



VIKINGS RUN - OPEN RUN 10KM

B4SPORT

Wydarzenie: VIII Vikings Run - UCZTA W VALHALLI
Organizator: Stowarzyszenie Vikings Run
Data: 2024-05-18
Miejsce: Smardzewice
Dystans: 10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	CZEPIELIŃSKA Paulina	618	POWER TRAINING	OPEN K	1		01:30:26.40	01:30:26.40		9:02	6.6 (100%)
2	RYBIŃSKA Anita	464	NINJA ARENA GDAŃSK	OPEN K	2	xRunners	01:32:21.20	01:32:21.20	+00:01:54 (2.1%)	9:14	6.5 (98.5%)
3	PLISZKA Dominika	481	BIGYELLOWFOOT ADVENTURE TEAM	OPEN K	3	BigYellowFoot Adventure Team	01:36:26.50	01:36:26.50	+00:06:00 (6.2%)	9:38	6.2 (93.9%)
4	LUKAS Małgorzata	476		OPEN K	4	OSPRO OCR	01:38:19.05	01:38:19.05	+00:07:52 (8.0%)	9:49	6.1 (92.4%)
5	NALEWAJCZYK Anna	456	DZIK KOMANDO	OPEN K	5	Dzik Komando	01:46:00.80	01:46:00.80	+00:15:34 (14.7%)	10:36	5.7 (86.4%)
6	LEŚNICZAK Barbara	575		OPEN MASTERS K	1		01:49:11.25	01:49:11.25	+00:18:44 (17.2%)	10:55	5.5 (83.3%)
7	WRÓBEL Adrianna	445		OPEN K	6		02:02:45.25	02:02:45.25	+00:32:18 (26.3%)	12:16	4.9 (74.2%)
8	MERK Ewa	461	TFC TEAM	OPEN K	7		02:09:21.65	02:09:21.65	+00:38:55 (30.1%)	12:56	4.6 (69.7%)
9	GOŹDZIK Marta	462		OPEN K	8	TFC TEAM	02:09:38.50	02:09:38.50	+00:39:12 (30.2%)	12:57	4.6 (69.7%)
10	DURAJ Paulina	510		OPEN K	9		02:12:04.55	02:12:04.55	+00:41:38 (31.5%)	13:12	4.5 (68.2%)
11	KONDRACIUK Ewelina	489		OPEN K	10		02:12:24.25	02:12:24.25	+00:41:57 (31.7%)	13:14	4.5 (68.2%)
12	POHLID-DODA Anna	586	CROSSFIT TEAM SUSZ	OPEN K	11		02:13:11.70	02:13:11.70	+00:42:45 (32.1%)	13:19	4.5 (68.2%)
13	KOŁODZIEJCZYK Martyna	621		OPEN K	12		02:16:01.10	02:16:01.10	+00:45:34 (33.5%)	13:36	4.4 (66.7%)
14	MACIAK Monika	553		OPEN MASTERS K	2	Grójeckie Morsy	02:17:27.85	02:17:27.85	+00:47:01 (34.2%)	13:44	4.4 (66.7%)
15	SZURGOT Katarzyna	549		OPEN MASTERS K	3	Grójeckie Morsy	02:17:28.15	02:17:28.15	+00:47:01 (34.2%)	13:44	4.4 (66.7%)

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16	WILK Izabela	459	TFC TEAM	OPEN K	13		02:18:44.65	02:18:44.65	+00:48:18 (34.8%)	13:52	4.3 (65.2%)
17	LALEK Anna	584	EDC.TEAM	OPEN K	14	EDC.TEAM	02:19:21.50	02:19:21.50	+00:48:55 (35.1%)	13:56	4.3 (65.2%)
18	NABIT Ana	579		OPEN MASTERS K	4		02:20:13.60	02:20:13.60	+00:49:47 (35.5%)	14:01	4.3 (65.2%)
19	GRABSKA Ewa	487	FABRYKA DZIKA	OPEN K	15		02:23:00.30	02:23:00.30	+00:52:33 (36.8%)	14:18	4.2 (63.6%)
20	KARDAS Karolina	498		OPEN K	16		02:26:39.60	02:26:39.60	+00:56:13 (38.3%)	14:39	4.1 (62.1%)
21	PALCZYNSKA Agnieszka	474	FABRYKA DZIKA	OPEN MASTERS K	5		02:26:40.05	02:26:40.05	+00:56:13 (38.3%)	14:40	4.1 (62.1%)
22	GILARSKA Edyta	608		OPEN K	17		02:27:51.50	02:27:51.50	+00:57:25 (38.8%)	14:47	4.1 (62.1%)
23	SKALSKA Patrycja	516		OPEN K	18		02:29:10.80	02:29:10.80	+00:58:44 (39.4%)	14:55	4 (60.6%)
24	KOSCHEMBAHR ŁYSKOWSKA Danuta	463	BIGYELLOWFOOT ADVENTURE TEAM	OPEN K	19		02:29:38.20	02:29:38.20	+00:59:11 (39.6%)	14:57	4 (60.6%)
25	PRZYBYŁO Jola	594		OPEN MASTERS K	6		02:29:47.00	02:29:47.00	+00:59:20 (39.6%)	14:58	4 (60.6%)
26	JABŁOŃSKA-KORDEL Zuzanna	502	HARDBOX OTWOCK	OPEN K	20		02:31:36.65	02:31:36.65	+01:01:10 (40.3%)	15:09	4 (60.6%)
27	SUSZEK Ewelina	496		OPEN K	21		02:32:17.60	02:32:17.60	+01:01:51 (40.6%)	15:13	3.9 (59.1%)
28	GRABARCZYK Marta	486	FABRYKA DZIKA	OPEN K	22		02:37:24.00	02:37:24.00	+01:06:57 (42.5%)	15:44	3.8 (57.6%)
29	FRYD Krzysztofa	484	FABRYKA DZIKA	OPEN K	23		02:37:24.20	02:37:24.20	+01:06:57 (42.5%)	15:44	3.8 (57.6%)
30	PAŁASZEWSKA-RZADKA Anita	508		OPEN K	24		02:42:35.95	02:42:35.95	+01:12:09 (44.4%)	16:15	3.7 (56.1%)
31	MARCISZ Renata	506		OPEN MASTERS K	7		02:44:04.85	02:44:04.85	+01:13:38 (44.9%)	16:24	3.7 (56.1%)
32	LECHOWSKA Anna	513	RAWA FIGHT CREW	OPEN K	25		02:46:44.75	02:46:44.75	+01:16:18 (45.8%)	16:40	3.6 (54.5%)
33	BAJOREK Monika	614		OPEN MASTERS K	8		02:47:09.45	02:47:09.45	+01:16:43 (45.9%)	16:42	3.6 (54.5%)
34	JANICKA Kamila	479	WARRIORS ŁÓDŹ	OPEN K	26		02:50:40.35	02:50:40.35	+01:20:13 (47.0%)	17:04	3.5 (53.0%)
35	SZUMIŃSKA Ewa	616		OPEN K	27		02:52:39.85	02:52:39.85	+01:22:13 (47.6%)	17:15	3.5 (53.0%)
36	JACKOWSKA Joanna	542		OPEN MASTERS K	9		02:54:39.10	02:54:39.10	+01:24:12 (48.2%)	17:27	3.4 (51.5%)
37	TRELA Anna	541		OPEN K	28		02:54:40.70	02:54:40.70	+01:24:14 (48.2%)	17:28	3.4 (51.5%)
38	RAJCA Magdalena	543		OPEN MASTERS K	10		02:54:41.50	02:54:41.50	+01:24:15 (48.2%)	17:28	3.4 (51.5%)

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39	HELBIK Agata	471		OPEN K	29		02:55:10.90	02:55:10.90	+01:24:44 (48.4%)	17:31	3.4 (51.5%)
40	PAWEŁEK Paulina	507		OPEN K	30		02:56:50.50	02:56:50.50	+01:26:24 (48.9%)	17:41	3.4 (51.5%)
41	WÓJCIK Agnieszka	490		OPEN K	31		02:59:33.35	02:59:33.35	+01:29:06 (49.6%)	17:57	3.3 (50.0%)
42	MATERA Łucja	509		OPEN K	32		03:02:53.45	03:02:53.45	+01:32:27 (50.5%)	18:17	3.3 (50.0%)
43	MICHALAK Iwona	571		OPEN MASTERS K	11	Grójeckie Morsy	03:04:05.95	03:04:05.95	+01:33:39 (50.9%)	18:24	3.3 (50.0%)
44	MARKIEWICZ Aneta	555	GRÓJECKIE MORSY	OPEN K	33	Grójeckie Morsy	03:04:06.25	03:04:06.25	+01:33:39 (50.9%)	18:24	3.3 (50.0%)
45	PRZYWARKA Hanna	607		OPEN K	34		03:07:42.40	03:07:42.40	+01:37:16 (51.8%)	18:46	3.2 (48.5%)
46	TEICHMANN Anna	605		OPEN K	35		03:13:36.30	03:13:36.30	+01:43:09 (53.3%)	19:21	3.1 (47.0%)
47	KRYSTERA Milena	477		OPEN K	36		03:18:03.70	03:18:03.70	+01:47:37 (54.3%)	19:48	3 (45.5%)
48	GRABARCZYK Agnieszka	488	FABRYKA DZIKA	OPEN K	37		03:28:03.60	03:28:03.60	+01:57:37 (56.5%)	20:48	2.9 (43.9%)
49	KOSZCZ Natalia	593		OPEN K	38						(0.0%)
	KALIŃSKA Stella	465	NINJA ARENA GDAŃSK	OPEN K			DNF	DNF		-	- (0.0%)

Znaleziono 50 wynik(ów)