



VIII PÓŁMARATON GLIWICKI

B4SPORT

Event: VIII PÓŁMARATON GLIWICKI
Organiser: Fundacja Bieg Rzeźnika
Date: 2022-10-22
Place: Gliwice
Distance: 22 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: K-50

Place	Participant	Number	Club	Category	MCat	10km	15km	Net time 22km	Gap	Pace min/km	Pace km/h
1	KUMOR Renata	2087	RUN GLORIA	K-50	1	00:47:59	01:10:35	01:47:47.05		5:06	11.7 (100%)
2	HORNIK Mira	2106		K-50	2	00:50:46	01:14:06	01:51:50.60	+00:04:03 (3.6%)	5:18	11.3 (96.6%)
3	PĘDOWSKA Bożena	2391		K-50	3	00:55:13	01:20:30	01:59:31.15	+00:11:44 (9.8%)	5:39	10.6 (90.6%)
4	WRÓBLEWSKA Ewa	2049		K-50	4	00:52:21	01:17:44	02:00:06.05	+00:12:19 (10.3%)	5:41	10.5 (89.7%)
5	KWIATKOWSKA Katarzyna	2413	ING	K-50	5	00:53:55	01:20:02	02:01:23.90	+00:13:36 (11.2%)	5:45	10.4 (88.9%)
6	MAJEWSKA Gizela	2540	NIGHT RUNNERS PYSKOWICE	K-50	6	00:56:00	01:22:36	02:05:15.20	+00:17:28 (13.9%)	5:56	10.1 (86.3%)
7	MATUSZNY Barbara	2097		K-50	7	00:54:26	01:21:50	02:07:41.60	+00:19:54 (15.6%)	6:03	9.9 (84.6%)
8	GABRUŚ Iwona	2386	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	K-50	8	00:56:23	01:23:55	02:08:53.25	+00:21:06 (16.4%)	6:06	9.8 (83.8%)
9	STAWSKA Joanna	2265	BIEGAJ Z TRENERAMI	K-50	9	00:59:29	01:26:59	02:10:15.35	+00:22:28 (17.3%)	6:10	9.7 (82.9%)
10	BATEJKO Beata	2369	SPORT WSPIERAMY NAUKOWO	K-50	10	01:01:23	01:30:32	02:17:23.50	+00:29:36 (21.5%)	6:30	9.2 (78.6%)
11	RUBINSKA Małgorzata	2677		K-50	11	01:06:14		02:18:44.35	+00:30:57 (22.3%)	6:34	9.1 (77.8%)
12	POLISZUK Małgorzata	2250		K-50	12	01:04:07	01:34:36	02:22:59.55	+00:35:12 (24.6%)	6:46	8.9 (76.1%)
13	OLIWA Violetta	2145	ACTIV TEAM OZIMEK	K-50	13	01:07:49	01:40:06	02:29:43.30	+00:41:56 (28.0%)	7:05	8.5 (72.6%)
14	CIUK Iwona	2651		K-50	14	01:05:45	01:38:12	02:36:13.00	+00:48:25 (31.0%)	7:24	8.1 (69.2%)
15	SZYLEWSKA Ewa	2103	KB JÓZEFINKA	K-50	15	01:12:40	01:58:41	02:52:17.35	+01:04:30 (37.4%)	8:09	7.3 (62.4%)
16	SOKÓŁ-OLEŚ Ewelina	2246	RUNTEAM PAWŁOWICE	K-50	16	01:12:28	01:48:22	02:53:10.70	+01:05:23 (37.8%)	8:12	7.3 (62.4%)

Total 16 results.