



# VIKINGS RUN - MINI RUN 5KM

B4SPORT

**Event:** VIII Vikings Run - UCZTA W VALHALLI  
**Organiser:** Stowarzyszenie Vikings Run  
**Date:** 2024-05-18  
**Place:** Smardzewice  
**Distance:** 5 km

**B4SPORT**  
INTELEGNTE ZAWODY SPORTOWE

Classification: 11:50

Place	Participant	Number	Club	Category	MCat	Drużyna 1	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	POTAPSKI Michał	1038		OPEN M	7		01:00:05.30	01:00:05.30		12:01	5 (100%)
2	GROCHULSKA Patrycja	1013		OPEN K	2	Córki Odyna	01:03:52.65	01:03:52.65	+00:03:47 (5.9%)	12:46	4.7 (94.0%)
3	JÓZWIK Kinga	1045	NU-MED TEAM	OPEN K	3	NU-MED TeaM	01:06:03.15	01:06:03.15	+00:05:57 (9.0%)	13:12	4.5 (90.0%)
4	WÓJCIAK Małgorzata	1064		OPEN K	4		01:06:19.80	01:06:19.80	+00:06:14 (9.4%)	13:15	4.5 (90.0%)
5	PAKOSZ Robert	1063	JUNGLE NEXTREME	OPEN M	13		01:07:54.00	01:07:54.00	+00:07:48 (11.5%)	13:34	4.4 (88.0%)
6	KIELAN Anna	1024		OPEN K	5	Córki Odyna	01:08:01.50	01:08:01.50	+00:07:56 (11.7%)	13:36	4.4 (88.0%)
7	WIKTOROWSKA Agata	1036	CÓRKI ODYNA	OPEN K	6	Córki Odyna	01:08:30.60	01:08:30.60	+00:08:25 (12.3%)	13:42	4.4 (88.0%)
8	NURKOWSKA Małgorzata	1051	NU-MED TEAM	OPEN K	7	NU-MED TeaM	01:09:09.25	01:09:09.25	+00:09:03 (13.1%)	13:49	4.3 (86.0%)
9	BALICKA Ewa	1030		OPEN K	8	Córki Odyna	01:10:23.30	01:10:23.30	+00:10:18 (14.6%)	14:04	4.3 (86.0%)
10	ADAMCZUK Izabela	1065		OPEN K	9	Córki Odyna	01:11:34.00	01:11:34.00	+00:11:28 (16.0%)	14:18	4.2 (84.0%)
11	TOMCZYK Tomasz	1055	NU-MED TEAM	OPEN M	17	NU-MED TeaM	01:13:39.80	01:13:39.80	+00:13:34 (18.4%)	14:43	4.1 (82.0%)
12	JUREK Adriana	1059	CÓRKI ODYNA	OPEN K	11	Córki Odyna	01:16:21.15	01:16:21.15	+00:16:15 (21.3%)	15:16	3.9 (78.0%)
13	PIETRZAK Justyna	1017		OPEN K	13	Córki Odyna	01:17:03.15	01:17:03.15	+00:16:57 (22.0%)	15:24	3.9 (78.0%)
14	DĘBIŃSKA Oliwia	1014		OPEN K	14	Córki Odyna	01:18:11.95	01:18:11.95	+00:18:06 (23.2%)	15:38	3.8 (76.0%)
15	RYGIELSKI Marek	1054	NU-MED TEAM	OPEN M	22	NU-MED TeaM	01:20:04.15	01:20:04.15	+00:19:58 (25.0%)	16:00	3.7 (74.0%)
16	SITEK Izabela	1015		OPEN K	16	Córki Odyna	01:21:56.45	01:21:56.45	+00:21:51 (26.7%)	16:23	3.7 (74.0%)
17	KOCIĘBA Joanna	1056	NU-MED TEAM	OPEN MASTERS K	1	NU-MED TeaM	01:22:09.40	01:22:09.40	+00:22:04 (26.9%)	16:25	3.7 (74.0%)
18	GREŃDA Jakub	1052	NU-MED TEAM	OPEN M	26	NU-MED TeaM	01:22:50.25	01:22:50.25	+00:22:44 (27.5%)	16:34	3.6 (72.0%)
19	ZIÓŁKOWSKA Marta	1023		OPEN K	24	Córki Odyna	01:25:45.25	01:25:45.25	+00:25:39 (29.9%)	17:09	3.5 (70.0%)
20	JÓZWIK Lucyna	1029		OPEN MASTERS K	3	Córki Odyna	01:29:21.75	01:29:21.75	+00:29:16 (32.8%)	17:52	3.4 (68.0%)
21	PIWOWARSKA Teresa	1058	NU-MED TEAM	OPEN MASTERS K	4	NU-MED TeaM	01:30:05.60	01:30:05.60	+00:30:00 (33.3%)	18:01	3.3 (66.0%)
22	NOWAK Paulina	1068	NU-MED TEAM	OPEN K	27	NU-MED TeaM	01:30:19.75	01:30:19.75	+00:30:14 (33.5%)	18:03	3.3 (66.0%)
23	WÓJCIAK Ewa	1066	CÓRKI ODYNA	OPEN K	28	Córki Odyna	01:32:03.10	01:32:03.10	+00:31:57 (34.7%)	18:24	3.3 (66.0%)
24	ZIAJKA Aleksandra	1016		OPEN K	29	Córki Odyna	01:32:03.45	01:32:03.45	+00:31:58 (34.7%)	18:24	3.3 (66.0%)
25	NACHYŁA Szymon	1046	NU-MED TEAM	OPEN M	32	NU-MED TeaM	01:32:48.60	01:32:48.60	+00:32:43 (35.3%)	18:33	3.2 (64.0%)
26	NACHYŁA Natalia	1047	NU-MED TEAM	OPEN K	30	NU-MED TeaM	01:32:48.65	01:32:48.65	+00:32:43 (35.3%)	18:33	3.2 (64.0%)
27	BIELEJEWSKA Inga	1021		OPEN K	31	Córki Odyna	01:35:22.45	01:35:22.45	+00:35:17 (37.0%)	19:04	3.1 (62.0%)
28	BIELEJEWSKA Izabela	1032		OPEN MASTERS K	5	Córki Odyna	01:35:22.75	01:35:22.75	+00:35:17 (37.0%)	19:04	3.1 (62.0%)
29	LEJKO-POLAKOWSKA Dorota	1019		OPEN K	32	Córki Odyna	01:35:33.20	01:35:33.20	+00:35:27 (37.1%)	19:06	3.1 (62.0%)

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30	<b>RECHCIŃSKA Natalia</b>	<b>1022</b>		OPEN K	33	Córki Odyna	<b>01:35:33.40</b>	<b>01:35:33.40</b>	+00:35:28 (37.1%)	19:06	3.1 (62.0%)
31	<b>AUGUSTYN Miłosz</b>	<b>1027</b>		OPEN M	41		<b>01:35:47.15</b>	<b>01:35:47.15</b>	+00:35:41 (37.3%)	19:09	3.1 (62.0%)
32	<b>JABRZYK Sylwia</b>	<b>1039</b>		OPEN K	34	Córki Odyna	<b>01:36:16.20</b>	<b>01:36:16.20</b>	+00:36:10 (37.6%)	19:15	3.1 (62.0%)
33	<b>JAGIEŁŁO Natalia</b>	<b>1026</b>		OPEN K	36		<b>01:36:55.70</b>	<b>01:36:55.70</b>	+00:36:50 (38.0%)	19:23	3.1 (62.0%)
34	<b>RORATA Łukasz</b>	<b>1043</b>		OPEN M	48		<b>01:38:59.75</b>	<b>01:38:59.75</b>	+00:38:54 (39.3%)	19:47	3 (60.0%)
35	<b>SKOWROŃSKI Mateusz</b>	<b>1070</b>	NUMED TEAM	OPEN M	51	NU-MED TeaM	<b>01:39:33.20</b>	<b>01:39:33.20</b>	+00:39:27 (39.6%)	19:54	3 (60.0%)
36	<b>ŚWITOŃ Zuzanna</b>	<b>1035</b>		OPEN K	42		<b>01:44:28.75</b>	<b>01:44:28.75</b>	+00:44:23 (42.5%)	20:53	2.9 (58.0%)
37	<b>ISKIERKA Dawid</b>	<b>1050</b>	NU-MED TEAM	OPEN M	62	NU-MED TeaM	<b>01:48:40.25</b>	<b>01:48:40.25</b>	+00:48:34 (44.7%)	21:44	2.8 (56.0%)
38	<b>IDZIK Julia</b>	<b>1034</b>		OPEN K	47		<b>01:50:02.80</b>	<b>01:50:02.80</b>	+00:49:57 (45.4%)	22:00	2.7 (54.0%)
39	<b>ISKIERKA Jessica</b>	<b>1049</b>	NU-MED TEAM	OPEN K	48	NU-MED TeaM	<b>01:50:33.25</b>	<b>01:50:33.25</b>	+00:50:27 (45.6%)	22:06	2.7 (54.0%)
40	<b>KARWAS Paulina</b>	<b>1048</b>	NU-MED TEAM	OPEN K	49	NU-MED TeaM	<b>01:50:43.35</b>	<b>01:50:43.35</b>	+00:50:38 (45.7%)	22:08	2.7 (54.0%)
41	<b>JAGIEŁŁO Monika</b>	<b>1028</b>		OPEN MASTERS K	8		<b>01:50:47.40</b>	<b>01:50:47.40</b>	+00:50:42 (45.8%)	22:09	2.7 (54.0%)
42	<b>WARWAS Jan</b>	<b>1025</b>	DZIK KOMANDO	OPEN M	64	DZIK KOMANDO	<b>01:50:59.30</b>	<b>01:50:59.30</b>	+00:50:54 (45.9%)	22:11	2.7 (54.0%)
43	<b>STROPA Paulina</b>	<b>1069</b>	NU-MED TEAM	OPEN K	50	NU-MED TeaM	<b>01:52:01.30</b>	<b>01:52:01.30</b>	+00:51:56 (46.4%)	22:24	2.7 (54.0%)
44	<b>RYBAK Paweł</b>	<b>1067</b>		OPEN MASTERS M	11		<b>01:58:29.70</b>	<b>01:58:29.70</b>	+00:58:24 (49.3%)	23:41	2.5 (50.0%)
	<b>CZARNOTA Mateusz</b>	<b>1011</b>	POWRÓT DZIKÓW 3	OPEN M			<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)
	<b>CZARNOTA Krzysztof</b>	<b>1012</b>	POWRÓT DZIKÓW 3	OPEN M			<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)

Total 46 results.