	00:07:51	00:15:41	00:23:33
30	SZYMAŃSKI Piotr	315		M40-49	00:00:36	00:07:49	00:15:50	00:23:37
31	KRASIŃSKI Witold	174		M40-49	00:00:23	00:07:45	00:15:43	00:23:39
32	DOMASZK Zbigniew	70		M40-49	00:00:16	00:07:42	00:15:45	00:23:40
33	KOWALCZYK Mariusz	167	WZAJEMNEJ ADORACJI:-)	M40-49	00:00:21	00:07:35	00:15:27	00:23:40
34	WIATRZYK Krzysztof	344	DARŁOWO	M40-49	00:00:22	00:07:50	00:15:42	00:23:57
35	PUŚCIAN Krzysztof	263	GIMNAZJUM W MANOWIE	M40-49	00:00:25	00:07:47	00:15:51	00:23:59
36	KLOSKOWSKI Dariusz	152	NIGHT RUNNERS SŁUPSK	M40-49	00:00:19	00:07:50	00:16:11	00:24:25
37	KAŻMIERCZAK Robert	145		M40-49	00:00:22	00:07:51	00:16:22	00:24:26
38	TURCZYN Grzegorz	326	NIGHT RUNNERS SŁUPSK	M40-49	00:00:24	00:07:41	00:16:06	00:24:34
39	FIGURA Arkadiusz	79	KONIKOWO	M40-49	00:00:18	00:08:00	00:16:35	00:24:37
40	DĄBROWSKI Grzegorz	69		M40-49	00:00:30	00:08:07	00:16:28	00:24:48
41	PIECHOTA Robert	257		M40-49	00:00:18	00:07:34	00:16:16	00:24:54
42	DZIESZUK Dariusz	75	TKKF KOSZALIN	M40-49	00:00:24	00:08:19	00:16:38	00:24:54
43	REMPŁAKOWSKI Krzysztof	270	WE RUN	M40-49	00:00:35	00:08:30	00:16:52	00:25:05
44	GROCHOWSKI Rafał	101		M40-49	00:00:26	00:08:09	00:16:40	00:25:15
45	DUDZIAK Piotr	72	KOSZALIN	M40-49	00:00:24	00:07:52	00:16:20	00:25:18
46	PRZYMORSKI Waldemar	259	W.P.K. SŁOŃ TEAM USTKA	M40-49	00:00:36	00:08:28	00:16:55	00:25:19
47	GRZYBOWSKI Piotr	103	KB RUN 42	M40-49	00:00:26	00:08:23	00:17:02	00:25:41
48	JASIŃSKI Cezary	128	UBUDUBU	M40-49	00:00:18	00:08:14	00:16:59	00:25:48
49	MĘDEL Cezary	214		M40-49	00:00:29	00:08:34	00:17:17	00:25:54
50	JANKOWSKI Grzegorz	123	ŚWIAT PŁYTEK U KRYSPIŃ	M40-49	00:00:23	00:08:09	00:17:03	00:26:06
51	JASIENIECKI Piotr	127		M40-49	00:00:23	00:08:37	00:17:18	00:26:06
52	MAJCHRZAK Paweł	201	SUNDBIKERS KARLINO TEAM	M40-49	00:00:23	00:08:34	00:17:21	00:26:07
53	GREBIENIK Andrzej	100		M40-49	00:00:32	00:08:50	00:17:29	00:26:22
54	KĘPKA Mirosław	147	K.B.SPRINT ŚWIDWIN	M40-49	00:00:29	00:08:54	00:17:50	00:26:41
55	KOŁAKOWSKI Dariusz	154	K.B.SPRINT ŚWIDWIN	M40-49	00:00:29	00:08:54	00:17:50	00:26:42
56	WOJCIECHOWSKI Andrzej	410		M40-49	00:00:24	00:08:48	00:17:48	00:26:44
57	FAJGIER Tomasz	77		M40-49	00:00:20	00:08:23	00:17:39	00:26:55
58	OSOWSKI Andrzej	242	OSATEAM	M40-49	00:00:23	00:08:07	00:17:28	00:26:56
59	JAKÓBCZAK Dariusz	118		M40-49	00:00:26	00:08:49	00:18:02	00:27:02
60	DANOWSKI Maciej	65	FITNESS CLUB FORMA	M40-49	00:00:25	00:08:57	00:18:20	00:27:14
61	HNATOWSKI Artur	109	DM FC KOSZALIN	M40-49	00:00:37	00:09:08	00:18:48	00:28:15
62	KOLASA Tomasz	153	KĄPIELE NA SPONTANIE	M40-49	00:00:27	00:09:25	00:19:03	00:28:18
63	ŻYWOT Norbert	432	PARKRUN KOŁOBRZEG	M40-49	00:00:27	00:09:25	00:19:03	00:28:19
64	ŚRODA Wojciech	319		M40-49	00:00:34	00:09:36	00:19:07	00:28:24
65	FRASZKIEWICZ Jarosław	81		M40-49	00:00:37	00:09:34	00:19:13	00:28:38
66	TRZEŚNIEWSKI Zbigniew	324		M40-49	00:00:37	00:09:35	00:19:13	00:28:38
67	IMIOŁEK Jacek	115		M40-49	00:00:37	00:09:30	00:19:08	00:28:53
68	BRESZKA Paweł	43	BIEGNIJMY TO DARŁOWO	M40-49	00:00:32	00:09:31	00:19:17	00:29:07
69	ŻURAŃSKI Dariusz	428	WIKING KOSZALIN	M40-49	00:00:42	00:10:58	00:22:07	00:34:02
70	MATYSIUK Grzegorz	210	7BOW	M40-49	00:00:19	00:07:50	00:15:49	

Znaleziono 70 wynik(ów)