



VIII PÓŁMARATON GLIWICKI

B4SPORT

Wydarzenie: VIII PÓŁMARATON GLIWICKI
Organizator: Fundacja Bieg Rzeźnika
Data: 2022-10-22
Miejsce: Gliwice
Dystans: 22 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	10km	15km	Czas netto 22km	Różn	Tempo min/km	Tempo km/h
1	BROL Dominika	2338	ENDURANCE TEAM	K-30	1	00:41:41	01:01:51	01:31:55.75		4:21	13.8 (100%)
2	WYLEŻAŁEK Alina	2200		K-30	2	00:42:37	01:03:32	01:35:30.10	+00:03:34 (3.7%)	4:31	13.3 (96.4%)
3	REDOSZ Oliwia	2770		K-30	3	00:48:08	01:09:32	01:44:02.80	+00:12:07 (11.6%)	4:55	12.2 (88.4%)
4	KLUK Justyna	2366	CHWALISZ CZY NIE CHWALISZ - LOTEJ Z NAMI	K-30	4	00:48:30	01:11:16	01:47:53.40	+00:15:57 (14.8%)	5:06	11.7 (84.8%)
5	BUJAK Magdalena	2646	NIGHT RUNNERS PYSKOWICE	K-30	5	00:48:58	01:12:11	01:49:58.65	+00:18:02 (16.4%)	5:12	11.5 (83.3%)
6	RODAK Karolina	2244		K-30	6	00:50:05	01:13:18	01:50:21.05	+00:18:25 (16.7%)	5:13	11.5 (83.3%)
7	PRZYŁĘCKA-HUSSAR Agnieszka	2775	BDB TEAM	K-30	7	00:50:43	01:14:47	01:53:30.60	+00:21:34 (19.0%)	5:22	11.2 (81.2%)
8	BROZYNA Magdalena	2784	CO JA TU ROBIE?	K-30	8	00:52:47	01:15:58	01:53:39.10	+00:21:43 (19.1%)	5:23	11.1 (80.4%)
9	BABIS Izabela	2807	DEVINITI	K-30	9	00:53:15	01:17:23	01:54:59.25	+00:23:03 (20.1%)	5:26	11 (79.7%)
10	GOLA Karolina	2020		K-30	10	00:52:08	01:16:08	01:55:19.70	+00:23:23 (20.3%)	5:27	11 (79.7%)
11	WOJEWÓDKA Zofia	2389	BRYGADA RR (RAZEM RAŻNIEJ)	K-30	11	00:51:38	01:16:51	01:55:41.05	+00:23:45 (20.5%)	5:28	10.9 (79.0%)
12	CHRÓSZCZ Klaudia	2570	CHWALISZ CZY NIE CHWALISZ-LOTEJ Z NAMI	K-30	12	00:51:34	01:16:06	01:56:02.80	+00:24:07 (20.8%)	5:29	10.9 (79.0%)
13	KOWALCZYK Kasia	2077		K-30	13	00:52:41	01:18:04	01:58:27.20	+00:26:31 (22.4%)	5:36	10.7 (77.5%)
14	MAZGAJSKA Monika	2616		K-30	14	00:53:18	01:18:42	01:59:04.25	+00:27:08 (22.8%)	5:38	10.6 (76.8%)
15	HERBUT Karolina	2810	DEVINITI	K-30	15	00:54:48	01:19:48	01:59:41.70	+00:27:45 (23.2%)	5:40	10.6 (76.8%)
16	CABAJ Paulina	2463		K-30	16	00:53:53	01:19:13	02:00:09.95	+00:28:14 (23.5%)	5:41	10.5 (76.1%)
17	TOKARZ Joanna	2162	LECYMY DURŚ	K-30	17	00:55:11	01:20:39	02:00:16.25	+00:28:20 (23.6%)	5:41	10.5 (76.1%)
18	MAREK Wioletta	2697		K-30	18	00:55:20	01:20:56	02:01:04.05	+00:29:08 (24.1%)	5:44	10.5 (76.1%)
19	GAWLIKOWSKA Agnieszka	2414		K-30	19	00:53:15	01:18:54	02:01:11.05	+00:29:15 (24.1%)	5:44	10.4 (75.4%)
20	POLANECKA Malwina	2479		K-30	20	00:55:56	01:21:21	02:01:50.95	+00:29:55 (24.6%)	5:46	10.4 (75.4%)
21	HOŁYŃSKA-URBASIK Karolina	2478	RUN RYDUŁTOWY	K-30	21	00:54:15	01:19:45	02:02:02.95	+00:30:07 (24.7%)	5:47	10.4 (75.4%)
22	GŁADKOWSKA Małgorzata	2229		K-30	22	00:54:47	01:20:57	02:03:02.95	+00:31:07 (25.3%)	5:49	10.3 (74.6%)
23	PAWLIK Aneta	2523	STG GLIWICE	K-30	23	00:55:15	01:21:32	02:03:06.95	+00:31:11 (25.3%)	5:50	10.3 (74.6%)
24	OLEŚ-ZDECHLIK Beata	2274	MIRAZ RACE TEAM	K-30	24	00:53:47	01:19:42	02:03:11.70	+00:31:15 (25.4%)	5:50	10.3 (74.6%)
25	STANEK Karolina	2047		K-30	25	00:56:36	01:22:57	02:04:54.75	+00:32:59 (26.4%)	5:55	10.1 (73.2%)
26	NOWICKA Karolina	2328	FLUOR	K-30	26	00:57:04	01:23:10	02:07:40.65	+00:35:44 (28.0%)	6:03	9.9 (71.7%)
27	KUZMYNSKA Kate	2321	ZŁOTA MARKA	K-30	27	00:56:49	01:23:11	02:07:46.05	+00:35:50 (28.0%)	6:03	9.9 (71.7%)

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28	BUKOWSKA Magdalena	2091		K-30	28	01:00:07	01:26:54	02:08:28.80	+00:36:33 (28.4%)	6:05	9.9 (71.7%)
29	LACHOWICZ Izabela	2568	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	K-30	29	00:56:22	01:23:55	02:08:52.65	+00:36:56 (28.7%)	6:06	9.8 (71.0%)
30	KOWALIK Karolina	2403		K-30	30	00:57:27	01:24:32	02:10:10.25	+00:38:14 (29.4%)	6:10	9.7 (70.3%)
31	WILCZEK Małgorzata	2279		K-30	31	01:00:40	01:28:05	02:11:10.75	+00:39:15 (29.9%)	6:12	9.7 (70.3%)
32	SZYMAŃSKA Magdalena	2791	MIRAZ RAZE TEAM	K-30	32	00:59:35	01:27:33	02:11:14.50	+00:39:18 (30.0%)	6:13	9.6 (69.6%)
33	LEPIARCZYK Anna	2275	MOSTOSTAL ZABRZE UNITED	K-30	33	00:57:49	01:24:34	02:11:33.00	+00:39:37 (30.1%)	6:14	9.6 (69.6%)
34	WOJTUKIEWICZ Kamila	2135		K-30	34	01:01:35	01:29:19	02:12:09.20	+00:40:13 (30.4%)	6:15	9.6 (69.6%)
35	WANIEK Sara	2756		K-30	35	00:59:39	01:28:12	02:12:45.20	+00:40:49 (30.8%)	6:17	9.5 (68.8%)
36	KOBA STASIAK Urszula	2490	LECYMY DURŚ	K-30	36	00:58:35	01:26:49	02:13:12.15	+00:41:16 (31.0%)	6:18	9.5 (68.8%)
37	PRACKA Danuta	2159		K-30	37	00:56:45	01:25:17	02:13:16.35	+00:41:20 (31.0%)	6:18	9.5 (68.8%)
38	GUMUŁKA Joanna	2491	LECYMY DURŚ	K-30	38	00:56:27	01:23:16	02:13:16.80	+00:41:21 (31.0%)	6:18	9.5 (68.8%)
39	FRUK Natalia	2012	NAJKI POLONIA BYTOM	K-30	39	01:03:01	01:30:45	02:14:15.50	+00:42:19 (31.5%)	6:21	9.4 (68.1%)
40	ZAWISZA Dominika	2410		K-30	40	01:00:36	01:29:20	02:15:59.55	+00:44:03 (32.4%)	6:26	9.3 (67.4%)
41	MARKOWSKA Sylwia	2143		K-30	41	01:01:40	01:30:42	02:18:04.35	+00:46:08 (33.4%)	6:32	9.2 (66.7%)
42	MAJOS Karolina	2767		K-30	42	01:03:23	01:31:30	02:18:05.85	+00:46:10 (33.4%)	6:32	9.2 (66.7%)
43	PALMOWSKA Agnieszka	2075	PHD RUNNERS	K-30	43	01:01:23	01:30:21	02:18:16.10	+00:46:20 (33.5%)	6:33	9.2 (66.7%)
44	KUBICA-BADORA Rozalia	2139		K-30	44	01:01:53	01:31:09	02:19:21.15	+00:47:25 (34.0%)	6:36	9.1 (65.9%)
45	KUSZTEŁAK Daria	2307		K-30	45	01:27:22		02:24:01.05	+00:52:05 (36.2%)	6:49	8.8 (63.8%)
46	MOTYCZKA Marzena	2190		K-30	46	01:03:12	01:32:49	02:27:20.05	+00:55:24 (37.6%)	6:58	8.6 (62.3%)
47	SIRKO Sabina	2034		K-30	47	01:03:12	01:32:14	02:28:03.15	+00:56:07 (37.9%)	7:00	8.6 (62.3%)
48	KAUFFMANN Ewa	2657		K-30	48	01:08:36	01:39:46	02:28:44.40	+00:56:48 (38.2%)	7:02	8.5 (61.6%)
49	MAJSNEROWSKA Ewelina	2197		K-30	49	01:03:13	01:37:36	02:29:08.45	+00:57:12 (38.4%)	7:04	8.5 (61.6%)
50	ZBOREK Dominika	2201		K-30	50	01:03:14	01:37:36	02:29:08.70	+00:57:12 (38.4%)	7:04	8.5 (61.6%)
51	SKOP Karolina	2713	AKT WATRA	K-30	51	01:05:46	01:36:19	02:29:11.25	+00:57:15 (38.4%)	7:04	8.5 (61.6%)
52	JOCHYMEK Karolina	2295		K-30	52	01:12:57	01:45:43	02:38:28.45	+01:06:32 (42.0%)	7:30	8 (58.0%)
53	KASZUBA Aleksandra	2394		K-30	53	01:06:53	01:40:20	02:38:59.50	+01:07:03 (42.2%)	7:32	8 (58.0%)
54	SITKO Dagmara	2126	KOBIETY NA 5+	K-30	54	01:12:40	01:48:50	02:41:22.00	+01:09:26 (43.0%)	7:38	7.8 (56.5%)
55	WOJDANOWSKA Małgorzata	2326	LECYMY DURŚ	K-30	55	01:08:48	01:43:46	02:41:44.15	+01:09:48 (43.2%)	7:39	7.8 (56.5%)
56	KASPRZYK Agnieszka	2294		K-30	56	01:09:45	01:46:07	02:49:30.75	+01:17:35 (45.8%)	8:01	7.5 (54.3%)
57	KACZMARCZYK-ZIELIŃSKA Magdalena	2308	RUNTEAM PAWŁOWICE	K-30	57	01:12:29	01:48:24	02:53:10.30	+01:21:14 (46.9%)	8:12	7.3 (52.9%)
58	WARAT-STASZEWSKA Katarzyna	2693	YES3	K-30	58						(0.0%)

Znaleziono 58 wynik(ów)