

WĄGROWIEC - PUCHARY REGIONALNE NORDIC WALKING - 5 KM

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Event: Puchary Regionalne Nordic Walking 2019
Organiser: Wągrowiec
Date: 2019-07-21
Place: Wągrowiec
Distance: 5 km



Classification: K45-49

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start_All 2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
1	SPYCHAŁA Marzena	123	CKZIU MECHANIK NYSA	K45-49	1			00:17:31	00:35:28.80		7:05	8.5 (100%)
2	MAŚLANKA Iwona	76	MARSZ PO ZDROWIE	K45-49	2			00:17:49	00:35:33.00	+00:00:04 (0.2%)	7:06	8.4 (98.8%)
3	JÓZWIAK Marianna	50	SERCE NORDICA WŁOCŁAWEK	K45-49	3			00:17:39	00:35:41.80	+00:00:13 (0.6%)	7:08	8.4 (98.8%)
4	PIETRUSEWICZ Joanna	100	PASJA NORDIC WALKING	K45-49	4			00:19:06	00:38:50.65	+00:03:21 (8.7%)	7:46	7.7 (90.6%)
5	STRZELECKA Małgorzata	131	SAILING TEAM FERAJNA	K45-49	5			00:19:33	00:39:31.40	+00:04:02 (10.2%)	7:54	7.6 (89.4%)
6	STEMPNIAK Anna	128		K45-49	6			00:19:38	00:39:49.90	+00:04:21 (10.9%)	7:58	7.5 (88.2%)
7	MATYJA Anna	77	ŚREMCHODZI	K45-49	7			00:19:46	00:40:07.85	+00:04:39 (11.6%)	8:01	7.5 (88.2%)
8	MIKUSINSKA Jola	80	FEAR THE RETURN	K45-49	8			00:19:55	00:40:12.70	+00:04:43 (11.8%)	8:02	7.5 (88.2%)
9	KONIECZNA Zuzanna	175		K45-49	9			00:20:34	00:40:49.10	+00:05:20 (13.1%)	8:10	7.3 (85.9%)
10	WALESZKO Anna	154	PASJA NORDIC WALKING	K45-49	10			00:20:24	00:41:32.00	+00:06:03 (14.6%)	8:18	7.2 (84.7%)
11	GOLAK-WEGIERA Katarzyna	26	ROXKIJE ROKIETNICA	K45-49	11			00:21:10	00:42:36.10	+00:07:07 (16.7%)	8:31	7 (82.4%)
12	SOŁDECKA Anna	183		K45-49	12			00:20:21	00:42:39.35	+00:07:10 (16.8%)	8:31	7 (82.4%)
13	SKOLARUS Natalia	118	ROXKIJE ROKIETNICA	K45-49	13			00:21:14	00:42:43.40	+00:07:14 (17.0%)	8:32	7 (82.4%)
14	TEUBERT Anna	143	ROXKIJE ROKIETNICA	K45-49	14			00:22:04	00:43:57.75	+00:08:28 (19.3%)	8:47	6.8 (80.0%)
15	LEŚNIEWSKA Magdalena	70	KIJKOWA KCYNIA	K45-49	15			00:21:44	00:44:00.25	+00:08:31 (19.4%)	8:48	6.8 (80.0%)
16	KONIECZNA Magdalena	184		K45-49	16			00:22:18	00:45:00.00	+00:09:31 (21.2%)	9:00	6.7 (78.8%)
17	PAWŁOWSKA Arleta	95		K45-49	17			00:23:04	00:46:32.80	+00:11:04 (23.8%)	9:18	6.4 (75.3%)

Total 17 results.