



## VIII RAJD NORDIC WALKING NA MOUNT EVEREST

B4SPORT

**Wydarzenie:** 8 Bieg i Rajd Nordic Walking na Mount Everest -  
Piękno Natury  
**Organizator:** Klub Biegacza „GOCH” Bytów  
**Data:** 2019-04-28  
**Miejsce:** Rzepnica  
**Dystans:** 8.85 km



Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Meta_All 1.5km	Meta_All 3.6km	Czas netto 8.85km	Różn	Tempo min/km	Tempo km/h
1	KRÓLIKOWSKA Krystyna	189	ŁĘBORSKIE LWY	K-40	1	00:10:31	00:28:33	<b>01:03:14.75</b>		7:08	8.4 (100%)
2	KOZAKOWSKA Małgorzata	186	KS SOKÓŁ GAŚAWA	K-40	2	00:10:51	00:29:03	<b>01:03:46.65</b>	+00:00:31 (0.8%)	7:12	8.3 (98.8%)
3	ŁUKASZEWICZ Joanna	199	GREEN TEAM ZIELONA GÓRA	K-40	3	00:11:22	00:29:49	<b>01:05:46.00</b>	+00:02:31 (3.8%)	7:25	8.1 (96.4%)
4	WOJTACHNIO Edyta	256	FACE NORDIC WALKING TEAM	K-40	4	00:11:30	00:29:51	<b>01:05:47.00</b>	+00:02:32 (3.9%)	7:25	8.1 (96.4%)
5	KOMAR Beata	180	FACE NORDIC WALKING TEAM	K-40	5	00:11:26	00:29:44	<b>01:06:10.60</b>	+00:02:55 (4.4%)	7:28	8 (95.2%)
6	GÓRSKA Iwona	165	ŁĘBORSKIE LWY	K-40	6	00:11:18	00:30:14	<b>01:07:02.05</b>	+00:03:47 (5.7%)	7:34	7.9 (94.0%)
7	STRZELECKA Małgorzata	236	SAILING TEAM FERAJNA	K-40	7	00:11:35	00:30:59	<b>01:08:09.80</b>	+00:04:55 (7.2%)	7:42	7.8 (92.9%)
8	PANEK Aneta	211	STEP BY STEP	K-40	8	00:11:45	00:30:43	<b>01:08:29.05</b>	+00:05:14 (7.6%)	7:44	7.8 (92.9%)
9	WOSS Anna	257	ŁĘBORSKIE LWY	K-40	9	00:12:23	00:31:45	<b>01:10:07.35</b>	+00:06:52 (9.8%)	7:55	7.6 (90.5%)
10	SYLDATK Beata	105	ORŁY WICKO	K-40	10	00:13:16	00:32:58	<b>01:11:23.50</b>	+00:08:08 (11.4%)	8:03	7.4 (88.1%)
11	KOZŁOWSKA Barbara	187	ŁĘBORSKIE LWY	K-40	11	00:12:26	00:32:36	<b>01:13:19.00</b>	+00:10:04 (13.7%)	8:17	7.2 (85.7%)
12	NIEUWAŻNA Katarzyna	203	FACE NORDIC WALKING TEAM	K-40	12	00:12:36	00:33:27	<b>01:14:05.75</b>	+00:10:51 (14.6%)	8:22	7.2 (85.7%)
13	NOWAK Beata	205	STEP BY STEP	K-40	13	00:12:53	00:33:59	<b>01:16:17.75</b>	+00:13:03 (17.1%)	8:37	7 (83.3%)
14	ZWOLENKIEWICZ Joanna	262	KS SOKÓŁ GAŚAWA	K-40	14	00:13:32	00:35:03	<b>01:16:38.20</b>	+00:13:23 (17.5%)	8:39	6.9 (82.1%)
15	KARABASZ Ewa	175	WATAHA WAŁCZ	K-40	15	00:12:48	00:33:49	<b>01:17:15.95</b>	+00:14:01 (18.1%)	8:43	6.9 (82.1%)
16	WICHERT Gabriela	255	K.B. GOCH BYTÓW	K-40	16	00:13:40	00:35:29	<b>01:17:32.90</b>	+00:14:18 (18.4%)	8:45	6.8 (81.0%)
17	KWAPISIEWICZ Joanna	195	FACE NORDIC WALKING TEAM	K-40	17	00:13:27	00:35:03	<b>01:17:58.55</b>	+00:14:43 (18.9%)	8:48	6.8 (81.0%)
18	GÓRA Beata	164	STEP BY STEP	K-40	18	00:14:01	00:35:59	<b>01:18:25.35</b>	+00:15:10 (19.4%)	8:51	6.8 (81.0%)
19	RADOMSKA Joanna	217	STEP BY STEP	K-40	19	00:13:42	00:36:11	<b>01:19:44.35</b>	+00:16:29 (20.7%)	9:00	6.7 (79.8%)
20	GOMÓŁKA-BIGUS Monika	163	STEP BY STEP	K-40	20	00:14:05	00:36:15	<b>01:19:53.75</b>	+00:16:39 (20.8%)	9:01	6.6 (78.6%)
21	PIEPIÓRKA Ewa	212		K-40	21	00:14:18	00:37:27	<b>01:21:30.80</b>	+00:18:16 (22.4%)	9:12	6.5 (77.4%)
22	CEPIŃSKA Anna	153	AC&AC	K-40	22	00:13:43	00:37:54	<b>01:23:33.55</b>	+00:20:18 (24.3%)	9:26	6.4 (76.2%)
23	KOŁACZ Iwona	179	AC&AC	K-40	23	00:13:58	00:37:53	<b>01:23:34.90</b>	+00:20:20 (24.3%)	9:26	6.4 (76.2%)
24	BENTKOWSKA Lidia	145	KP BYTÓW	K-40	24	00:13:59	00:37:54	<b>01:23:47.95</b>	+00:20:33 (24.5%)	9:28	6.3 (75.0%)
25	SZEWczyk Agnieszka	238	FACE NORDIC WALKING TEAM	K-40	25	00:15:27	00:39:56	<b>01:28:02.10</b>	+00:24:47 (28.2%)	9:56	6 (71.4%)
26	PODSIEDLIK Zuzanna	213	1 POMORSKA BRYGADA LOGISTYCZNA	K-40	26	00:15:57	00:41:55	<b>01:30:17.65</b>	+00:27:02 (30.0%)	10:12	5.9 (70.2%)

