

# WĄGROWIEC - PUCHARY REGIONALNE NORDIC WALKING - 10 KM

B4SPORT  
INTELEGENE ZAWODY SPORTOWE

**Event:** Puchary Regionalne Nordic Walking 2019  
**Organiser:** Wągrowiec  
**Date:** 2019-07-21  
**Place:** Wągrowiec  
**Distance:** 10 km



Classification: M60-69

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	<b>HELWICH Stefan</b>	<b>204</b>	KS METRACO POLKOWICE	M60-69	1			00:16:23	00:33:20	00:50:24	<b>01:08:10.75</b>		6:49	8.8 (100%)
2	<b>MĄDRY Grzegorz</b>	<b>219</b>	KIJKOWE TRZEMESZNO	M60-69	2			00:17:48	00:36:32	00:55:08	<b>01:14:15.50</b>	+00:06:04 (8.2%)	7:25	8.1 (92.0%)
3	<b>HRYNDIO Jerzy</b>	<b>205</b>	STADION ŚLĄSKI	M60-69	3			00:17:48	00:36:32	00:55:46	<b>01:14:49.35</b>	+00:06:38 (8.9%)	7:29	8 (90.9%)
4	<b>NETKOWSKI Wojciech</b>	<b>222</b>	PASJA NORDIC WALKING	M60-69	4			00:18:25	00:37:37	00:57:25	<b>01:17:55.60</b>	+00:09:44 (12.5%)	7:47	7.7 (87.5%)
5	<b>MARCHWICKI Przemysław</b>	<b>250</b>	NORDIC WALKING KIEKRZ POLAND	M60-69	5			00:18:32	00:37:53	00:58:07	<b>01:19:09.60</b>	+00:10:58 (13.9%)	7:55	7.6 (86.4%)
6	<b>OLEJNIK Henryk</b>	<b>87</b>	NORDIC WALKING KIEKRZ POLAND	M60-69	6			00:20:22	00:41:27	01:03:24	<b>01:25:25.75</b>	+00:17:15 (20.2%)	8:32	7 (79.5%)
7	<b>ŻBIKOWSKI Ryszard</b>	<b>245</b>	TORUŃ IDZIEMY BEZ RYZYKA	M60-69	7			00:20:00	00:41:13	01:03:00	<b>01:25:51.80</b>	+00:17:41 (20.6%)	8:35	7 (79.5%)
8	<b>TOBYS Ryszard</b>	<b>237</b>		M60-69	8			00:21:57	00:44:21	01:06:40	<b>01:29:48.35</b>	+00:21:37 (24.1%)	8:58	6.7 (76.1%)

Total 8 results.