



VIKINGS RUN - ELITE RUN 10KM

B4SPORT

Wydarzenie: VIII Vikings Run - UCZTA W VALHALLI
Organizator: Stowarzyszenie Vikings Run
Data: 2024-05-18
Miejsce: Smardzewice
Dystans: 10 km



Klasyfikacja: ELITE K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	PRUSKO Paulina	361	WATAHA	ELITE K	1	WATAHA	01:08:33.90	01:08:33.90		6:51	8.8 (100%)
2	KAMIŃSKA Justyna	364	DYNAMIC STRONG GNIEZNO	ELITE K	2	Dynamic Strong Gniezno	01:10:26.95	01:10:26.95	+00:01:53 (2.7%)	7:02	8.5 (96.6%)
3	PIWOWARCZYK Anna	344		ELITE K	3	BigYellowFoot Adventure Team	01:11:27.20	01:11:27.20	+00:02:53 (4.0%)	7:08	8.4 (95.5%)
4	HOŁDA Magda	346	BIGYELLOWFOOT ADVENTURE TEAM	ELITE K	4	BigYellowFoot Adventure Team	01:20:08.20	01:20:08.20	+00:11:34 (14.4%)	8:00	7.5 (85.2%)
5	BADRAN Adrianna	368		ELITE K	5		01:20:25.10	01:20:25.10	+00:11:51 (14.7%)	8:02	7.5 (85.2%)
6	PORĘBSKA Katarzyna	353	DZIK KOMANDO	ELITE K	6	Dzik Komando	01:21:53.50	01:21:53.50	+00:13:19 (16.3%)	8:11	7.3 (83.0%)
7	ADAMKIEWICZ Natalia	365	DIRECT SPORT	ELITE K	7		01:22:21.90	01:22:21.90	+00:13:48 (16.8%)	8:14	7.3 (83.0%)
8	SCHWEIZER Mirka	345	BIGYELLOWFOOT ADVENTURE TEAM	ELITE K	8	BigYellowFoot Adventure Team	01:23:39.35	01:23:39.35	+00:15:05 (18.0%)	8:21	7.2 (81.8%)
9	WIERZELEWSKA Ala	354	DYNAMIC STRONG GNIEZNO	ELITE K	9	Dynamic Strong Gniezno	01:24:41.40	01:24:41.40	+00:16:07 (19.0%)	8:28	7.1 (80.7%)
10	WILCZYŃSKA Agata	352	DZIK KOMANDO	ELITE K	10	Dzik Komando	01:26:03.25	01:26:03.25	+00:17:29 (20.3%)	8:36	7 (79.5%)
11	DYZMA Irmína	350	"TO SIEDZI W GŁOWIE"	ELITE K	11		01:26:35.60	01:26:35.60	+00:18:01 (20.8%)	8:39	6.9 (78.4%)
12	WĄDOŁKOWSKA Paulina	347	BIGYELLOWFOOT ADVENTURE TEAM	ELITE K	12	BigYellowFoot Adventure Team	01:28:31.20	01:28:31.20	+00:19:57 (22.5%)	8:51	6.8 (77.3%)
13	DĄBKOWSKA Aleksandra	362		ELITE K	13		01:30:48.15	01:30:48.15	+00:22:14 (24.5%)	9:04	6.6 (75.0%)
14	WYROBEK Katarzyna	366		ELITE K	14		01:35:21.70	01:35:21.70	+00:26:47 (28.1%)	9:32	6.3 (71.6%)
15	MŁYNARCZAK Karolina	356	TO SIEDZI W GŁOWIE	ELITE MASTERS K	1		01:44:13.55	01:44:13.55	+00:35:39 (34.2%)	10:25	5.8 (65.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
16	KOŁODZIEJ Magdalena	369	LEMON TEAM	ELITE K	15	LEMON TEAM	01:50:40.80	01:50:40.80	+00:42:06 (38.1%)	11:04	5.4 (61.4%)
17	ZACHARA Danuta	343		ELITE K	16		01:54:07.40	01:54:07.40	+00:45:33 (39.9%)	11:24	5.3 (60.2%)
18	BOŻYK Kinga	360		ELITE K	17		01:55:00.70	01:55:00.70	+00:46:26 (40.4%)	11:30	5.2 (59.1%)
19	PAWLIKOWSKA-ŚLĘCZKOWSKA Zuzanna	357	WARRIORS ŁÓDŹ	ELITE K	18	Warriors Łódź	01:56:08.55	01:56:08.55	+00:47:34 (41.0%)	11:36	5.2 (59.1%)
20	WILKOWSKA- CIEŚLIK Ewa	359	DZIK KOMANDO	ELITE K	19	Dzik Komando	01:56:24.65	01:56:24.65	+00:47:50 (41.1%)	11:38	5.2 (59.1%)
21	RAK Paulina	348	LEMON TEAM	ELITE K	20	LEMON TEAM	01:57:11.75	01:57:11.75	+00:48:37 (41.5%)	11:43	5.1 (58.0%)
22	KAPUSTA Joanna	358	DZIK KOMANDO	ELITE K	21	Dzik Komando	02:06:03.25	02:06:03.25	+00:57:29 (45.6%)	12:36	4.8 (54.5%)
23	JÓZEFIAK Martyna	355	WARRIORS ŁÓDŹ	ELITE K	22	Warriors Łódź	02:08:08.25	02:08:08.25	+00:59:34 (46.5%)	12:48	4.7 (53.4%)
24	SZKUDLAREK Agata	370		ELITE K	23	OBSTACLE CENTER TEAM	02:09:02.05	02:09:02.05	+01:00:28 (46.9%)	12:54	4.6 (52.3%)
25	RUDNICKA Anna	342		ELITE K	24		02:10:49.50	02:10:49.50	+01:02:15 (47.6%)	13:04	4.6 (52.3%)
26	MACHTYL Marta	363	BEST BEASTS	ELITE K	25	Best Beasts	02:11:13.05	02:11:13.05	+01:02:39 (47.7%)	13:07	4.6 (52.3%)
27	ZAREMBA-GĄSKA Olga	341	BEFIT24TEAM	ELITE K	26		02:15:34.45	02:15:34.45	+01:07:00 (49.4%)	13:33	4.4 (50.0%)
28	MOCZKO Monika	367	FIT MORE RYBNIK	ELITE K	27	FIT MORE RYBNIK	02:30:33.30	02:30:33.30	+01:21:59 (54.5%)	15:03	4 (45.5%)

Znaleziono 28 wynik(ów)