



# VIII MISTRZOSTWA LUBINA W NORDIC WALKING - 4KM (AMATORZY)

B4SPORT

**Organizator:** Regionalne Centrum Sportowe Sp. z o.o.  
**Data:** 2016-10-09  
**Miejsce:** Lubin  
**Dystans:** 4 km



Klasyfikacja: M46+

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czas startu	Start_All 2km	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
1	<b>CHAMIELEC Bogusław</b>	<b>704</b>	A EMERYT BIEGA/LUBIN	M46+	1		00:01:25	00:15:57	<b>00:31:51.95</b>	<b>00:33:17.60</b>		7:58	7.5 (100%)
2	<b>WIERCHANOWSKI Bogdan</b>	<b>723</b>	KS METRACO POLKOWICE	M46+	2		00:01:26	00:16:07	<b>00:32:24.75</b>	<b>00:33:51.70</b>	+00:00:32 (1.7%)	8:06	7.4 (98.7%)
3	<b>DUSZEŃKO Zygmunt</b>	<b>725</b>		M46+	3	1	00:01:26	00:16:14	<b>00:33:06.75</b>	<b>00:34:33.00</b>	+00:01:14 (3.8%)	8:16	7.2 (96.0%)
4	<b>CHUDZIŃSKI Andrzej</b>	<b>701</b>	KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE	M46+	4		00:01:25	00:16:33	<b>00:33:15.05</b>	<b>00:34:40.80</b>	+00:01:23 (4.2%)	8:18	7.2 (96.0%)
5	<b>MIKOŁAJCZAK Jan</b>	<b>728</b>	KS METRACO POLKOWICE	M46+	5		00:01:25	00:16:43	<b>00:34:28.50</b>	<b>00:35:53.95</b>	+00:02:36 (7.6%)	8:37	7 (93.3%)
6	<b>KRZYŻANOWSKI Wojciech</b>	<b>709</b>		M46+	6		00:01:26	00:17:35	<b>00:35:49.35</b>	<b>00:37:15.70</b>	+00:03:57 (11.0%)	8:57	6.7 (89.3%)
7	<b>BAJ Stanisław</b>	<b>702</b>	ŚCINAWSKA GRUPA NORDIC WALKING	M46+	7		00:01:25	00:17:50	<b>00:36:27.85</b>	<b>00:37:53.15</b>	+00:04:35 (12.6%)	9:07	6.6 (88.0%)
8	<b>URBAN Jacek</b>	<b>721</b>	STOWARZYSZENIE AZYMUT MÓRKOWO	M46+	8		00:01:25	00:19:02	<b>00:38:34.05</b>	<b>00:39:59.50</b>	+00:06:42 (17.4%)	9:38	6.2 (82.7%)
9	<b>SZUMIŁO Piotr</b>	<b>719</b>		M46+	9		00:01:26	00:22:09	<b>00:44:59.25</b>	<b>00:46:25.50</b>	+00:13:07 (29.2%)	11:14	5.3 (70.7%)
10	<b>TYLUTKI Andrzej</b>	<b>720</b>	HELLBOY TEAM	M46+	10		00:01:27	00:24:21	<b>00:49:36.45</b>	<b>00:51:03.70</b>	+00:17:44 (35.8%)	12:24	4.8 (64.0%)
10	<b>MACHAJEK Krzysztof</b>	<b>710</b>	KS METRACO POLKOWICE	M46+	11		00:01:26	00:24:22	<b>00:49:36.45</b>	<b>00:51:03.20</b>	+00:17:44 (35.8%)	12:24	4.8 (64.0%)
12	<b>WIDAWSKI Andrzej</b>	<b>722</b>		M46+	12		00:01:27	00:25:58	<b>00:52:42.45</b>	<b>00:54:10.00</b>	+00:20:50 (39.5%)	13:10	4.6 (61.3%)
13	<b>MICIUŁA Zbigniew</b>	<b>711</b>		M46+	13		00:01:26	00:24:46	<b>00:54:01.30</b>	<b>00:55:28.15</b>	+00:22:09 (41.0%)	13:30	4.4 (58.7%)

Znaleziono 13 wynik(ów)