



# WĄGROWIEC - PUCHAR WIELKOPOLSKI NORDIC WALKING - 10KM

B4SPORT

**Organizator:** PFNW  
**Data:** 2015-07-11  
**Miejsce:** Wągrowiec  
**Dystans:** 10 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 7,5 km

| Msc | Zawodnik             | Numer | Klub                          | Kategoria | Żół. kartki | Czer. kartki | Czas startu | 2.5km    | 5km      | 7.5km    |
|-----|----------------------|-------|-------------------------------|-----------|-------------|--------------|-------------|----------|----------|----------|
| 1   | LUBIATOWSKI Ireneusz | 203   | KGHM METRACO POLKOWICE        | M 40-49   |             |              | 00:00:06    | 00:15:54 | 00:31:19 | 00:46:44 |
| 2   | SIWAK Piotr          | 182   | KGHM METRACO POLKOWICE        | M 50-59   |             |              | 00:00:55    | 00:15:16 | 00:31:05 | 00:47:09 |
| 3   | PUSZKIEL Leszek      | 200   | GREEN TEAM                    | M 50-59   |             |              | 00:00:56    | 00:15:16 | 00:31:18 | 00:47:37 |
| 4   | WOROCH Roman         | 172   |                               | M 50-59   |             |              | 00:00:56    | 00:15:29 | 00:31:43 | 00:47:57 |
| 5   | ADAMSKI Robert       | 217   | DRUŻYNA SZPIKU                | M 40-49   |             |              | 00:00:07    | 00:15:57 | 00:32:08 | 00:48:26 |
| 6   | LENZ Andrzej         | 178   | ALTOM                         | M 50-59   |             |              | 00:00:56    | 00:16:14 | 00:32:43 | 00:49:18 |
| 7   | BOGACKI Sławek       | 204   | ENERGA NW TEAM                | M 40-49   |             |              | 00:00:08    | 00:15:58 | 00:32:50 | 00:49:31 |
| 8   | PUSZKIEL Adrian      | 199   | GREEN TEAM                    | M 18-29   |             |              | 00:00:06    | 00:16:26 | 00:33:27 | 00:51:00 |
| 9   | ĆWIKLIŃSKI Dawid     | 183   | THE BEST - MY IDZIEMY I CZEŚĆ | M 18-29   | 1           |              | 00:00:04    | 00:16:27 | 00:33:28 | 00:51:01 |
| 10  | JĘDRASIAK Renata     | 213   | KGHM METRACO POLKOWICE        | K 50-59   |             |              | 00:02:54    | 00:16:51 | 00:34:03 | 00:51:30 |
| 11  | STAWNIAK Karol       | 174   | UTW ŻNIN                      | M 60-69   |             |              | 00:00:56    | 00:16:37 | 00:33:58 | 00:51:39 |
| 12  | LIPKO Adrianna       | 215   | PENDOLINO                     | K 18-29   |             |              | 00:02:13    | 00:17:13 | 00:34:38 | 00:51:47 |
| 13  | ANTOSZEWSKI Piotr    | 181   | DĄBROWA NORDIC TEAM           | M 40-49   |             |              | 00:00:07    | 00:17:12 | 00:34:41 | 00:51:48 |
| 14  | KOWALCZYK Mariusz    | 187   | GREEN TEAM                    | M 40-49   |             |              | 00:00:07    | 00:17:04 | 00:34:35 | 00:51:52 |
| 15  | CZEKAJŁO Franciszek  | 184   | TEAM Meprozet                 | M 60-69   |             |              | 00:00:58    | 00:16:42 | 00:34:20 | 00:51:57 |
| 16  | KALISZ Krzysztof     | 176   | KGHM METRACO POLKOWICE        | M 60-69   |             |              | 00:00:57    | 00:16:37 | 00:34:21 | 00:52:14 |
| 17  | FELIS Paweł          | 188   |                               | M 40-49   |             |              | 00:00:08    | 00:17:10 | 00:34:44 | 00:52:20 |
| 18  | KASPRZYK Lilianna    | 219   | UKS GIMNAZJON SUCHY LAS       | K 50-59   |             |              | 00:02:54    | 00:16:55 | 00:34:26 | 00:52:20 |
| 19  | FALKOWSKA Beata      | 226   | UKS GIMNAZJON SUCHY LAS       | K 50-59   |             |              | 00:02:54    | 00:16:57 | 00:34:34 | 00:52:26 |
| 20  | STEMPNIAK Bogdan     | 173   |                               | M 50-59   |             |              | 00:00:56    | 00:17:02 | 00:34:39 | 00:52:33 |
| 21  | KRZYŻANOWSKI Robert  | 225   | GOSIR OSIELSKO                | M 40-49   |             |              | 00:00:06    | 00:17:19 | 00:34:49 | 00:52:43 |
| 22  | SZCZEBAK Jacek       | 170   | TARNÓW                        | M 40-49   |             |              | 00:00:06    | 00:17:23 | 00:35:11 | 00:52:55 |
| 23  | SMUS Damiann         | 179   | UCZELNIA WARSZAWSKA           | M 18-29   |             |              | 00:00:04    | 00:17:50 | 00:35:54 | 00:53:39 |
| 24  | LEWANDOWSKI Robert   | 191   | GOSIR OSIELSKO                | M 30-39   |             |              | 00:00:05    | 00:17:48 | 00:35:54 | 00:53:59 |
| 25  | REJ Anna             | 207   |                               | K 30-39   |             |              | 00:02:15    | 00:17:25 | 00:35:40 | 00:54:07 |
| 26  | WAŁOWSKI Tomasz      | 205   |                               | M 40-49   |             |              | 00:00:08    | 00:18:15 | 00:36:40 | 00:54:15 |
| 27  | KOSICKI Dariusz      | 212   | 1RWT                          | M 40-49   |             |              | 00:00:07    | 00:18:02 | 00:36:09 | 00:54:21 |
| 28  | KURZAWSKA Jolanta    | 214   | KGHM METRACO POLKOWICE        | K 60-69   |             |              | 00:02:56    | 00:17:50 | 00:36:01 | 00:54:26 |
| 29  | TOMCZAK Joanna       | 193   |                               | K 30-39   |             |              | 00:02:15    | 00:18:14 | 00:36:19 | 00:54:54 |

| Msc | Zawodnik                        | Numer      | Klub                          | Kategoria | Żół. kartki | Czer. kartki | Czas startu | 2.5km    | 5km      | 7.5km    |
|-----|---------------------------------|------------|-------------------------------|-----------|-------------|--------------|-------------|----------|----------|----------|
| 30  | <b>BANACH Joanna</b>            | <b>220</b> | BOHATERZY ZIEMII              | K 40-49   |             |              | 00:02:15    | 00:17:55 | 00:36:25 | 00:55:03 |
| 31  | <b>CZYCZ Kazimierz</b>          | <b>186</b> | GREEN TEAM                    | M 60-69   |             |              | 00:00:58    | 00:18:19 | 00:36:29 | 00:55:23 |
| 32  | <b>PIERNICKA Krystyna</b>       | <b>216</b> |                               | K 50-59   |             |              | 00:02:54    | 00:18:05 | 00:36:51 | 00:55:55 |
| 33  | <b>CZYCZ Emilia</b>             | <b>185</b> | GREEN TEAM                    | K 60-69   |             |              | 00:02:56    | 00:18:31 | 00:37:26 | 00:56:30 |
| 34  | <b>KĘDZIERSKA Edyta</b>         | <b>171</b> | PFNW                          | K 40-49   |             |              | 00:02:16    | 00:19:04 | 00:37:50 | 00:56:49 |
| 35  | <b>MUSZYŃSKA Lidia</b>          | <b>228</b> |                               | K 50-59   |             |              | 00:02:55    | 00:18:48 | 00:37:57 | 00:57:10 |
| 36  | <b>NOWAKOWSKA Angelika</b>      | <b>189</b> | JEZIORKI - AKTYWNA WIEŚ       | K 30-39   |             |              | 00:02:14    | 00:19:17 | 00:38:33 | 00:58:07 |
| 37  | <b>RASZEWSKA Justyna</b>        | <b>198</b> |                               | K 30-39   |             |              | 00:02:14    | 00:19:18 | 00:38:52 | 00:59:00 |
| 38  | <b>KUŁAKOWSKA Anna</b>          | <b>224</b> | GOSIR OSIELSKO                | K 30-39   |             |              | 00:02:14    | 00:19:18 | 00:39:02 | 00:59:04 |
| 39  | <b>LALIK-WAŁOWSKA Agnieszka</b> | <b>206</b> |                               | K 40-49   |             |              | 00:02:14    | 00:19:40 | 00:39:14 | 00:59:07 |
| 40  | <b>KARCZEWSKA Violetta</b>      | <b>192</b> | GOSIR OSIELSKO                | K 40-49   |             |              | 00:02:17    | 00:19:43 | 00:39:35 | 00:59:07 |
| 41  | <b>APPEL Jerzy</b>              | <b>202</b> | GOSIR OSIELSKO                | M 60-69   |             |              | 00:00:58    | 00:19:25 | 00:39:11 | 00:59:14 |
| 42  | <b>NOWAK Bartek</b>             | <b>194</b> | SAILING TEAM FERAJNA          | M 40-49   |             |              | 00:00:07    | 00:20:32 | 00:40:09 | 00:59:36 |
| 43  | <b>CHOLEWIŃSKA Longina</b>      | <b>221</b> | KB KATORŻNIK MUROWANA GOŚLINA | K 40-49   |             |              | 00:02:15    | 00:19:34 | 00:39:36 | 00:59:46 |
| 44  | <b>KULKA Maciej</b>             | <b>201</b> | FACE NORDIC WALKING TEAM      | M 50-59   |             |              | 00:00:58    | 00:19:40 | 00:39:38 | 00:59:50 |
| 45  | <b>NOWAKOWSKI Rafał</b>         | <b>190</b> | JEZIORKI - AKTYWNA WIEŚ       | M 30-39   |             |              | 00:00:05    | 00:20:01 | 00:40:07 | 01:00:08 |
| 46  | <b>TRAMBACZ Robert</b>          | <b>223</b> | BEZ KLUBU                     | M 50-59   |             |              | 00:00:56    | 00:20:32 | 00:40:50 | 01:01:37 |
| 47  | <b>ZAWADZKA Maria</b>           | <b>177</b> | KGHM METRACO POLKOWICE        | K 60-69   |             |              | 00:02:57    | 00:20:47 | 00:41:44 | 01:02:21 |
| 48  | <b>WALASEK Julitta</b>          | <b>227</b> |                               | K 40-49   |             |              | 00:02:17    | 00:20:48 | 00:41:26 | 01:02:35 |
| 49  | <b>KANIA Ewa</b>                | <b>211</b> |                               | K 50-59   |             |              | 00:02:55    | 00:20:55 | 00:41:48 | 01:02:57 |
| 50  | <b>TOMCZAK Teresa</b>           | <b>242</b> |                               | K 50-59   |             |              | 00:02:55    | 00:20:27 | 00:41:32 | 01:03:07 |
| 51  | <b>NOWAK Maciej</b>             | <b>195</b> | SAILING TEAM FERAJNA          | M 30-39   |             |              | 00:00:05    | 00:21:26 | 00:42:32 | 01:03:22 |
| 52  | <b>KOZŁOWSKA Agnieszka</b>      | <b>222</b> | FACE NORDIC WALKING TEAM      | K 40-49   |             |              | 00:02:16    | 00:21:03 | 00:42:28 | 01:03:37 |
| 53  | <b>SEGIET Małgorzata</b>        | <b>218</b> | DIETAMORE                     | K 40-49   |             |              | 00:02:16    | 00:21:19 | 00:43:02 | 01:04:52 |
| 54  | <b>ŚCIESIŃSKI Henryk</b>        | <b>196</b> | GOSIR OSIELSKO                | M 70+     |             |              | 00:00:59    | 00:20:48 | 00:42:43 | 01:04:53 |
| 55  | <b>SIKORSKI Karol</b>           | <b>208</b> |                               | M 30-39   |             |              | 00:00:05    | 00:20:10 | 00:42:16 | 01:05:03 |
| 56  | <b>BAKOWSKA Maria</b>           | <b>180</b> | OŚLA ŁAWKA GNIEZNO            | K 60-69   |             |              | 00:02:56    | 00:21:53 | 00:43:55 | 01:06:03 |
| 57  | <b>KASZYŃSKA Lidia</b>          | <b>210</b> |                               | K 30-39   |             |              | 00:02:14    | 00:21:31 | 00:44:07 | 01:06:10 |
| 58  | <b>JÓZWIAK Dominik</b>          | <b>175</b> | WTW WŁOCŁAWEK                 | M 18-29   |             |              | 00:00:04    | 00:21:06 | 00:43:53 | 01:07:01 |
| 59  | <b>STRZELECKI Sebastian</b>     | <b>197</b> | SAILING TEAM FERAJNA          | M 40-49   |             |              | 00:00:08    | 00:21:59 | 00:44:25 | 01:07:24 |
| 60  | <b>EWA JOANNA Matczyńska</b>    | <b>243</b> |                               | K 18-29   |             |              | 00:02:13    | 00:22:37 | 00:45:35 | 01:08:53 |
| 61  | <b>CHIKHAOUI Agnes</b>          | <b>241</b> |                               | K 40-49   |             |              | 00:02:17    | 00:23:27 | 00:47:35 | 01:11:05 |
| 62  | <b>GIERSZENDORF Monika</b>      | <b>209</b> | KB KATORŻNIK MUROWANA GOŚLINA | K 40-49   |             |              | 00:02:16    | 00:23:28 | 00:47:37 | 01:11:06 |

Znaleziono 62 wynik(ów)