



# WĄGROWIEC - PUCHAR WIELKOPOLSKI NORDIC WALKING - 5 KM

B4SPORT

**Organiser:** PFNW  
**Date:** 2016-07-09  
**Place:** Wągrowiec  
**Distance:** 5 km



Classification: M70+

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	2.5km	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	<b>WASILEWSKI Sławomir</b>	<b>167</b>	PASJA NORDIC WALKING	M70+	1			00:08:56	00:19:57	<b>00:40:03.30</b>	<b>00:48:59.35</b>		8:00	7.5 (100%)
2	<b>PIĄTKOWSKI Józef</b>	<b>115</b>	KS METRACO POLKOWICE	M70+	2			00:08:57	00:20:43	<b>00:42:13.20</b>	<b>00:51:10.45</b>	+00:02:09 (5.1%)	8:26	7.1 (94.7%)
3	<b>KRAMER Leszek</b>	<b>81</b>	OLEŚNICKA STREFA NORDIC WALKING	M70+	3	1		00:08:58	00:21:35	<b>00:44:03.15</b>	<b>00:53:01.50</b>	+00:03:59 (9.1%)	8:48	6.8 (90.7%)
4	<b>RATAJCZAK Jerzy</b>	<b>128</b>		M70+	4	1		00:08:57	00:21:35	<b>00:44:04.45</b>	<b>00:53:01.50</b>	+00:04:01 (9.1%)	8:48	6.8 (90.7%)
5	<b>REMISZEWSKI Adam</b>	<b>130</b>	UTW OLEŚNICA	M70+	5			00:08:56	00:22:24	<b>00:45:48.70</b>	<b>00:54:45.65</b>	+00:05:45 (12.6%)	9:09	6.5 (86.7%)
6	<b>WÓJCIK Henryk</b>	<b>183</b>	UTW OLEŚNICA	M70+	6			00:08:57	00:23:02	<b>00:46:16.85</b>	<b>00:55:14.70</b>	+00:06:13 (13.5%)	9:15	6.5 (86.7%)
7	<b>MOCZARSKI Adam</b>	<b>102</b>	FACE NORDIC WALKING TEAM	M70+	7			00:08:56	00:25:35	<b>00:54:02.35</b>	<b>01:02:58.40</b>	+00:13:59 (25.9%)	10:48	5.6 (74.7%)
8	<b>DROP Mieczysław</b>	<b>26</b>		M70+	8			00:08:57	00:27:35	<b>00:54:45.50</b>	<b>01:03:43.05</b>	+00:14:42 (26.9%)	10:57	5.5 (73.3%)
9	<b>SYPIOŁ Zygmunt</b>	<b>150</b>	MARSZ PO ZDROWIE	M70+	9			00:08:56	00:28:34	<b>00:58:08.30</b>	<b>01:07:04.45</b>	+00:18:05 (31.1%)	11:37	5.2 (69.3%)

Total 9 results.