

VIII MIKOŁAJKOWY KROSS GÓRSKI Z KOMANDORKIEM U KANTEGO

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Event: VIII MIKOŁAJKOWY KROSS GÓRSKI Z KOMANDORKIEM U KANTEGO
Organiser: Fundacja "Sub ventum" w Słupsku
Date: 2023-12-09
Place: Słupsk
Distance: 6 km



Classification: All

Place	Participant	Number	Club	Category	MCat	Net time 6km	Gap	Pace min/km	Pace km/h
1	WENT Jakub	393		OPEN -M	1	00:22:43.10		3:47	15.8 (100%)
2	BURZYŃSKI Aleksander	310	STO SŁUPSK	OPEN -M	2	00:22:59.48	+00:00:16 (1.2%)	3:49	15.7 (99.4%)
3	OSIŃSKI Wojciech	353	TEAM ZABIEGANEDNI	OPEN -M	3	00:23:29.59	+00:00:46 (3.3%)	3:54	15.3 (96.8%)
4	MOTACKI Robert	348		OPEN -M	4	00:26:12.01	+00:03:28 (13.3%)	4:22	13.7 (86.7%)
5	BRZEZICKI Paweł	308	ANANASY Z 3 FAL	OPEN -M	5	00:27:22.28	+00:04:39 (17.0%)	4:33	13.2 (83.5%)
6	DOMARUS Kamila	317		OPEN -K	1	00:28:20.43	+00:05:37 (19.8%)	4:43	12.7 (80.4%)
7	ŻYLICZ Paweł	394	STOPA SŁUPSK	OPEN -M	6	00:28:50.28	+00:06:07 (21.2%)	4:48	12.5 (79.1%)
8	GULBITOWICZ Karol	327		OPEN -M	7	00:29:15.21	+00:06:32 (22.3%)	4:52	12.3 (77.8%)
9	CZYŻYKOWSKI Mateusz	315		OPEN -M	8	00:29:16.25	+00:06:33 (22.4%)	4:52	12.3 (77.8%)
10	JAWORSKI Krzysztof	331		OPEN -M	9	00:29:22.37	+00:06:39 (22.7%)	4:53	12.3 (77.8%)
11	ANTOSIK Grzegorz	304	KB BRYZA POSTOMINO	OPEN -M	10	00:29:49.85	+00:07:06 (23.8%)	4:58	12.1 (76.6%)
12	SZCZYGIĘŁ Marcin	375	TELEKOM	OPEN -M	11	00:29:56.23	+00:07:13 (24.1%)	4:59	12 (75.9%)
13	MYSZKOWSKA Anna	350		OPEN -K	2	00:30:02.65	+00:07:19 (24.4%)	5:00	12 (75.9%)
14	MALEC Piotr	345		OPEN -M	12	00:30:03.48	+00:07:20 (24.4%)	5:00	12 (75.9%)
15	BAŁUT Nikodem	395	BIEGAJĄCY DIETETYK TEAM/ POLIPACK TEAM	OPEN -M	13	00:30:19.40	+00:07:36 (25.1%)	5:03	11.9 (75.3%)
16	KIEŁCZYŃSKI Dawid	333	IG. DAV_KIE_SPORTS	OPEN -M	14	00:30:37.32	+00:07:54 (25.8%)	5:06	11.8 (74.7%)
17	ANTOSIAK Grzegorz	302		OPEN -M	15	00:30:58.96	+00:08:15 (26.7%)	5:09	11.6 (73.4%)
18	SIWAK Marcin	391		OPEN -M	16	00:31:27.78	+00:08:44 (27.8%)	5:14	11.4 (72.2%)
19	GAWĘŁ Iza	321	ANANASY Z 3 FAL	OPEN -K	3	00:31:44.22	+00:09:01 (28.4%)	5:17	11.3 (71.5%)
20	PRASOL Adrian	363		OPEN -M	17	00:31:45.14	+00:09:02 (28.5%)	5:17	11.3 (71.5%)
21	NACZK Wiktoria	351	BIEGAJĄCY DIETETYK TEAM/ POLIPACK TEAM GWE	OPEN -K	4	00:31:45.90	+00:09:02 (28.5%)	5:17	11.3 (71.5%)
22	BOGUSZEWSKI Michał -Misiek	307		OPEN -M	18	00:31:47.23	+00:09:04 (28.5%)	5:17	11.3 (71.5%)
23	CZYŻYKOWSKI Krzysztof	316		OPEN -M	19	00:32:15.22	+00:09:32 (29.6%)	5:22	11.2 (70.9%)
24	CHOWANIEC Sławomir	312		OPEN -M	20	00:32:39.74	+00:09:56 (30.4%)	5:26	11 (69.6%)
25	GÓRECKA Jowita	303	AML SŁUPSK	OPEN -K	5	00:33:10.56	+00:10:27 (31.5%)	5:31	10.9 (69.0%)
26	KWAŚNIAK Zdzisław	341		OPEN -M	21	00:33:11.29	+00:10:28 (31.5%)	5:31	10.8 (68.4%)

Place	Participant	Number	Club	Category	MCat	Net time	Gap	Pace min/km	Pace km/h
						6km			
27	PRZYGÓCKI Sylwester	366	LIONG STRONG TEAM	OPEN -M	22	00:33:13.52	+00:10:30 (31.6%)	5:32	10.8 (68.4%)
28	FORMELA Kacper	399	TEAM PANI OLI	OPEN -M	23	00:33:21.15	+00:10:38 (31.9%)	5:33	10.8 (68.4%)
29	TOMCZAK Dominik	380	W.P.K SŁOŃ TEAM	OPEN -M	24	00:33:22.42	+00:10:39 (31.9%)	5:33	10.8 (68.4%)
30	JAWORSKI Mariusz	330	AJ FABRYKA MEBLI	OPEN -M	25	00:33:24.15	+00:10:41 (32.0%)	5:34	10.8 (68.4%)
31	PIETRZAK Jacek	358	7PBOT	OPEN -M	26	00:33:42.43	+00:10:59 (32.6%)	5:37	10.7 (67.7%)
32	MAZUREK Paweł	347		OPEN -M	27	00:33:53.67	+00:11:10 (33.0%)	5:38	10.6 (67.1%)
33	KĘSIK Agnieszka	332	7BOW	OPEN -K	6	00:33:59.38	+00:11:16 (33.2%)	5:39	10.6 (67.1%)
34	CHODOROWSKI Tomasz	311	BEST BEASTS	OPEN -M	28	00:34:09.53	+00:11:26 (33.5%)	5:41	10.5 (66.5%)
35	STURYKA Karina	397	TEAM PANI OLI	OPEN -K	7	00:34:50.61	+00:12:07 (34.8%)	5:48	10.3 (65.2%)
36	JAKUBEK Łukasz	329		OPEN -M	29	00:34:56.57	+00:12:13 (35.0%)	5:49	10.3 (65.2%)
37	TRAPP Sebastian	381	LION TEAM	OPEN -M	30	00:35:13.16	+00:12:30 (35.5%)	5:52	10.2 (64.6%)
38	PIETRÓW Marta	357		OPEN -K	8	00:35:17.89	+00:12:34 (35.6%)	5:52	10.2 (64.6%)
39	FRUBA Karina	320	STOPA SŁUPSK	OPEN -K	9	00:35:19.26	+00:12:36 (35.7%)	5:53	10.2 (64.6%)
40	GRABOWSKA Kinga	326	ANANASY Z 3 FAL	OPEN -K	10	00:35:20.26	+00:12:37 (35.7%)	5:53	10.2 (64.6%)
41	SEWERYN Tomasz	371		OPEN -M	31	00:36:11.10	+00:13:28 (37.2%)	6:01	9.9 (62.7%)
42	TRUSIAK Miłosz	383	NIGHT WOLVES ULTRA RUNNERS	OPEN -M	32	00:36:24.33	+00:13:41 (37.6%)	6:04	9.9 (62.7%)
43	BOGUSZEWSKI Artur	306		OPEN -M	33	00:36:56.88	+00:14:13 (38.5%)	6:09	9.7 (61.4%)
44	PRUSAK Marcin	364		OPEN -M	34	00:37:05.11	+00:14:22 (38.7%)	6:10	9.7 (61.4%)
45	PAKUŁA Mateusz	354		OPEN -M	35	00:37:58.69	+00:15:15 (40.2%)	6:19	9.5 (60.1%)
46	GĄSECKA-SZEWCZUK Aleksandra	322		OPEN -K	11	00:37:59.70	+00:15:16 (40.2%)	6:19	9.5 (60.1%)
47	SZEWCZUK Piotr	376		OPEN -M	36	00:37:59.82	+00:15:16 (40.2%)	6:19	9.5 (60.1%)
48	NAZARKO Małgorzata	352		OPEN -K	12	00:38:45.06	+00:16:01 (41.4%)	6:27	9.3 (58.9%)
49	TRUSIAK Mateusz	382	NIGHT WOLVES ULTRA RUNNERS	OPEN -M	37	00:39:07.20	+00:16:24 (41.9%)	6:31	9.2 (58.2%)
50	KRAJEWSKA Justyna	337		OPEN -K	13	00:39:18.11	+00:16:35 (42.2%)	6:33	9.2 (58.2%)
51	MROZIK Joanna	349		OPEN -K	14	00:39:18.19	+00:16:35 (42.2%)	6:33	9.2 (58.2%)
52	GÓRECKA Agnieszka	323	ANANASY Z 3 FAL	OPEN -K	15	00:41:28.86	+00:18:45 (45.2%)	6:54	8.7 (55.1%)
53	ULANOWSKA Małgorzata	384		OPEN -K	16	00:41:29.82	+00:18:46 (45.3%)	6:54	8.7 (55.1%)
54	SAGAŁA Patrycja	370		OPEN -K	17	00:41:30.21	+00:18:47 (45.3%)	6:55	8.7 (55.1%)
55	KUBICA Agnieszka	340	ANANASY Z 3 FAL	OPEN -K	18	00:41:30.65	+00:18:47 (45.3%)	6:55	8.7 (55.1%)
56	WILKOWSKA Barbara	385	SZYBCYWILCY	OPEN -K	19	00:41:31.15	+00:18:48 (45.3%)	6:55	8.7 (55.1%)
57	SZYBUT Rafał	377	ŻÓŁWIK	OPEN -M	38	00:41:31.95	+00:18:48 (45.3%)	6:55	8.7 (55.1%)
58	KROPIŃSKI Adam	338	ŻÓŁWIK	OPEN -M	39	00:41:42.82	+00:18:59 (45.5%)	6:57	8.6 (54.4%)
59	CHYLEWSKA Aleksandra	313		OPEN -K	20	00:42:38.67	+00:19:55 (46.7%)	7:06	8.4 (53.2%)
60	CHYLEWSKA-MUCHA Aleksandra	314		OPEN -K	21	00:42:39.72	+00:19:56 (46.7%)	7:06	8.4 (53.2%)
61	LIPCZYŃSKA Joanna	342		OPEN -K	22	00:42:45.99	+00:20:02 (46.9%)	7:07	8.4 (53.2%)
62	MARCZAK Małgorzata	346	WPK SŁOŃ TEAM	OPEN -K	23	00:42:56.88	+00:20:13 (47.1%)	7:09	8.4 (53.2%)
63	PŁODZIEN Karolina	362		OPEN -K	24	00:43:18.23	+00:20:35 (47.5%)	7:13	8.3 (52.5%)
64	FIRLONG Maciej	319		OPEN -K	25	00:43:25.70	+00:20:42 (47.7%)	7:14	8.3 (52.5%)
65	DOMBROWSKI Dawid	318		OPEN -M	40	00:43:27.63	+00:20:44 (47.7%)	7:14	8.3 (52.5%)
66	JAKIM Michał	328		OPEN -M	41	00:45:48.11	+00:23:05 (50.4%)	7:38	7.9 (50.0%)
67	ŻYDZIANOWSKI Wojciech	396	TEAM PANI OLI	OPEN -M	42	00:46:14.30	+00:23:31 (50.9%)	7:42	7.8 (49.4%)
68	ŁUBKOWSKA Magdalena	343		OPEN -K	26	00:46:24.17	+00:23:41 (51.0%)	7:44	7.8 (49.4%)
69	PIETRZYCKI Dariusz	360		OPEN -M	43	00:46:26.68	+00:23:43 (51.1%)	7:44	7.8 (49.4%)
70	PIETRZYCKA Andronika	359		OPEN -K	27	00:46:27.23	+00:23:44 (51.1%)	7:44	7.8 (49.4%)

Place	Participant	Number	Club	Category	MCat	Net time 6km	Gap	Pace min/km	Pace km/h
71	PIETRZYCKI Andrzej	361		OPEN -M	44	00:46:27.35	+00:23:44 (51.1%)	7:44	7.8 (49.4%)
72	WYSOTA Paweł	387		OPEN -M	45	00:46:27.82	+00:23:44 (51.1%)	7:44	7.8 (49.4%)
73	BORKOWSKI Tomek	400		OPEN -M	46	00:49:12.72	+00:26:29 (53.8%)	8:12	7.3 (46.2%)
74	JASKULSKA Maja	392	TEAM PANI OLI	OPEN -K	28	00:49:13.32	+00:26:30 (53.8%)	8:12	7.3 (46.2%)
75	LACHOWICZ Szymon	390		OPEN -M	47	00:49:41.28	+00:26:58 (54.3%)	8:16	7.2 (45.6%)
76	FORMELA Adrian	398	TEAM PANI OLI	OPEN -M	48	00:49:46.89	+00:27:03 (54.4%)	8:17	7.2 (45.6%)
77	BADZIĄG Waldemar	305	ANANASY Z 3 FAL	OPEN -M	49	00:49:56.02	+00:27:12 (54.5%)	8:19	7.2 (45.6%)
78	ELWARD Kacper	389		OPEN -M	50	00:55:00.09	+00:32:16 (58.7%)	9:10	6.5 (41.1%)

Total 78 results.