

VIII ZIMOWY MARATON BIESZCZADZKI 2022 - 20KM

B4SPORT

Wydarzenie: Zimowy Maraton Bieszczadzki 2022
Organizator: Fundacja Bieg Rzeźnika
Data: 2022-01-29
Miejsce: Cisna
Dystans: 20 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Brzeziniak 9km | Czas netto 23km | Różn | Tempo min/km | Tempo km/h |
|-----|---|-------------|---------------------------|-----------|------|-------------------|-----------------------|-------------------|-----------------|---------------|
| 1 | PAPROCKA Urszula | 2240 | NOWA HUTA TEAM | K30 | 1 | 01:00:28 | 02:05:21.70 | | 5:27 | 11 (100%) |
| 2 | BOCHENEK Magdalena | 2155 | G.O.A.T. TEAM MICHAŁOWICE | K30 | 2 | 01:00:23 | 02:08:28.55 | +00:03:10 (2.5%) | 5:35 | 10.7 (97.3%) |
| 3 | WARĘCKA Katarzyna | 2259 | ARTURKUREK.PRO TEAM | K30 | 3 | 01:06:20 | 02:20:26.70 | +00:15:10 (10.8%) | 6:06 | 9.8 (89.1%) |
| 4 | PACIOREK Ewa | 2073 | MARKOWI BIEGACZE | K30 | 4 | 01:08:46 | 02:28:50.90 | +00:23:42 (15.9%) | 6:28 | 9.3 (84.5%) |
| 5 | DZIEWA Agata | 2209 | | K30 | 5 | 01:09:46 | 02:34:09.30 | +00:28:53 (18.7%) | 6:42 | 9 (81.8%) |
| 6 | JACNIAK Ewa | 2046 | #NOLIMITS | K30 | 6 | 01:11:12 | 02:35:49.25 | +00:30:40 (19.7%) | 6:46 | 8.9 (80.9%) |
| 7 | WASIK Marta | 2135 | EDC RUNNERS | K30 | 7 | 01:20:05 | 02:53:21.50 | +00:48:11 (27.8%) | 7:32 | 8 (72.7%) |
| 8 | RAULIN Izabella | 2161 | | K30 | 8 | 01:19:34 | 02:52:54.95 | +00:48:24 (27.9%) | 7:31 | 8 (72.7%) |
| 9 | HOŁOWATY Renia | 2239 | | K30 | 9 | 01:21:38 | 02:54:25.80 | +00:49:08 (28.2%) | 7:35 | 7.9 (71.8%) |
| 10 | PAŹDZIOR Patrycja | 2064 | | K30 | 10 | 01:22:41 | 02:55:17.70 | +00:50:12 (28.6%) | 7:37 | 7.9 (71.8%) |
| 11 | SIERADZKA Agnieszka | 2136 | BIEGAJ Z TRENERAMI | K30 | 11 | 01:24:14 | 03:00:44.75 | +00:55:54 (30.8%) | 7:51 | 7.6 (69.1%) |
| 12 | WOJCIECHOWSKA Urszula | 2298 | SOLINA TEAM | K30 | 12 | 01:21:45 | 03:02:53.50 | +00:57:41 (31.5%) | 7:57 | 7.5 (68.2%) |
| 13 | WIŚNIEWSKA Agnieszka | 2123 | CROSSFIT CZĘSTOCHOWA | K30 | 13 | 01:26:05 | 03:03:09.45 | +00:58:40 (31.9%) | 7:57 | 7.5 (68.2%) |
| 14 | KĘDRA Agnieszka | 2045 | | K30 | 14 | 01:22:10 | 03:04:19.50 | +00:59:20 (32.1%) | 8:00 | 7.5 (68.2%) |
| 15 | BIAŁECKA Urszula | 2186 | UNIQA RUNNING TEAM | K30 | 15 | 01:30:31 | 03:05:09.70 | +01:00:20 (32.5%) | 8:03 | 7.5 (68.2%) |
| 16 | GRODECKA Anna | 2071 | | K30 | 16 | 01:30:40 | 03:09:16.10 | +01:04:13 (33.9%) | 8:13 | 7.3 (66.4%) |
| 17 | WĘGRZYN Małgorzata | 2065 | | K30 | 17 | 01:29:44 | 03:09:33.35 | +01:05:16 (34.2%) | 8:14 | 7.3 (66.4%) |
| 18 | DRAB Magda | 2002 | CHCE CI SIĘ? | K30 | 18 | 01:33:38 | 03:17:11.65 | +01:12:43 (36.7%) | 8:34 | 7 (63.6%) |
| 19 | ROJEK Magdalena | 2189 | DZIKIE FOCZKI | K30 | 19 | 01:35:31 | 03:18:33.55 | +01:13:44 (37.0%) | 8:37 | 7 (63.6%) |
| 20 | KUĆ Domonika | 2044 | | K30 | 20 | 01:31:44 | 03:18:33.80 | +01:14:01 (37.1%) | 8:37 | 7 (63.6%) |
| 21 | ALBIGOWSKA POZYTYWNIE_ROZBIEGANA Magdalena | 2281 | | K30 | 21 | 01:33:59 | 03:23:24.25 | +01:18:44 (38.6%) | 8:50 | 6.8 (61.8%) |
| 22 | JEZIOR Monika | 2051 | YIN&YANG | K30 | 22 | 01:37:02 | 03:25:29.55 | +01:20:29 (39.1%) | 8:56 | 6.7 (60.9%) |
| 23 | WARAS Barbara | 2113 | | K30 | 23 | 01:33:21 | 03:25:34.40 | +01:20:34 (39.1%) | 8:56 | 6.7 (60.9%) |
| 24 | EJSMONT Magdalena | 2007 | | K30 | 24 | 01:34:07 | 03:28:52.25 | +01:23:41 (40.0%) | 9:04 | 6.6 (60.0%) |
| 25 | GÓRA Sylwia | 2063 | | K30 | 25 | 01:40:55 | 03:30:29.10 | +01:25:22 (40.5%) | 9:09 | 6.6 (60.0%) |
| 26 | GRABOWSKA Kornelia | 2053 | | K30 | 26 | 01:45:00 | 03:36:30.30 | +01:31:47 (42.3%) | 9:24 | 6.4 (58.2%) |
| 27 | BASAK Justyna | 4211 | WKURW_TEAM | K30 | 27 | 01:48:27 | 03:44:52.60 | +01:40:08 (44.4%) | 9:46 | 6.1 (55.5%) |
| 28 | SOŁTYS Teresa | 4186 | WKURW_TEAM | K30 | 28 | 01:48:16 | 03:44:53.05 | +01:40:08 (44.4%) | 9:46 | 6.1 (55.5%) |

