



# VIKINGS RUN - ELITE PRO RUN 10KM

B4SPORT

**Event:** VIII Vikings Run - UCZTA W VALHALLI  
**Organiser:** Stowarzyszenie Vikings Run  
**Date:** 2024-05-18  
**Place:** Smardzewice  
**Distance:** 10 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Classification: ELITE PRO MASTERS M

Place	Participant	Number	Club	Category	MCat	Drużyna 1	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	<b>BUDZISZ Krzysztof</b>	<b>177</b>	SOCIOS SILESIA	ELITE PRO MASTERS M	1	SOCIOS SILESIA	<b>00:56:14.40</b>	<b>00:56:14.40</b>		5:37	10.7 (100%)
2	<b>MOCZKO Sebastian</b>	<b>158</b>	FIT MORE RYBNIK	ELITE PRO MASTERS M	2	FIT MORE RYBNIK	<b>00:57:14.05</b>	<b>00:57:14.05</b>	+00:00:59 (1.7%)	5:43	10.5 (98.1%)
3	<b>TARKA Andrzej</b>	<b>176</b>	GORAŃY POTOK TEAM	ELITE PRO MASTERS M	3	Gorący Potok Team	<b>00:57:53.15</b>	<b>00:57:53.15</b>	+00:01:38 (2.8%)	5:47	10.4 (97.2%)
4	<b>WIŚNIEWSKI Daniel</b>	<b>171</b>		ELITE PRO MASTERS M	4		<b>01:00:01.00</b>	<b>01:00:01.00</b>	+00:03:46 (6.3%)	6:00	10 (93.5%)
5	<b>GRZEGORZYCA Damian</b>	<b>166</b>	DZIADY OCR	ELITE PRO MASTERS M	5	DZIADY OCR	<b>01:01:55.95</b>	<b>01:01:55.95</b>	+00:05:41 (9.2%)	6:11	9.7 (90.7%)
6	<b>BERNACKI Grzegorz</b>	<b>131</b>	NOTEĆ OCR CZARNKÓW	ELITE PRO MASTERS M	6	NOTEĆ OCR CZARNKÓW	<b>01:02:43.90</b>	<b>01:02:43.90</b>	+00:06:29 (10.3%)	6:16	9.6 (89.7%)
7	<b>BRZESKI Szczepan</b>	<b>145</b>	BEFIT24TEAM	ELITE PRO MASTERS M	7	BeFit24Team	<b>01:05:39.70</b>	<b>01:05:39.70</b>	+00:09:25 (14.3%)	6:33	9.1 (85.0%)
8	<b>PETELCZYC Piotr</b>	<b>169</b>	CARBON SILESIA SPORT	ELITE PRO MASTERS M	8	Carbon Silesia Sport	<b>01:06:20.85</b>	<b>01:06:20.85</b>	+00:10:06 (15.2%)	6:38	9 (84.1%)
9	<b>MECHTA Sebastian</b>	<b>27</b>		ELITE PRO MASTERS M	9	FIT MORE RYBNIK	<b>01:07:44.70</b>	<b>01:07:44.70</b>	+00:11:30 (17.0%)	6:46	8.9 (83.2%)
10	<b>PILAWSKI Ryszard</b>	<b>170</b>	NOTEĆ OCR CZARNKÓW	ELITE PRO MASTERS M	10	NOTEĆ OCR CZARNKÓW	<b>01:09:00.35</b>	<b>01:09:00.35</b>	+00:12:45 (18.5%)	6:54	8.7 (81.3%)
11	<b>SERAFIŃSKI Robert</b>	<b>165</b>	RAJSPOORT ACTIVE	ELITE PRO MASTERS M	11	RAJSPOORT ACTIVE	<b>01:09:21.85</b>	<b>01:09:21.85</b>	+00:13:07 (18.9%)	6:56	8.7 (81.3%)
12	<b>TAŃSKI Michał</b>	<b>133</b>	XRUNNERS	ELITE PRO MASTERS M	12	xRunners	<b>01:09:36.30</b>	<b>01:09:36.30</b>	+00:13:21 (19.2%)	6:57	8.6 (80.4%)
13	<b>MIZGALSKI Jacek</b>	<b>163</b>	DZIADY OCR	ELITE PRO MASTERS M	13	DZIADY OCR	<b>01:11:03.25</b>	<b>01:11:03.25</b>	+00:14:48 (20.8%)	7:06	8.4 (78.5%)
14	<b>ZIARKOWSKI Mirosław</b>	<b>180</b>	FIT MORE RYBNIK	ELITE PRO MASTERS M	14	FIT MORE RYBNIK	<b>01:12:50.60</b>	<b>01:12:50.60</b>	+00:16:36 (22.8%)	7:17	8.2 (76.6%)
15	<b>JANISZEWSKI Grzegorz</b>	<b>164</b>		ELITE PRO MASTERS M	15	DZIADY OCR	<b>01:13:06.35</b>	<b>01:13:06.35</b>	+00:16:51 (23.1%)	7:18	8.2 (76.6%)
16	<b>MOKSIK Jan</b>	<b>161</b>	FIT MORE RYBNIK	ELITE PRO MASTERS M	16	FIT MORE RYBNIK	<b>01:13:46.05</b>	<b>01:13:46.05</b>	+00:17:31 (23.8%)	7:22	8.1 (75.7%)
17	<b>DALKIEWICZ Dariusz</b>	<b>168</b>		ELITE PRO MASTERS M	17	xRunners	<b>01:15:08.70</b>	<b>01:15:08.70</b>	+00:18:54 (25.2%)	7:30	8 (74.8%)
18	<b>BARABAŚ Grzegorz</b>	<b>167</b>	FIT MORE RYBNIK	ELITE PRO MASTERS M	18	FIT MORE RYBNIK	<b>01:16:40.70</b>	<b>01:16:40.70</b>	+00:20:26 (26.7%)	7:40	7.8 (72.9%)
19	<b>KARBOWNICZEK Tomasz</b>	<b>136</b>	BEFIT24TEAM	ELITE PRO MASTERS M	19	BeFit24Team	<b>01:19:11.15</b>	<b>01:19:11.15</b>	+00:22:56 (29.0%)	7:55	7.6 (71.0%)
20	<b>ZIEMNICKI Tomasz</b>	<b>150</b>	FIT MORE RYBNIK	ELITE PRO MASTERS M	20	FIT MORE RYBNIK	<b>01:24:06.10</b>	<b>01:24:06.10</b>	+00:27:51 (33.1%)	8:24	7.1 (66.4%)
21	<b>KURACH Stanisław</b>	<b>172</b>	DZIEDY OCR	ELITE PRO MASTERS M	21	DZIADY OCR	<b>01:27:28.10</b>	<b>01:27:28.10</b>	+00:31:13 (35.7%)	8:44	6.9 (64.5%)
22	<b>CZUBAK Zbigniew</b>	<b>178</b>		ELITE PRO MASTERS M	22		<b>01:27:47.75</b>	<b>01:27:47.75</b>	+00:31:33 (35.9%)	8:46	6.8 (63.6%)
23	<b>SCHMIDT Paweł</b>	<b>156</b>	BEFIT24TEAM	ELITE PRO MASTERS M	23	BeFit24Team	<b>01:39:08.95</b>	<b>01:39:08.95</b>	+00:42:54 (43.3%)	9:54	6.1 (57.0%)

Total 23 results.