

VIII ZIMOWA BIESZCZADZKA DYCHA 2022

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Zimowy Maraton Bieszczadzki 2022
Fundacja Bieg Rzeźnika
2022-01-29
Cisna
10 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	KAPUSTA-SZYDŁAK Sylwia	1117	RZESZÓW	K40	1	01:07:09.30		6:42	8.9 (100%)
2	BIESZCZAD Magdalena	1179	TRESERTEAM	K30	1	01:11:31.80	+00:04:22 (6.1%)	7:09	8.4 (94.4%)
3	SZNAJDER Joanna	1039	G.O.A.T. TEAM MICHAŁOWICE	K40	2	01:12:25.05	+00:05:18 (7.3%)	7:14	8.3 (93.3%)
4	CIERPIAŁ Adriana	1021	STOWARZYSZENIE SPORTOWE SŁOŃCA JURY	K30	2	01:13:42.20	+00:06:36 (8.9%)	7:22	8.1 (91.0%)
5	RATAJ Barbara	1030	JEJKOWICE BIEGAJĄ	K30	3	01:16:37.70	+00:09:27 (12.3%)	7:39	7.8 (87.6%)
6	KASPERZEC Joanna	1034	JEJKOWICE BIEGAJĄ	K40	3	01:17:00.35	+00:09:50 (12.8%)	7:42	7.8 (87.6%)
7	CICHOŃ Sabina	1061		K30	4	01:18:15.30	+00:11:14 (14.3%)	7:49	7.7 (86.5%)
8	BIELECKA Beata	1116	TGB/MORSY SPOD MŁYNA	K40	4	01:18:30.10	+00:11:22 (14.5%)	7:51	7.6 (85.4%)
9	CHUDA Kamila	2076		K20	1	01:20:21.95	+00:13:18 (16.5%)	8:02	7.5 (84.3%)
10	KOWALSKA Agnieszka	1186	KOMANDOS TEAM	K20	2	01:20:56.45	+00:13:47 (17.0%)	8:05	7.4 (83.1%)
11	BAŁDAK Jolanta	1091	3T BIAŁYSTOK	K20	3	01:21:18.60	+00:14:11 (17.4%)	8:07	7.4 (83.1%)
12	KURCEWICZ Kamila	1128		K30	5	01:21:51.95	+00:14:38 (17.9%)	8:11	7.3 (82.0%)
13	OLESIŃSKA Agnieszka	1024		K40	5	01:24:48.85	+00:17:48 (20.9%)	8:28	7.1 (79.8%)
14	NEWMAN Marta	1026	TUR	K50	1	01:25:05.10	+00:18:05 (21.2%)	8:30	7.1 (79.8%)
15	KWIASOWSKA Aleksandra	1150		K30	6	01:26:29.50	+00:19:51 (22.8%)	8:38	6.9 (77.5%)
16	LEBODA Katarzyna	1166	WILD DOGS TEAM	K30	7	01:26:30.75	+00:19:52 (22.8%)	8:39	6.9 (77.5%)
17	SKUPIEŃ Izabela	1173	ALBATROSY	K40	6	01:27:55.30	+00:20:52 (23.7%)	8:47	6.8 (76.4%)
18	GARCZYŃSKA Ania	1005		K40	7	01:28:15.25	+00:21:21 (24.1%)	8:49	6.8 (76.4%)
19	CZECH Agata	1035		K30	8	01:29:17.30	+00:22:17 (24.9%)	8:55	6.7 (75.3%)
20	DYŁĄG Katarzyna	1171	GGB	K40	8	01:32:18.90	+00:25:15 (27.3%)	9:13	6.5 (73.0%)
21	HOLIK Iwona	1163	GGB	K40	9	01:32:19.45	+00:25:15 (27.3%)	9:13	6.5 (73.0%)
22	ZAJCHOWSKA Ewelina	1122		K40	10	01:32:33.80	+00:25:28 (27.5%)	9:15	6.5 (73.0%)
23	KISZA Anna	1056		K30	9	01:32:37.05	+00:25:30 (27.5%)	9:15	6.5 (73.0%)
24	SZPURA Kamila	1145	NOWA HUTA TEAM	K30	10	01:32:38.50	+00:25:39 (27.6%)	9:15	6.5 (73.0%)
25	BROŻYNA Magda	1018		K40	11	01:32:52.80	+00:25:51 (27.8%)	9:17	6.5 (73.0%)
26	DYJAK Agnieszka	1059		K20	4	01:35:27.85	+00:28:30 (29.8%)	9:32	6.3 (70.8%)
27	NOWACZEK Ewa	1114	#NOLIMITS	K30	11	01:36:06.35	+00:29:04 (30.2%)	9:36	6.2 (69.7%)
28	BEMBNISTA Aleksandra	1190		K40	12	01:36:12.80	+00:29:17 (30.3%)	9:37	6.2 (69.7%)
29	FRANKOWSKA Joanna	1069	SKITUROWE BIESZCZADY	K40	13	01:36:24.75	+00:29:21 (30.4%)	9:38	6.2 (69.7%)

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30	DZIADOSZ Katarzyna	1181	PODIUM	K40	14	01:36:42.15	+00:29:40 (30.6%)	9:40	6.2 (69.7%)
31	KUSZ Małgorzata	1085		K30	12	01:37:22.55	+00:30:29 (31.2%)	9:44	6.2 (69.7%)
32	FOLTA Anita	1138	GRUPA BIEGOWA ZARSZYN	K50	2	01:38:14.10	+00:31:08 (31.7%)	9:49	6.1 (68.5%)
33	RADYK Aleksandra	1110	PRZEMYSKI KLUB BIEGACZA	K20	5	01:41:32.25	+00:34:29 (33.9%)	10:09	5.9 (66.3%)
34	MICHNO Agata	1151	NOWA HUTA TEAM	K20	6	01:42:01.95	+00:34:55 (34.2%)	10:12	5.9 (66.3%)
35	WÓJTOWICZ Katarzyna	1038		K40	15	01:42:21.75	+00:35:17 (34.4%)	10:14	5.9 (66.3%)
36	SOWA Sara	1075	NH TEAM	K20	7	01:42:24.15	+00:35:17 (34.4%)	10:14	5.9 (66.3%)
37	LATAWSKA Adela	1183		K50	3	01:42:34.45	+00:35:32 (34.6%)	10:15	5.8 (65.2%)
38	GRABOWSKA Paulina	1032		K30	13	01:42:27.30	+00:35:33 (34.6%)	10:14	5.9 (66.3%)
39	SZWED Karolina	1080	SUSKA GRUPA BIEGOWA	K30	14	01:44:01.65	+00:36:53 (35.4%)	10:24	5.8 (65.2%)
40	GÓRKA Jolanta	1015		K40	16	01:44:09.25	+00:36:55 (35.5%)	10:24	5.8 (65.2%)
41	CELER Kinga	1078	NH TEAM	K30	15	01:44:23.90	+00:37:24 (35.8%)	10:26	5.7 (64.0%)
42	GAJDZIK Monika	1077	FITSMILE SPORT & PERFORMANCE	K40	17	01:44:38.10	+00:37:36 (35.9%)	10:27	5.7 (64.0%)
43	DZIEWA Magdalena	1040		K60	1	01:44:54.15	+00:37:52 (36.0%)	10:29	5.7 (64.0%)
44	WRÓBEL Barbara	1157	CISNA GÓRĄ	K20	8	01:45:11.20	+00:38:02 (36.1%)	10:31	5.7 (64.0%)
45	BIENIARZ Iлона	1142		K30	16	01:45:31.25	+00:38:31 (36.4%)	10:33	5.7 (64.0%)
46	KULA Milena	1123		K30	17	01:46:12.25	+00:39:11 (36.8%)	10:37	5.6 (62.9%)
47	PARA Aleksandra	1052	PODIUM	K30	18	01:46:49.20	+00:39:48 (37.2%)	10:40	5.6 (62.9%)
48	KUTA Anna	1036		K40	18	01:46:43.45	+00:39:50 (37.2%)	10:40	5.6 (62.9%)
49	NAWROT Magdalena	2124	J U V E R U N	K40	19	01:47:14.75	+00:40:28 (37.6%)	10:43	5.6 (62.9%)
50	GEMZIK Agata	2125	J U V E R U N	K30	19	01:47:17.35	+00:40:28 (37.6%)	10:43	5.6 (62.9%)
51	KUCZYŃSKA Agnieszka	1084	BIAŁYSTOK BIEGA TEAM	K40	20	01:47:38.30	+00:40:48 (37.8%)	10:45	5.6 (62.9%)
52	SKROK Izabela	1124	KLUB BIEGACZA ORANGE	K40	21	01:47:55.85	+00:41:03 (37.9%)	10:47	5.6 (62.9%)
53	POPIELA-KAWA Sylwia	1182		K30	20	01:48:14.80	+00:41:16 (38.0%)	10:49	5.5 (61.8%)
54	WOŹNIAK Lidia	1017	PORMAT JEDLICZE BIEGA	K50	4	01:49:43.45	+00:42:29 (38.7%)	10:58	5.5 (61.8%)
55	DZIERZYPOLSKA Iwona	1053		K40	22	01:49:38.10	+00:42:33 (38.8%)	10:57	5.5 (61.8%)
56	SZADKOWSKA Justyna	1076		K30	21	01:51:28.35	+00:44:19 (39.7%)	11:08	5.4 (60.7%)
57	KORSZLA-MAZUREK Anna	1113		K40	23	01:51:30.50	+00:44:24 (39.8%)	11:09	5.4 (60.7%)
58	CHILIŃSKA Edyta	1072		K30	22	01:53:20.80	+00:46:23 (40.8%)	11:20	5.3 (59.6%)
59	CZUBA Jadwiga	1054		K30	23	01:54:29.10	+00:47:23 (41.3%)	11:26	5.2 (58.4%)
60	KILJAN Anna	1023		K30	24	01:56:44.00	+00:49:30 (42.4%)	11:40	5.1 (57.3%)
61	FURMAN Agnieszka	1044	OCHAJORUN & FRIENDS	K30	25	01:59:10.90	+00:52:19 (43.8%)	11:55	5 (56.2%)
62	KOBOS Beata	1073	NOWA HUTA TEAM	K30	26	02:00:28.10	+00:53:28 (44.3%)	12:02	5 (56.2%)
63	SKOREK-MASZOTA Weronika	2012	PADŁ NA RYJ TEAM	K40	24	02:05:54.95	+00:58:57 (46.7%)	12:35	4.8 (53.9%)
64	BOZA Beata	2033	PADŁ NA RYJ	K40	25	02:05:54.15	+00:58:57 (46.7%)	12:35	4.8 (53.9%)
65	TARGOŃSKA Marta	1004	PADŁ NA RYJ TEAM	K40	26	02:08:59.85	+01:02:04 (48.0%)	12:53	4.7 (52.8%)
66	OSIŃSKA Agata	1067		K50	5	02:21:11.60	+01:14:17 (52.5%)	14:07	4.2 (47.2%)

Znaleziono 66 wynik(ów)