



VIII MISTRZOSTWA LUBINA W NORDIC WALKING - 8KM (PROFESJONALIŚCI)

B4SPORT
INTELEKTUALNE DAWIDY SPORTOWE

Organizator: Regionalne Centrum Sportowe Sp. z o.o.
Data: 2016-10-09
Miejsce: Lubin
Dystans: 8 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czas startu	Start_All 2km	Start_All 4km	Start_All 6km	Czas netto 8km	Czas brutto 8km	Różn	Tempo min/km	Tempo km/h	
1	BIŁEK Artur	605	NW LUBLINIEC	M30	1		00:01:17	00:14:04	00:28:30	00:43:04	00:57:34.45	00:58:51.70		7:11	8.3 (100%)	
2	LUBIATOWSKI Ireneusz	631	KS METRACO POLKOWICE	M50	1		00:02:17	00:13:51	00:28:28	00:43:13	00:57:52.30	01:00:10.05	+00:00:17 (0.5%)	7:14	8.3 (100%)	
3	KLICZKA Kamil	623	PUSZCZYK BUKOWY	M40	1		00:01:52	00:14:05	00:28:40	00:43:20	00:57:55.70	00:59:48.40	+00:00:21 (0.6%)	7:14	8.3 (100%)	
4	SKIBA Krzysztof	646	ZG POLKOWICE-SIEROSZOWICE	KS METRACO POLKOWICE	M50	2	3	00:02:16	00:13:18	00:27:18	00:41:38	00:58:35.15	01:00:52.00	+00:01:00 (1.7%)	7:19	8.2 (98.8%)
5	MICHALSKI Andrzej	697	POZYTYWNIIE ZABIEGANI	M50	3		00:02:15	00:14:10	00:28:51	00:43:45	00:58:41.55	01:00:57.50	+00:01:07 (1.9%)	7:20	8.2 (98.8%)	
6	NIECHWIEJCZYK Piotr	635	OPEL ACTIVE TEAM	M40	2		00:01:51	00:14:31	00:29:17	00:44:14	00:58:48.75	01:00:40.35	+00:01:14 (2.1%)	7:21	8.2 (98.8%)	
7	HELWICH Stefan	616	KS METRACO POLKOWICE	M60+	1		00:02:52	00:14:59	00:29:55	00:45:04	01:00:32.05	01:03:24.45	+00:02:57 (4.9%)	7:34	7.9 (95.2%)	
8	SIWAK Piotr	645	KS METRACO POLKOWICE	M50	4		00:02:18	00:15:03	00:30:24	00:45:57	01:01:40.50	01:03:58.55	+00:04:06 (6.6%)	7:42	7.8 (94.0%)	
9	ZACZYŃSKA Anna	657	KS METRACO POLKOWICE	K30	1		00:03:23	00:14:57	00:30:05	00:45:42	01:01:46.65	01:05:10.15	+00:04:12 (6.8%)	7:43	7.8 (94.0%)	
10	BOGACKI Sławek	606	ENERGA NW TEAM	M40	3		00:01:51	00:14:54	00:30:38	00:46:30	01:01:58.20	01:03:49.70	+00:04:23 (7.1%)	7:44	7.7 (92.8%)	
11	KŁACZYŃSKA Danuta	624		K40	1		00:03:53	00:15:26	00:31:14	00:47:24	01:03:46.35	01:07:39.55	+00:06:11 (9.7%)	7:58	7.5 (90.4%)	
12	JĘDRASIAK Renata	618	KS METRACO POLKOWICE	K50	1		00:03:54	00:15:32	00:31:43	00:48:03	01:04:31.10	01:08:25.15	+00:06:56 (10.8%)	8:03	7.4 (89.2%)	
13	BIK Stanisław	604	KS METRACO POLKOWICE	M50	5		00:02:16	00:15:13	00:31:22	00:48:15	01:04:44.30	01:07:00.85	+00:07:09 (11.1%)	8:05	7.4 (89.2%)	
14	PARTYKA Teresa	637	WESOŁY BORSUK TEAM	K50	2		00:03:54	00:16:01	00:32:11	00:48:30	01:05:09.35	01:09:03.40	+00:07:34 (11.6%)	8:08	7.4 (89.2%)	
15	KLEPACZEK Dawid	622	JA SIE NIE ŚCIGAM !	M30	2		00:01:18	00:15:58	00:32:34	00:49:19	01:05:56.25	01:07:14.70	+00:08:21 (12.7%)	8:14	7.3 (88.0%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czas startu	Start_All 2km	Start_All 4km	Start_All 6km	Czas netto 8km	Czas brutto 8km	Różn	Tempo min/km	Tempo km/h
16	SKRYCKA Katarzyna	649		K30	2		00:03:23	00:16:17	00:32:42	00:49:30	01:06:01.60	01:09:24.85	+00:08:27 (12.8%)	8:15	7.3 (88.0%)
17	SIKORA Bronisław	661	AMATOR LESZNO LKB	M60+	2		00:02:52	00:16:12	00:32:28	00:49:11	01:06:08.65	01:09:01.55	+00:08:34 (13.0%)	8:16	7.3 (88.0%)
18	KUBICKI Bernard	629	KS METRACO POLKOWICE	M60+	3		00:02:52	00:16:12	00:32:49	00:49:34	01:06:30.10	01:09:22.40	+00:08:55 (13.4%)	8:18	7.2 (86.7%)
19	ŚLUSARCZYK Marcin	652	WESOŁY BORSUK TEAM	M30	3		00:01:18	00:16:17	00:33:42	00:50:32	01:07:07.45	01:08:25.50	+00:09:33 (14.2%)	8:23	7.2 (86.7%)
20	BADECKI Ryszard	602		M50	6		00:02:16	00:16:29	00:33:19	00:50:25	01:07:16.45	01:09:33.05	+00:09:42 (14.4%)	8:24	7.1 (85.5%)
21	KASPRZYK Lilianna	620	KS METRACO POLKOWICE	K50	3		00:03:53	00:16:29	00:33:20	00:50:10	01:07:16.95	01:11:10.75	+00:09:42 (14.4%)	8:24	7.1 (85.5%)
22	SITKOWSKI Konrad	644		M30	4		00:01:17	00:16:08	00:33:18	00:50:21	01:08:13.05	01:09:30.40	+00:10:38 (15.6%)	8:31	7 (84.3%)
23	PŁOCIŃSKA Sandra	641		K20	1		00:03:22	00:16:58	00:34:34	00:51:58	01:09:06.95	01:12:29.85	+00:11:32 (16.7%)	8:38	6.9 (83.1%)
24	SIEMIŃSKA Marta	643		K20	2		00:03:22	00:17:06	00:34:42	00:52:08	01:09:47.60	01:13:10.50	+00:12:13 (17.5%)	8:43	6.9 (83.1%)
25	ŚLUSARCZYK Grzegorz	653	WESOŁY BORSUK TEAM	M40	4		00:01:52	00:16:58	00:34:51	00:52:32	01:09:50.55	01:11:42.85	+00:12:16 (17.6%)	8:43	6.9 (83.1%)
26	NETKOWSKI Wojciech	634	PASJA NORDIC WALKING	M50	7		00:02:17	00:17:06	00:34:27	00:52:02	01:09:50.95	01:12:08.10	+00:12:16 (17.6%)	8:43	6.9 (83.1%)
27	KOWALCZYK Mariusz	626	GREEN TEAM ZIELONA GÓRA	M50	8		00:02:18	00:17:10	00:34:52	00:52:27	01:10:08.60	01:12:27.30	+00:12:34 (17.9%)	8:46	6.8 (81.9%)
28	KOPCZYŃSKI Jakub	625	KRUSZYNA	M20	1		00:01:17	00:17:33	00:35:26	00:53:07	01:10:24.90	01:11:42.15	+00:12:50 (18.2%)	8:48	6.8 (81.9%)
29	DUDEK Edward	612	KS METRACO POLKOWICE	M60+	4		00:02:52	00:16:13	00:33:37	00:51:54	01:11:09.55	01:14:01.95	+00:13:35 (19.1%)	8:53	6.7 (80.7%)
30	ŚLUSARCZYK Andrzej	654	WESOŁY BORSUK TEAM	M60+	5		00:02:53	00:16:56	00:35:21	00:53:54	01:12:32.30	01:15:25.30	+00:14:57 (20.6%)	9:04	6.6 (79.5%)
31	PIĄTKOWSKI Józef	639	KS METRACO POLKOWICE	M60+	6		00:02:52	00:17:57	00:36:37	00:55:11	01:14:02.70	01:16:55.45	+00:16:28 (22.2%)	9:15	6.5 (78.3%)
32	WORONKO-ZACZYŃSKA Janina	656	KS METRACO POLKOWICE	K60+	1		00:03:55	00:18:14	00:36:48	00:55:31	01:14:18.15	01:18:13.90	+00:16:43 (22.5%)	9:17	6.5 (78.3%)
33	STARZYŃSKA Ewa	651	KS METRACO POLKOWICE	K60+	2		00:03:57	00:18:21	00:37:04	00:55:44	01:14:25.30	01:18:22.40	+00:16:50 (22.6%)	9:18	6.5 (78.3%)
34	JAROSZ Marta	617		K30	3		00:03:23	00:18:14	00:36:46	00:55:36	01:14:43.00	01:18:06.80	+00:17:08 (22.9%)	9:20	6.4 (77.1%)
35	GRZESZCZAK Andrzej	614	KS METRACO POLKOWICE	M50	9		00:02:15	00:17:46	00:36:52	00:55:46	01:14:50.65	01:17:06.10	+00:17:16 (23.1%)	9:21	6.4 (77.1%)
36	BIŁYK Ryszard	647		M40	5		00:01:52	00:18:32	00:37:19	00:56:28	01:15:44.30	01:17:36.70	+00:18:09 (24.0%)	9:28	6.3 (75.9%)
37	SZEWczyk Marek	662	FACE NORDIC WALKING TEAM	M50	10		00:02:15	00:18:32	00:37:48	00:57:34	01:17:21.90	01:19:37.80	+00:19:47 (25.6%)	9:40	6.2 (74.7%)
38	GWAREK Anita	615	PASJA NORDIC WALKING	K40	2		00:03:53	00:18:34	00:37:57	00:57:34	01:17:35.15	01:21:28.25	+00:20:00 (25.8%)	9:41	6.2 (74.7%)
39	OMARSKA Grażyna	636	PASJA NORDIC WALKING	K50	4		00:03:54	00:19:00	00:38:40	00:58:17	01:18:16.85	01:22:11.65	+00:20:42 (26.5%)	9:47	6.1 (73.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czas startu	Start_All 2km	Start_All 4km	Start_All 6km	Czas netto 8km	Czas brutto 8km	Różn	Tempo min/km	Tempo km/h
40	SZEWczyk Agnieszka	663	FACE NORDIC WALKING TEAM	K40	3		00:03:53	00:19:32	00:39:22	00:59:22	01:19:44.35	01:23:38.15	+00:22:09 (27.8%)	9:58	6 (72.3%)
41	DASZKIEWICZ Róża	611		K50	5		00:03:54	00:19:42	00:39:50	00:59:48	01:20:11.15	01:24:06.10	+00:22:36 (28.2%)	10:01	6 (72.3%)
42	ŻOŁNO Magda	660		K50	6		00:03:54	00:18:48	00:39:29	00:59:48	01:20:40.25	01:24:35.20	+00:23:05 (28.6%)	10:05	5.9 (71.1%)
43	CETERA Janusz	609	EKSPEDYCJA NORDIC TEAM SZCZECIN	M50	11		00:02:17	00:20:25	00:41:06	01:01:24	01:22:18.15	01:24:35.30	+00:24:43 (30.0%)	10:17	5.8 (69.9%)
	WYBIERAŁA Tomasz	633	NADLEŚNICTWO GÓRA ŚLĄSKA	M40		1	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 44 wynik(ów)