



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

VIII FESTIWAL BIEGU RZEŹNIKA
Fundacja Bieg Rzeźnika
2022-06-17
Cisna
107 km

VIII RZEŹNIK ULTRA

B4SPORT

B4SPORT
INTELLIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Smerek 20km	Wetlina 45km	Roztoki 80km	Solinka 92.5km	Liszna 102km	Czas netto 107km	Czas brutto 107km	Różn	Tempo min/km	Tempo km/h
1	PERYKASZA Paweł	2142	GRUPALUKTRANS.PL	M40	1		02:00:56	04:58:10	09:40:22	11:19:35	12:45:48	13:35:58.35	13:36:02.70		7:37	7.9 (100%)
2	KLINCEWICZ Cezary	2110		M40	2		02:01:03	05:11:35	10:05:16	11:42:27	13:01:52	13:58:06.60	13:58:08.25	+00:22:05 (2.6%)	7:49	7.7 (97.5%)
3	CIOCH Cezary	2170	KALLIPSO RUNNERS TEAM	M40	3		02:01:02	04:54:42	09:51:50	11:44:02	13:11:12	14:07:02.75	14:07:03.95	+00:31:01 (3.7%)	7:54	7.6 (96.2%)
4	RĘBILAS Adam	2031		M20	1			05:17:16	10:13:11	11:56:44	13:31:54	14:22:32.00	14:22:32.00	+00:46:29 (5.4%)	8:03	7.4 (93.7%)
5	POTERA Maciej	2147		M40	4		02:28:58	05:48:30	10:32:09	12:11:00	13:31:17	14:22:42.80	14:22:46.50	+00:46:43 (5.4%)	8:03	7.4 (93.7%)
6	SIKORA Sebastian	2188	ELWAT OSTEO-SPORT	M40	5		02:10:11	05:24:32	10:29:14	12:15:39	13:40:31	14:35:42.10	14:35:43.75	+00:59:41 (6.8%)	8:11	7.3 (92.4%)
7	KULCZYK Marcin	2002	ULTRA WAY TEAM	M40	6		02:19:19	05:36:32	10:55:39	12:39:56	14:03:20	14:52:32.10	14:52:33.60	+01:16:30 (8.6%)	8:20	7.2 (91.1%)
8	SKROBAŃSKI Roman	2041	SKROBKITEAM	M40	7		02:10:11	05:17:59	10:36:43	12:27:28	13:58:29	14:53:31.90	14:53:36.50	+01:17:33 (8.7%)	8:21	7.2 (91.1%)
9	GAWLIK Sławek	11	DYNAFIT	M30	1	Tak	02:19:40	05:46:54	10:48:50	12:31:30	13:54:11	14:54:07.85	14:54:08.00	+01:18:05 (8.7%)	8:21	7.2 (91.1%)
10	GAJOS Daniel	2177	LUKTRANS	M40	8		02:19:01	05:34:31	10:50:02	12:41:08	14:04:31	14:56:50.00	14:56:54.45	+01:20:51 (9.0%)	8:22	7.2 (91.1%)
11	CHOJNACKI Rafał	2139	AGB TORFY	M40	9		02:45:24	06:21:48	12:06:23		14:15:18	15:18:13.90	15:18:31.05	+01:42:28 (11.2%)	8:34	7 (88.6%)
12	MAJCHERKIEWICZ Grzegorz	2057		M30	2		01:59:05	05:33:01	10:48:52	12:51:38	14:22:25	15:20:29.00	15:20:31.55	+01:44:28 (11.4%)	8:36	7 (88.6%)
13	JARMOLIŃSKI Piotr	2199		M40	10		02:11:44	05:38:05	10:55:39	12:55:16	14:31:31	15:25:05.50	15:25:07.50	+01:49:04 (11.8%)	8:38	6.9 (87.3%)
14	KOT Krzysztof	2105	MPK - RZESZÓW	M40	11		02:19:23	05:38:01	11:20:25	13:22:22	15:01:19	15:54:15.10	15:54:23.70	+02:18:21 (14.5%)	8:55	6.7 (84.8%)
15	KRĘŻAŁEK Marcin	2166		M20	2		02:11:41	05:45:03	11:31:02	13:38:19	15:06:02	16:03:31.85	16:03:34.85	+02:27:32 (15.3%)	9:00	6.7 (84.8%)
16	MROCZKOWSKI Piotr	2061	MASZERUJ ALBO GIŃ	M30	3		02:28:50	06:07:58	11:38:42	13:39:02	15:20:25	16:10:07.10	16:10:15.05	+02:34:12 (15.9%)	9:03	6.6 (83.5%)
17	SADOWSKI Rafał	13	KB SPARTAKUS BEŁCHATÓW	M30	4	Tak	02:41:05		11:42:22	13:38:31	15:11:57	16:10:27.55	16:10:39.00	+02:34:36 (15.9%)	9:04	6.6 (83.5%)
18	CHMIELEWSKI Dominik	2192	KRISPOL ACTIV TEAM	M40	12		02:30:28	06:08:11	11:44:27	13:39:28	15:16:51	16:11:21.95	16:11:31.20	+02:35:28 (16.0%)	9:04	6.6 (83.5%)
19	WÓJCIK Piotr	2107	ŻÓRAWSKI TEAM	M30	5		02:14:41	05:34:49	11:40:46	13:30:56	15:17:42	16:26:09.30	16:26:24.55	+02:50:21 (17.3%)	9:12	6.5 (82.3%)
20	GREIVELDINGER Gilles	2202	FEHLAU RUN TEAM	M50	1		02:23:51	06:01:53	11:47:52	13:58:10	15:30:13	16:26:48.70	16:26:59.80	+02:50:57 (17.3%)	9:13	6.5 (82.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Smerek 20km	Wetlina 45km	Roztoki 80km	Solinka 92.5km	Liszna 102km	Czas netto 107km	Czas brutto 107km	Różn	Tempo min/km	Tempo km/h
21	WEREMKO Grzegorz	2020	MULTIMEDIA RUNNERS PUŁAWY	M40	13		02:28:50	06:04:59	12:04:35	14:12:44	15:46:09	16:41:10.80	16:41:21.35	+03:05:18 (18.5%)	9:21	6.4 (81.0%)
22	KOZIK Tomasz	2047	SPRINTEX TEAM	M40	14		02:28:52	06:15:33	11:45:02	13:52:33	15:37:05	16:44:06.85	16:44:14.80	+03:08:12 (18.7%)	9:23	6.4 (81.0%)
23	MYŚLIWIEC Robert	2040	DZIKI&WOLNY	M40	15		02:19:24	05:57:21	12:15:47	14:22:14	16:05:53	17:07:39.80	17:07:48.20	+03:31:45 (20.6%)	9:36	6.2 (78.5%)
24	WIĄCEK Łukasz	2131	IRS KRAKÓW	M40	16		02:24:32	06:01:35	12:16:20	14:22:06	16:05:51	17:07:39.35	17:07:50.95	+03:31:48 (20.6%)	9:36	6.2 (78.5%)
25	GASIK Leszek	2044	SŁONCA JURY	M40	17		02:27:39	06:12:56	12:16:42	14:34:30	16:08:41	17:08:23.05	17:08:33.20	+03:32:30 (20.7%)	9:36	6.2 (78.5%)
26	URBANIEC Dariusz	2049	PEWNIAK TEAM SŁOŃCA JURY	M40	18		02:27:36	05:53:18	12:06:14	14:22:59	16:08:40	17:08:22.20	17:08:33.25	+03:32:30 (20.7%)	9:36	6.2 (78.5%)
27	MAKOWSKI Jerzy	2138	MECHANIK WŁODAWA	M50	2		02:39:49	06:19:53	12:13:44	14:32:09	16:10:02	17:12:26.25	17:12:47.45	+03:36:44 (21.0%)	9:38	6.2 (78.5%)
28	KOSIOREK Adam	2108	BSAC MOKOBODY	M50	3		02:27:58	06:07:25	12:05:52	14:23:23	16:09:03	17:20:13.20	17:20:15.60	+03:44:12 (21.6%)	9:43	6.2 (78.5%)
29	KEMPNY Paweł	2162	SOCIOS SILESIA	M20	3		02:20:31	05:58:01	12:14:46	14:35:34	16:17:04	17:26:35.85	17:26:37.70	+03:50:35 (22.0%)	9:46	6.1 (77.2%)
30	SZYMCZAK Marcin	2081	NOA	M40	19		02:27:34	06:08:00	12:25:38	14:43:43	16:24:57	17:26:28.80	17:26:37.75	+03:50:35 (22.0%)	9:46	6.1 (77.2%)
31	KMIEĆ Andrzej	2062	TURBO PRUSZKÓW	M40	20		02:27:36	06:28:03	12:36:18	14:47:42	16:27:11	17:27:13.45	17:27:25.35	+03:51:22 (22.1%)	9:47	6.1 (77.2%)
32	BIAŁEK Marcin	2065	SWEETTRAVEL	M30	6		02:24:46	06:12:04	12:43:58	14:56:17	16:27:15	17:30:56.15	17:31:00.10	+03:54:57 (22.4%)	9:49	6.1 (77.2%)
33	PELCHEN Tomasz	2187		M40	21		02:50:12	06:57:30	12:35:52	14:44:38	16:30:07	17:32:05.75	17:32:11.20	+03:56:08 (22.4%)	9:49	6.1 (77.2%)
34	MALINOWSKI Łukasz	2200	SZCZYTOGRAFIA	M30	7		02:37:48	06:16:33	12:28:40	14:45:14	16:46:54	17:37:42.40	17:37:48.15	+04:01:45 (22.9%)	9:53	6.1 (77.2%)
35	GAJ Grzegorz	7		M40	22	Tak	02:50:18	06:43:36	12:49:17	15:01:15	16:40:03	17:40:10.70	17:40:26.90	+04:04:24 (23.0%)	9:54	6.1 (77.2%)
36	BODZIACHOWSKI Marcin	2098	ERACENT RUNNING TEAM	M40	23			06:44:04		15:01:42	16:40:26	17:40:33.55	17:40:33.55	+04:04:30 (23.1%)	9:54	6.1 (77.2%)
37	KINCEL Krzysztof	2093		M50	4		02:27:35	06:04:54	12:27:05	14:45:45	16:35:19	17:47:22.00	17:47:29.20	+04:11:26 (23.6%)	9:58	6 (75.9%)
38	WODZIEN Andrzej	2174	PAKO TEAM	M50	5		02:35:16	06:24:17	12:37:33	14:56:50	16:43:23	17:49:46.05	17:49:53.05	+04:13:50 (23.7%)	9:59	6 (75.9%)
39	JASTRZĄB Piotr	2186		M50	6		02:24:34	06:19:29	12:38:45	15:06:23	16:50:42	17:59:07.55	17:59:13.20	+04:23:10 (24.4%)	10:05	5.9 (74.7%)
40	DWORNICKI Kamil	10		M30	8	Tak	02:39:03	06:16:56	12:43:57	15:06:15	16:53:11	18:04:35.15	18:04:40.10	+04:28:37 (24.8%)	10:08	5.9 (74.7%)
41	MROZOWSKI Piotr	2100	SAKWA	M40	24		02:19:28	06:01:49	12:32:35	15:02:45	16:56:03	18:04:38.00	18:04:40.30	+04:28:37 (24.8%)	10:08	5.9 (74.7%)
42	KOWALSKI Maciej	2145		M40	25		02:10:04	06:13:29	12:45:11	14:40:04	16:51:27	18:04:32.80	18:04:40.40	+04:28:37 (24.8%)	10:08	5.9 (74.7%)
43	KRÓL Maciej	2074	WIRAN TEAM	M40	26		02:39:34	06:29:11	12:48:24	15:06:52	16:55:50	18:08:10.95	18:08:22.95	+04:32:20 (25.0%)	10:10	5.9 (74.7%)
44	MAJCHROWSKI Jacek	2185	NIEZALEŻNA TARNOBZESKA GRUPA BIEGOWA "RUNER'S NOT DEAD"	M50	7		02:37:40	06:42:50	12:55:46	15:17:59	17:05:48	18:08:22.10	18:08:25.20	+04:32:22 (25.0%)	10:10	5.9 (74.7%)
45	BARANOWSKI Maciej	14	JACEKBIEGA RUNNING TEAM	M30	9	Tak	02:59:33	07:12:26	13:50:27	15:58:36	17:22:41	18:11:08.70	18:12:27.15	+04:36:24 (25.3%)	10:11	5.9 (74.7%)
46	PIĄTOSA Piotr	2143	ANT TEAM	M40	27		02:44:49	06:30:44	12:45:26	15:25:37	17:11:45	18:14:10.20	18:14:23.75	+04:38:21 (25.4%)	10:13	5.9 (74.7%)
47	KANTOROWSKI Marcin	2102		M40	28		02:40:23	06:29:41	12:45:42	15:11:32	17:04:20	18:19:51.30	18:20:04.55	+04:44:01 (25.8%)	10:16	5.8 (73.4%)
48	BROCHOCKI Paweł	2092	GLAJTY SĄ WSZĘDZIE	M40	29		02:30:38	06:20:47	12:46:30	15:09:31	17:02:11	18:20:44.00	18:20:44.90	+04:44:42 (25.9%)	10:17	5.8 (73.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Smerek 20km	Wetlina 45km	Roztoki 80km	Solinka 92.5km	Liszna 102km	Czas netto 107km	Czas brutto 107km	Różn	Tempo min/km	Tempo km/h
49	SZCZURKO Jarosław	2006	42K PRO TEAM	M40		30	02:23:53	06:18:03	12:47:57	15:29:06	17:15:38	18:21:29.55	18:21:32.90	+04:45:30 (25.9%)	10:17	5.8 (73.4%)
50	ŻBIKOWSKI Tomasz	2172	KP S.A.	M40		31	02:30:48	06:23:41	12:49:00	15:29:09	17:15:40	18:21:28.20	18:21:33.05	+04:45:30 (25.9%)	10:17	5.8 (73.4%)
51	PAWLAK Bartosz	2121	RUN AND FLY	M40		32	02:43:28	06:36:30	13:02:21	15:16:29	17:20:57	18:23:13.25	18:23:28.25	+04:47:25 (26.0%)	10:18	5.8 (73.4%)
52	JAMBOR Michał	2120	ŻÓRAWSKI TEAM	M40		33	02:43:30	06:36:38	13:03:58	15:16:36	17:20:55	18:23:12.65	18:23:28.30	+04:47:25 (26.0%)	10:18	5.8 (73.4%)
53	PIŁAT Tomasz	2039	PIŁACI Z KAŁAIBÓW	M30		10	02:31:02	06:25:00	13:00:20	15:19:18	17:16:37	18:33:10.45	18:33:18.05	+04:57:15 (26.7%)	10:24	5.8 (73.4%)
54	IDZIOR Tomasz	2007		M20		4	02:41:00	06:33:17	13:06:37	15:44:38	17:40:24	18:37:27.70	18:37:45.85	+05:01:43 (27.0%)	10:26	5.7 (72.2%)
55	PODGÓRSKI Krzysztof	2014	ZEMBRZYCE TEAM	M30		11	02:50:21	06:55:55	13:16:39	15:35:46	17:19:16	18:38:07.05	18:38:19.25	+05:02:16 (27.0%)	10:26	5.7 (72.2%)
56	PIETRZYK Adam	2195		M40		34	02:50:29	06:56:02	13:25:06	15:50:27	17:47:57	18:45:34.05	18:45:43.70	+05:09:41 (27.5%)	10:31	5.7 (72.2%)
57	WĄCHAŁA Grzegorz	2009	SPRINTEX TEAM	M40		35	02:28:52	06:33:15	13:16:37	15:47:16	17:39:18	18:45:43.55	18:45:52.70	+05:09:50 (27.5%)	10:31	5.7 (72.2%)
58	DŁUGOŁĘCKI Konrad	2149	BIEGOWA ŚWIDNICA	M40		36	02:40:06	06:29:33	13:10:51	15:47:15	17:41:06	18:49:33.95	18:49:50.15	+05:13:47 (27.8%)	10:33	5.7 (72.2%)
59	MILEWICZ Daniel	2122	KB BOLESŁAWIEC	M30		12	02:42:36	06:29:27	13:06:01	15:32:32	17:37:23	18:50:10.70	18:50:24.40	+05:14:21 (27.8%)	10:33	5.7 (72.2%)
60	RYCHLEWICZ Artur	2135		M20		5	02:09:52	06:39:36	13:24:55	16:01:18	17:53:45	18:58:43.95	18:59:03.80	+05:23:01 (28.4%)	10:38	5.6 (70.9%)
61	GRUDZIŃSKI Jacek	2103		M30		13	02:28:43	06:16:23	13:15:13	15:53:48	17:51:15	19:02:09.65	19:02:30.10	+05:26:27 (28.6%)	10:40	5.6 (70.9%)
62	ROSIK Robert	2123	LUMBERJACKS KOSZALIN	M30		14	02:39:21	06:26:58	13:25:24	16:01:15	17:56:18	19:03:19.30	19:03:36.20	+05:27:33 (28.6%)	10:41	5.6 (70.9%)
63	GRZESZCZAK Marek	2165		M60		1	02:50:25	06:52:36	13:38:19	16:01:56	18:01:44	19:03:45.05	19:04:03.65	+05:28:00 (28.7%)	10:41	5.6 (70.9%)
64	KRAWCZYK Jan	2026	KLUB POD WISIENKĄ	M30		15	02:39:34	06:39:20	13:30:47	15:50:04	17:53:14	19:06:40.30	19:06:59.60	+05:30:56 (28.9%)	10:42	5.6 (70.9%)
64	FEDAK Bohdan	2045	AQUARIUS MASTERS TEAM	M40		37	02:39:34	06:39:19	13:30:42	15:50:13	17:52:44	19:06:41.15	19:06:59.60	+05:30:56 (28.9%)	10:43	5.6 (70.9%)
66	SZCZOTKA Paweł	2167		M50		8	02:39:52	06:28:02	13:24:12	16:02:58	17:59:01	19:12:52.35	19:12:59.85	+05:36:57 (29.2%)	10:46	5.6 (70.9%)
67	BUDZICH Wojciech	2068	KB TKKF PROMYK CIECHANÓW	M40		38	02:29:07	06:20:12	13:48:52	16:17:35	18:09:48	19:16:01.35	19:16:09.25	+05:40:06 (29.4%)	10:48	5.6 (70.9%)
68	NUŻ Jacek	2084	SUT STRASZYN ULTRA TEAM	M40		39	02:47:44	06:43:11	13:42:55	16:24:32	18:19:07	19:19:28.05	19:19:41.30	+05:43:38 (29.6%)	10:50	5.5 (69.6%)
69	PŁUCIENNICZAK Wojciech	2013		M40		40	02:38:59	06:29:20	13:33:52	16:09:49	18:13:05	19:22:49.15	19:22:59.40	+05:46:56 (29.8%)	10:52	5.5 (69.6%)
70	KAMIŃSKI Łukasz	2194		M40		41	02:30:27	06:24:48	13:26:52	16:03:14	18:13:21	19:24:45.15	19:24:53.55	+05:48:50 (29.9%)	10:53	5.5 (69.6%)
71	WŁOCH Sławomir	2038		M50		9	02:27:37	06:12:58	13:14:16	15:55:26	18:07:48	19:31:11.10	19:31:14.20	+05:55:11 (30.3%)	10:56	5.5 (69.6%)
72	PODOLSKI Marek	2050	BIEGAMYRAZEM.PL	M30		16	02:50:09	06:36:54	13:35:22	16:14:05	18:15:53	19:34:57.30	19:35:11.55	+05:59:08 (30.6%)	10:58	5.5 (69.6%)
73	WAŃKOWICZ Adrian	2075		M40		42	02:29:13	06:33:27	13:41:24	16:24:49	18:23:21	19:35:57.55	19:35:59.50	+05:59:56 (30.6%)	10:59	5.5 (69.6%)
74	WILAMOWSKI Bartłomiej	2104	RYKOWISKO TEAM	M30		17	03:00:36	07:03:40	13:52:53	16:30:43	18:32:24	19:51:15.95	19:51:33.70	+06:15:31 (31.5%)	11:07	5.4 (68.4%)
75	BIĄŁEK Olaf	2178	MEGATEL.COM.PL	M50		10	02:42:27	06:54:05	13:56:58	16:28:36	18:31:36	19:51:50.70	19:52:11.45	+06:16:08 (31.6%)	11:08	5.4 (68.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Smerek 20km	Wetlina 45km	Roztoki 80km	Solinka 92.5km	Liszna 102km	Czas netto 107km	Czas brutto 107km	Różn	Tempo min/km	Tempo km/h
76	WIDERA Karol	2118		M30	18		02:30:42	06:39:26	13:40:35	16:23:46	18:36:34	19:52:38.20	19:52:39.70	+06:16:37 (31.6%)	11:08	5.4 (68.4%)
77	BOKSZA Piotr	2030	TIME4RUNNING	M40	43		02:37:38	06:50:00	14:04:36	16:43:51	18:51:12	19:57:24.90	19:57:43.60	+06:21:40 (31.9%)	11:11	5.4 (68.4%)
78	GAŁEK Wojciech	2058	NO PAIN NO GAIN	M40	44		02:57:49	07:10:36	14:12:56	16:44:04	18:51:04	19:57:19.30	19:57:43.75	+06:21:41 (31.9%)	11:11	5.4 (68.4%)
79	PLACHA Piotr	2056	KOPALNIA MOCY TARNOBRZEG	M40	45		02:58:54	07:19:18	14:02:07	16:40:45	18:47:29	19:58:10.55	19:58:14.15	+06:22:11 (31.9%)	11:11	5.4 (68.4%)
80	ZAŁUŻNY Michał	2106		M30	19		02:50:11	07:22:49	14:19:46	16:43:57	18:47:17	20:03:16.45	20:03:35.20	+06:27:32 (32.2%)	11:14	5.3 (67.1%)
81	SUWEZDA Jacek	2173	CZĘSTOCHOWSKIE DZIKI	M50	11		02:42:28	06:36:56	13:34:45	16:29:03	18:35:01	20:05:55.25	20:06:15.30	+06:30:12 (32.3%)	11:16	5.3 (67.1%)
82	PYRKOSZ Damian	2157		M50	12		02:51:00	07:09:22	13:53:06	16:30:44	18:35:02	20:06:13.35	20:06:21.75	+06:30:19 (32.4%)	11:16	5.3 (67.1%)
83	MILEWSKI Mateusz	2140	ASSECO ACTIVE TEAM	M30	20		02:36:28	06:29:54	13:58:02	16:35:45	18:54:39	20:07:55.10	20:07:58.95	+06:31:56 (32.4%)	11:17	5.3 (67.1%)
84	CEZARY Doroszuk	2171	BIEGAMBOLUBIĘ	M30	21		02:37:24	06:52:28	14:00:43	16:40:35	18:57:05	20:08:47.45	20:08:54.30	+06:32:51 (32.5%)	11:17	5.3 (67.1%)
85	MAĆKOWIAK Piotr	2001		M30	22		02:47:53	06:44:27	13:27:50	16:01:39	18:34:35	20:14:41.20	20:14:54.40	+06:38:51 (32.8%)	11:21	5.3 (67.1%)
86	FRYSIAK Artur	2034	WIELUŃ ULTRA	M50	13		02:30:25	06:28:54	13:48:40	16:50:05	18:53:45	20:25:00.50	20:25:10.30	+06:49:07 (33.4%)	11:26	5.2 (65.8%)
87	STELMACH Krzysztof	2046	GĄSKA BALBINKA WIELUŃ	M40	46		03:02:54	07:17:48	14:03:12	16:49:56	18:53:43	20:24:59.95	20:25:10.50	+06:49:07 (33.4%)	11:26	5.2 (65.8%)
88	KRZYWDZIŃSKI Stanisław	2189		M50	14		02:38:22	06:39:15	14:17:17	17:03:35	19:03:50	20:31:43.15	20:31:48.00	+06:55:45 (33.8%)	11:30	5.2 (65.8%)
89	ŚCIBOR Marcin	2111		M30	23		02:55:37	07:12:27	14:38:18	17:09:12	19:11:58	20:31:45.95	20:31:54.80	+06:55:52 (33.8%)	11:30	5.2 (65.8%)
90	JĘDRO Tomasz	2	FC EIRE DIVISION	M50	15	Tak	03:17:04	07:45:38	14:49:48	17:17:28	19:12:01	20:35:14.10	20:35:29.65	+06:59:26 (33.9%)	11:32	5.2 (65.8%)
91	GŁOGOWSKI Adam	2011	NOA	M40	47		02:51:30	07:01:51	14:08:43	16:46:19	18:56:06	20:37:37.10	20:37:46.60	+07:01:43 (34.1%)	11:33	5.2 (65.8%)
92	PSIUK Andrzej	2082	BIŁGORAJ BIEGA	M40	48		02:19:35	06:09:45	14:35:21	17:12:51	19:10:04	20:37:41.95	20:37:48.20	+07:01:45 (34.1%)	11:34	5.2 (65.8%)
93	BODNAR Krystian	2053		M20	6		02:53:38	07:03:30	14:45:12	17:15:54	19:11:35	20:37:49.55	20:38:01.00	+07:01:58 (34.1%)	11:34	5.2 (65.8%)
94	KOCOT Sebastian	2027		M40	49		02:50:37	07:18:19	14:21:11	17:05:06	19:11:55	20:38:02.65	20:38:07.80	+07:02:05 (34.1%)	11:34	5.2 (65.8%)
95	FRANCZYK Robert	2032		M40	50		02:48:11	07:05:49	14:07:47	16:44:06	18:54:42	20:38:43.60	20:38:57.70	+07:02:55 (34.1%)	11:34	5.2 (65.8%)
96	GOŁĘBIOWSKI Piotrek	2025	BIEGOWA KUŹNIA	M40	51		02:50:33	07:24:14	14:47:34	17:30:30	19:23:01	20:39:38.00	20:39:41.70	+07:03:39 (34.2%)	11:35	5.2 (65.8%)
97	JERMAK Maciej	2193	ZDROWY PROJEKT	M40	52		03:02:25	07:31:21	14:49:10	17:14:33	19:16:33	20:41:07.65	20:41:28.30	+07:05:25 (34.3%)	11:35	5.2 (65.8%)
98	KOŁODZIEJSKI Oskar	2063		M40	53		02:30:46	06:24:56	13:46:03	16:29:06	18:42:30	20:41:25.15	20:41:32.90	+07:05:30 (34.3%)	11:36	5.2 (65.8%)
99	ULOWSKI Jacek	2036	CLICKLEASE TEAM	M50	16		02:45:55	06:52:26	13:56:29	16:28:48	18:42:25	20:41:21.60	20:41:35.45	+07:05:32 (34.3%)	11:36	5.2 (65.8%)
100	ANTONIEWICZ Jacek	2080		M50	17		02:50:10	07:02:00	14:33:04	17:16:09	19:22:53	20:54:13.75	20:54:20.20	+07:18:17 (34.9%)	11:43	5.1 (64.6%)
101	WOJCIECHOWSKI Ireneusz	2078	IRAS TEAM	M50	18		02:50:10	07:02:11	14:33:04	17:15:53	19:22:56	20:54:15.50	20:54:20.50	+07:18:17 (34.9%)	11:43	5.1 (64.6%)
102	BLADY Bogdan	2070		M50	19		02:47:49	07:30:11	14:42:50	17:25:57	19:31:25	20:54:06.75	20:54:21.30	+07:18:18 (34.9%)	11:43	5.1 (64.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Smerek 20km	Wetlina 45km	Roztoki 80km	Solinka 92.5km	Liszna 102km	Czas netto 107km	Czas brutto 107km	Różn	Tempo min/km	Tempo km/h
103	LIK Marek	12	CHEŁM BIEGA	M50	20	Tak	03:09:18	07:40:19	14:51:48	17:26:17	19:31:54	20:54:09.80	20:54:26.90	+07:18:24 (34.9%)	11:43	5.1 (64.6%)
104	STOLORZ Arkadiusz	2125	TEAM ARSANIT	M30	24		02:58:04	07:25:19	14:41:35	17:26:20	19:31:23	20:54:17.05	20:54:27.85	+07:18:25 (34.9%)	11:43	5.1 (64.6%)
105	CEGIEŁKO Paweł	2051	STASZIC RUNNING TEAM	M50	21		02:50:24	07:24:02	14:30:18	17:07:08	19:18:47	20:56:11.05	20:56:24.05	+07:20:21 (35.0%)	11:44	5.1 (64.6%)
106	JAN Jarosław	2086	SUT STRASZYN ULTRA TEAM	M40	54		02:56:12	07:19:23	14:31:17	17:26:29	19:39:15	21:03:03.60	21:03:16.15	+07:27:13 (35.4%)	11:48	5.1 (64.6%)
107	MARGAS Grzegorz	2146	MEERCATEAM	M50	22		02:52:23	07:37:13	15:05:51	17:42:45	19:40:33	21:05:05.90	21:05:28.30	+07:29:25 (35.5%)	11:49	5.1 (64.6%)
108	KRUPIŃSKI Marek	9		M20	7	Tak	03:09:43		15:08:39	17:47:05	19:53:47	21:11:31.60	21:11:36.45	+07:35:33 (35.8%)	11:53	5 (63.3%)
109	LEYK Daniel	2156	LEYK TEAM	M30	25		03:09:15		15:24:46	17:51:29	19:53:24	21:11:44.65	21:12:14.95	+07:36:12 (35.9%)	11:53	5 (63.3%)
110	KAŁUŻA Michał	2168	KS PŁUCO PODAJE	M40	55		03:04:49	07:35:23	14:46:16	17:33:50	19:53:00	21:15:01.00	21:15:12.70	+07:39:10 (36.0%)	11:54	5 (63.3%)
111	SZYMANIAK Paweł	2076	DANFOSS DOGOŃ	M40	56		03:05:12	07:42:02	15:05:46	17:39:33	19:53:36	21:17:31.05	21:17:47.25	+07:41:44 (36.1%)	11:56	5 (63.3%)
112	WALAC Jacek	2077	DOGOŃ GRODZISK MAZOWIECKI	M30	26		03:05:13	07:42:09	15:04:51	17:39:39	19:53:36	21:17:31.80	21:17:47.50	+07:41:44 (36.1%)	11:56	5 (63.3%)
Przekroczony limit czasu: 21:30:00																
113	BIEL Tomasz	2201	OLIMPIASPORT.PL	M40	57		02:53:09	07:22:02	14:57:18	17:43:19	20:13:13	21:49:25.85	21:49:31.45	+08:13:28 (37.7%)	12:14	4.9 (62.0%)
114	OLENDER Marcin	2024		M40	58		02:55:59	07:38:45	15:05:54	17:46:41	20:13:05	21:49:16.80	21:49:32.05	+08:13:29 (37.7%)	12:14	4.9 (62.0%)
115	BODNAR Adrian	4		M20	8	Tak	03:07:25	07:55:24	15:12:12	17:47:10	20:13:10	21:49:22.00	21:49:33.60	+08:13:30 (37.7%)	12:14	4.9 (62.0%)
116	OSIEKOWICZ Tomasz	2179	DREWNOFORNIR	M50	23		02:55:41	07:28:47	15:26:31	18:07:31	20:18:28	21:54:56.20	21:55:05.95	+08:19:03 (37.9%)	12:17	4.9 (62.0%)
117	POKORSKI Jakub	2096	WARCHLACZKI	M30	27		02:51:37	07:43:53	15:12:23	18:09:44	20:18:36	21:55:01.30	21:55:06.35	+08:19:03 (37.9%)	12:17	4.9 (62.0%)
118	LANGOWSKI Marcin	2180		M40	59		03:23:43	08:25:23				22:39:20.25	22:39:22.35	+09:03:19 (40.0%)	12:42	4.7 (59.5%)
119	ZIELIŃSKI Dariusz	2033	FIZJO-SPORT ŁĘCZNA	M40	60		02:55:37	07:28:45				22:59:53.50	23:00:15.25	+09:24:12 (40.9%)	12:53	4.7 (59.5%)
120	BERNACKI Eugeniusz	2134	POLSKI KLUB ALPEJSKI	M50	24		03:08:59	07:44:49				23:25:00.70	23:25:12.30	+09:49:09 (41.9%)	13:07	4.6 (58.2%)
121	MAJOWSKI Marcin	2150		M40	61		03:07:55	07:41:03	15:20:49			24:02:37.85	24:02:55.55	+10:26:52 (43.4%)	13:28	4.5 (57.0%)
122	ZIĘTEK Krzysztof	2010	ADIDAS RUNNERS WARSAW	M40	62		03:16:50	08:12:18				24:57:57.25	24:58:19.90	+11:22:17 (45.5%)	13:59	4.3 (54.4%)
	ZIENCINA Marcin	2175		M40			02:45:31 DNF	DNF	DNF	DNF	17:17:06 DNF	DNF	DNF		-	- (0.0%)
	BEDNAREK Piotr	2055		M30			02:50:23 DNF	06:55:57 DNF	14:30:44 DNF	17:26:29 DNF	20:03:49 DNF	DNF	DNF		-	- (0.0%)
	JUSZKO Krzysztof	2119		M40			02:27:45 DNF	06:01:36 DNF	12:17:18 DNF	14:57:05 DNF	DNF	DNF	DNF		-	- (0.0%)
	WIŚNIEWSKI Dawid	2115	ANIELSKI ORSZAK	M30			02:48:03 DNF	07:22:14 DNF	15:09:12 DNF	18:04:30 DNF	DNF	DNF	DNF		-	- (0.0%)
	GWIZDALSKI Przemysław	2112	BIEGNIJ OLAWA	M40			02:19:18 DNF	06:02:53 DNF	12:43:59 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)
	ŻYTKOWIAK Maciej	2037	CZARNY BIAŁY WIEWIÓRKA	M30			02:31:02 DNF	06:25:03 DNF	13:09:40 DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Smerek 20km	Wetlina 45km	Roztoki 80km	Solinka 92.5km	Liszna 102km	Czas netto 107km	Czas brutto 107km	Różn	Tempo min/km	Tempo km/h
	KAŁUS Maciej	2067	NA BANI WYBIEGANI	M40			02:55:39 DNF	07:09:38 DNF	14:52:56 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	WOJCIECHOWSKI Paweł	2151	BIEGACZE JUNIORA RUNNERS TEAM	M40			02:51:18 DNF	07:47:16 DNF	15:45:29 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	RZĄDKOWSKI Krzysiek	2069	KW LUBLIN	M40			03:22:28 DNF	08:02:26 DNF	15:48:12 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	MASŁOWSKI Marcin	8	KKM KOZIENICE	M40		Tak	03:17:06 DNF	08:26:31 DNF	15:57:16 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KOZIEŁŁO Bartosz	2022	TUR ZAMIENIE	M40			02:20:10 DNF	06:36:46 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	BŁASZCZYK Mariusz	2181	BIEGAMBOLUBIĘ	M30			02:34:20 DNF	06:55:22 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	CISOWSKI Michał	2008		M40			02:53:06 DNF	07:24:57 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	BORYSEWICZ Wiktor	2128	HARDBOX OTWOCK	M20			02:58:12 DNF	07:28:13 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	CHILEWICZ Dariusz	2169		M50			02:59:54 DNF	07:39:02 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	DADAŚ Janusz	2012	BP RUNNIG TEAM GLIWICE	M40			03:08:59 DNF	07:41:29 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	JĘDRZEJCZYK Adrian	2113	ODCISK	M40			02:51:39 DNF	07:43:47 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SKORUPA Tomasz	2087	AGB TORFY	M40			02:55:51 DNF	07:46:19 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	RADZKI Rafał	2144		M40			02:55:38 DNF	07:47:31 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	MACIĄG Krzysztof	2095	WARCHLACZKI	M40			02:51:42 DNF	07:47:47 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	NECZAJ Andrzej	2072		M40			03:08:27 DNF	07:56:25 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	BAKOWSKI Marcin	2060	KLUB ŚLIMAKA TORPEDY	M40			03:09:22 DNF	07:57:50 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	ARASZKIEWICZ Marcin	2197	BRĄK	M40			03:16:57 DNF	08:07:50 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SIWEK Wojciech	2176	ŻUBRYRACETEAM	M20			03:04:46 DNF	08:17:31 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KARPIŃSKI Robert	3	SPARTANIE DZIECIOM	M50		Tak	03:32:18 DNF	08:20:35 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KLAMERUS Piotr	2183	ZIELONO MI	M40			03:02:47 DNF	08:30:28 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	ŁUKASIAK Sylwester	2043		M40			03:10:35 DNF	08:38:03 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	PAWLUCZUK Tomek	2141	WŚCIEKŁE PIĘŚCI WĘŻA	M50			02:50:08 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	GULAJSKI Rafał	2129	OSIEM	M40			02:50:22 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	ADAMCZYK Artur	2071		M30			03:09:38 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	SKOCZEK Przemysław	2089	WILKI Z WILANO	M40			03:10:30 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	JEDLIŃSKI Bartosz	2148	MARATOŃCZYK DĘBICA	M40			03:27:04 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	KORCZAK Aleksander	2159		M20			03:36:12 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	JASIŃSKI Mikołaj	2048		M50			03:36:15 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Smerek 20km	Wetlina 45km	Roztoki 80km	Solinka 92.5km	Liszna 102km	Czas netto 107km	Czas brutto 107km	Różn	Tempo min/km	Tempo km/h
	KUŹNIAK Piotr	2088	WILKI Z WILANO	M40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)
	OLEWNIK Łukasz	2130	MARCINŚWIERCTEAM	M30			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Znaleziono 158 wynik(ów)