

VIII ZIMOWY MARATON BIESZCZADZKI 2022 - 43KM

B4SPORT

Event: Zimowy Maraton Bieszczadzki 2022
Organiser: Fundacja Bieg Rzeźnika
Date: 2022-01-29
Place: Cisna
Distance: 43 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: M30

Place	Participant	Number	Club	Category	MCat	Smerek/Wietnam 17km	Brzeziniak 32km	Net time 43km	Gap	Pace min/km	Pace km/h
1	BOROWSKI Kamil	4094	CHEŁM BIEGA	M30	1	01:29:46	02:58:05	04:00:00.25		5:34	10.8 (100%)
2	CIEPIELA Patryk	4026	NOWA HUTA TEAM	M30	2	01:41:07	03:17:19	04:28:50.70	+00:28:52 (10.7%)	6:15	9.6 (88.9%)
3	LEWANDOWSKI Miłosz	4116	PODIUM TEAM	M30	3	01:43:22	03:21:22	04:31:27.45	+00:31:25 (11.6%)	6:18	9.5 (88.0%)
4	WĘGLIŃSKI Mikołaj	4145		M30	4		03:24:05	04:35:29.70	+00:35:53 (13.0%)	6:24	9.4 (87.0%)
5	GAĆIARZ Mateusz	4020	GLOGOVIA GŁOGÓW MAŁOPOLSKI	M30	5	01:45:36	03:25:53	04:41:17.30	+00:41:23 (14.7%)	6:32	9.2 (85.2%)
6	URBAŃSKI Krzysztof	4169	TAKADA TEAM	M30	6	01:50:25	03:33:54	04:48:07.15	+00:48:35 (16.8%)	6:42	9 (83.3%)
7	KWIECIEŃ Marek	4077	MARKOWI BIEGACZE	M30	7	01:46:12	03:33:32	04:52:18.40	+00:52:31 (17.9%)	6:47	8.8 (81.5%)
8	SIĘBIDA Mieczysław	4239	FARTLEK GO	M30	8	01:47:33	03:36:37	04:53:53.20	+00:54:22 (18.5%)	6:50	8.8 (81.5%)
9	DEINIUK Roman	4218		M30	9		03:43:05	04:56:42.70	+00:56:59 (19.2%)	6:54	8.7 (80.6%)
10	ZIĘBA Mateusz	4200	FOREVER TEAM	M30	10	01:55:48	03:34:14	04:57:12.30	+00:57:17 (19.3%)	6:54	8.7 (80.6%)
11	BOROŃ Mateusz	4070		M30	11	01:50:59	03:37:28	04:57:11.80	+00:57:25 (19.3%)	6:54	8.7 (80.6%)
12	SZLUFIK Bartek	4036	DREAM TEAM WOKÓŁ ŁYSEJ GÓRY	M30	12	01:57:29	03:43:04	04:56:44.70	+00:57:40 (19.4%)	6:54	8.7 (80.6%)
13	KURCEWICZ Paweł	4014		M30	13	01:49:43	03:37:54	05:03:31.20	+01:03:30 (20.9%)	7:03	8.5 (78.7%)
14	FUS Maciej	4110		M30	14		03:44:05	05:05:34.90	+01:05:38 (21.5%)	7:06	8.4 (77.8%)
15	WOŁOSZYN Artur	4141		M30	15	01:56:00	03:44:08	05:05:37.85	+01:05:39 (21.5%)	7:06	8.4 (77.8%)
16	KUBERA Paweł	4142		M30	16	01:55:26	03:47:02	05:05:13.35	+01:05:59 (21.6%)	7:05	8.5 (78.7%)
17	STACHURSKI Arek	4054		M30	17	01:59:02	03:53:29	05:07:38.75	+01:08:11 (22.1%)	7:09	8.4 (77.8%)
18	WÓJCIK Adrian	4001	SZAKALE BAŁUT ŁÓDŹ	M30	18	01:56:11	03:56:03	05:19:02.20	+01:18:57 (24.8%)	7:25	8.1 (75.0%)
19	BARAN Kamil	4059		M30	19	01:54:40	03:47:38	05:19:43.20	+01:20:05 (25.0%)	7:26	8.1 (75.0%)
20	GŁOWACKI Krzysztof	4065	WALDEK KIEPSKI RUNNING TEAM	M30	20	01:57:06	03:58:05	05:22:20.75	+01:22:58 (25.7%)	7:29	8 (74.1%)
21	POTONIEC Grzegorz	4208	RODZEŃSTWO	M30	21	01:59:53	04:03:11	05:24:31.80	+01:24:38 (26.1%)	7:32	8 (74.1%)
22	KOBYLIŃSKI Mariusz	4231	ORANGE POLSKA	M30	22	02:00:37	04:05:19	05:30:21.05	+01:30:23 (27.4%)	7:40	7.8 (72.2%)
23	JELEŃIEWSKI Paweł	4083		M30	23		04:12:17	05:39:02.95	+01:39:16 (29.3%)	7:53	7.6 (70.4%)
24	LORYŚ Adam	4118		M30	24	02:02:33	04:12:02	05:40:19.60	+01:40:38 (29.5%)	7:54	7.6 (70.4%)
25	JANICKI Tomasz	4138	21BRYGAD STRZELCÓW PODHALAŃSKICH	M30	25	02:03:52	04:15:16	05:41:32.50	+01:42:27 (29.9%)	7:56	7.6 (70.4%)
26	ŚCIBOR Marcin	4232	RUCH IZBICA	M30	26	02:08:53	04:15:57	05:44:22.45	+01:45:16 (30.5%)	8:00	7.5 (69.4%)
27	SZWED Tomasz	4150	SUSKA GRUPA BIEGOWA/OSP KURÓW	M30	27		04:25:39	05:46:51.30	+01:46:54 (30.8%)	8:03	7.4 (68.5%)
28	WOŁKOWYCKI Paweł	4193		M30	28	02:05:32	04:25:36	05:47:49.45	+01:47:45 (31.0%)	8:05	7.4 (68.5%)
29	SZAFRAŃSKI Mateusz	4151	CROSSFIT 72D	M30	29	02:02:32	04:18:59	05:51:21.65	+01:51:45 (31.8%)	8:10	7.3 (67.6%)

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30	SIERADZKI Dariusz	4126	BIEGAJ Z TRENERAMI	M30	30	02:13:51	04:18:57	05:52:20.55	+01:52:32 (31.9%)	8:11	7.3 (67.6%)
31	KŁOSEK Jacek	4075	100 MARATHON CLUB POLAND	M30	31	02:12:21	04:22:30	05:52:11.70	+01:52:49 (32.0%)	8:11	7.3 (67.6%)
32	KOWALCZYK Bartłomiej	4173		M30	32	02:04:08	04:26:45	05:56:50.90	+01:57:48 (32.9%)	8:17	7.2 (66.7%)
33	FLASIŃSKI Michał	4178		M30	33	02:04:53	04:28:27	06:00:17.05	+02:01:08 (33.5%)	8:22	7.2 (66.7%)
34	LOESCH Konrad	4204	AZS AWF MASTERS KRAKÓW	M30	34	02:02:21	04:22:10	06:02:37.50	+02:02:48 (33.8%)	8:25	7.1 (65.7%)
35	WARAS Wojciech	4115	SILESIA MARATHON CLUB	M30	35	02:12:45	04:32:44	06:03:41.15	+02:04:01 (34.1%)	8:27	7.1 (65.7%)
36	MAŁEK Krzysztof	4184		M30	36	02:10:41	04:33:57	06:06:32.80	+02:07:19 (34.7%)	8:31	7 (64.8%)
37	KOSZAŁKA Marcin	4028		M30	37	02:07:32	04:34:21	06:10:40.55	+02:10:58 (35.3%)	8:37	7 (64.8%)
38	GŁAZ Marek	4022		M30	38	02:05:23	04:34:13	06:10:34.65	+02:10:59 (35.3%)	8:37	7 (64.8%)
39	GÓRSKI Krzysztof	4147	AKADEMIA SPORTU MEDYK	M30	39	02:10:53	04:35:07	06:14:46.10	+02:15:24 (36.1%)	8:42	6.9 (63.9%)
40	PINIARSKI Paweł	4187	DPKJIP / STR POZNAŃ	M30	40	02:15:30	04:37:04	06:16:36.80	+02:17:00 (36.3%)	8:45	6.9 (63.9%)
41	KRZYŻEWSKI Roger	4163		M30	41	02:03:46	04:17:45	06:18:36.00	+02:19:08 (36.7%)	8:48	6.8 (63.0%)
42	SOŁTYS Michał	4139		M30	42	02:12:56	04:47:40	06:22:38.85	+02:23:36 (37.4%)	8:53	6.7 (62.0%)
43	SYCZYŃSKI Tomasz	4069	STUDIO TRENINGU INDYWIDUALNEGO	M30	43	02:11:19	04:38:43	06:30:21.15	+02:30:49 (38.6%)	9:04	6.6 (61.1%)
44	DRASZAWKA Łukasz	4168	POWER TRAINING	M30	44	02:09:09	04:49:28	06:36:22.80	+02:36:51 (39.5%)	9:13	6.5 (60.2%)
45	MUCHA Marek	4148	APOSTLES OF STARS	M30	45	02:14:05	05:02:55	06:43:34.60	+02:44:13 (40.6%)	9:23	6.4 (59.3%)
46	CZUBA Michał	4111		M30	46	02:20:51	04:58:53	06:45:00.20	+02:45:04 (40.7%)	9:25	6.4 (59.3%)
47	MILEWSKI Andrzej	4017	#TEAMKALDUN/#SRO-BIKE-TEAM	M30	47	02:09:57	05:10:29	06:48:01.65	+02:48:26 (41.2%)	9:29	6.3 (58.3%)
48	KRÓL Michał	4137	ULTRA KSP	M30	48	02:22:32	05:08:45	06:58:21.75	+02:58:50 (42.7%)	9:43	6.2 (57.4%)
49	BOROWSKI Robert	4228		M30	49	02:16:42	05:18:22	07:17:00.75	+03:17:24 (45.1%)	10:09	5.9 (54.6%)

Total 49 results.