



WĄGROWIEC - PUCHAR WIELKOPOLSKI NORDIC WALKING - 10KM

B4SPORT

Organizator: PFNW
Data: 2015-07-11
Miejsce: Wągrowiec
Dystans: 10 km



Klasyfikacja: K 40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	2.5km	5km	7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	BANACH Joanna	220	BOHATERZY ZIEMII	K 40-49	1			00:02:15	00:17:55	00:36:25	00:55:03	01:13:31	01:15:46		7:21	8.2 (100%)
2	KĘDZIERSKA Edyta	171	PFNW	K 40-49	2			00:02:16	00:19:04	00:37:50	00:56:49	01:15:15	01:17:31	+00:01:44 (2.3%)	7:31	8 (97.6%)
3	KARCZEWSKA Violetta	192	GOSIR OSIELSKO	K 40-49	3			00:02:17	00:19:43	00:39:35	00:59:07	01:18:11	01:20:28	+00:04:40 (6.0%)	7:49	7.7 (93.9%)
4	LALIK-WAŁOWSKA Agnieszka	206		K 40-49	4			00:02:14	00:19:40	00:39:14	00:59:07	01:18:17	01:20:31	+00:04:46 (6.1%)	7:49	7.7 (93.9%)
5	CHOLEWIŃSKA Longina	221	KB KATORŻNIK MUROWANA GOŚLINA	K 40-49	5			00:02:15	00:19:34	00:39:36	00:59:46	01:20:38	01:22:53	+00:07:07 (8.8%)	8:03	7.4 (90.2%)
6	WALASEK Julitta	227		K 40-49	6			00:02:17	00:20:48	00:41:26	01:02:35	01:23:38	01:25:55	+00:10:07 (12.1%)	8:21	7.2 (87.8%)
7	KOZŁOWSKA Agnieszka	222	FACE NORDIC WALKING TEAM	K 40-49	7			00:02:16	00:21:03	00:42:28	01:03:37	01:24:28	01:26:44	+00:10:57 (13.0%)	8:26	7.1 (86.6%)
8	SEGIET Małgorzata	218	DIETAMORE	K 40-49	8			00:02:16	00:21:19	00:43:02	01:04:52	01:27:25	01:29:41	+00:13:54 (15.9%)	8:44	6.9 (84.1%)
9	CHIKHAOUI Agnes	241		K 40-49	9			00:02:17	00:23:27	00:47:35	01:11:05	01:34:27	01:36:44	+00:20:56 (22.2%)	9:26	6.4 (78.0%)
10	GIERSZENDORF Monika	209	KB KATORŻNIK MUROWANA GOŚLINA	K 40-49	10			00:02:16	00:23:28	00:47:37	01:11:06	01:34:28	01:36:44	+00:20:57 (22.2%)	9:26	6.4 (78.0%)

Znaleziono 10 wynik(ów)