



# VIKINGS RUN - OPEN RUN+KAYAK 10+2KM

B4SPORT

**Wydarzenie:** VIII Vikings Run - UCZTA W VALHALLI  
**Organizator:** Stowarzyszenie Vikings Run  
**Data:** 2024-05-18  
**Miejsce:** Smardzewice  
**Dystans:** 12 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
1	PRZETOCKI Bartłomiej	680		OPEN M	1		01:07:23.85	01:07:23.85		5:36	10.7 (100%)
2	JOP Szymon	666	SPARTAŃSKA DZICZ	OPEN M	2	Spartańska Dzicz	01:15:29.90	01:15:29.90	+00:08:06 (10.7%)	6:17	9.5 (88.8%)
3	ARDELLI Adam	878	13 ŚBOT	OPEN M	3		01:16:33.60	01:16:33.60	+00:09:09 (12.0%)	6:22	9.4 (87.9%)
4	KOLAWA Dawid	667	SPARTAŃSKA DZICZ	OPEN M	4	Spartańska Dzicz	01:30:12.05	01:30:12.05	+00:22:48 (25.3%)	7:31	8 (74.8%)
5	WERYK Mateusz	839	BIEGUN OCR TEAM	OPEN MASTERS M	1	BIEGUNOCRTEAM	01:30:38.15	01:30:38.15	+00:23:14 (25.6%)	7:33	7.9 (73.8%)
6	BORKOWSKI Karol	899	SPARTAŃSKA DZICZ	OPEN M	5	Spartańska Dzicz	01:31:33.15	01:31:33.15	+00:24:09 (26.4%)	7:37	7.9 (73.8%)
7	FIRST Tomasz	657	POWER TRAINING	OPEN M	6		01:33:02.65	01:33:02.65	+00:25:38 (27.6%)	7:45	7.7 (72.0%)
8	URBAŃSKI Jan	865	KS PLUTON PRZEŻMIEROWO	OPEN M	7		01:35:24.80	01:35:24.80	+00:28:00 (29.4%)	7:57	7.5 (70.1%)
9	KRĘGIELSKI Bartosz	909	BIEGUN OCR TEAM	OPEN MASTERS M	2	BIEGUNOCRTEAM	01:35:25.00	01:35:25.00	+00:28:01 (29.4%)	7:57	7.5 (70.1%)
10	SZULIMOWICZ Maciej	660	BIEGUN OCR TEAM	OPEN MASTERS M	3		01:35:26.80	01:35:26.80	+00:28:02 (29.4%)	7:57	7.5 (70.1%)
11	STĘPNIAK Sebastian	872	CORNING	OPEN M	8		01:37:54.00	01:37:54.00	+00:30:30 (31.2%)	8:09	7.4 (69.2%)
12	TYTOŃ Jakub	871	CORNING	OPEN M	9		01:38:15.00	01:38:15.00	+00:30:51 (31.4%)	8:11	7.3 (68.2%)
13	SZUPLEWSKI Janusz	852	SPARTAŃSKA DZICZ	OPEN M	10	Spartańska Dzicz	01:38:37.10	01:38:37.10	+00:31:13 (31.7%)	8:13	7.3 (68.2%)
14	JAKUBOWSKI Michał	921		OPEN M	11		01:39:11.45	01:39:11.45	+00:31:47 (32.1%)	8:15	7.3 (68.2%)
15	CHABAN Oleksandr	888	TACTIVATE	OPEN M	12	Tactivate	01:39:58.85	01:39:58.85	+00:32:35 (32.6%)	8:19	7.2 (67.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
16	<b>MAUL Michał</b>	<b>721</b>	BESTIE OCR LEGIONOWO	OPEN M	13	Bestie OCR Legionowo	<b>01:41:41.85</b>	<b>01:41:41.85</b>	+00:34:18 (33.7%)	8:28	7.1 (66.4%)
17	<b>SZAFRAŃSKI Kamil</b>	<b>848</b>	KOKO JAMBO I DO PRZODU	OPEN M	14		<b>01:42:35.30</b>	<b>01:42:35.30</b>	+00:35:11 (34.3%)	8:32	7 (65.4%)
18	<b>STĘPIEŃ Mirosław</b>	<b>885</b>	6MBOT/63BLP	OPEN M	15	6MBOT/63blp	<b>01:44:04.05</b>	<b>01:44:04.05</b>	+00:36:40 (35.2%)	8:40	6.9 (64.5%)
19	<b>CZARNIK Marek</b>	<b>668</b>	SPARTAŃSKA DZICZ	OPEN M	16	Spartańska Dzicz	<b>01:44:23.70</b>	<b>01:44:23.70</b>	+00:36:59 (35.4%)	8:41	6.9 (64.5%)
20	<b>ROMBEL Agata</b>	<b>723</b>	BESTIE OCR LEGIONOWO	OPEN K	1	Bestie OCR Legionowo	<b>01:44:25.60</b>	<b>01:44:25.60</b>	+00:37:01 (35.5%)	8:42	6.9 (64.5%)
21	<b>MARCINKOWSKI Łukasz</b>	<b>692</b>	DEVIL INSIDE	OPEN M	17		<b>01:45:39.55</b>	<b>01:45:39.55</b>	+00:38:15 (36.2%)	8:48	6.8 (63.6%)
22	<b>SOBKIEWICZ Michał</b>	<b>812</b>	6MBOT/63BLP	OPEN M	18	6MBOT/63blp	<b>01:45:54.05</b>	<b>01:45:54.05</b>	+00:38:30 (36.4%)	8:49	6.8 (63.6%)
23	<b>KACZMAREK Piotr</b>	<b>758</b>	KS AMBER	OPEN M	19		<b>01:46:48.60</b>	<b>01:46:48.60</b>	+00:39:24 (36.9%)	8:54	6.7 (62.6%)
24	<b>NOWIŃSKI Mateusz</b>	<b>916</b>		OPEN M	20		<b>01:48:17.60</b>	<b>01:48:17.60</b>	+00:40:53 (37.8%)	9:01	6.6 (61.7%)
25	<b>GRODZKI Marcin</b>	<b>669</b>		OPEN MASTERS M	4		<b>01:48:44.55</b>	<b>01:48:44.55</b>	+00:41:20 (38.0%)	9:03	6.6 (61.7%)
26	<b>RYBAK Radosław</b>	<b>900</b>		OPEN M	21		<b>01:53:55.90</b>	<b>01:53:55.90</b>	+00:46:32 (40.8%)	9:29	6.3 (58.9%)
27	<b>BURY Mariusz</b>	<b>901</b>		OPEN M	22		<b>01:53:57.40</b>	<b>01:53:57.40</b>	+00:46:33 (40.9%)	9:29	6.3 (58.9%)
28	<b>BARYCKA Katarzyna</b>	<b>745</b>	TEAM DWA OGNIE	OPEN K	2	TEAM DWA OGNIE	<b>01:54:27.90</b>	<b>01:54:27.90</b>	+00:47:04 (41.1%)	9:32	6.3 (58.9%)
29	<b>BORKOWSKI Jacek</b>	<b>697</b>	SPARTAŃSKA DZICZ	OPEN MASTERS M	5	Spartańska Dzicz	<b>01:55:38.30</b>	<b>01:55:38.30</b>	+00:48:14 (41.7%)	9:38	6.2 (57.9%)
30	<b>KURZYDLAK Jakub</b>	<b>746</b>		OPEN M	23		<b>01:55:47.35</b>	<b>01:55:47.35</b>	+00:48:23 (41.8%)	9:38	6.2 (57.9%)
31	<b>CZAPNIK Mateusz</b>	<b>855</b>		OPEN M	24		<b>01:55:49.10</b>	<b>01:55:49.10</b>	+00:48:25 (41.8%)	9:39	6.2 (57.9%)
32	<b>RATYŃSKI Paweł</b>	<b>736</b>	TEAM DWA OGNIE	OPEN M	25	TEAM DWA OGNIE	<b>01:55:54.15</b>	<b>01:55:54.15</b>	+00:48:30 (41.8%)	9:39	6.2 (57.9%)
33	<b>KOZŁOWSKI Paweł</b>	<b>756</b>	BESTIE OCR LEGIONOWO	OPEN MASTERS M	6	Bestie OCR Legionowo	<b>01:56:19.80</b>	<b>01:56:19.80</b>	+00:48:55 (42.1%)	9:41	6.2 (57.9%)
34	<b>PARULSKI Jacek</b>	<b>902</b>	1 GWIAZDKA	OPEN M	26		<b>01:56:39.70</b>	<b>01:56:39.70</b>	+00:49:15 (42.2%)	9:43	6.2 (57.9%)
35	<b>ABRAMCZYK Michał</b>	<b>882</b>	OBSTACLE CENTER TEAM	OPEN M	27		<b>01:56:59.25</b>	<b>01:56:59.25</b>	+00:49:35 (42.4%)	9:44	6.2 (57.9%)
36	<b>CZYŻ Mateusz</b>	<b>706</b>		OPEN M	28		<b>01:57:12.30</b>	<b>01:57:12.30</b>	+00:49:48 (42.5%)	9:46	6.1 (57.0%)
37	<b>KULCZYCKI Kosma</b>	<b>881</b>		OPEN M	29		<b>01:58:42.90</b>	<b>01:58:42.90</b>	+00:51:19 (43.2%)	9:53	6.1 (57.0%)
38	<b>SZYMAŃSKI Jakub</b>	<b>896</b>	REHA PRESTIGE	OPEN M	30		<b>01:59:35.20</b>	<b>01:59:35.20</b>	+00:52:11 (43.6%)	9:57	6 (56.1%)

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39	<b>MAKSYMOWICZ Piotr</b>	<b>722</b>	TEAM DWA OGNIE	OPEN MASTERS M	7	TEAM DWA OGNIE	<b>02:00:04.65</b>	<b>02:00:04.65</b>	+00:52:40 (43.9%)	10:00	6 (56.1%)
40	<b>SZULC Piotr</b>	<b>791</b>	ITALIANO	OPEN M	31		<b>02:00:33.10</b>	<b>02:00:33.10</b>	+00:53:09 (44.1%)	10:02	6 (56.1%)
41	<b>SZCZEPAŃSKI Paweł</b>	<b>860</b>		OPEN M	32		<b>02:01:22.25</b>	<b>02:01:22.25</b>	+00:53:58 (44.5%)	10:06	5.9 (55.1%)
42	<b>OGRODOWCZYK Karol</b>	<b>875</b>	BEFIT24TEAM	OPEN M	33		<b>02:01:41.55</b>	<b>02:01:41.55</b>	+00:54:17 (44.6%)	10:08	5.9 (55.1%)
43	<b>DOMINIAK Mateusz</b>	<b>800</b>		OPEN M	34	CLARIANT	<b>02:03:48.75</b>	<b>02:03:48.75</b>	+00:56:24 (45.6%)	10:19	5.8 (54.2%)
44	<b>MROŻEK Michał</b>	<b>674</b>	SUŁTANI FITNESSU	OPEN M	35	Sułtani Fitnessu	<b>02:04:03.95</b>	<b>02:04:03.95</b>	+00:56:40 (45.7%)	10:20	5.8 (54.2%)
45	<b>BAGIŃSKI Ryszard</b>	<b>733</b>		OPEN MASTERS M	8		<b>02:04:04.00</b>	<b>02:04:04.00</b>	+00:56:40 (45.7%)	10:20	5.8 (54.2%)
46	<b>NOWAK Michał</b>	<b>829</b>	EUROGLAS POLSKA	OPEN MASTERS M	9		<b>02:04:15.30</b>	<b>02:04:15.30</b>	+00:56:51 (45.8%)	10:21	5.8 (54.2%)
47	<b>JĘCZMYK Łukasz</b>	<b>876</b>	SUŁTANI FITNESSU	OPEN M	36	Sułtani Fitnessu	<b>02:04:43.75</b>	<b>02:04:43.75</b>	+00:57:19 (46.0%)	10:23	5.8 (54.2%)
48	<b>DRABCZYK Artur</b>	<b>676</b>		OPEN M	37		<b>02:05:25.15</b>	<b>02:05:25.15</b>	+00:58:01 (46.3%)	10:27	5.7 (53.3%)
49	<b>PAVELKO Sancho</b>	<b>903</b>		OPEN M	38	1GWIAZDKA	<b>02:05:58.70</b>	<b>02:05:58.70</b>	+00:58:34 (46.5%)	10:29	5.7 (53.3%)
50	<b>STANIASZEK Michał</b>	<b>675</b>	SUŁTANI FITNESSU	OPEN MASTERS M	10	Sułtani Fitnessu	<b>02:06:03.00</b>	<b>02:06:03.00</b>	+00:58:39 (46.5%)	10:30	5.7 (53.3%)
51	<b>PRZYBYSZ Mariusz</b>	<b>854</b>		OPEN M	39	Lordowskie Mordeczki	<b>02:06:24.25</b>	<b>02:06:24.25</b>	+00:59:00 (46.7%)	10:32	5.7 (53.3%)
52	<b>TYMCZENKO Tomasz</b>	<b>853</b>		OPEN M	40	Lordowskie Mordeczki	<b>02:06:35.00</b>	<b>02:06:35.00</b>	+00:59:11 (46.8%)	10:32	5.7 (53.3%)
53	<b>CZERSKI Grzegorz</b>	<b>869</b>	JACK MAMONA CLUB	OPEN M	41		<b>02:06:40.05</b>	<b>02:06:40.05</b>	+00:59:16 (46.8%)	10:33	5.7 (53.3%)
54	<b>BRYŃSKA Monika</b>	<b>907</b>		OPEN K	3	Dziabdziul Family	<b>02:06:40.45</b>	<b>02:06:40.45</b>	+00:59:16 (46.8%)	10:33	5.7 (53.3%)
55	<b>BRYŃSKI Grzegorz</b>	<b>908</b>		OPEN M	42	Dziabdziul Family	<b>02:06:40.60</b>	<b>02:06:40.60</b>	+00:59:16 (46.8%)	10:33	5.7 (53.3%)
56	<b>PTAK Marcin</b>	<b>815</b>		OPEN M	43		<b>02:07:24.10</b>	<b>02:07:24.10</b>	+01:00:00 (47.1%)	10:37	5.7 (53.3%)
57	<b>FILIPCZAK Kamil</b>	<b>810</b>		OPEN MASTERS M	11		<b>02:07:58.50</b>	<b>02:07:58.50</b>	+01:00:34 (47.3%)	10:39	5.6 (52.3%)
58	<b>CHODKOWSKA-FILIPCZAK Patrycja</b>	<b>811</b>		OPEN K	4		<b>02:07:59.50</b>	<b>02:07:59.50</b>	+01:00:35 (47.3%)	10:39	5.6 (52.3%)
59	<b>ERENBERG Rafał</b>	<b>748</b>	EDC.TEAM/DZIKINAHAMAKACH/FUDU&CO.SPORTTEAM	OPEN M	44		<b>02:08:01.65</b>	<b>02:08:01.65</b>	+01:00:37 (47.4%)	10:40	5.6 (52.3%)
60	<b>ERENBERG Dawid</b>	<b>749</b>	FUDU&CO.SPORTTEAM	OPEN M	45		<b>02:08:01.90</b>	<b>02:08:01.90</b>	+01:00:38 (47.4%)	10:40	5.6 (52.3%)
61	<b>TOKARSKI Mariusz</b>	<b>695</b>		OPEN M	46	Pędzące kombinerki	<b>02:08:37.75</b>	<b>02:08:37.75</b>	+01:01:13 (47.6%)	10:43	5.6 (52.3%)

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62	HUBAR Cezary	663		OPEN M	47		02:09:19.80	02:09:19.80	+01:01:55 (47.9%)	10:46	5.6 (52.3%)
63	PLEWKA Daniel	698		OPEN M	48		02:10:10.10	02:10:10.10	+01:02:46 (48.2%)	10:50	5.5 (51.4%)
63	MELA-GRZĘDA Justyna	821	CHEEKY MONKEY TEAM	OPEN K	5		02:10:10.10	02:10:10.10	+01:02:46 (48.2%)	10:50	5.5 (51.4%)
65	NOWAK Filip	864		OPEN M	49		02:10:43.15	02:10:43.15	+01:03:19 (48.4%)	10:53	5.5 (51.4%)
66	JANIK Roman	673	SUŁTANI FITNESSU	OPEN MASTERS M	12	Sułtani Fitnessu	02:11:15.90	02:11:15.90	+01:03:52 (48.7%)	10:56	5.5 (51.4%)
67	MEJGIER Leszek	775		OPEN M	50	Japońscy wojownicy	02:12:08.95	02:12:08.95	+01:04:45 (49.0%)	11:00	5.4 (50.5%)
68	MARSZAŁEK Marcin	737		OPEN M	51		02:13:46.60	02:13:46.60	+01:06:22 (49.6%)	11:08	5.4 (50.5%)
69	POREDA Daniel	707	TEAM DWA OGNIE	OPEN MASTERS M	13	TEAM DWA OGNIE	02:14:14.30	02:14:14.30	+01:06:50 (49.8%)	11:11	5.4 (50.5%)
70	MROCZEK Piotr	856		OPEN M	52		02:14:33.70	02:14:33.70	+01:07:09 (49.9%)	11:12	5.4 (50.5%)
71	URBAŃSKI Wojciech	866	KS PLUTON PRZEŻMIEROWO	OPEN M	53		02:15:12.65	02:15:12.65	+01:07:48 (50.2%)	11:16	5.3 (49.5%)
72	DĄBROWSKA Justyna	732	CALISTHENICS PŁOCK	OPEN K	6		02:15:37.25	02:15:37.25	+01:08:13 (50.3%)	11:18	5.3 (49.5%)
73	CHUDZIK Adrian	641		OPEN M	54	Pędzące kombinerki	02:15:49.05	02:15:49.05	+01:08:25 (50.4%)	11:19	5.3 (49.5%)
74	CUPIAŁ Michał	687	R.AMBO DRUGA CREW	OPEN MASTERS M	14	R.Ambo Druga Crew	02:19:13.70	02:19:13.70	+01:11:49 (51.6%)	11:36	5.2 (48.6%)
75	KRAMEK Radosław	685	R.AMBO DRUGA CREW	OPEN MASTERS M	15	R.Ambo Druga Crew	02:19:13.75	02:19:13.75	+01:11:49 (51.6%)	11:36	5.2 (48.6%)
75	AMBO Rafał	688	R.AMBO DRUGA CREW	OPEN M	55	R.Ambo Druga Crew	02:19:13.75	02:19:13.75	+01:11:49 (51.6%)	11:36	5.2 (48.6%)
77	CZERSKI Mikołaj	868	JACK MAMONA CLUB	OPEN M	56		02:20:01.65	02:20:01.65	+01:12:37 (51.9%)	11:40	5.1 (47.7%)
78	TAŃSKI Darek	642		OPEN M	57		02:20:07.70	02:20:07.70	+01:12:43 (51.9%)	11:40	5.1 (47.7%)
79	SAMUŁA Paweł	718	BESTIEOCRLEGIONOWO	OPEN M	58	Bestie OCR Legionowo	02:20:47.95	02:20:47.95	+01:13:24 (52.1%)	11:43	5.1 (47.7%)
80	PAGOS Alex	898		OPEN M	59		02:21:55.40	02:21:55.40	+01:14:31 (52.5%)	11:49	5.1 (47.7%)
81	SZPAKOWSKI Jacek	690	GERIATRIC MADNESS	OPEN M	60		02:22:33.85	02:22:33.85	+01:15:10 (52.7%)	11:52	5.1 (47.7%)
82	BIEGAŃSKI Damian	654		OPEN M	61		02:23:11.90	02:23:11.90	+01:15:48 (52.9%)	11:55	5 (46.7%)
83	KRAWCZYK Damian	653		OPEN M	62		02:23:12.15	02:23:12.15	+01:15:48 (52.9%)	11:56	5 (46.7%)
84	TRUSZKOWSKA Marta	716	BESTIE OCR LEGIONOWO	OPEN K	7	Bestie OCR Legionowo	02:23:28.40	02:23:28.40	+01:16:04 (53.0%)	11:57	5 (46.7%)

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85	<b>DOBIES Maciej</b>	<b>731</b>		OPEN M	63		<b>02:23:47.05</b>	<b>02:23:47.05</b>	+01:16:23 (53.1%)	11:58	5 (46.7%)
86	<b>PTASZYŃSKA Marta</b>	<b>765</b>		OPEN K	8		<b>02:24:07.55</b>	<b>02:24:07.55</b>	+01:16:43 (53.2%)	12:00	5 (46.7%)
87	<b>MATUSZAK Kamil</b>	<b>671</b>		OPEN M	64		<b>02:24:16.30</b>	<b>02:24:16.30</b>	+01:16:52 (53.3%)	12:01	5 (46.7%)
88	<b>PAWLAK Adam</b>	<b>672</b>		OPEN M	65		<b>02:24:16.60</b>	<b>02:24:16.60</b>	+01:16:52 (53.3%)	12:01	5 (46.7%)
89	<b>ZYSK LISICA Paulina</b>	<b>920</b>	TEAM DWA OGNIE	OPEN MASTERS K	1	TEAM DWA OGNIE	<b>02:24:23.10</b>	<b>02:24:23.10</b>	+01:16:59 (53.3%)	12:01	5 (46.7%)
90	<b>GREMBOWSKI Robert</b>	<b>877</b>		OPEN M	66		<b>02:24:55.35</b>	<b>02:24:55.35</b>	+01:17:31 (53.5%)	12:04	5 (46.7%)
91	<b>ANDRADZKI Daniel</b>	<b>753</b>		OPEN M	67	TEAM DWA OGNIE	<b>02:25:59.50</b>	<b>02:25:59.50</b>	+01:18:35 (53.8%)	12:09	4.9 (45.8%)
92	<b>TRICKETT Joe</b>	<b>762</b>		OPEN M	68		<b>02:26:01.60</b>	<b>02:26:01.60</b>	+01:18:37 (53.8%)	12:10	4.9 (45.8%)
93	<b>TRICKETT Ben</b>	<b>761</b>		OPEN M	69		<b>02:26:05.50</b>	<b>02:26:05.50</b>	+01:18:41 (53.9%)	12:10	4.9 (45.8%)
94	<b>MATYSIEWICZ Sławomir</b>	<b>714</b>		OPEN MASTERS M	16		<b>02:27:08.90</b>	<b>02:27:08.90</b>	+01:19:45 (54.2%)	12:15	4.9 (45.8%)
95	<b>PTASZYŃSKI Paweł</b>	<b>764</b>		OPEN M	70		<b>02:27:35.40</b>	<b>02:27:35.40</b>	+01:20:11 (54.3%)	12:17	4.9 (45.8%)
96	<b>SŁOMKA Bartłomiej</b>	<b>859</b>		OPEN M	71		<b>02:28:10.70</b>	<b>02:28:10.70</b>	+01:20:46 (54.5%)	12:20	4.9 (45.8%)
97	<b>RENDZIA Emil</b>	<b>858</b>		OPEN M	72		<b>02:28:11.00</b>	<b>02:28:11.00</b>	+01:20:47 (54.5%)	12:20	4.9 (45.8%)
98	<b>KRUPA Nikodem</b>	<b>696</b>		OPEN M	73		<b>02:29:18.40</b>	<b>02:29:18.40</b>	+01:21:54 (54.9%)	12:26	4.8 (44.9%)
99	<b>PIELAS Łukasz</b>	<b>686</b>		OPEN M	74		<b>02:29:56.65</b>	<b>02:29:56.65</b>	+01:22:32 (55.1%)	12:29	4.8 (44.9%)
100	<b>ŚWIĄTKOWSKI Marcin</b>	<b>789</b>		OPEN M	75	Berserkowie	<b>02:30:48.60</b>	<b>02:30:48.60</b>	+01:23:24 (55.3%)	12:34	4.8 (44.9%)
101	<b>MIKUSEK Damian</b>	<b>664</b>	DZIKA ZADYSZKA	OPEN M	76		<b>02:31:03.10</b>	<b>02:31:03.10</b>	+01:23:39 (55.4%)	12:35	4.8 (44.9%)
102	<b>DYBOWSKI Arkadiusz</b>	<b>763</b>		OPEN M	77	Czy to ważne?	<b>02:31:03.80</b>	<b>02:31:03.80</b>	+01:23:39 (55.4%)	12:35	4.8 (44.9%)
103	<b>RAGA Andrii</b>	<b>889</b>	TACTIVATE	OPEN M	78	Tactivate	<b>02:31:05.10</b>	<b>02:31:05.10</b>	+01:23:41 (55.4%)	12:35	4.8 (44.9%)
104	<b>KOBUSIŃSKI Maciej</b>	<b>774</b>	JAPOŃSCY WOJOWNICY	OPEN M	79	Japońscy wojownicy	<b>02:31:34.65</b>	<b>02:31:34.65</b>	+01:24:10 (55.5%)	12:37	4.8 (44.9%)
105	<b>BONISŁAWSKI Tomasz</b>	<b>734</b>	BESTIE	OPEN M	80	Bestie OCR Legionowo	<b>02:32:25.80</b>	<b>02:32:25.80</b>	+01:25:01 (55.8%)	12:42	4.7 (43.9%)
106	<b>MAJEWSKI Przemysław</b>	<b>863</b>	BIEGUN OCR TEAM	OPEN M	81		<b>02:33:40.15</b>	<b>02:33:40.15</b>	+01:26:16 (56.1%)	12:48	4.7 (43.9%)
107	<b>MAJEWSKA Ewa</b>	<b>684</b>		OPEN K	9	BIEGUNOCRTEAM	<b>02:33:40.20</b>	<b>02:33:40.20</b>	+01:26:16 (56.1%)	12:48	4.7 (43.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
108	STANCHIU Serhii	891	TACTIVATE	OPEN M	82	Tactivate	02:33:45.40	02:33:45.40	+01:26:21 (56.2%)	12:48	4.7 (43.9%)
109	BAJZERT Bartosz	831		OPEN M	83		02:33:50.85	02:33:50.85	+01:26:27 (56.2%)	12:49	4.7 (43.9%)
110	CIĄGŁO Danuta	655		OPEN K	10		02:34:03.35	02:34:03.35	+01:26:39 (56.3%)	12:50	4.7 (43.9%)
111	WÓDCZAK Waldemar	681		OPEN M	84		02:34:18.20	02:34:18.20	+01:26:54 (56.3%)	12:51	4.7 (43.9%)
112	ZIOBROWSKI Przemysław	887	RKS HUWDU	OPEN M	85	RKS HUWDU	02:34:40.20	02:34:40.20	+01:27:16 (56.4%)	12:53	4.7 (43.9%)
113	SADOWSKA Katarzyna	773	JAPOŃSCY WOJOWNICY	OPEN K	11	Japońscy wojownicy	02:35:05.80	02:35:05.80	+01:27:41 (56.5%)	12:55	4.6 (43.0%)
114	ŁOŃ Agnieszka	752	BESTIE OCR LEGIONOWO	OPEN K	12	Bestie OCR Legionowo	02:35:34.25	02:35:34.25	+01:28:10 (56.7%)	12:57	4.6 (43.0%)
115	SOBÓW Dominik	705		OPEN M	86		02:35:42.80	02:35:42.80	+01:28:18 (56.7%)	12:58	4.6 (43.0%)
116	GAGAT Bartłomiej	870	CSC ADVENTURE ACADEMY	OPEN M	87	Muchomorki	02:35:45.00	02:35:45.00	+01:28:21 (56.7%)	12:58	4.6 (43.0%)
117	WIŚNIEWSKA Dorota	867		OPEN K	13	Muchomorki	02:35:45.20	02:35:45.20	+01:28:21 (56.7%)	12:58	4.6 (43.0%)
118	BUJAKOWSKI Michał	708	TEAM DWA OGNIE	OPEN M	88		02:36:18.05	02:36:18.05	+01:28:54 (56.9%)	13:01	4.6 (43.0%)
119	STEMPCZYŃSKA Justyna	665		OPEN MASTERS K	2	BIEGUNOCRTEAM	02:36:52.60	02:36:52.60	+01:29:28 (57.0%)	13:04	4.6 (43.0%)
120	FRAK Dawid	779	JAPOŃSCY WOJOWNICY	OPEN M	89	Japońscy wojownicy	02:37:12.05	02:37:12.05	+01:29:48 (57.1%)	13:06	4.6 (43.0%)
121	AMORIM Leandro	841		OPEN M	90		02:37:25.25	02:37:25.25	+01:30:01 (57.2%)	13:07	4.6 (43.0%)
122	PARADECKI Konrad	790		OPEN M	91	Berserkowie	02:37:40.90	02:37:40.90	+01:30:17 (57.3%)	13:08	4.6 (43.0%)
123	PĘCZEK Daniel	691		OPEN M	92		02:38:08.00	02:38:08.00	+01:30:44 (57.4%)	13:10	4.6 (43.0%)
124	BOJANOWSKI Arseniusz	822		OPEN MASTERS M	17		02:38:34.70	02:38:34.70	+01:31:10 (57.5%)	13:12	4.5 (42.1%)
125	BEDNARZ Artur	743	TEAM DWA OGNIE	OPEN M	93	TEAM DWA OGNIE	02:39:00.70	02:39:00.70	+01:31:36 (57.6%)	13:15	4.5 (42.1%)
126	DUBIELECKI Patryk	895		OPEN M	94		02:40:27.70	02:40:27.70	+01:33:03 (58.0%)	13:22	4.5 (42.1%)
127	NOWAKOWSKA Paulina	917		OPEN K	14		02:40:27.75	02:40:27.75	+01:33:03 (58.0%)	13:22	4.5 (42.1%)
128	OLSZEWSKI Leszek	709	TEAM DWA OGNIE	OPEN MASTERS M	18	TEAM DWA OGNIE	02:40:40.15	02:40:40.15	+01:33:16 (58.1%)	13:23	4.5 (42.1%)
129	GLINIANOWICZ Michał	783	JAPOŃSCY WOJOWNICY	OPEN M	95	Japońscy wojownicy	02:40:50.25	02:40:50.25	+01:33:26 (58.1%)	13:24	4.5 (42.1%)
130	ZIĘBA Łukasz	689		OPEN M	96		02:41:08.45	02:41:08.45	+01:33:44 (58.2%)	13:25	4.5 (42.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
131	KOCOT Krzysztof	886	RKS HUWDU	OPEN M	97	RKS HUWDU	02:41:50.80	02:41:50.80	+01:34:26 (58.4%)	13:29	4.4 (41.1%)
132	FIJĄLKOWSKA Aleksandra	713	BESTIE OCR LEGIONOWO	OPEN K	15	Bestie OCR Legionowo	02:41:58.85	02:41:58.85	+01:34:35 (58.4%)	13:29	4.4 (41.1%)
133	MACIEJEWSKI Krystian	701	BESTIE OCR LEGIONOWO	OPEN M	98	Bestie OCR Legionowo	02:41:58.90	02:41:58.90	+01:34:35 (58.4%)	13:29	4.4 (41.1%)
134	SZULC Łukasz	776	JAPOŃSCY WOJOWNICY	OPEN M	99	Japońscy wojownicy	02:42:08.40	02:42:08.40	+01:34:44 (58.4%)	13:30	4.4 (41.1%)
135	MACUDZIŃSKI Tomasz	813		OPEN M	100	kanapowi wikingowie	02:42:25.55	02:42:25.55	+01:35:01 (58.5%)	13:32	4.4 (41.1%)
136	ŚWIECKI Rafał	824		OPEN MASTERS M	19		02:42:35.45	02:42:35.45	+01:35:11 (58.5%)	13:32	4.4 (41.1%)
137	PRZYBYLSKI Marcin	768		OPEN M	101	Japońscy wojownicy	02:42:38.95	02:42:38.95	+01:35:15 (58.6%)	13:33	4.4 (41.1%)
138	SZCZYGIEŁ Martyna	788		OPEN K	16		02:42:55.85	02:42:55.85	+01:35:32 (58.6%)	13:34	4.4 (41.1%)
139	OLSZEWSKI Piotr	817	JAPOŃSCY WOJOWNICY	OPEN MASTERS M	20	Japońscy wojownicy	02:43:05.55	02:43:05.55	+01:35:41 (58.7%)	13:35	4.4 (41.1%)
140	KARWAT Dawid	894		OPEN M	102	SAPERZY	02:43:51.25	02:43:51.25	+01:36:27 (58.9%)	13:39	4.4 (41.1%)
141	MAKURACKI Jakub	785	JAPOŃSCY WOJOWNICY	OPEN M	103	Japońscy wojownicy	02:43:56.95	02:43:56.95	+01:36:33 (58.9%)	13:39	4.4 (41.1%)
142	STASIOROWSKI Jacek	778	JAPOŃSCY WOJOWNICY	OPEN M	104	Japońscy wojownicy	02:44:52.10	02:44:52.10	+01:37:28 (59.1%)	13:44	4.4 (41.1%)
143	ZALASA Patryk	649		OPEN M	105		02:44:56.90	02:44:56.90	+01:37:33 (59.1%)	13:44	4.4 (41.1%)
144	BARBUCHA Piotr	809		OPEN M	106	Czy to ważne?	02:45:28.95	02:45:28.95	+01:38:05 (59.3%)	13:47	4.4 (41.1%)
145	JEZIORSKA Izabela	769		OPEN K	17	Japońscy wojownicy	02:45:45.90	02:45:45.90	+01:38:22 (59.3%)	13:48	4.3 (40.2%)
146	SŁUPEK Beata	710	TEAM DWA OGNIE	OPEN K	18	TEAM DWA OGNIE	02:46:05.00	02:46:05.00	+01:38:41 (59.4%)	13:50	4.3 (40.2%)
147	ŚWIĘTOCHOWSKI Jarosław	702	BESTIE OCR LEGIONOWO	OPEN M	107	Bestie OCR Legionowo	02:47:03.90	02:47:03.90	+01:39:40 (59.7%)	13:55	4.3 (40.2%)
148	SZMUC Maciej	693		OPEN M	108		02:47:23.15	02:47:23.15	+01:39:59 (59.7%)	13:56	4.3 (40.2%)
149	WALICHNOWSKI Konrad	694		OPEN M	109		02:47:23.25	02:47:23.25	+01:39:59 (59.7%)	13:56	4.3 (40.2%)
150	MAZEK Łukasz	845		OPEN M	110	Lordowskie Mordeczki	02:48:00.00	02:48:00.00	+01:40:36 (59.9%)	14:00	4.3 (40.2%)
151	MAZEK Martyna	844		OPEN K	19	Lordowskie Mordeczki	02:48:02.10	02:48:02.10	+01:40:38 (59.9%)	14:00	4.3 (40.2%)
152	OLSZEWSKI Paweł	816	JAPOŃSCY WOJOWNICY	OPEN M	111	Japońscy wojownicy	02:48:03.85	02:48:03.85	+01:40:40 (59.9%)	14:00	4.3 (40.2%)
153	CHOJNACKA-BUKOWSKA Patrycja	838	ABB	OPEN K	20		02:48:12.20	02:48:12.20	+01:40:48 (59.9%)	14:01	4.3 (40.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
154	<b>CURYŁO Norbert</b>	<b>913</b>	SPARTAŃSKA DZICZ	OPEN M	112	Spartańska Dzicz	<b>02:49:04.05</b>	<b>02:49:04.05</b>	+01:41:40 (60.1%)	14:05	4.3 (40.2%)
155	<b>KWIATKOWSKI Marcin</b>	<b>771</b>		OPEN MASTERS M	21	Japońscy wojownicy	<b>02:49:21.40</b>	<b>02:49:21.40</b>	+01:41:57 (60.2%)	14:06	4.3 (40.2%)
156	<b>ROMAŃSKI Jakub</b>	<b>781</b>		OPEN M	113		<b>02:49:26.20</b>	<b>02:49:26.20</b>	+01:42:02 (60.2%)	14:07	4.2 (39.3%)
157	<b>KOZDROŃ Mateusz</b>	<b>911</b>	SPARTAŃSKA DZICZ	OPEN M	114	Spartańska Dzicz	<b>02:49:52.15</b>	<b>02:49:52.15</b>	+01:42:28 (60.3%)	14:09	4.2 (39.3%)
158	<b>MICHALSKA Nikoletta</b>	<b>912</b>	SPARTAŃSKA DZICZ	OPEN K	21	Spartańska Dzicz	<b>02:49:53.45</b>	<b>02:49:53.45</b>	+01:42:29 (60.3%)	14:09	4.2 (39.3%)
159	<b>WILK Dawid</b>	<b>884</b>		OPEN M	115	SAPERZY	<b>02:50:29.35</b>	<b>02:50:29.35</b>	+01:43:05 (60.5%)	14:12	4.2 (39.3%)
160	<b>SERDEŃ Piotr</b>	<b>905</b>		OPEN M	116	Trzy szybkie żubry	<b>02:52:10.30</b>	<b>02:52:10.30</b>	+01:44:46 (60.9%)	14:20	4.2 (39.3%)
161	<b>KOPAŁKA-SIWIŃSKA Justyna</b>	<b>904</b>		OPEN K	22	Trzy szybkie żubry	<b>02:52:10.60</b>	<b>02:52:10.60</b>	+01:44:46 (60.9%)	14:20	4.2 (39.3%)
161	<b>BOGUCKI Daniel</b>	<b>906</b>		OPEN MASTERS M	22	Trzy szybkie żubry	<b>02:52:10.60</b>	<b>02:52:10.60</b>	+01:44:46 (60.9%)	14:20	4.2 (39.3%)
163	<b>JAGIELSKI Przemysław</b>	<b>772</b>	JAPOŃSCY WOJOWNICY	OPEN M	117	Japońscy wojownicy	<b>02:52:11.40</b>	<b>02:52:11.40</b>	+01:44:47 (60.9%)	14:20	4.2 (39.3%)
164	<b>TOMPOREK Piotr</b>	<b>893</b>		OPEN M	118	SAPERZY	<b>02:52:20.45</b>	<b>02:52:20.45</b>	+01:44:56 (60.9%)	14:21	4.2 (39.3%)
165	<b>PAWSKI Łukasz</b>	<b>777</b>	JAPOŃSCY WOJOWNICY	OPEN M	119	Japońscy wojownicy	<b>02:52:51.50</b>	<b>02:52:51.50</b>	+01:45:27 (61.0%)	14:24	4.2 (39.3%)
166	<b>KAŻMIERCZAK Jakub</b>	<b>914</b>		OPEN M	120	SAPERZY	<b>02:53:09.60</b>	<b>02:53:09.60</b>	+01:45:45 (61.1%)	14:25	4.2 (39.3%)
167	<b>WARGACKI Jakub</b>	<b>883</b>		OPEN M	121	SAPERZY	<b>02:53:46.90</b>	<b>02:53:46.90</b>	+01:46:23 (61.2%)	14:28	4.1 (38.3%)
168	<b>SZELAĞ Igor</b>	<b>897</b>		OPEN M	122	SAPERZY	<b>02:54:01.00</b>	<b>02:54:01.00</b>	+01:46:37 (61.3%)	14:30	4.1 (38.3%)
169	<b>MOSAKOWSKI Marcin</b>	<b>830</b>		OPEN M	123		<b>02:54:31.40</b>	<b>02:54:31.40</b>	+01:47:07 (61.4%)	14:32	4.1 (38.3%)
170	<b>DENISIUK Martyna</b>	<b>834</b>		OPEN K	23		<b>02:54:31.85</b>	<b>02:54:31.85</b>	+01:47:08 (61.4%)	14:32	4.1 (38.3%)
171	<b>WYSOCKA Katarzyna</b>	<b>739</b>		OPEN K	24		<b>02:55:06.60</b>	<b>02:55:06.60</b>	+01:47:42 (61.5%)	14:35	4.1 (38.3%)
171	<b>BOGUSZ Hubert</b>	<b>740</b>		OPEN M	124		<b>02:55:06.60</b>	<b>02:55:06.60</b>	+01:47:42 (61.5%)	14:35	4.1 (38.3%)
173	<b>ROMAŃSKA Natalia</b>	<b>780</b>		OPEN K	25		<b>02:55:30.70</b>	<b>02:55:30.70</b>	+01:48:06 (61.6%)	14:37	4.1 (38.3%)
174	<b>KOWALCZYK Gosia</b>	<b>828</b>		OPEN K	26	BIAŁA_MEWA	<b>02:56:14.00</b>	<b>02:56:14.00</b>	+01:48:50 (61.8%)	14:41	4.1 (38.3%)
175	<b>POŃSKA Elżbieta</b>	<b>827</b>		OPEN K	27	BIAŁA_MEWA	<b>02:56:14.90</b>	<b>02:56:14.90</b>	+01:48:51 (61.8%)	14:41	4.1 (38.3%)
176	<b>ANDREIEV Iurii</b>	<b>851</b>	STYLONOWA	OPEN M	125	Spartańska Dzicz	<b>02:56:31.65</b>	<b>02:56:31.65</b>	+01:49:07 (61.8%)	14:42	4.1 (38.3%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
177	PIDLISNYI Roman	890	TACKTIVATE	OPEN M	126	Tactivate	02:56:31.95	02:56:31.95	+01:49:08 (61.8%)	14:42	4.1 (38.3%)
178	RZEŹNIK Daniel	915		OPEN M	127	SAPERZY	02:56:49.20	02:56:49.20	+01:49:25 (61.9%)	14:44	4.1 (38.3%)
179	CHODÓR To Masz	784	JAPOŃSCY WOJOWNICY	OPEN M	128	Japońscy wojownicy	02:56:52.05	02:56:52.05	+01:49:28 (61.9%)	14:44	4.1 (38.3%)
180	BITNER Katarzyna	744		OPEN K	28		02:57:26.30	02:57:26.30	+01:50:02 (62.0%)	14:47	4.1 (38.3%)
181	SKORUPA Jarosław	747		OPEN M	129		02:57:26.55	02:57:26.55	+01:50:02 (62.0%)	14:47	4.1 (38.3%)
182	SZWAJKIEWICZ Tomasz	823		OPEN M	130		02:57:52.75	02:57:52.75	+01:50:28 (62.1%)	14:49	4 (37.4%)
183	WÓJCIK Łukasz	825		OPEN M	131	BIAŁA_MEWA	02:58:05.40	02:58:05.40	+01:50:41 (62.2%)	14:50	4 (37.4%)
184	BARANOWSKA Sylwia	658	FABRYKA DZIKA	OPEN K	29		02:59:38.95	02:59:38.95	+01:52:15 (62.5%)	14:58	4 (37.4%)
185	PIOTROWSKA Marita	703		OPEN K	30		02:59:44.90	02:59:44.90	+01:52:21 (62.5%)	14:58	4 (37.4%)
186	TORCHALSKI Damian	704		OPEN M	132		02:59:45.35	02:59:45.35	+01:52:21 (62.5%)	14:58	4 (37.4%)
187	ŻAK Łukasz	656	FABRYKA DZIKA	OPEN M	133		02:59:46.90	02:59:46.90	+01:52:23 (62.5%)	14:58	4 (37.4%)
188	REZMER Jakub	849		OPEN M	134		03:00:07.70	03:00:07.70	+01:52:43 (62.6%)	15:00	4 (37.4%)
189	REMBISZ Szymon	850		OPEN M	135		03:00:07.80	03:00:07.80	+01:52:43 (62.6%)	15:00	4 (37.4%)
190	ELGALAL Maciej	857		OPEN M	136		03:00:10.35	03:00:10.35	+01:52:46 (62.6%)	15:00	4 (37.4%)
191	ELGALAL Marcin	874		OPEN MASTERS M	23		03:00:12.90	03:00:12.90	+01:52:49 (62.6%)	15:01	4 (37.4%)
192	LEWANDOWSKI Jędrzej	678	WESOŁE ŻABKI	OPEN M	137	Wesołe żabki	03:01:27.00	03:01:27.00	+01:54:03 (62.9%)	15:07	4 (37.4%)
193	ROSOSIŃSKA Magdalena	711		OPEN K	31		03:01:37.05	03:01:37.05	+01:54:13 (62.9%)	15:08	4 (37.4%)
194	KARAŚ-GMITRZUK Marzena	738	BESTIE OCR LEGIONOWO	OPEN MASTERS K	3	Bestie OCR Legionowo	03:01:37.25	03:01:37.25	+01:54:13 (62.9%)	15:08	4 (37.4%)
195	MAJEWSKI Witold	717		OPEN MASTERS M	24	Bestie OCR Legionowo	03:01:37.55	03:01:37.55	+01:54:13 (62.9%)	15:08	4 (37.4%)
196	ZAORSKI Mateusz	719	BESTIE OCR LEGIONOWO	OPEN M	138	Bestie OCR Legionowo	03:01:38.05	03:01:38.05	+01:54:14 (62.9%)	15:08	4 (37.4%)
197	KASZUBSKI Hubert	712		OPEN M	139		03:01:38.90	03:01:38.90	+01:54:15 (62.9%)	15:08	4 (37.4%)
198	KOT Łukasz	818	OSP GROTKI	OPEN M	140		03:01:23.75	03:01:57.20	+01:54:33 (63.0%)	15:06	4 (37.4%)
199	NAWROCKI Mateusz	846		OPEN M	141	Zawsze drudzy	03:01:58.65	03:01:58.65	+01:54:34 (63.0%)	15:09	4 (37.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
200	<b>NIEDZIELSKI Marcin</b>	<b>847</b>		OPEN M	142	Zawsze drudzy	<b>03:01:58.95</b>	<b>03:01:58.95</b>	+01:54:35 (63.0%)	15:09	4 (37.4%)
201	<b>PILIS Piotr</b>	<b>767</b>		OPEN M	143		<b>03:02:56.65</b>	<b>03:02:56.65</b>	+01:55:32 (63.2%)	15:14	3.9 (36.4%)
202	<b>LECH Mateusz</b>	<b>792</b>		OPEN M	144		<b>03:03:22.30</b>	<b>03:03:22.30</b>	+01:55:58 (63.2%)	15:16	3.9 (36.4%)
203	<b>NIŚCIOR Inga</b>	<b>793</b>		OPEN K	32		<b>03:03:23.10</b>	<b>03:03:23.10</b>	+01:55:59 (63.2%)	15:16	3.9 (36.4%)
204	<b>DOBROWOLSKI Kamil</b>	<b>715</b>	BESTIE OCR LEGIONOWO	OPEN M	145	Bestie OCR Legionowo	<b>03:03:56.50</b>	<b>03:03:56.50</b>	+01:56:32 (63.4%)	15:19	3.9 (36.4%)
204	<b>RUDNIK Marzena</b>	<b>724</b>	BESTIE OCR LEGIONOWO	OPEN K	33		<b>03:03:56.50</b>	<b>03:03:56.50</b>	+01:56:32 (63.4%)	15:19	3.9 (36.4%)
206	<b>BANASIAK Adam</b>	<b>782</b>		OPEN M	146	kanapowi wikingowie	<b>03:04:18.75</b>	<b>03:04:18.75</b>	+01:56:54 (63.4%)	15:21	3.9 (36.4%)
207	<b>ZAJDA Wioletta</b>	<b>826</b>		OPEN K	34	BIAŁA_MEWA	<b>03:05:49.40</b>	<b>03:05:49.40</b>	+01:58:25 (63.7%)	15:29	3.9 (36.4%)
208	<b>GAŚIOROWSKI Ryszard</b>	<b>652</b>		OPEN M	147		<b>03:07:06.10</b>	<b>03:07:06.10</b>	+01:59:42 (64.0%)	15:35	3.8 (35.5%)
209	<b>FARON Monika</b>	<b>861</b>		OPEN K	35		<b>03:09:34.60</b>	<b>03:09:34.60</b>	+02:02:10 (64.4%)	15:47	3.8 (35.5%)
210	<b>PIETRZAK Julia</b>	<b>918</b>	KULKI ŻABULKI TEAM	OPEN K	36		<b>03:10:42.75</b>	<b>03:10:42.75</b>	+02:03:18 (64.7%)	15:53	3.8 (35.5%)
211	<b>PIETRZAK Sebastian</b>	<b>919</b>	KULKI ŻABULKI TEAM	OPEN M	148		<b>03:10:43.15</b>	<b>03:10:43.15</b>	+02:03:19 (64.7%)	15:53	3.8 (35.5%)
212	<b>OŻÓG Mateusz</b>	<b>757</b>	MIASTECZKO POLUSA	OPEN M	149	Miasteczko Polusa	<b>03:10:43.35</b>	<b>03:10:43.35</b>	+02:03:19 (64.7%)	15:53	3.8 (35.5%)
213	<b>GAŚIOROWSKI Remigiusz</b>	<b>651</b>		OPEN MASTERS M	25		<b>03:12:36.05</b>	<b>03:12:36.05</b>	+02:05:12 (65.0%)	16:03	3.7 (34.6%)
214	<b>WIĘCEK Ula</b>	<b>650</b>		OPEN K	37		<b>03:12:36.20</b>	<b>03:12:36.20</b>	+02:05:12 (65.0%)	16:03	3.7 (34.6%)
215	<b>ŁUKASZUK Julia</b>	<b>805</b>		OPEN K	38	Dzika Baba	<b>03:13:18.75</b>	<b>03:13:18.75</b>	+02:05:54 (65.1%)	16:06	3.7 (34.6%)
216	<b>SOBOLEWSKA Magdalena</b>	<b>806</b>		OPEN K	39	Dzika Baba	<b>03:13:18.80</b>	<b>03:13:18.80</b>	+02:05:54 (65.1%)	16:06	3.7 (34.6%)
217	<b>KRASZEWSKA Joanna</b>	<b>807</b>		OPEN K	40	Dzika Baba	<b>03:13:19.10</b>	<b>03:13:19.10</b>	+02:05:55 (65.1%)	16:06	3.7 (34.6%)
218	<b>POLIAKOVA Olena</b>	<b>808</b>		OPEN K	41	Dzika Baba	<b>03:13:19.25</b>	<b>03:13:19.25</b>	+02:05:55 (65.1%)	16:06	3.7 (34.6%)
219	<b>WAWRZYNIAK Milena</b>	<b>751</b>		OPEN K	42	Warioty	<b>03:14:24.70</b>	<b>03:14:24.70</b>	+02:07:00 (65.3%)	16:12	3.7 (34.6%)
220	<b>KRZYWDZINSKA Magdalena</b>	<b>750</b>		OPEN K	43	Warioty	<b>03:14:24.80</b>	<b>03:14:24.80</b>	+02:07:00 (65.3%)	16:12	3.7 (34.6%)
221	<b>BUJAKOWSKI Karol</b>	<b>742</b>	DWA OGNIE	OPEN M	150	TEAM DWA OGNIE	<b>03:15:11.80</b>	<b>03:15:11.80</b>	+02:07:47 (65.5%)	16:15	3.7 (34.6%)
222	<b>SEMPKOWSKI Mateusz</b>	<b>786</b>		OPEN M	151		<b>03:16:22.90</b>	<b>03:16:22.90</b>	+02:08:59 (65.7%)	16:21	3.7 (34.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
223	<b>MALCHARCZYK Damian</b>	<b>682</b>	KLONO TEAM	OPEN M	152	Klono Team	<b>03:16:29.35</b>	<b>03:16:29.35</b>	+02:09:05 (65.7%)	16:22	3.7 (34.6%)
224	<b>KACZMAREK Arkadiusz</b>	<b>787</b>		OPEN M	153		<b>03:18:47.05</b>	<b>03:18:47.05</b>	+02:11:23 (66.1%)	16:33	3.6 (33.6%)
225	<b>GROCHOWALSKI Michał</b>	<b>798</b>	POTEZNA	OPEN M	154	Potezna	<b>03:20:01.60</b>	<b>03:20:01.60</b>	+02:12:37 (66.3%)	16:40	3.6 (33.6%)
226	<b>URBAŃSKA Karina</b>	<b>799</b>		OPEN K	44	Potezna	<b>03:20:01.65</b>	<b>03:20:01.65</b>	+02:12:37 (66.3%)	16:40	3.6 (33.6%)
227	<b>WOŹNIAK Piotr</b>	<b>794</b>		OPEN M	155		<b>03:20:01.75</b>	<b>03:20:01.75</b>	+02:12:37 (66.3%)	16:40	3.6 (33.6%)
227	<b>MĘCINA Artur</b>	<b>796</b>	POTEZNA	OPEN M	155	Potezna	<b>03:20:01.75</b>	<b>03:20:01.75</b>	+02:12:37 (66.3%)	16:40	3.6 (33.6%)
227	<b>SOBCZYK Wiktoria</b>	<b>797</b>	POTEZNA	OPEN K	45	Potezna	<b>03:20:01.75</b>	<b>03:20:01.75</b>	+02:12:37 (66.3%)	16:40	3.6 (33.6%)
230	<b>BŁASZCZYK Andrzej</b>	<b>804</b>		OPEN M	157	Potezna	<b>03:20:01.80</b>	<b>03:20:01.80</b>	+02:12:37 (66.3%)	16:40	3.6 (33.6%)
231	<b>POPIELA Dariusz</b>	<b>795</b>		OPEN M	158	Potezna	<b>03:20:02.05</b>	<b>03:20:02.05</b>	+02:12:38 (66.3%)	16:40	3.6 (33.6%)
232	<b>MAKUCKI Piotr</b>	<b>727</b>		OPEN M	159		<b>03:21:26.40</b>	<b>03:21:26.40</b>	+02:14:02 (66.5%)	16:47	3.6 (33.6%)
233	<b>BIELECKI Michał</b>	<b>730</b>		OPEN MASTERS M	26		<b>03:21:26.70</b>	<b>03:21:26.70</b>	+02:14:02 (66.5%)	16:47	3.6 (33.6%)
234	<b>DĄBROWSKI Jacek</b>	<b>728</b>		OPEN MASTERS M	27		<b>03:21:27.00</b>	<b>03:21:27.00</b>	+02:14:03 (66.5%)	16:47	3.6 (33.6%)
235	<b>BROŻEK Kamil</b>	<b>766</b>		OPEN M	160		<b>03:22:03.60</b>	<b>03:22:03.60</b>	+02:14:39 (66.6%)	16:50	3.6 (33.6%)
236	<b>MALCHARCZYK Katarzyna</b>	<b>683</b>	KLONO TEAM	OPEN K	46	Klono Team	<b>03:24:14.30</b>	<b>03:24:14.30</b>	+02:16:50 (67.0%)	17:01	3.5 (32.7%)
237	<b>ANGERMAN Krzysztof</b>	<b>843</b>	THE DYNX	OPEN M	161		<b>03:24:34.50</b>	<b>03:24:34.50</b>	+02:17:10 (67.1%)	17:02	3.5 (32.7%)
238	<b>SOBOSKI Dominik</b>	<b>842</b>	THE DYNX	OPEN M	162		<b>03:24:34.75</b>	<b>03:24:34.75</b>	+02:17:10 (67.1%)	17:02	3.5 (32.7%)
239	<b>GRZECH Mateusz</b>	<b>725</b>	BESTIE OCR LEGIONOWO	OPEN M	163	Bestie OCR Legionowo	<b>03:24:42.40</b>	<b>03:24:42.40</b>	+02:17:18 (67.1%)	17:03	3.5 (32.7%)
239	<b>PRAHL Alicja</b>	<b>726</b>	BESTIE OCR LEGIONOWO	OPEN K	47	Bestie OCR Legionowo	<b>03:24:42.40</b>	<b>03:24:42.40</b>	+02:17:18 (67.1%)	17:03	3.5 (32.7%)
241	<b>KURCZEWSKA Agnieszka</b>	<b>840</b>	VERASPORT TEAM	OPEN K	48	VeraSport TEAM	<b>03:27:34.20</b>	<b>03:27:34.20</b>	+02:20:10 (67.5%)	17:17	3.5 (32.7%)
242	<b>KURYŁOWICZ Paweł</b>	<b>645</b>		OPEN M	164		<b>03:29:14.60</b>	<b>03:29:14.60</b>	+02:21:50 (67.8%)	17:26	3.4 (31.8%)
243	<b>PATORA Natalia</b>	<b>832</b>	VERASPORT	OPEN K	49	VeraSport TEAM	<b>03:30:17.85</b>	<b>03:30:17.85</b>	+02:22:54 (68.0%)	17:31	3.4 (31.8%)
244	<b>PATORA Patrycja</b>	<b>833</b>		OPEN K	50	VeraSport TEAM	<b>03:30:18.00</b>	<b>03:30:18.00</b>	+02:22:54 (68.0%)	17:31	3.4 (31.8%)
245	<b>PETRECHUK Lina</b>	<b>803</b>		OPEN K	51	Drużyna I	<b>03:36:26.30</b>	<b>03:36:26.30</b>	+02:29:02 (68.9%)	18:02	3.3 (30.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 12km	Czas brutto 12km	Różn	Tempo min/km	Tempo km/h
246	<b>BARCHUK Iryna</b>	<b>801</b>		OPEN K	52	Drużyna I	<b>03:36:28.25</b>	<b>03:36:28.25</b>	+02:29:04 (68.9%)	18:02	3.3 (30.8%)
247	<b>NOWAK Magdalena</b>	<b>644</b>		OPEN K	53		<b>03:36:36.95</b>	<b>03:36:36.95</b>	+02:29:13 (68.9%)	18:03	3.3 (30.8%)
248	<b>NOWAK Maciej</b>	<b>643</b>		OPEN M	165		<b>03:36:37.45</b>	<b>03:36:37.45</b>	+02:29:13 (68.9%)	18:03	3.3 (30.8%)
249	<b>KRAWCZYK Agnieszka</b>	<b>646</b>		OPEN K	54		<b>03:37:21.05</b>	<b>03:37:21.05</b>	+02:29:57 (69.0%)	18:06	3.3 (30.8%)
250	<b>KONARSKA Martyna</b>	<b>836</b>	VERASPORT TEAM	OPEN K	55	VeraSport TEAM	<b>03:39:00.40</b>	<b>03:39:00.40</b>	+02:31:36 (69.2%)	18:15	3.3 (30.8%)
251	<b>DĘBIEC Monika</b>	<b>837</b>	VERASPORT TEAM	OPEN K	56	VeraSport TEAM	<b>03:39:00.65</b>	<b>03:39:00.65</b>	+02:31:36 (69.2%)	18:15	3.3 (30.8%)
252	<b>OLSZEWSKA Joanna</b>	<b>835</b>	VERASPORT TEAM	OPEN K	57	VeraSport TEAM	<b>03:39:01.15</b>	<b>03:39:01.15</b>	+02:31:37 (69.2%)	18:15	3.3 (30.8%)
253	<b>SOSNOWSKA Aga</b>	<b>659</b>	BIEGUNOCRTEAM	OPEN K	58		<b>03:39:54.05</b>	<b>03:39:54.05</b>	+02:32:30 (69.4%)	18:19	3.3 (30.8%)
254	<b>JEGLIŃSKI Jarosław</b>	<b>647</b>	BIEGUN OCR TEAM	OPEN MASTERS M	28		<b>03:39:54.50</b>	<b>03:39:54.50</b>	+02:32:30 (69.4%)	18:19	3.3 (30.8%)
255	<b>BARTOSIK Marta</b>	<b>648</b>	BIEGUN OCR TEAM	OPEN K	59		<b>03:39:54.55</b>	<b>03:39:54.55</b>	+02:32:30 (69.4%)	18:19	3.3 (30.8%)
256	<b>ZUBAL Swiat</b>	<b>892</b>	TAKTIVATE	OPEN M	166	Tactivate					(0.0%)
257	<b>WALASZCZYK Jakub</b>	<b>679</b>		OPEN M	167	Wesołe żabki					(0.0%)
258	<b>OLSZEWSKI Paweł</b>	<b>816</b>	JAPOŃSCY WOJOWNICY	OPEN M	168	Japońscy wojownicy					(0.0%)

Znaleziono 258 wynik(ów)