

WĄGROWIEC - PUCHARY REGIONALNE NORDIC WALKING - 5 KM

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Event: Puchary Regionalne Nordic Walking 2019
Organiser: Wągrowiec
Date: 2019-07-21
Place: Wągrowiec
Distance: 5 km



Classification: M70+

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start_All 2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
1	SZYMAŃSKI Stefan	140	XV KOŁO POLSKIEGO ZWIĄZKU EMERYTÓW I RENCISTÓW W DYWITACH	M70+	1			00:18:21	00:36:43.60		7:20	8.2 (100%)
2	TOMCZYK Edward	145	MARSZ PO ZDROWIE	M70+	2			00:18:22	00:36:52.10	+00:00:08 (0.4%)	7:22	8.1 (98.8%)
3	WASILEWSKI Sławomir	155	PASJA NORDIC WALKING	M70+	3			00:18:22	00:37:06.70	+00:00:23 (1.0%)	7:25	8.1 (98.8%)
4	KOŁPAK Jan	59	LKS ZANTYR SZTUM	M70+	4			00:18:35	00:38:05.60	+00:01:22 (3.6%)	7:37	7.9 (96.3%)
5	STAŃCZAK Ryszard	125	FACE NORDIC WALKING TEAM	M70+	5			00:19:34	00:40:02.50	+00:03:18 (8.3%)	8:00	7.5 (91.5%)
6	GÓRSKI Henryk	27	UTW OLEŚNICA	M70+	6			00:21:00	00:42:14.30	+00:05:30 (13.0%)	8:27	7.1 (86.6%)
7	REMISZEWSKI Adam	113	UTW OLEŚNICA	M70+	7			00:21:01	00:42:14.85	+00:05:31 (13.1%)	8:26	7.1 (86.6%)
8	PAWLICZ Jan	182	NW KIEKRZ	M70+	8			00:20:02	00:42:30.60	+00:05:47 (13.6%)	8:30	7.1 (86.6%)
9	KRAMER Leszek	179		M70+	9			00:21:49	00:43:46.95	+00:07:03 (16.1%)	8:45	6.9 (84.1%)
10	WALCZAK Henryk	151	OCTOPUS TEAM	M70+	10			00:24:48	00:50:14.80	+00:13:31 (26.9%)	10:03	6 (73.2%)
11	WÓJCIK Henryk	166	UTW OLEŚNICA	M70+	11			00:26:14	00:52:19.65	+00:15:36 (29.8%)	10:28	5.7 (69.5%)
12	DROP Mieczysław	16	KS SOKÓŁ GAŚAWA	M70+	12			00:26:54	00:54:49.10	+00:18:05 (33.0%)	10:57	5.5 (67.1%)

Total 12 results.