

# WĄGROWIEC - PUCHARY REGIONALNE NORDIC WALKING - 10 KM

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**Event:** Puchary Regionalne Nordic Walking 2019  
**Organiser:** Wągrowiec  
**Date:** 2019-07-21  
**Place:** Wągrowiec  
**Distance:** 10 km



Classification: K50-59

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	<b>ZIELIŃSKA Iwona</b>	<b>242</b>	SERCE NORDICA WŁOCŁAWEK	K50-59	1			00:19:06	00:38:33	00:58:16	<b>01:17:55.05</b>		7:47	7.7 (100%)
2	<b>CZEMPIK Kornelia</b>	<b>248</b>	STADION ŚLĄSKI	K50-59	2			00:19:25	00:39:35	01:00:14	<b>01:21:42.15</b>	+00:03:47 (4.6%)	8:10	7.3 (94.8%)
3	<b>BACHANEK Katarzyna</b>	<b>195</b>	TORUŃ IDZIEMY BEZ RYZYKA	K50-59	3			00:20:25	00:41:28	01:03:02	<b>01:24:55.90</b>	+00:07:00 (8.3%)	8:29	7.1 (92.2%)
4	<b>KACZMAREK Zofia</b>	<b>208</b>		K50-59	4			00:20:33	00:41:38	01:03:17	<b>01:25:28.05</b>	+00:07:33 (8.8%)	8:32	7 (90.9%)
5	<b>POSTEK Danuta</b>	<b>225</b>	MARSZ PO ZDROWIE	K50-59	5			00:21:28	00:43:30	01:05:38	<b>01:26:58.65</b>	+00:09:03 (10.4%)	8:41	6.9 (89.6%)
6	<b>ŻBIKOWSKA Małgorzata</b>	<b>244</b>	TORUŃ IDZIEMY BEZ RYZYKA	K50-59	6			00:21:59	00:44:50	01:07:56	<b>01:31:14.25</b>	+00:13:19 (14.6%)	9:07	6.6 (85.7%)
7	<b>PRACKA Katarzyna</b>	<b>103</b>	SERCE NORDICA WŁOCŁAWEK	K50-59	7			00:24:06	00:48:22	01:12:08	<b>01:36:09.55</b>	+00:18:14 (19.0%)	9:36	6.2 (80.5%)

Total 7 results.