



WĄGROWIEC - PUCHAR WIELKOPOLSKI NORDIC WALKING - 5 KM

B4SPORT

Organiser: PFNW
Date: 2016-07-09
Place: Wągrowiec
Distance: 5 km



Classification: K45-49

| Place | Participant | Number | Club | Category | MCat | Żół. kartki | Czer. kartki | Start time | 2.5km | Net time 5km | Czas brutto 5km | Gap | Pace min/km | Pace km/h |
|-------|-----------------------------------|--------|---------------------------|----------|------|----------------|-----------------|---------------|----------|--------------------|-----------------------|----------------------|----------------|----------------|
| 1 | MIELECKA Agnieszka | 98 | KS SOKÓŁ GAŚAWA | K45-49 | 1 | | | 00:10:59 | 00:17:24 | 00:35:07.75 | 00:46:06.75 | | 7:01 | 8.5 (100%) |
| 2 | SZPILMAN Katarzyna | 154 | FACE NORDIC WALKING TEAM | K45-49 | 2 | | | 00:10:57 | 00:18:17 | 00:37:07.00 | 00:48:04.45 | +00:01:59 (5.4%) | 7:25 | 8.1 (95.3%) |
| 3 | MATYJA Anna | 96 | | K45-49 | 3 | | | 00:10:57 | 00:20:04 | 00:40:39.00 | 00:51:36.50 | +00:05:31 (13.6%) | 8:07 | 7.4 (87.1%) |
| 4 | GWAREK Anita | 42 | PASJA NORDIC WALKING | K45-49 | 4 | | | 00:10:57 | 00:20:21 | 00:40:46.15 | 00:51:43.55 | +00:05:38 (13.8%) | 8:09 | 7.4 (87.1%) |
| 5 | SZYBCZYŃSKA Katarzyna | 156 | KS SOKÓŁ GAŚAWA | K45-49 | 5 | 1 | | 00:10:58 | 00:20:56 | 00:41:45.20 | 00:52:43.65 | +00:06:37 (15.9%) | 8:21 | 7.2 (84.7%) |
| 6 | EWERTOWSKA Ewa | 29 | NORDIC WALKING KIEKRZ | K45-49 | 6 | | | 00:10:59 | 00:21:04 | 00:42:19.25 | 00:53:18.50 | +00:07:11 (17.0%) | 8:27 | 7.1 (83.5%) |
| 7 | GACZKOWSKA-KSIĄŻKIEWICZ Lucyna | 152 | JEZIORKI - AKTYWNA WIEŚ | K45-49 | 7 | | | 00:10:58 | 00:21:42 | 00:43:10.75 | 00:54:09.20 | +00:08:03 (18.6%) | 8:38 | 6.9 (81.2%) |
| 8 | WITKOWSKA Grażyna | 175 | | K45-49 | 8 | | | 00:10:57 | 00:21:46 | 00:43:57.15 | 00:54:54.85 | +00:08:49 (20.1%) | 8:47 | 6.8 (80.0%) |
| 9 | PASZKIEWICZ-SACHA Jolanta | 111 | | K45-49 | 9 | | | 00:10:59 | 00:22:00 | 00:44:24.80 | 00:55:24.00 | +00:09:17 (20.9%) | 8:53 | 6.8 (80.0%) |
| 10 | MILEWSKA Wiesława | 101 | RUCH PO ZDROWIE WŁOCŁAWEK | K45-49 | 10 | | | 00:10:58 | 00:22:50 | 00:46:02.50 | 00:57:01.00 | +00:10:54 (23.7%) | 9:12 | 6.5 (76.5%) |
| 11 | JAKIEL-MAINIERI Sabina | 48 | CZARNE PANTERY PIŁA | K45-49 | 11 | | | 00:10:58 | 00:24:10 | 00:47:29.85 | 00:58:28.45 | +00:12:22 (26.0%) | 9:30 | 6.3 (74.1%) |
| 12 | BŁASZCZYK Katarzyna | 11 | KIJANKI POZNAŃ | K45-49 | 12 | | | 00:11:01 | 00:23:46 | 00:48:02.00 | 00:59:03.45 | +00:12:54 (26.9%) | 9:36 | 6.2 (72.9%) |
| 13 | KOSICKA Beata | 72 | NORDIC WALKING KIEKRZ | K45-49 | 13 | | | 00:11:00 | 00:30:13 | 00:59:58.10 | 01:10:58.75 | +00:24:50 (41.4%) | 11:59 | 5 (58.8%) |

Total 13 results.