

# VIII ZIMOWY MARATON BIESZCZADZKI 2022 - 43KM

B4SPORT

**Wydarzenie:** Zimowy Maraton Bieszczadzki 2022  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2022-01-29  
**Miejsce:** Cisna  
**Dystans:** 43 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Smerek/Wietnam 17km	Brzeziniak 32km	Kara/ bonifikata	Czas netto 43km	Różn	Tempo min/km	Tempo km/h
1	<b>BOROWSKI Kamil</b>	<b>4094</b>	CHEŁM BIEGA	M30	1	01:29:46	02:58:05		<b>04:00:00.25</b>		5:34	10.8 (100%)
2	<b>ZIAJKA Karol</b>	<b>4216</b>	PGR/FINISZ RYMANÓW	M20	1	01:33:02	03:06:59		<b>04:10:20.65</b>	+00:10:21 (4.1%)	5:49	10.3 (95.4%)
3	<b>RYCHTER Karol</b>	<b>4245</b>	THE RYCHTERS	M40	1	01:36:39	03:10:34		<b>04:16:04.25</b>	+00:16:03 (6.3%)	5:57	10.1 (93.5%)
4	<b>MORAWA Mateusz</b>	<b>4236</b>	LACHO TEAM	M40	2	01:41:06	03:15:53		<b>04:26:26.65</b>	+00:26:25 (9.9%)	6:11	9.7 (89.8%)
5	<b>CIEPIELA Patryk</b>	<b>4026</b>	NOWA HUTA TEAM	M30	2	01:41:07	03:17:19		<b>04:28:50.70</b>	+00:28:52 (10.7%)	6:15	9.6 (88.9%)
6	<b>LEWANDOWSKI Miłosz</b>	<b>4116</b>	PODIUM TEAM	M30	3	01:43:22	03:21:22		<b>04:31:27.45</b>	+00:31:25 (11.6%)	6:18	9.5 (88.0%)
7	<b>PISZCZATOWSKI Wojciech</b>	<b>4144</b>	ORANGE POLSKA	M50	1	01:39:11	03:19:19		<b>04:33:24.35</b>	+00:33:20 (12.2%)	6:21	9.4 (87.0%)
8	<b>ŻUBIŃSKI Piotr</b>	<b>4161</b>	ACCELERATING POLAND	M40	3	01:46:00	03:26:00		<b>04:35:36.90</b>	+00:35:34 (12.9%)	6:24	9.4 (87.0%)
9	<b>WĘGLIŃSKI Mikołaj</b>	<b>4145</b>		M30	4		03:24:05		<b>04:35:29.70</b>	+00:35:53 (13.0%)	6:24	9.4 (87.0%)
10	<b>SZAŁKOWSKI Dawid</b>	<b>4099</b>	MARKOWI BIEGACZE	M40	4	01:45:17	03:23:48		<b>04:35:46.35</b>	+00:35:55 (13.0%)	6:24	9.4 (87.0%)
11	<b>JANDZIŚ Wiesław</b>	<b>4247</b>	AKTYWNY DYNÓW	M40	5	01:47:40	03:28:24		<b>04:35:42.25</b>	+00:35:57 (13.0%)	6:24	9.4 (87.0%)
12	<b>ZIĘBA Sabina</b>	<b>4229</b>	FOREVER TEAM	K30	1	01:55:42	03:32:53		<b>04:38:35.35</b>	+00:38:40 (13.9%)	6:28	9.3 (86.1%)
13	<b>PRUCNAL Zbigniew</b>	<b>4167</b>	JASIELSKIE PIORUNY	M50	2	01:47:43	03:25:13		<b>04:37:52.60</b>	+00:38:50 (13.9%)	6:27	9.3 (86.1%)
14	<b>GĄCIARZ Mateusz</b>	<b>4020</b>	GLOGOVIA GŁOGÓW MAŁOPOLSKI	M30	5	01:45:36	03:25:53		<b>04:41:17.30</b>	+00:41:23 (14.7%)	6:32	9.2 (85.2%)
15	<b>SMOLEŃ Janusz</b>	<b>4062</b>		M40	6	01:53:03	03:32:32		<b>04:41:25.45</b>	+00:41:51 (14.8%)	6:32	9.2 (85.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Smerek/Wietnam 17km	Brzeziniak 32km	Kara/ bonifikata	Czas		Tempo min/km	Tempo km/h
									netto 43km	Różn		
16	<b>WIĄCEK Łukasz</b>	<b>4207</b>	IRS KRAKÓW	M40	7	01:45:08	03:27:40		<b>04:44:00.60</b>	+00:44:02 (15.5%)	6:36	9.1 (84.3%)
17	<b>GARCZYŃSKA-WĄS Bogusława</b>	<b>4086</b>	WM TRISELF	K40	1	01:54:30	03:34:00		<b>04:44:39.80</b>	+00:45:20 (15.9%)	6:37	9.1 (84.3%)
18	<b>SZEWC Wojciech</b>	<b>4135</b>	WOJCIO TEAM	M20	2	01:51:48	03:35:48		<b>04:48:05.35</b>	+00:48:29 (16.8%)	6:41	9 (83.3%)
19	<b>URBAŃSKI Krzysztof</b>	<b>4169</b>	TAKADA TEAM	M30	6	01:50:25	03:33:54		<b>04:48:07.15</b>	+00:48:35 (16.8%)	6:42	9 (83.3%)
20	<b>KWIECIEŃ Marek</b>	<b>4077</b>	MARKOWI BIEGACZE	M30	7	01:46:12	03:33:32		<b>04:52:18.40</b>	+00:52:31 (17.9%)	6:47	8.8 (81.5%)
21	<b>SOBOL Krystian</b>	<b>4244</b>		M40	8	01:53:56	03:38:14		<b>04:53:36.40</b>	+00:54:16 (18.4%)	6:49	8.8 (81.5%)
22	<b>SIĘBIDA Mieczysław</b>	<b>4239</b>	FARTLEK GO	M30	8	01:47:33	03:36:37		<b>04:53:53.20</b>	+00:54:22 (18.5%)	6:50	8.8 (81.5%)
23	<b>KARPIŃSKI Tomasz</b>	<b>4006</b>	RUNFORYOURBEER!	M40	9	01:53:50	03:37:17		<b>04:54:47.85</b>	+00:54:51 (18.6%)	6:51	8.8 (81.5%)
24	<b>FLIS-CZAJKA Justyna</b>	<b>4237</b>		K30	2	01:54:46	03:38:55		<b>04:56:11.15</b>	+00:56:10 (19.0%)	6:53	8.7 (80.6%)
25	<b>DEINIUK Roman</b>	<b>4218</b>		M30	9		03:43:05		<b>04:56:42.70</b>	+00:56:59 (19.2%)	6:54	8.7 (80.6%)
26	<b>ZIĘBA Mateusz</b>	<b>4200</b>	FOREVER TEAM	M30	10	01:55:48	03:34:14		<b>04:57:12.30</b>	+00:57:17 (19.3%)	6:54	8.7 (80.6%)
27	<b>BOROŃ Mateusz</b>	<b>4070</b>		M30	11	01:50:59	03:37:28		<b>04:57:11.80</b>	+00:57:25 (19.3%)	6:54	8.7 (80.6%)
28	<b>SZLUFIK Bartek</b>	<b>4036</b>	DREAM TEAM WOKÓŁ ŁYSEJ GÓRY	M30	12	01:57:29	03:43:04		<b>04:56:44.70</b>	+00:57:40 (19.4%)	6:54	8.7 (80.6%)
29	<b>MORGIEWICZ Piotr</b>	<b>4071</b>	RUNGRYF GRYFICE	M50	3	01:54:27	03:38:05		<b>04:57:39.25</b>	+00:58:27 (19.6%)	6:55	8.7 (80.6%)
30	<b>KORZONEK Marcin</b>	<b>4155</b>	SPRINT GORZYCE	M40	10	01:46:43	03:40:27		<b>05:03:28.30</b>	+01:03:23 (20.9%)	7:03	8.5 (78.7%)
31	<b>KURCEWICZ Paweł</b>	<b>4014</b>		M30	13	01:49:43	03:37:54		<b>05:03:31.20</b>	+01:03:30 (20.9%)	7:03	8.5 (78.7%)
32	<b>KALTENBERG Janusz</b>	<b>4128</b>		M50	4	01:58:12	03:43:47		<b>05:03:35.75</b>	+01:03:46 (21.0%)	7:03	8.5 (78.7%)
33	<b>FUS Maciej</b>	<b>4110</b>		M30	14		03:44:05		<b>05:05:34.90</b>	+01:05:38 (21.5%)	7:06	8.4 (77.8%)
34	<b>WOŁOSZYN Artur</b>	<b>4141</b>		M30	15	01:56:00	03:44:08		<b>05:05:37.85</b>	+01:05:39 (21.5%)	7:06	8.4 (77.8%)
35	<b>KUBERA Paweł</b>	<b>4142</b>		M30	16	01:55:26	03:47:02		<b>05:05:13.35</b>	+01:05:59 (21.6%)	7:05	8.5 (78.7%)
36	<b>KOZIEŁŁO Bartosz</b>	<b>4064</b>	TUR ZAMIENIE	M40	11	01:52:12	03:37:59		<b>05:08:14.45</b>	+01:08:10 (22.1%)	7:10	8.4 (77.8%)
37	<b>STACHURSKI Arek</b>	<b>4054</b>		M30	17	01:59:02	03:53:29		<b>05:07:38.75</b>	+01:08:11 (22.1%)	7:09	8.4 (77.8%)
38	<b>BRODA Wojciech</b>	<b>4098</b>	HUTASY RUNNERS TEAM	M50	5	01:53:20	03:42:59		<b>05:08:56.05</b>	+01:09:10 (22.4%)	7:11	8.4 (77.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Tempo min/km	Tempo km/h	
						Smerek/Wietnam 17km	Brzeziniak 32km	Kara/ bonifikata 43km			
39	<b>MOSKAŁA Remigiusz</b>	<b>4177</b>		M40	12	01:55:30	03:43:20	<b>05:09:05.20</b>	+01:09:16 (22.4%)	7:11	8.3 (76.9%)
40	<b>STEPANIAK Grzegorz</b>	<b>4152</b>	SWOBODA	M40	13	01:57:35	03:52:10	<b>05:10:42.80</b>	+01:11:00 (22.8%)	7:13	8.3 (76.9%)
41	<b>SOBIESZEK Sylwia</b>	<b>4043</b>	ZWOLEŃNICY BIEGANIA	K40	2	01:59:04	03:52:25	<b>05:11:19.15</b>	+01:11:19 (22.9%)	7:14	8.3 (76.9%)
42	<b>KOLANO Agnieszka</b>	<b>4158</b>	KUŹNIA TRIATHLONU	K40	3		03:49:48	00:20:00 <b>05:11:42.10</b>	+01:11:46 (23.0%)	6:47	8.8 (81.5%)
43	<b>GOŁĘBIEWSKA Katarzyna</b>	<b>4223</b>	COMFORT ZONE	K40	4	02:00:56	03:56:11	<b>05:12:34.25</b>	+01:12:32 (23.2%)	7:16	8.3 (76.9%)
44	<b>ANTCZAK Jolanta</b>	<b>4131</b>	SPORTOWE PUŁAWY	K30	3	02:05:25	03:55:23	<b>05:13:16.95</b>	+01:13:45 (23.5%)	7:17	8.2 (75.9%)
45	<b>KOZDROWICZ Karol</b>	<b>4041</b>		M50	6	01:54:46	03:54:45	<b>05:15:47.05</b>	+01:16:51 (24.3%)	7:20	8.2 (75.9%)
46	<b>KUCIŃSKI Tomasz</b>	<b>4248</b>		M40	14	02:01:36	03:57:07	<b>05:16:21.90</b>	+01:17:11 (24.3%)	7:21	8.2 (75.9%)
47	<b>SIEMIĄTKOWSKA Katarzyna</b>	<b>4194</b>		K30	4	02:01:19	03:58:10	<b>05:17:05.90</b>	+01:17:31 (24.4%)	7:22	8.1 (75.0%)
48	<b>ASŁANOWICZ Marcin</b>	<b>4037</b>	ŻÓRAWSKI TEAM	M40	15	01:58:14	03:53:42	<b>05:17:53.70</b>	+01:17:57 (24.5%)	7:23	8.1 (75.0%)
49	<b>WÓJCIK Adrian</b>	<b>4001</b>	SZAKALE BAŁUT ŁÓDŹ	M30	18	01:56:11	03:56:03	<b>05:19:02.20</b>	+01:18:57 (24.8%)	7:25	8.1 (75.0%)
50	<b>BARAN Kamil</b>	<b>4059</b>		M30	19	01:54:40	03:47:38	<b>05:19:43.20</b>	+01:20:05 (25.0%)	7:26	8.1 (75.0%)
51	<b>LASKOWSKI Marcin</b>	<b>4105</b>	MAKABI WARSZAWA	M40	16		03:51:08	<b>05:19:54.65</b>	+01:20:06 (25.0%)	7:26	8.1 (75.0%)
52	<b>CHUCHAŁA Paweł</b>	<b>4082</b>	MARKOWI BIEGACZE	M40	17	01:56:30	03:55:33	<b>05:20:08.30</b>	+01:20:23 (25.1%)	7:26	8.1 (75.0%)
53	<b>JAWORSKI Piotr</b>	<b>4189</b>	MARKOWI BIEGACZE	M40	18	01:53:01	03:54:02	<b>05:20:13.95</b>	+01:20:23 (25.1%)	7:26	8.1 (75.0%)
54	<b>NOWAK Wojciech</b>	<b>4050</b>	BEFIT24TEAM	M50	7	01:59:43	03:56:43	<b>05:20:07.55</b>	+01:20:55 (25.2%)	7:26	8.1 (75.0%)
55	<b>KOSIN Paweł</b>	<b>4003</b>	KLUB BIEGAJĄCYCH LEŚNIKÓW	M40	19	02:07:35	04:10:06	<b>05:21:20.95</b>	+01:21:42 (25.4%)	7:28	8 (74.1%)
56	<b>PODLEŚ Robert</b>	<b>4081</b>	COBI POLAND	M60	1			<b>05:22:44.75</b>	+01:22:43 (25.6%)	7:30	8 (74.1%)
57	<b>GŁOWACKI Krzysztof</b>	<b>4065</b>	WALDEK KIEPSKI RUNNING TEAM	M30	20	01:57:06	03:58:05	<b>05:22:20.75</b>	+01:22:58 (25.7%)	7:29	8 (74.1%)
58	<b>HAJZER Ewa</b>	<b>4171</b>	BEAUTY SPORT	K30	5	02:09:09	04:04:07	<b>05:23:18.50</b>	+01:23:23 (25.8%)	7:31	8 (74.1%)
59	<b>STEFANIUK Roman</b>	<b>4045</b>	GRUPA BIEGACZY SKÓRZEC BIEGA	M60	2	01:58:58		<b>05:24:22.45</b>	+01:24:23 (26.0%)	7:32	8 (74.1%)
60	<b>POTONIEC Grzegorz</b>	<b>4208</b>	RODZEŃSTWO	M30	21	01:59:53	04:03:11	<b>05:24:31.80</b>	+01:24:38 (26.1%)	7:32	8 (74.1%)
61	<b>DZIADOSZ Sławomir</b>	<b>4242</b>	PODIUM	M40	20	01:59:18	03:57:53	<b>05:25:11.85</b>	+01:25:07 (26.2%)	7:33	7.9 (73.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Smerek/Wietnam		Kara/ bonifikata	Czas		Tempo min/km	Tempo km/h
						17km	Brzeziniak 32km		43km	Różn		
62	<b>KRZEPKOWSKI Radosław</b>	<b>4004</b>	ADIDAS RUNNERS WARSAW	M40	21	02:00:12	04:00:18		<b>05:24:38.95</b>	+01:25:48 (26.3%)	7:32	7.9 (73.1%)
63	<b>KRASOŃ Marcin</b>	<b>4238</b>		M20	3	01:59:25	04:03:11		<b>05:24:59.65</b>	+01:25:55 (26.4%)	7:33	7.9 (73.1%)
64	<b>CHMAJ Jerzy</b>	<b>4226</b>		M50	8	01:41:27	04:00:08		<b>05:28:10.65</b>	+01:28:13 (26.9%)	7:37	7.9 (73.1%)
65	<b>JOŃCA Michał</b>	<b>4140</b>		M20	4	02:01:02	03:58:51		<b>05:27:12.15</b>	+01:28:23 (26.9%)	7:36	7.9 (73.1%)
66	<b>KOBYLIŃSKI Mariusz</b>	<b>4231</b>	ORANGE POLSKA	M30	22	02:00:37	04:05:19		<b>05:30:21.05</b>	+01:30:23 (27.4%)	7:40	7.8 (72.2%)
67	<b>JAKUBOWSKI Jakub</b>	<b>4093</b>	DZIKITIM	M40	22	02:00:09	04:04:51		<b>05:30:02.20</b>	+01:30:26 (27.4%)	7:40	7.8 (72.2%)
68	<b>STEC Tomasz</b>	<b>4203</b>	ORANGE POLSKA	M40	23	02:00:41	04:05:21		<b>05:30:24.70</b>	+01:30:27 (27.4%)	7:41	7.8 (72.2%)
69	<b>JASTRZĄB Piotr</b>	<b>4092</b>		M50	9	01:58:14	04:06:45		<b>05:31:20.15</b>	+01:31:20 (27.6%)	7:42	7.8 (72.2%)
70	<b>WOLF Weronika</b>	<b>4002</b>	W GÓRACH JEST WSZYSTKO CO KOCHAM ♥	K40	5	02:05:18	04:04:15		<b>05:31:50.50</b>	+01:31:46 (27.7%)	7:43	7.8 (72.2%)
71	<b>CZAPLA Arkadiusz</b>	<b>4215</b>		M50	10	02:02:58	04:12:40		<b>05:31:42.95</b>	+01:31:49 (27.7%)	7:42	7.8 (72.2%)
72	<b>MACHNIKOWSKI Tomasz</b>	<b>4009</b>		M40	24	02:02:59	04:04:43		<b>05:32:25.80</b>	+01:33:01 (27.9%)	7:43	7.8 (72.2%)
73	<b>SZCZYPIŃSKI Bartosz</b>	<b>4007</b>		M40	25	02:02:58	04:04:42		<b>05:32:23.10</b>	+01:33:01 (27.9%)	7:43	7.8 (72.2%)
74	<b>FIŁON Milan</b>	<b>4175</b>		M20	5	02:04:34	04:11:55		<b>05:32:31.95</b>	+01:33:13 (28.0%)	7:43	7.8 (72.2%)
75	<b>WALUSIAK Sylwia</b>	<b>4024</b>	BIEGACZA BIAŁA BIEGA	K30	6	02:09:18	04:09:15		<b>05:33:36.30</b>	+01:34:21 (28.2%)	7:45	7.7 (71.3%)
76	<b>GŁOWACKI Andrzej</b>	<b>4078</b>	MŁODY VS STARY	M50	11	02:09:07	04:09:14		<b>05:33:35.10</b>	+01:34:24 (28.2%)	7:45	7.7 (71.3%)
77	<b>SUWEZDA Jacek</b>	<b>4192</b>	DZIKA TORRA	M50	12	01:57:36	04:08:07		<b>05:33:29.30</b>	+01:34:30 (28.2%)	7:45	7.7 (71.3%)
78	<b>ZIELIŃSKI Marcin</b>	<b>4033</b>		M40	26	02:04:17	04:13:10		<b>05:34:46.00</b>	+01:35:47 (28.5%)	7:47	7.7 (71.3%)
79	<b>LEŚNIEWSKI Daniel</b>	<b>4230</b>	DRUŻYNA L	M40	27	02:00:50	04:13:15		<b>05:36:26.60</b>	+01:36:33 (28.7%)	7:49	7.7 (71.3%)
80	<b>GARUS Łukasz</b>	<b>4166</b>		M40	28	02:00:22	04:10:44		<b>05:38:31.40</b>	+01:38:36 (29.1%)	7:52	7.6 (70.4%)
81	<b>JELEŃIEWSKI Paweł</b>	<b>4083</b>		M30	23		04:12:17		<b>05:39:02.95</b>	+01:39:16 (29.3%)	7:53	7.6 (70.4%)
82	<b>SPRAWKA Marta</b>	<b>4221</b>	TRIWISE	K20	1	02:09:39	04:11:13		<b>05:39:10.60</b>	+01:39:31 (29.3%)	7:53	7.6 (70.4%)
83	<b>KUTA Rafał</b>	<b>4101</b>		M40	29	02:05:21	04:10:51		<b>05:39:05.50</b>	+01:39:49 (29.4%)	7:53	7.6 (70.4%)
84	<b>MACIEJKO Rafał</b>	<b>4220</b>	BIEGAM BO LUBIĘ /KRESOWIANIE	M40	30	02:08:01	04:16:28		<b>05:39:13.00</b>	+01:40:03 (29.4%)	7:53	7.6 (70.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Smerek/Wietnam 17km	Brzeziniak 32km	Kara/ bonifikata	Czas		Tempo min/km	Tempo km/h
									netto 43km	Różn		
85	<b>WOJTKIEWICZ Jarosław</b>	<b>4125</b>	RYŚ KARPATY	M50	13	02:08:26			<b>05:39:55.10</b>	+01:40:09 (29.4%)	7:54	7.6 (70.4%)
86	<b>LORYŚ Adam</b>	<b>4118</b>		M30	24	02:02:33	04:12:02		<b>05:40:19.60</b>	+01:40:38 (29.5%)	7:54	7.6 (70.4%)
87	<b>GWIZDALA Marcin</b>	<b>4183</b>		M20	6	02:01:04	04:12:07		<b>05:41:07.45</b>	+01:41:20 (29.7%)	7:55	7.6 (70.4%)
88	<b>JANICKI Tomasz</b>	<b>4138</b>	21BRYGAD STRZELCÓW PODHALAŃSKICH	M30	25	02:03:52	04:15:16		<b>05:41:32.50</b>	+01:42:27 (29.9%)	7:56	7.6 (70.4%)
89	<b>KUDRYCKI Jakub</b>	<b>4196</b>		M50	14	01:59:29	04:07:17		<b>05:42:47.75</b>	+01:43:25 (30.1%)	7:58	7.5 (69.4%)
90	<b>IDZIOR Tomasz</b>	<b>4217</b>		M20	7	02:05:28	04:15:09		<b>05:43:19.60</b>	+01:43:52 (30.2%)	7:59	7.5 (69.4%)
91	<b>GARCZYŃSKI Darek</b>	<b>4025</b>		M50	15	02:03:53	04:13:01		<b>05:43:35.20</b>	+01:44:32 (30.3%)	7:59	7.5 (69.4%)
92	<b>PŁUŻAŃSKA Kasia</b>	<b>4174</b>	BEAUTY SPORT	K30	7	02:09:26	04:21:19		<b>05:44:49.40</b>	+01:44:56 (30.4%)	8:01	7.5 (69.4%)
93	<b>GAJEWSKI Paweł</b>	<b>4170</b>	BEAUTY SPORT	M50	16	02:10:09	04:21:24		<b>05:44:52.15</b>	+01:44:59 (30.4%)	8:01	7.5 (69.4%)
94	<b>CISOWSKI Artur</b>	<b>4136</b>	TRIWAWA	M40	31	02:01:02	04:14:20		<b>05:44:30.15</b>	+01:45:06 (30.5%)	8:00	7.5 (69.4%)
95	<b>ŚCIBOR Marcin</b>	<b>4232</b>	RUCH IZBICA	M30	26	02:08:53	04:15:57		<b>05:44:22.45</b>	+01:45:16 (30.5%)	8:00	7.5 (69.4%)
96	<b>TOKARZ Marcin</b>	<b>4010</b>		M50	17	02:07:20	04:13:29		<b>05:45:42.10</b>	+01:46:01 (30.6%)	8:02	7.5 (69.4%)
97	<b>DRĄG Mateusz</b>	<b>4209</b>		M20	8	02:01:47	04:12:44		<b>05:46:34.80</b>	+01:46:48 (30.8%)	8:03	7.4 (68.5%)
98	<b>SZWED Tomasz</b>	<b>4150</b>	SUSKA GRUPA BIEGOWA/OSP KURÓW	M30	27		04:25:39		<b>05:46:51.30</b>	+01:46:54 (30.8%)	8:03	7.4 (68.5%)
99	<b>ADAMOWICZ Agnieszka</b>	<b>4027</b>	ZWOLEŃNICY BIEGANIA	K40	6	02:10:59	04:17:51		<b>05:46:57.45</b>	+01:46:57 (30.8%)	8:04	7.4 (68.5%)
100	<b>BOGDAŃSKA Katarzyna</b>	<b>4143</b>	SMASHING PĄPKINS	K20	2	02:05:54	04:12:08		<b>05:47:08.90</b>	+01:47:24 (30.9%)	8:04	7.4 (68.5%)
101	<b>WOŁKOWYCKI Paweł</b>	<b>4193</b>		M30	28	02:05:32	04:25:36		<b>05:47:49.45</b>	+01:47:45 (31.0%)	8:05	7.4 (68.5%)
102	<b>PANTOL Mirosław</b>	<b>4243</b>		M40	32	02:02:51	04:12:04		<b>05:48:39.50</b>	+01:48:57 (31.2%)	8:06	7.4 (68.5%)
103	<b>KISIELEWSKI Andrzej</b>	<b>4095</b>	WILKI PUSZCZY ROMINCKIEJ	M40	33	02:05:27	04:15:27		<b>05:50:21.30</b>	+01:51:07 (31.6%)	8:08	7.4 (68.5%)
104	<b>SZAFRAŃSKI Mateusz</b>	<b>4151</b>	CROSSFIT 72D	M30	29	02:02:32	04:18:59		<b>05:51:21.65</b>	+01:51:45 (31.8%)	8:10	7.3 (67.6%)
105	<b>PYRKOSZ Damian</b>	<b>4146</b>		M50	18	02:04:06	04:16:08		<b>05:51:55.20</b>	+01:52:29 (31.9%)	8:11	7.3 (67.6%)
106	<b>SIERADZKI Dariusz</b>	<b>4126</b>	BIEGAJ Z TRENERAMI	M30	30	02:13:51	04:18:57		<b>05:52:20.55</b>	+01:52:32 (31.9%)	8:11	7.3 (67.6%)
107	<b>GRUCHAŁA Robert</b>	<b>4047</b>	PADŁ NA RYJ TEAM	M40	34	02:08:24	04:19:14		<b>05:52:01.15</b>	+01:52:43 (32.0%)	8:11	7.3 (67.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Smerek/Wietnam		Kara/ bonifikata	Czas		Tempo min/km	Tempo km/h
						17km	Brzeziniak 32km		43km	Różn		
108	<b>KŁOSEK Jacek</b>	<b>4075</b>	100 MARATHON CLUB POLAND	M30	31	02:12:21	04:22:30		<b>05:52:11.70</b>	+01:52:49 (32.0%)	8:11	7.3 (67.6%)
109	<b>KUCHARSKI Paweł</b>	<b>4246</b>	PLANETA NISKO	M40	35	02:10:26	04:20:05		<b>05:54:03.20</b>	+01:54:44 (32.3%)	8:14	7.3 (67.6%)
110	<b>PIELECHA Rafał</b>	<b>4157</b>		M40	36	02:10:45	04:17:35		<b>05:56:14.60</b>	+01:56:23 (32.7%)	8:17	7.2 (66.7%)
111	<b>KOWALCZYK Bartłomiej</b>	<b>4173</b>		M30	32	02:04:08	04:26:45		<b>05:56:50.90</b>	+01:57:48 (32.9%)	8:17	7.2 (66.7%)
112	<b>SIDOROWICZ Grzegorz</b>	<b>4089</b>	UNIQA RUNNING TEAM	M50	19	02:10:30	04:24:44		<b>05:58:45.70</b>	+01:59:13 (33.2%)	8:20	7.2 (66.7%)
113	<b>FLASIŃSKI Michał</b>	<b>4178</b>		M30	33	02:04:53	04:28:27		<b>06:00:17.05</b>	+02:01:08 (33.5%)	8:22	7.2 (66.7%)
114	<b>KIRILENKO Marcin</b>	<b>4102</b>		M40	37	02:02:00	04:22:08		<b>06:02:36.35</b>	+02:02:47 (33.8%)	8:25	7.1 (65.7%)
115	<b>LOESCH Konrad</b>	<b>4204</b>	AZS AWF MASTERS KRAKÓW	M30	34	02:02:21	04:22:10		<b>06:02:37.50</b>	+02:02:48 (33.8%)	8:25	7.1 (65.7%)
116	<b>MARCELA Marcin</b>	<b>4091</b>	FAT MAMA'S SPORT CLUB	M40	38	02:05:34	04:24:02		<b>06:03:00.60</b>	+02:03:05 (33.9%)	8:26	7.1 (65.7%)
117	<b>SKŁADANOWSKA Beata</b>	<b>4165</b>		K30	8	02:11:06	04:26:33		<b>06:03:25.70</b>	+02:03:30 (34.0%)	8:27	7.1 (65.7%)
118	<b>JAROSZ Marcin</b>	<b>4212</b>		M40	39	02:08:52	04:32:35		<b>06:02:35.15</b>	+02:03:57 (34.1%)	8:25	7.1 (65.7%)
119	<b>WARAS Wojciech</b>	<b>4115</b>	SILESIA MARATHON CLUB	M30	35	02:12:45	04:32:44		<b>06:03:41.15</b>	+02:04:01 (34.1%)	8:27	7.1 (65.7%)
120	<b>TRUCHAN Wiesław</b>	<b>4130</b>	WILKI PUSZCZY ROMINCKIEJ	M60	3	02:10:27	04:24:52		<b>06:03:25.35</b>	+02:04:11 (34.1%)	8:27	7.1 (65.7%)
121	<b>PIETRUSZKA Paweł</b>	<b>4100</b>	KLARNECIŚCI ZIEMII JASIELSKIEJ	M40	40	02:03:55	04:16:34		<b>06:03:32.00</b>	+02:04:31 (34.2%)	8:27	7.1 (65.7%)
122	<b>ŁUSZCZ Paweł</b>	<b>4021</b>	GAMONIUSZE	M40	41	02:04:38	04:22:19		<b>06:03:45.65</b>	+02:04:37 (34.2%)	8:27	7.1 (65.7%)
123	<b>MAŁEK Krzysztof</b>	<b>4184</b>		M30	36	02:10:41	04:33:57		<b>06:06:32.80</b>	+02:07:19 (34.7%)	8:31	7 (64.8%)
124	<b>GÓRNA Anita</b>	<b>4121</b>	LPP TEAM	K30	9	02:08:45	04:34:58		<b>06:06:40.15</b>	+02:07:22 (34.7%)	8:31	7 (64.8%)
125	<b>WOŹNY Paweł</b>	<b>4109</b>	RUNPROGRESS TEAM BY TOMASZ KAWIK	M40	42	01:54:14	04:18:40		<b>06:07:03.65</b>	+02:07:41 (34.7%)	8:32	7 (64.8%)
126	<b>KLAUS Dominik</b>	<b>4055</b>	MKS MASTERS PIASECZNO	M40	43	02:08:53	04:32:43		<b>06:06:30.80</b>	+02:07:43 (34.7%)	8:31	7 (64.8%)
127	<b>SUMOREK Sebastian</b>	<b>4104</b>		M40	44	02:05:49	04:25:45		<b>06:07:02.95</b>	+02:07:47 (34.7%)	8:32	7 (64.8%)
128	<b>KOSZAŁKA Marcin</b>	<b>4028</b>		M30	37	02:07:32	04:34:21		<b>06:10:40.55</b>	+02:10:58 (35.3%)	8:37	7 (64.8%)
129	<b>GŁAZ Marek</b>	<b>4022</b>		M30	38	02:05:23	04:34:13		<b>06:10:34.65</b>	+02:10:59 (35.3%)	8:37	7 (64.8%)
130	<b>PORĘBA Eugeniusz</b>	<b>4195</b>	MIECHÓW	M50	20	02:10:04	04:34:59		<b>06:11:13.15</b>	+02:11:39 (35.4%)	8:37	7 (64.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Smerek/Wietnam 17km	Brzeziniak 32km	Kara/ bonifikata	Czas		Tempo min/km	Tempo km/h
									netto 43km	Różn		
131	<b>KOWALSKA Justyna</b>	<b>4107</b>	MORSY OŚNO LUBUSKIE	K40	7	02:10:16	04:38:05		<b>06:12:02.10</b>	+02:12:33 (35.6%)	8:39	6.9 (63.9%)
132	<b>DZIERGAS Teresa</b>	<b>4225</b>	ULTRA KSP	K30	10	02:12:47	04:33:00		<b>06:12:35.20</b>	+02:12:56 (35.6%)	8:39	6.9 (63.9%)
133	<b>PIEKARSKI Wojciech</b>	<b>4224</b>	ATP AUGUSTOW	M50	21		04:31:26		<b>06:13:18.45</b>	+02:13:26 (35.7%)	8:40	6.9 (63.9%)
134	<b>MIKOŁAJCZYK Mariusz</b>	<b>4040</b>	ULTRA KSP	M40	45	02:12:51	04:32:59		<b>06:13:22.80</b>	+02:13:41 (35.8%)	8:40	6.9 (63.9%)
134	<b>CHODOROWSKI Arkadiusz</b>	<b>4080</b>	ULTRA KSP	M40	45	02:12:51	04:32:56		<b>06:13:18.35</b>	+02:13:41 (35.8%)	8:40	6.9 (63.9%)
136	<b>PIETRYKOWSKI Norbert</b>	<b>4072</b>	VITALABO	M40	47	02:25:46	04:39:32		<b>06:13:19.70</b>	+02:13:51 (35.8%)	8:40	6.9 (63.9%)
137	<b>ŁUKASIK Marek</b>	<b>4172</b>		M40	48	02:00:54	04:27:10		<b>06:14:32.95</b>	+02:15:20 (36.0%)	8:42	6.9 (63.9%)
138	<b>GÓRSKI Krzysztof</b>	<b>4147</b>	AKADEMIA SPORTU MEDYK	M30	39	02:10:53	04:35:07		<b>06:14:46.10</b>	+02:15:24 (36.1%)	8:42	6.9 (63.9%)
139	<b>PINIARSKI Paweł</b>	<b>4187</b>	DPKJIP / STR POZNAŃ	M30	40	02:15:30	04:37:04		<b>06:16:36.80</b>	+02:17:00 (36.3%)	8:45	6.9 (63.9%)
140	<b>NAZIMEK Lilianna</b>	<b>4023</b>	SUO TEMPORE	K40	8	02:15:36	04:38:49		<b>06:16:59.30</b>	+02:17:10 (36.4%)	8:46	6.8 (63.0%)
141	<b>KRZYŻEWSKI Roger</b>	<b>4163</b>		M30	41	02:03:46	04:17:45		<b>06:18:36.00</b>	+02:19:08 (36.7%)	8:48	6.8 (63.0%)
142	<b>KALETA Jan</b>	<b>4227</b>	JW 2771 RZAŚKA	M50	22	02:09:36	04:47:57		<b>06:19:59.50</b>	+02:19:58 (36.8%)	8:50	6.8 (63.0%)
143	<b>BAJOREK Norbert</b>	<b>4154</b>	FITNESS FREAKS	M40	49	02:20:30	04:37:41		<b>06:20:44.65</b>	+02:20:50 (37.0%)	8:51	6.8 (63.0%)
144	<b>LEŚNIAK Dariusz</b>	<b>4008</b>		M50	23	02:14:56	04:35:44		<b>06:20:39.30</b>	+02:21:42 (37.1%)	8:51	6.8 (63.0%)
145	<b>WALERJAN Łukasz</b>	<b>4134</b>		M40	50		04:29:31		<b>06:21:01.55</b>	+02:21:45 (37.1%)	8:51	6.8 (63.0%)
146	<b>RULAK Jerzy</b>	<b>4222</b>		M40	51		04:38:27		<b>06:22:21.70</b>	+02:22:52 (37.3%)	8:53	6.7 (62.0%)
147	<b>TRZCIŃSKI Sebastian</b>	<b>4113</b>		M40	52	02:14:23	04:40:16		<b>06:23:39.55</b>	+02:23:35 (37.4%)	8:55	6.7 (62.0%)
148	<b>SOŁTYS Michał</b>	<b>4139</b>		M30	42	02:12:56	04:47:40		<b>06:22:38.85</b>	+02:23:36 (37.4%)	8:53	6.7 (62.0%)
149	<b>STAŃCZAK Paweł</b>	<b>4176</b>		M40	53		04:39:13		<b>06:30:23.80</b>	+02:30:30 (38.5%)	9:04	6.6 (61.1%)
150	<b>SYCZYŃSKI Tomasz</b>	<b>4069</b>	STUDIO TRENINGU INDYWIDUALNEGO	M30	43	02:11:19	04:38:43		<b>06:30:21.15</b>	+02:30:49 (38.6%)	9:04	6.6 (61.1%)
151	<b>ŁUCZAK Tomasz</b>	<b>4058</b>	KB MARATON TUREK	M40	54	02:03:39	04:47:54		<b>06:33:55.20</b>	+02:33:58 (39.1%)	9:09	6.5 (60.2%)
152	<b>ZIEMKIEWICZ Michał</b>	<b>4153</b>	BIEGACZE KLECZEW	M40	55	02:06:21	04:47:58		<b>06:34:03.50</b>	+02:33:59 (39.1%)	9:09	6.5 (60.2%)
152	<b>NOWINOWSKI Andrzej</b>	<b>4060</b>	KB MARATON TUREK	M40	55	02:04:10	04:48:11		<b>06:33:57.60</b>	+02:33:59 (39.1%)	9:09	6.5 (60.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Smerek/Wietnam		Kara/ bonifikata	Czas		Tempo min/km	Tempo km/h
						17km	Brzeziniak 32km		43km	Różn		
154	<b>PRUS Piotr</b>	<b>4061</b>	BIEGACZE KLECZEW	M50	24	02:03:44	04:47:53		<b>06:33:57.00</b>	+02:33:59 (39.1%)	9:09	6.5 (60.2%)
155	<b>BURY Marek</b>	<b>4056</b>		M50	25	02:15:37	04:46:29		<b>06:34:06.95</b>	+02:34:19 (39.1%)	9:09	6.5 (60.2%)
156	<b>SEROKA Piotr</b>	<b>4066</b>		M40	57	02:12:06	04:47:19		<b>06:34:25.95</b>	+02:35:07 (39.3%)	9:10	6.5 (60.2%)
157	<b>GÓRKA Bogusław</b>	<b>4051</b>		M40	58	02:13:36	04:46:34		<b>06:35:19.60</b>	+02:35:23 (39.3%)	9:11	6.5 (60.2%)
158	<b>DRASZAWKA Łukasz</b>	<b>4168</b>	POWER TRAINING	M30	44	02:09:09	04:49:28		<b>06:36:22.80</b>	+02:36:51 (39.5%)	9:13	6.5 (60.2%)
159	<b>ZACHARZYŃSKA Katarzyna</b>	<b>4018</b>	ORANGE POLSKA	K30	11	02:20:35	04:52:08		<b>06:36:40.20</b>	+02:37:11 (39.6%)	9:13	6.5 (60.2%)
160	<b>WYSOKIŃSKI Jerzy</b>	<b>4049</b>	ORANGE POLSKA	M50	26	02:20:10	04:53:48		<b>06:36:31.55</b>	+02:37:32 (39.6%)	9:13	6.5 (60.2%)
161	<b>MAJEWSKA Gizela</b>	<b>4119</b>		K50	1	02:23:28	04:58:32		<b>06:38:32.30</b>	+02:38:47 (39.8%)	9:16	6.5 (60.2%)
162	<b>NORKOWSKA Aleksandra</b>	<b>4233</b>	ORANGE POLSKA	K40	9	02:25:36	05:00:03		<b>06:38:20.85</b>	+02:38:51 (39.8%)	9:15	6.5 (60.2%)
163	<b>GÓRALCZYK Stanisław</b>	<b>4241</b>	"BUNGEE JUMPING MARIO"	M50	27	02:16:25	04:51:59		<b>06:38:06.30</b>	+02:38:53 (39.8%)	9:15	6.5 (60.2%)
164	<b>BUŁAWA Gb-Arch.pl Architekt</b>	<b>4114</b>	GB-ARCH.PL	M40	59	02:10:45	04:48:24		<b>06:40:13.50</b>	+02:40:45 (40.1%)	9:18	6.4 (59.3%)
165	<b>ZNAMIEC Marcin</b>	<b>4097</b>	ULTRA KSP	M40	60	02:14:10	04:41:53		<b>06:41:13.95</b>	+02:41:43 (40.2%)	9:19	6.4 (59.3%)
166	<b>MAŁEK Krzysztof</b>	<b>4019</b>	FORFITERY	M40	61	02:07:21	04:52:30		<b>06:41:21.70</b>	+02:41:44 (40.3%)	9:20	6.4 (59.3%)
167	<b>KRAUZE Tomasz</b>	<b>4160</b>	GRUPA BIEGOWA WROCŁAWSKIE MORSY	M50	28	02:19:28	04:59:00		<b>06:42:32.50</b>	+02:43:23 (40.5%)	9:21	6.4 (59.3%)
168	<b>MUCHA Marek</b>	<b>4148</b>	APOSTLES OF STARS	M30	45	02:14:05	05:02:55		<b>06:43:34.60</b>	+02:44:13 (40.6%)	9:23	6.4 (59.3%)
169	<b>DYGOŃ Małgorzata</b>	<b>4124</b>	BIEGAJ Z TRENERAMI	K40	10	02:24:19	05:03:19		<b>06:44:40.10</b>	+02:44:50 (40.7%)	9:24	6.4 (59.3%)
170	<b>STAWSKA Joanna</b>	<b>4030</b>	BIEGAJ Z TRENERAMI	K50	2	02:24:32	05:03:15		<b>06:44:35.35</b>	+02:44:50 (40.7%)	9:24	6.4 (59.3%)
171	<b>CZUBA Michał</b>	<b>4111</b>		M30	46	02:20:51	04:58:53		<b>06:45:00.20</b>	+02:45:04 (40.7%)	9:25	6.4 (59.3%)
172	<b>JEDLIŃSKI Bartosz</b>	<b>4185</b>	MARATOŃCZYK DĘBICA	M40	62	02:22:45	05:00:54		<b>06:45:28.15</b>	+02:45:45 (40.8%)	9:25	6.4 (59.3%)
173	<b>MASZKOWSKI Rafał</b>	<b>4133</b>		M40	63	02:22:42	05:01:21		<b>06:47:19.55</b>	+02:47:45 (41.1%)	9:28	6.3 (58.3%)
173	<b>MASZKOWSKA Anna</b>	<b>4132</b>		K40	11	02:22:45	05:00:47		<b>06:47:20.85</b>	+02:47:45 (41.1%)	9:28	6.3 (58.3%)
175	<b>BOGUCKA Anna</b>	<b>4039</b>		K40	12	02:10:24	05:10:28		<b>06:48:00.90</b>	+02:48:26 (41.2%)	9:29	6.3 (58.3%)
175	<b>MILEWSKI Andrzej</b>	<b>4017</b>	#TEAMKALDUN/#SRO-BIKE-TEAM	M30	47	02:09:57	05:10:29		<b>06:48:01.65</b>	+02:48:26 (41.2%)	9:29	6.3 (58.3%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Smerek/Wietnam 17km	Brzeziniak 32km	Kara/ bonifikata	Czas		Tempo min/km	Tempo km/h
									netto 43km	Różn		
177	JURCZAK Daniel	4015		M40	64		05:10:29		<b>06:48:01.45</b>	+02:48:27 (41.2%)	9:29	6.3 (58.3%)
178	SZEWCZYK Artur	4108		M50	29	02:23:14	04:58:24		<b>06:49:08.35</b>	+02:49:34 (41.4%)	9:30	6.3 (58.3%)
179	MAZUREK Robert	4106	TRITON	M50	30	02:19:37	04:58:07		<b>06:49:23.95</b>	+02:50:16 (41.5%)	9:31	6.3 (58.3%)
180	NOWAKOWSKI Wiesław	4046	BIEGAM BO LUBIĘ	M60	4	02:16:25	04:56:34		<b>06:49:57.85</b>	+02:50:25 (41.5%)	9:32	6.3 (58.3%)
181	NIEMCZAK Basia	4210	ULTRA KSP	K30	12	02:22:26	05:08:48		<b>06:50:46.85</b>	+02:51:09 (41.6%)	9:33	6.3 (58.3%)
182	WINIARSKA Izabela	4190	IZA GÓRĄ	K40	13	02:25:18	04:59:27		<b>06:52:41.80</b>	+02:53:12 (41.9%)	9:35	6.3 (58.3%)
183	KUTYŁA Stanisław	4201	ORANGE POLSKA	M50	31	02:25:45	05:00:40		<b>06:53:43.70</b>	+02:53:59 (42.0%)	9:37	6.2 (57.4%)
184	KUTYŁA Agnieszka	4202	NIEPOŁOMICE BIEGAJĄ	K50	3	02:25:58	05:00:44		<b>06:53:44.35</b>	+02:54:00 (42.0%)	9:37	6.2 (57.4%)
185	GŁÓWKA Alfred	4197	FIRMA USŁUGOWO-GASTRONOMICZNA ALFRED GŁÓWKA	M50	32	02:13:17	04:58:21		<b>06:53:43.45</b>	+02:54:02 (42.0%)	9:37	6.2 (57.4%)
186	JURCZAK Robert	4122		M50	33	02:20:10	04:58:47		<b>06:53:13.55</b>	+02:54:12 (42.0%)	9:36	6.2 (57.4%)
187	CZECHOSKA Magdalena	4188	64 BATALION LEKKIEJ PIECHOTY	K40	14	02:26:49	04:59:46		<b>06:55:08.70</b>	+02:55:10 (42.2%)	9:39	6.2 (57.4%)
188	KRÓL Michał	4137	ULTRA KSP	M30	48	02:22:32	05:08:45		<b>06:58:21.75</b>	+02:58:50 (42.7%)	9:43	6.2 (57.4%)
189	MAŁKIEWICZ Jarosław	4035		M40	65	02:22:12	05:09:53		<b>06:59:27.50</b>	+03:00:30 (42.9%)	9:45	6.2 (57.4%)
190	KILIAN Mariusz	4063		M50	34	02:15:57	05:07:04		<b>07:02:06.40</b>	+03:02:04 (43.1%)	9:48	6.1 (56.5%)
191	WÓJTOWICZ Paweł	4199		M50	35	02:21:47	05:16:31		<b>07:06:20.30</b>	+03:07:11 (43.8%)	9:54	6.1 (56.5%)
192	KOZAK Marcin	4012	SAINTGOBAIN SQUAD	M40	66	02:23:23	05:16:37		<b>07:08:08.35</b>	+03:08:48 (44.0%)	9:57	6 (55.6%)
193	KUROWSKI Paweł	4162	AKADEMIA SPORTU MEDYK	M40	67	02:13:21	05:08:05		<b>07:10:46.85</b>	+03:11:24 (44.4%)	10:01	6 (55.6%)
194	FARBISZEWSKI Marek	4235	ORANGE POLSKA	M40	68	02:27:18	05:18:28		<b>07:11:27.15</b>	+03:12:27 (44.5%)	10:02	6 (55.6%)
195	DUDEK Dominik	4127		M50	36	02:32:26	05:17:30		<b>07:13:49.45</b>	+03:13:48 (44.7%)	10:05	5.9 (54.6%)
196	BODNAR Adrian	4052		M20	9	02:08:30	05:09:37		<b>07:13:41.40</b>	+03:14:11 (44.7%)	10:05	5.9 (54.6%)
197	BOROWSKI Robert	4228		M30	49	02:16:42	05:18:22		<b>07:17:00.75</b>	+03:17:24 (45.1%)	10:09	5.9 (54.6%)
198	MICHALCZUK Zenon	4214	SEMPER ACTIVE	M60	5	02:33:27	05:20:07		<b>07:20:52.15</b>	+03:21:50 (45.7%)	10:15	5.9 (54.6%)
199	SCHLAPPA Sebastian	4042	IZBICKO W BIEGU	M40	69	02:40:46	05:33:58		<b>07:27:31.60</b>	+03:27:54 (46.4%)	10:24	5.8 (53.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Smerek/Wietnam 17km	Brzeziniak 32km	Kara/ bonifikata	Czas netto 43km	Różn	Tempo min/km	Tempo km/h
200	<b>RUSZNICA Klaudia</b>	<b>4180</b>	PATATAS BRAVAS	K20	3	02:58:12	05:50:36		<b>07:28:05.40</b>	+03:28:13 (46.4%)	10:25	5.8 (53.7%)
<b>Przekroczony limit czasu: 07:30:00</b>												
201	<b>WĄGRODZKA Małgorzata</b>	<b>4038</b>	KLUB BIEGACZA BIAŁA BIEGA	K40	15	02:28:11	05:28:06		<b>07:31:20.70</b>	+03:32:01 (46.9%)	10:29	5.7 (52.8%)
202	<b>ADAMCZYK Ilona</b>	<b>4031</b>	KB BIAŁA BIEGA	K40	16	02:28:15	05:27:57		<b>07:31:42.20</b>	+03:32:23 (46.9%)	10:30	5.7 (52.8%)
203	<b>OPOLSKI Piotr</b>	<b>4073</b>	LUKSUSOWI BIEGACZE - LUKS LUBARTÓW	M40	70	02:40:36	05:29:01		<b>07:34:21.25</b>	+03:35:02 (47.2%)	10:33	5.7 (52.8%)
204	<b>PINDRAL Paweł</b>	<b>4112</b>		M40	71	02:47:59	05:35:26		<b>07:42:36.25</b>	+03:43:15 (48.2%)	10:45	5.6 (51.9%)
205	<b>MARONDEL Katarzyna</b>	<b>4205</b>		K30	13	02:48:00	05:35:56		<b>07:42:55.25</b>	+03:43:35 (48.2%)	10:45	5.6 (51.9%)
206	<b>CHODZIŃSKI Daniel</b>	<b>4079</b>		M40	72	02:45:19	05:44:47		<b>07:49:34.85</b>	+03:49:50 (48.9%)	10:55	5.5 (50.9%)
207	<b>GABRYLEWICZ Katarzyna</b>	<b>4090</b>	UNIQA RUNNING TEAM	K40	17	02:41:58	05:37:08		<b>08:03:57.85</b>	+04:03:53 (50.4%)	11:15	5.3 (49.1%)
208	<b>BURZ-PARADOWSKA Jowita</b>	<b>4044</b>	BYLE DO METY	K40	18	02:48:18	05:55:06		<b>08:13:57.90</b>	+04:14:08 (51.4%)	11:29	5.2 (48.1%)
209	<b>PARADOWSKI Paweł</b>	<b>4011</b>	BYLEDOMETY/BIEGAMBO LUBIEŃ	M50	37	02:48:14	05:55:33		<b>08:13:58.50</b>	+04:14:11 (51.4%)	11:29	5.2 (48.1%)
210	<b>DRZYMAŁA Bogdan</b>	<b>4234</b>		M60	6	02:41:40	05:39:23		<b>08:13:59.35</b>	+04:14:30 (51.5%)	11:29	5.2 (48.1%)
211	<b>BUSZTA Robert</b>	<b>4013</b>		M50	38	02:36:12	05:59:05		<b>08:16:44.45</b>	+04:17:18 (51.7%)	11:33	5.2 (48.1%)
212	<b>BUNIEK Mateusz</b>	<b>4181</b>	PATATAS BRAVAS	M20	10	02:58:13	06:08:11		<b>08:26:39.40</b>	+04:26:49 (52.6%)	11:46	5.1 (47.2%)
213	<b>MUSIAŁOWSKI Kazimierz</b>	<b>4179</b>	KAMUS	M60	7	02:58:08	06:08:11		<b>08:27:01.65</b>	+04:27:09 (52.7%)	11:47	5.1 (47.2%)
	<b>MALECKA-LEŃ Patrycja</b>	<b>4074</b>	STAJNIA BALONA	K40		01:55:30 DNF	DNF		<b>DNF</b>		-	- (0.0%)

Znaleziono 214 wynik(ów)