



VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2016-12-31
Miejsce: Koszalin
Dystans: 5.3 km



Klasyfikacja: M60-69

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 1.7km	Start_All 3.4km	Start_All 5.1km	Czas netto 5.3km	Czas brutto 5.3km	Różn	Tempo min/km	Tempo km/h
1	CHUDY Henryk	53	K S OLSZEWSKI I SYNOWIE	M60-69	1	00:00:18	00:06:44	00:13:45	00:20:48	00:21:32.05	00:21:50.05		4:03	14.8 (100%)
2	KUBIAK Andrzej	182		M60-69	2	00:00:21	00:07:52	00:15:54	00:24:00	00:24:43.75	00:25:05.35	+00:03:11 (12.9%)	4:40	12.9 (87.2%)
3	JUSZCZAK Krzysztof	132		M60-69	3	00:00:35	00:08:22	00:16:33	00:25:04	00:25:57.25	00:26:32.40	+00:04:25 (17.0%)	4:53	12.3 (83.1%)
4	RUDZIŃSKI Bronisław	281		M60-69	4	00:00:26	00:08:13	00:16:41	00:25:07	00:26:02.55	00:26:29.35	+00:04:30 (17.3%)	4:54	12.2 (82.4%)
5	OSOBNIAK Ryszard	241	ROZBIEGANY KOSZALIN	M60-69	5	00:00:33	00:08:25	00:17:01	00:25:28	00:26:17.30	00:26:50.60	+00:04:45 (18.1%)	4:57	12.1 (81.8%)
6	KOZŁOWIECKI Waldemar	169	TKKF KOSZALIN	M60-69	6	00:00:16	00:08:29	00:17:02	00:25:33	00:26:27.15	00:26:43.75	+00:04:55 (18.6%)	4:59	12 (81.1%)
7	JURA Kazimierz	131	MTS HAMER	M60-69	7	00:00:38	00:08:49	00:17:48	00:26:55	00:27:47.20	00:28:25.65	+00:06:15 (22.5%)	5:14	11.4 (77.0%)
8	KARNICKI Zygmunt	142	TKKF KOSZALIN	M60-69	8	00:00:25	00:08:37	00:17:53	00:27:13	00:28:06.00	00:28:31.70	+00:06:33 (23.4%)	5:18	11.3 (76.4%)
9	HELLER Zdzisław	108	NIEZRZESZONY	M60-69	9	00:00:36	00:08:56	00:18:02	00:27:19	00:28:12.35	00:28:48.35	+00:06:40 (23.7%)	5:19	11.3 (76.4%)
10	PAULIŃSKI Jan	249	JAMNO	M60-69	10	00:00:21	00:09:06	00:18:57	00:29:14	00:30:36.75	00:30:57.90	+00:09:04 (29.7%)	5:46	10.4 (70.3%)
11	PASEK Jan	248		M60-69	11	00:00:26	00:10:18	00:21:49	00:33:37	00:34:37.35	00:35:03.90	+00:13:05 (37.8%)	6:31	9.2 (62.2%)
12	PANKOWIECKI Roman	226		M60-69	12	00:00:23	00:10:05	00:21:57	00:34:22	00:35:33.85	00:35:57.40	+00:14:01 (39.4%)	6:42	8.9 (60.1%)
13	HAUSMAN Andrzej	107	KSR ROWERIA	M60-69	13	00:00:28	00:10:24	00:22:48	00:35:17	00:36:32.70	00:37:01.35	+00:15:00 (41.1%)	6:53	8.7 (58.8%)
14	WALENTOWICZ Ireneusz	443		M60-69	14	00:00:38	00:16:21	00:34:35	00:53:36	00:57:04.20	00:57:42.40	+00:35:32 (62.3%)	10:46	5.6 (37.8%)

Znaleziono 14 wynik(ów)