

WĄGROWIEC - PUCHARY REGIONALNE NORDIC WALKING - 5 KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Event: Puchary Regionalne Nordic Walking 2019
Organiser: Wągrowiec
Date: 2019-07-21
Place: Wągrowiec
Distance: 5 km



Classification: M60-64

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start_All 2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
1	WOROCH Roman	163	KS METRACO POLKOWICE	M60-64	1			00:16:33	00:33:17.00		6:39	9 (100%)
2	STANISŁAWSKI Jan	185	MARSZ PO ZDROWIE	M60-64	2			00:18:03	00:36:32.40	+00:03:15 (8.9%)	7:18	8.2 (91.1%)
3	TRZCIŃSKI Eugeniusz	146		M60-64	3			00:18:03	00:37:20.45	+00:04:03 (10.9%)	7:28	8 (88.9%)
4	WIŚNIEWSKI Kazimierz	160	PASJA NORDIC WALKING	M60-64	4			00:19:03	00:38:33.65	+00:05:16 (13.7%)	7:42	7.8 (86.7%)
5	CIESIELSKI Krzysztof	11	FAST WALKER	M60-64	5			00:19:15	00:38:52.45	+00:05:35 (14.4%)	7:46	7.7 (85.6%)
6	CIEĆMIEROWSKI Henryk	10		M60-64	6			00:19:39	00:40:17.60	+00:07:00 (17.4%)	8:03	7.4 (82.2%)
7	MOTOCZYŃSKI Krzysztof	82	GOSIR OSIELSKO	M60-64	7			00:19:58	00:40:28.20	+00:07:11 (17.8%)	8:05	7.4 (82.2%)
8	CHŁODNICKI Marek	9	MARSZ PO ZDROWIE	M60-64	8			00:21:07	00:42:39.00	+00:09:22 (22.0%)	8:31	7 (77.8%)
9	GUZIK Paweł	37		M60-64	9			00:22:42	00:45:22.35	+00:12:05 (26.6%)	9:04	6.6 (73.3%)

Total 9 results.