

VIII ZIMOWY MARATON BIESZCZADZKI 2022 - 20KM

B4SPORT

Wydarzenie: Zimowy Maraton Bieszczadzki 2022
Organizator: Fundacja Bieg Rzeźnika
Data: 2022-01-29
Miejsce: Cisna
Dystans: 20 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Brzeziniak 9km	Czas netto 23km	Różn	Tempo min/km	Tempo km/h
1	PAPROCKA Urszula	2240	NOWA HUTA TEAM	K30	1	01:00:28	02:05:21.70		5:27	11 (100%)
2	BOCHENEK Magdalena	2155	G.O.A.T. TEAM MICHAŁOWICE	K30	2	01:00:23	02:08:28.55	+00:03:10 (2.5%)	5:35	10.7 (97.3%)
3	MALISZEWSKA Justyna	2059	MOTOMROKO	K20	1		02:20:12.15	+00:14:50 (10.6%)	6:05	9.8 (89.1%)
4	WARĘCKA Katarzyna	2259	ARTURKUREK.PRO TEAM	K30	3	01:06:20	02:20:26.70	+00:15:10 (10.8%)	6:06	9.8 (89.1%)
5	KWIECIEŃ - LIPIŃSKA Kamila	2176	TIGERS TEAM	K40	1	01:09:52	02:26:25.55	+00:21:03 (14.4%)	6:21	9.4 (85.5%)
6	PACIOREK Ewa	2073	MARKOWI BIEGACZE	K30	4	01:08:46	02:28:50.90	+00:23:42 (15.9%)	6:28	9.3 (84.5%)
7	DZIEWA Agata	2209		K30	5	01:09:46	02:34:09.30	+00:28:53 (18.7%)	6:42	9 (81.8%)
8	JACNIAK Ewa	2046	#NOLIMITS	K30	6	01:11:12	02:35:49.25	+00:30:40 (19.7%)	6:46	8.9 (80.9%)
9	PITURA Eliza	2083	SZYMANOWSKI TRIATHLON TEAM	K40	2	01:09:48	02:37:29.85	+00:32:12 (20.4%)	6:50	8.8 (80.0%)
10	HABRAT Dorota	2241	HABRAT TEAM	K40	3	01:11:20	02:39:28.10	+00:34:14 (21.5%)	6:56	8.7 (79.1%)
11	PELCZAR Joanna	2027		K20	2	01:14:06	02:42:15.60	+00:36:59 (22.8%)	7:03	8.5 (77.3%)
12	CZAJA Alicja	2028	RODZEŃSTWO	K40	4	01:18:16	02:42:19.75	+00:37:08 (22.9%)	7:03	8.5 (77.3%)
13	PABIAŃCZYK Małgorzata	2282		K40	5	01:17:28	02:50:08.70	+00:45:39 (26.7%)	7:23	8.1 (73.6%)
14	LISZKA Ela	2137	JEJKOWICE BIEGAJĄ	K40	6	01:20:17	02:51:20.45	+00:46:38 (27.1%)	7:26	8.1 (73.6%)
15	WASIK Marta	2135	EDC RUNNERS	K30	7	01:20:05	02:53:21.50	+00:48:11 (27.8%)	7:32	8 (72.7%)
16	RAULIN Izabella	2161		K30	8	01:19:34	02:52:54.95	+00:48:24 (27.9%)	7:31	8 (72.7%)
17	HOŁOWATY Renia	2239		K30	9	01:21:38	02:54:25.80	+00:49:08 (28.2%)	7:35	7.9 (71.8%)
18	PAŹDZIOR Patrycja	2064		K30	10	01:22:41	02:55:17.70	+00:50:12 (28.6%)	7:37	7.9 (71.8%)
19	PORĘBSKA Dorota	4198	NOWA HUTA TEAM	K40	7	01:26:10	02:56:16.75	+00:52:00 (29.3%)	7:39	7.8 (70.9%)
20	JAMROZ Renata	1177	BIGYELLOWFOOT	K40	8	01:24:48	02:57:45.55	+00:53:11 (29.8%)	7:43	7.8 (70.9%)
21	MATUSIK-SKALSKA Renata	2110	ŻUKI W BŁOCIE	K50	1	01:26:49	02:58:21.50	+00:53:51 (30.1%)	7:45	7.7 (70.0%)
22	SIERADZKA Agnieszka	2136	BIEGAJ Z TRENERAMI	K30	11	01:24:14	03:00:44.75	+00:55:54 (30.8%)	7:51	7.6 (69.1%)
23	WOJCIECHOWSKA Urszula	2298	SOLINA TEAM	K30	12	01:21:45	03:02:53.50	+00:57:41 (31.5%)	7:57	7.5 (68.2%)
24	WIŚNIEWSKA Agnieszka	2123	CROSSFIT CZĘSTOCHOWA	K30	13	01:26:05	03:03:09.45	+00:58:40 (31.9%)	7:57	7.5 (68.2%)
25	KĘDRA Agnieszka	2045		K30	14	01:22:10	03:04:19.50	+00:59:20 (32.1%)	8:00	7.5 (68.2%)
26	KUCZABO Małgorzata	2292	ORANGE POLSKA	K50	2	01:33:27	03:04:58.40	+01:00:14 (32.5%)	8:02	7.5 (68.2%)
27	BIAŁECKA Urszula	2186	UNIQA RUNNING TEAM	K30	15	01:30:31	03:05:09.70	+01:00:20 (32.5%)	8:03	7.5 (68.2%)
28	BISS-MIERZWIŃSKA Magdalena	2106	TRIATHLON JAROSŁAW	K40	9	01:29:02	03:05:31.65	+01:01:27 (32.9%)	8:03	7.4 (67.3%)
29	OSADNIK Anna	2006	MAFIA TEAM LUBLINIEC	K40	10	01:33:37	03:06:16.30	+01:01:48 (33.0%)	8:05	7.4 (67.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas				
						Brzeziniak 9km	netto 23km	Różn	Tempo min/km	Tempo km/h
30	ZIÓLKOWSKA Bożena	2243	BIEGUNY WALBA	K40	11	01:26:44	03:08:36.85	+01:03:23 (33.6%)	8:12	7.3 (66.4%)
31	GRODECKA Anna	2071		K30	16	01:30:40	03:09:16.10	+01:04:13 (33.9%)	8:13	7.3 (66.4%)
32	OSIECKA Beata	2191	KUŹNIA TRIATLONU	K50	3	01:31:01	03:08:37.65	+01:04:23 (33.9%)	8:12	7.3 (66.4%)
33	WĘGRZYN Małgorzata	2065		K30	17	01:29:44	03:09:33.35	+01:05:16 (34.2%)	8:14	7.3 (66.4%)
34	LESNIAKOWSKA Anna	2080	TUR	K40	12	01:21:12	03:11:04.75	+01:05:54 (34.5%)	8:18	7.2 (65.5%)
35	BYDELSKA Agnieszka	2216		K40	13	01:30:54	03:10:56.40	+01:06:43 (34.7%)	8:18	7.2 (65.5%)
36	WÓJCIK Kamila	2286	LACHO TEAM	K40	14	01:30:07	03:14:51.30	+01:10:03 (35.8%)	8:28	7.1 (64.5%)
37	JANCEWICZ Diana	2277	VEGE RUNNERS	K40	15	01:26:43	03:15:09.95	+01:10:11 (35.9%)	8:29	7.1 (64.5%)
38	DRAB Magda	2002	CHCE CI SIĘ?	K30	18	01:33:38	03:17:11.65	+01:12:43 (36.7%)	8:34	7 (63.6%)
39	ROJEK Magdalena	2189	DZIKIE FOCZKI	K30	19	01:35:31	03:18:33.55	+01:13:44 (37.0%)	8:37	7 (63.6%)
40	KUĆ Domonika	2044		K30	20	01:31:44	03:18:33.80	+01:14:01 (37.1%)	8:37	7 (63.6%)
41	BUGAJSKA Katarzyna	2168		K40	16	01:33:54	03:21:07.95	+01:16:56 (38.0%)	8:44	6.9 (62.7%)
42	TABOR Ewa	2108		K40	17	01:32:12	03:21:31.75	+01:17:24 (38.2%)	8:45	6.8 (61.8%)
43	ALBIGOWSKA POZYTYWNIE_ROZBIEGANA Magdalena	2281		K30	21	01:33:59	03:23:24.25	+01:18:44 (38.6%)	8:50	6.8 (61.8%)
44	OLEKSY Barbara	2054		K40	18	01:35:23	03:25:18.65	+01:20:14 (39.0%)	8:55	6.7 (60.9%)
45	JEZIOR Monika	2051	YIN&YANG	K30	22	01:37:02	03:25:29.55	+01:20:29 (39.1%)	8:56	6.7 (60.9%)
46	WARAS Barbara	2113		K30	23	01:33:21	03:25:34.40	+01:20:34 (39.1%)	8:56	6.7 (60.9%)
47	ZAJĄC Kasia	2018	KB BIAŁA BIEGA	K40	19	01:40:25	03:27:19.70	+01:22:00 (39.5%)	9:00	6.7 (60.9%)
48	EJSMONT Magdalena	2007		K30	24	01:34:07	03:28:52.25	+01:23:41 (40.0%)	9:04	6.6 (60.0%)
49	RÓŻEWICZ Ewa	2215	PANCE	K60	1	01:34:31	03:28:26.25	+01:24:08 (40.2%)	9:03	6.6 (60.0%)
50	GÓRA Sylwia	2063		K30	25	01:40:55	03:30:29.10	+01:25:22 (40.5%)	9:09	6.6 (60.0%)
51	HORDEJUK-GRYCZKA Aleksandra	2024	KB BIAŁA BIEGA	K50	4	01:39:13	03:30:42.40	+01:26:07 (40.7%)	9:09	6.5 (59.1%)
52	SIDORCZUK-KUMOSA Dorota	2085	PRETTY FITTY TEAM	K40	20	01:39:44	03:32:54.40	+01:28:18 (41.3%)	9:15	6.5 (59.1%)
53	ZELMANOWICZ - SZŁAPA Ewa	2291		K40	21	01:41:23	03:35:34.05	+01:30:29 (41.9%)	9:22	6.4 (58.2%)
54	NICIEJA Anna	2152	DZIKIE FOKI	K40	22	01:35:34	03:35:35.45	+01:30:41 (42.0%)	9:22	6.4 (58.2%)
55	GRABOWSKA Kornelia	2053		K30	26	01:45:00	03:36:30.30	+01:31:47 (42.3%)	9:24	6.4 (58.2%)
56	BARNAS Ilona	2096		K40	23	01:40:14	03:38:54.30	+01:33:50 (42.8%)	9:31	6.3 (57.3%)
57	PALEJ Justyna	2115	J&J	K40	24	01:43:10	03:40:06.20	+01:35:16 (43.2%)	9:34	6.3 (57.3%)
58	KOLANECKA Aneta	2162		K40	25	01:56:55	03:43:50.40	+01:38:33 (44.0%)	9:43	6.2 (56.4%)
59	BASAK Justyna	4211	WKURW_TEAM	K30	27	01:48:27	03:44:52.60	+01:40:08 (44.4%)	9:46	6.1 (55.5%)
60	SOŁTYS Teresa	4186	WKURW_TEAM	K30	28	01:48:16	03:44:53.05	+01:40:08 (44.4%)	9:46	6.1 (55.5%)
61	STRZELCZYK Edyta	2100	P+E	K50	5	01:43:13	03:49:56.10	+01:45:04 (45.6%)	9:59	6 (54.5%)
62	URBANIAK Agnieszka	2193		K40	26	01:48:20	03:51:21.90	+01:47:04 (46.1%)	10:03	6 (54.5%)
63	WITEK Sylwia	2056		K40	27	01:39:41	03:56:15.25	+01:51:14 (47.0%)	10:16	5.8 (52.7%)
64	DANIELEWSKA Magdalena	2057		K40	28	01:39:45	03:56:16.15	+01:51:15 (47.0%)	10:16	5.8 (52.7%)
65	LICHNOWSKA Anna	2127		K40	29	01:53:16	03:56:32.05	+01:51:48 (47.1%)	10:17	5.8 (52.7%)
66	KUKLEWSKA Ewa	2095	OJOS	K60	2	01:53:20	03:56:32.50	+01:51:48 (47.1%)	10:17	5.8 (52.7%)
67	OBARSKA Małgorzata	2141		K60	3	01:49:45	03:57:39.55	+01:52:42 (47.3%)	10:19	5.8 (52.7%)
68	HOOG Wioleta	2058		K40	30	01:53:41	03:58:52.95	+01:53:50 (47.6%)	10:23	5.8 (52.7%)
69	WOLSKA Małgorzata	2087		K60	4		04:01:08.60	+01:56:27 (48.2%)	10:29	5.7 (51.8%)
70	CIUK Iwona	4034	BIEGAJ Z TRENERAMI	K50	6	01:53:17	04:05:23.05	+02:00:17 (49.0%)	10:40	5.6 (50.9%)
71	GŁOWACKA Aleksandra	2234	MŁODY VS STARY	K50	7	02:05:42	04:24:23.85	+02:20:02 (52.8%)	11:29	5.2 (47.3%)
72	HERNAS-SZTRĄF Aneta	2126		K40	31	02:33:54	04:26:20.15	+02:21:35 (53.0%)	11:34	5.2 (47.3%)
73	ŁAGODA Agnieszka	2166		K40	32	02:33:55	04:26:21.70	+02:21:35 (53.0%)	11:34	5.2 (47.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Brzeziniak 9km	Czas netto 23km	Różn	Tempo min/km	Tempo km/h
74	CZECHOWSKA Izabela	2098	WE TEAM	K50	8	02:21:36	04:55:26.30	+02:50:36 (57.6%)	12:50	4.7 (42.7%)
75	BORKOWSKA Ewa	2016		K60	5	02:32:44	05:27:19.70	+03:22:22 (61.7%)	14:13	4.2 (38.2%)

Znaleziono 75 wynik(ów)