



# VIKINGS RUN - ELITE RUN 10KM

B4SPORT

**Wydarzenie:** VIII Vikings Run - UCZTA W VALHALLI  
**Organizator:** Stowarzyszenie Vikings Run  
**Data:** 2024-05-18  
**Miejsce:** Smardzewice  
**Dystans:** 10 km

**B4SPORT**  
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: 09:40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>WIERZBICKI Łukasz</b>	<b>293</b>	GYMLUBLIN	ELITE M	3		<b>00:55:04.50</b>	<b>00:55:04.50</b>		5:30	10.9 (100%)
2	<b>SABATURA Krzysztof</b>	<b>281</b>	VIKINGSRUN	ELITE M	18		<b>01:09:08.30</b>	<b>01:09:08.30</b>	+00:14:03 (20.3%)	6:54	8.7 (79.8%)
3	<b>PAWLKOWSKI Piotr</b>	<b>299</b>	OCR WATAHA PRZEMYŚL	ELITE M	19		<b>01:09:12.00</b>	<b>01:09:12.00</b>	+00:14:07 (20.4%)	6:55	8.7 (79.8%)
4	<b>CIUPEK Adam</b>	<b>300</b>	GYMLUBLIN	ELITE M	22	GymLublin	<b>01:10:29.05</b>	<b>01:10:29.05</b>	+00:15:24 (21.9%)	7:02	8.5 (78.0%)
5	<b>SKRZYDŁO Paweł</b>	<b>290</b>		ELITE M	23	Power Training	<b>01:10:46.80</b>	<b>01:10:46.80</b>	+00:15:42 (22.2%)	7:04	8.5 (78.0%)
6	<b>MACHTYL Zygmunt</b>	<b>302</b>	BEST BEASTS	ELITE MASTERS M	4	Best Beasts	<b>01:13:50.70</b>	<b>01:13:50.70</b>	+00:18:46 (25.4%)	7:23	8.1 (74.3%)
7	<b>PIASECKI Dawid</b>	<b>286</b>	CALISTHENICS PŁOCK	ELITE M	28	Calisthenics Płock	<b>01:13:54.40</b>	<b>01:13:54.40</b>	+00:18:49 (25.5%)	7:23	8.1 (74.3%)
8	<b>SIODŁA Krystin</b>	<b>298</b>	NOTEK OCR CZARNKOW	ELITE M	29		<b>01:14:48.65</b>	<b>01:14:48.65</b>	+00:19:44 (26.4%)	7:28	8 (73.4%)
9	<b>WIETESKA Łukasz</b>	<b>304</b>	OSPRO OCR	ELITE M	30		<b>01:15:29.05</b>	<b>01:15:29.05</b>	+00:20:24 (27.0%)	7:32	7.9 (72.5%)
10	<b>SYPOSZ Marcin</b>	<b>288</b>	OSPRO OCR	ELITE M	31		<b>01:16:06.15</b>	<b>01:16:06.15</b>	+00:21:01 (27.6%)	7:36	7.9 (72.5%)
11	<b>FIRER Radosław</b>	<b>289</b>		ELITE M	33		<b>01:17:24.95</b>	<b>01:17:24.95</b>	+00:22:20 (28.9%)	7:44	7.8 (71.6%)
12	<b>KROCHMAL Damian</b>	<b>301</b>		ELITE M	34		<b>01:17:31.35</b>	<b>01:17:31.35</b>	+00:22:26 (29.0%)	7:45	7.7 (70.6%)
13	<b>CZYŻEWSKI Dominik</b>	<b>294</b>		ELITE M	46		<b>01:21:53.10</b>	<b>01:21:53.10</b>	+00:26:48 (32.7%)	8:11	7.3 (67.0%)
14	<b>DYZMA Krzysztof</b>	<b>282</b>	TO SIEDZI W GŁOWIE	ELITE M	47		<b>01:21:58.90</b>	<b>01:21:58.90</b>	+00:26:54 (32.8%)	8:11	7.3 (67.0%)
15	<b>ZARZYCKI Konrad</b>	<b>303</b>	SOCIOS SILESIA	ELITE MASTERS M	7		<b>01:22:20.00</b>	<b>01:22:20.00</b>	+00:27:15 (33.1%)	8:14	7.3 (67.0%)
16	<b>DURKA Michał</b>	<b>283</b>	CALISTHENICS PŁOCK	ELITE M	49	Calisthenics Płock	<b>01:22:46.90</b>	<b>01:22:46.90</b>	+00:27:42 (33.5%)	8:16	7.2 (66.1%)
17	<b>SZYMAŃSKI Artur</b>	<b>285</b>	CALISTHENICS PŁOCK	ELITE M	51	Calisthenics Płock	<b>01:23:10.75</b>	<b>01:23:10.75</b>	+00:28:06 (33.8%)	8:19	7.2 (66.1%)
18	<b>ZIMNY Adam</b>	<b>291</b>		ELITE M	60		<b>01:30:34.90</b>	<b>01:30:34.90</b>	+00:35:30 (39.2%)	9:03	6.6 (60.6%)
19	<b>FABISIAK Sebastian</b>	<b>284</b>	CALISTHENICS PŁOCK	ELITE M	62	Calisthenics Płock	<b>01:32:27.70</b>	<b>01:32:27.70</b>	+00:37:23 (40.4%)	9:14	6.5 (59.6%)
20	<b>ŻŁOBIŃSKI Ernest</b>	<b>292</b>		ELITE M	74		<b>01:51:22.40</b>	<b>01:51:22.40</b>	+00:56:17 (50.5%)	11:08	5.4 (49.5%)
21	<b>MORKOWSKI Damian</b>	<b>305</b>	OCR RUNNERS MOGILNO	ELITE M	75		<b>01:51:23.10</b>	<b>01:51:23.10</b>	+00:56:18 (50.6%)	11:08	5.4 (49.5%)
22	<b>TARNOWSKI Mateusz</b>	<b>295</b>		ELITE M	80		<b>02:09:55.65</b>	<b>02:09:55.65</b>	+01:14:51 (57.6%)	12:59	4.6 (42.2%)
23	<b>URBANIAK Julian</b>	<b>287</b>		ELITE M	83		<b>02:00:40.55</b>	<b>03:07:52.30</b>	+02:12:47 (70.7%)	12:04	5 (45.9%)
	<b>KOSEK Krzysztof</b>	<b>296</b>		ELITE M		Sii Running Team	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>AUGUSTYNIAK Adrian</b>	<b>297</b>	SII RUNNING TEAM	ELITE M		Sii Running Team	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 25 wynik(ów)