

VIII ZIMOWY MARATON BIESZCZADZKI 2022 - 20KM

B4SPORT

Event: Zimowy Maraton Bieszczadzki 2022
Organiser: Fundacja Bieg Rzeźnika
Date: 2022-01-29
Place: Cisna
Distance: 20 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: M30

Place	Participant	Number	Club	Category	MCat	Brzeziniak 9km	Net time 23km	Gap	Pace min/km	Pace km/h
1	BADOWSKI Aleksander	2138	MARCIN ŚWIERC TEAM	M30	1	00:50:17	01:48:51.50		4:43	12.7 (100%)
2	ŻUCHOWSKI Daniel	2238	THE BEZ TEAM POLAND	M30	2	00:50:45	01:49:28.50	+00:00:37 (0.6%)	4:45	12.6 (99.2%)
3	KOZIOŁ Kamil	2109	G.O.A.T. TEAM MICHAŁOWICE	M30	3	00:56:59	02:00:45.55	+00:11:55 (9.9%)	5:15	11.4 (89.8%)
4	WOLSKI Marcin	2086		M30	4	00:57:40	02:01:06.20	+00:12:18 (10.2%)	5:15	11.4 (89.8%)
5	WISZ Piotr	2157	SDTEAM	M30	5	01:00:31	02:08:09.75	+00:19:20 (15.1%)	5:34	10.8 (85.0%)
6	NAJDYHOR Marek	2037		M30	6	01:04:04	02:11:28.35	+00:22:50 (17.3%)	5:42	10.5 (82.7%)
7	NIERADA Marcin	2207		M30	7	01:02:57	02:12:08.15	+00:23:26 (17.7%)	5:44	10.4 (81.9%)
8	GŁUSZKO Przemysław	2284	TEAM ULTRA-BIES/ SOLINA TEAM	M30	8	01:01:15	02:12:45.45	+00:23:56 (18.0%)	5:46	10.4 (81.9%)
9	WRÓBEL Kamil	2020		M30	9		02:13:37.90	+00:24:47 (18.5%)	5:48	10.3 (81.1%)
10	ZMUDZIEJEWSKI Jakub	2211	4TRI TEAM	M30	10	01:03:44	02:14:25.75	+00:25:41 (19.1%)	5:50	10.3 (81.1%)
11	BEŚKA Michał	2097	SPRINT GORZYCE	M30	11	01:01:18	02:16:02.75	+00:27:15 (20.0%)	5:54	10.1 (79.5%)
12	WALECKI Jarek	2145	STOPKA PILAWA	M30	12	01:03:55	02:15:46.10	+00:27:17 (20.0%)	5:54	10.2 (80.3%)
13	FEDAN Łukasz	2009		M30	13	01:02:55	02:18:23.70	+00:29:52 (21.5%)	6:01	10 (78.7%)
14	ROKOSZ Rafał	2228		M30	14	01:06:31	02:21:59.45	+00:33:32 (23.6%)	6:10	9.7 (76.4%)
15	DZIOREK Tomasz	2220	SPRINT GORZYCE	M30	15	01:06:42	02:22:30.35	+00:33:42 (23.6%)	6:11	9.7 (76.4%)
16	BACZKURA Damian	2081	SANTANDER RUNNERS TEAM	M30	16	01:06:19	02:21:43.15	+00:33:46 (23.7%)	6:09	9.7 (76.4%)
17	PSIUCH Bartosz	2268	WM TRISELF	M30	17	01:05:57	02:22:45.05	+00:33:59 (23.8%)	6:12	9.7 (76.4%)
18	BICHAJŁO Maciej	2227		M30	18	01:06:30	02:23:26.85	+00:34:58 (24.3%)	6:14	9.6 (75.6%)
19	TABĘDZKI Bartłomiej	2050		M30	19	01:07:12	02:23:37.30	+00:35:21 (24.5%)	6:14	9.6 (75.6%)
20	DUDEK Paweł	2118	RUCH IZBICA	M30	20	01:08:37	02:24:43.25	+00:36:49 (25.3%)	6:17	9.5 (74.8%)
21	OSZYWA Damian	2245	DAMCZI RUN	M30	21	01:08:06	02:26:00.05	+00:37:19 (25.5%)	6:20	9.5 (74.8%)
22	REPEĆ Jarosław	2116	AHOJ PRZYGODO LUBLIN	M30	22	01:08:19	02:25:15.20	+00:37:20 (25.5%)	6:18	9.5 (74.8%)
23	BARADZIEJ Bartek	2272	NOTOTENIA	M30	23	01:10:13	02:28:00.80	+00:40:07 (26.9%)	6:26	9.3 (73.2%)
24	POLSKI Adrian	2066	SZYMANOWSKI TRIATHLON TEAM	M30	24	01:11:22	02:30:01.45	+00:41:49 (27.7%)	6:31	9.2 (72.4%)
25	KORZONEK Karol	2029	SPRINT GORZYCE	M30	25	01:07:25	02:31:05.35	+00:42:12 (27.9%)	6:34	9.1 (71.7%)
26	MALISZEWSKI Bartłomiej	2229	#NOLIMITS	M30	26	01:09:50	02:31:43.95	+00:43:05 (28.4%)	6:35	9.1 (71.7%)
27	PĘTALA Leszek	2139		M30	27	01:09:36	02:32:17.30	+00:43:49 (28.7%)	6:37	9.1 (71.7%)
28	KRAWCZUK Mateusz	2132		M30	28	01:08:12	02:33:03.90	+00:44:12 (28.9%)	6:39	9 (70.9%)
29	MONTEWKA Łukasz	2188		M30	29	01:18:14	02:33:08.80	+00:44:56 (29.2%)	6:39	9 (70.9%)

Place	Participant	Number	Club	Category	MCat	Brzeziniak 9km	Net	Gap	Pace min/km	Pace km/h
							time 23km			
30	HOŁODY Łukasz	2179	NH TEAM	M30	30	01:12:40	02:33:05.50	+00:45:18 (29.4%)	6:39	9 (70.9%)
31	MAZANEK Michał	2204		M30	31	01:10:24	02:34:22.35	+00:45:38 (29.5%)	6:42	8.9 (70.1%)
32	BARANSKI Jarek	4085		M30	32	01:15:08	02:33:46.25	+00:45:43 (29.6%)	6:41	9 (70.9%)
33	TABAK Adrian	2122		M30	33	01:09:21	02:34:17.05	+00:45:44 (29.6%)	6:42	8.9 (70.1%)
33	WOJCIECHOWSKI Maciej	2237	STG WARSZAWA	M30	33	01:15:09	02:33:47.50	+00:45:44 (29.6%)	6:41	9 (70.9%)
35	MAKUCH Marcin	2218		M30	35	01:13:59	02:34:09.10	+00:46:09 (29.8%)	6:42	9 (70.9%)
36	JODELUK Jevgenij	2236	MIG ŚLIMAKI	M30	36	01:09:03	02:34:35.65	+00:46:37 (30.0%)	6:43	8.9 (70.1%)
37	ROKOSZ Łukas	1105		M30	37	01:11:06	02:36:50.15	+00:48:24 (30.8%)	6:49	8.8 (69.3%)
38	BOGUSZ Paweł	2041	SANTANDER RUNNERS TEAM	M30	38	01:10:23	02:36:56.20	+00:49:00 (31.0%)	6:49	8.8 (69.3%)
39	ŚCIBOR Adrian	2005		M30	39		02:39:18.25	+00:50:31 (31.7%)	6:55	8.7 (68.5%)
40	BURNETKO Michał	2274	HUTASY RUNNERS TEAM	M30	40	01:10:01	02:41:09.25	+00:52:33 (32.6%)	7:00	8.6 (67.7%)
41	BOGACZYK Łukasz	2285		M30	41	01:14:16	02:42:15.20	+00:53:27 (32.9%)	7:03	8.5 (66.9%)
42	TARNAWSKI Sławomir	2233		M30	42	01:12:21	02:43:06.45	+00:54:35 (33.4%)	7:05	8.5 (66.9%)
43	PIOTROWSKI Przemysław	2158	NOWA HUTA TEAM	M30	43	01:15:12	02:42:29.25	+00:54:41 (33.4%)	7:03	8.5 (66.9%)
44	LEŚ Michał	2232	DZIKIE ŻBIKI	M30	44	01:21:38	02:43:42.50	+00:54:55 (33.5%)	7:07	8.4 (66.1%)
45	PODKUL Konrad	2021		M30	45	01:14:17	02:46:09.20	+00:57:25 (34.5%)	7:13	8.3 (65.4%)
46	SOWA Bogusław	2231		M30	46	01:15:45	02:48:52.80	+01:00:20 (35.7%)	7:20	8.2 (64.6%)
47	NIECKARZ Marek	2280	KAPIBARA STUDIO	M30	47	01:21:40	02:48:26.05	+01:00:30 (35.7%)	7:19	8.2 (64.6%)
48	FIGIEL Michał	2117	AHOJ PRZYGODO	M30	48	01:17:56	02:49:14.70	+01:01:19 (36.0%)	7:21	8.2 (64.6%)
49	MAZEK Łukasz	2203	STOPKA PILAWA	M30	49	01:15:13	02:50:02.75	+01:01:37 (36.1%)	7:23	8.1 (63.8%)
50	WINKOWSKI Marek	2172		M30	50	01:24:37	02:52:06.60	+01:04:13 (37.1%)	7:28	8 (63.0%)
51	CISZEWSKI Bartłomiej	2103		M30	51	01:22:33	02:52:56.40	+01:05:06 (37.4%)	7:31	8 (63.0%)
52	PADO Michał	2198	BIESZCZADZKA WATAHA MTB RZEPEDZ	M30	52	01:21:37	02:54:27.30	+01:05:37 (37.6%)	7:35	7.9 (62.2%)
53	NESTOROWICZ Maksymilian	2170	BIESZCZADZKA WATAHA MTB	M30	53	01:21:38	02:54:28.25	+01:05:40 (37.6%)	7:35	7.9 (62.2%)
54	RYNIAK Jakub	2013		M30	54	01:16:54	02:54:15.90	+01:06:01 (37.7%)	7:34	7.9 (62.2%)
55	PRZYBYLSKI Damian	2177	PODIUM	M30	55	01:23:59	02:59:10.10	+01:11:08 (39.5%)	7:47	7.7 (60.6%)
56	MIERZWA Szymon	2197		M30	56	01:28:24	03:02:32.80	+01:14:50 (40.7%)	7:56	7.6 (59.8%)
57	KOWALIK Kamil	2251	CROSSFIT CZĘSTOCHOWA	M30	57	01:26:04	03:03:09.45	+01:15:08 (40.8%)	7:57	7.5 (59.1%)
58	MIERZWA Szymon	2069	KOPALNIA MOCY	M30	58	01:29:28	03:09:44.95	+01:21:25 (42.8%)	8:14	7.3 (57.5%)
59	NAKONIECZNY Jacek	2151	SII RUNNING TEAM	M30	59	01:29:39	03:10:10.50	+01:22:15 (43.0%)	8:16	7.3 (57.5%)
60	MROCZKOWSKI Piotr	2060	MOTO MROKO	M30	60	01:31:41	03:15:24.55	+01:26:56 (44.4%)	8:29	7.1 (55.9%)
61	DONART Michał	2208		M30	61	01:35:23	03:19:07.95	+01:30:32 (45.4%)	8:39	6.9 (54.3%)
62	ADAMOWICZ Przemysław	2219		M30	62	01:36:12	03:18:57.95	+01:30:45 (45.5%)	8:39	6.9 (54.3%)
63	KACZMARSKI Michał	2262		M30	63	01:34:06	03:20:06.70	+01:31:37 (45.7%)	8:42	6.9 (54.3%)
64	WASIEWICZ Michał	2213		M30	64	01:34:26	03:23:55.70	+01:36:22 (47.0%)	8:51	6.8 (53.5%)
65	DOBRUT Krzysztof	2254	MIG ŚLIMAKI	M30	65	01:32:01	03:23:55.80	+01:36:28 (47.0%)	8:51	6.8 (53.5%)
66	ŁAZIUK Marcin	2143		M30	66	01:27:35	03:28:33.65	+01:40:41 (48.0%)	9:04	6.6 (52.0%)
67	LAMPARSKI Łukasz	2185	UNIQA RUNING TEAM	M30	67	01:38:10	03:38:07.35	+01:49:46 (50.2%)	9:29	6.3 (49.6%)
68	GÓRA Paweł	2062		M30	68	01:58:13	04:10:14.25	+02:21:37 (56.5%)	10:52	5.5 (43.3%)

Total 68 results.