



# WEJHEROWO - PUCHAR POLSKI NORDIC WALKING 2019 - 10 KM

B4SPORT

**Wydarzenie:** PUCHAR POLSKI NORDIC WALKING 2019  
**Organizator:** Polska Federacja Nordic Walking  
**Data:** 2019-05-19  
**Miejsce:** Wejherowo  
**Dystans:** 10 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 7,5 km

| Msc | Zawodnik                | Numer | Klub                     | Kategoria | Żół. kartki | Czer. kartki | Start_All<br>2.5km | Start_All<br>5km | Start_All<br>7.5km |
|-----|-------------------------|-------|--------------------------|-----------|-------------|--------------|--------------------|------------------|--------------------|
| 1   | KUŹMICZ Adam            | 292   | POLIPACK TEAM GWE        | M30-39    | 1           |              | 00:14:25           | 00:29:38         | 00:45:01           |
| 2   | HELWICH Stefan          | 274   | KS METRACO POLKOWICE     | M60-69    |             |              | 00:15:22           | 00:30:57         | 00:46:43           |
| 3   | JUREK Adam              | 278   | KS METRACO POLKOWICE     | M50-59    | 1           |              | 00:15:22           | 00:30:57         | 00:47:00           |
| 4   | KŁOS Maciej             | 283   | NW WYSPA SOBIESZEWSKA    | M30-39    |             |              | 00:15:00           | 00:30:55         | 00:47:20           |
| 5   | WOJTASIŃSKI Daniel      | 335   | NORDIC TEAM CZĘSTOCHOWA  | M40-49    |             |              | 00:15:43           | 00:31:42         | 00:48:08           |
| 6   | RYTLEWSKI Piotr         | 313   | MASZERUJ ALBO GIŃ        | M40-49    |             |              | 00:15:41           | 00:31:57         | 00:48:28           |
| 7   | KLIMCZAK Adam           | 282   | GOSADI NORDIC TEAM       | M50-59    |             |              | 00:16:09           | 00:32:43         | 00:49:06           |
| 8   | DREWA Marian            | 263   | TEAM GEW                 | M60-69    | 1           |              | 00:16:02           | 00:32:26         | 00:49:07           |
| 9   | KUŚMIEREK Jan           | 291   | BŁĘKITNI NW DZIEMIANY    | M40-49    |             |              | 00:16:34           | 00:33:10         | 00:49:29           |
| 10  | KORZEŃ Grzegorz         | 286   |                          | M40-49    | 1           |              | 00:16:12           | 00:33:06         | 00:49:42           |
| 11  | KOBIELA Krzysztof       | 284   | NORDIC TEAM CZĘSTOCHOWA  | M40-49    |             |              | 00:16:08           | 00:32:55         | 00:49:47           |
| 12  | WĘŻOWICZ Ewa            | 331   | STADION ŚLĄSKI           | K40-49    |             |              | 00:16:11           | 00:32:52         | 00:49:49           |
| 13  | JĘDRASIAK Renata        | 277   | KS METRACO POLKOWICE     | K50-59    |             |              | 00:16:38           | 00:33:18         | 00:50:03           |
| 14  | SMARSZCZ Wiesław        | 318   | LĘBORSKIE LWY            | M60-69    |             |              | 00:16:36           | 00:33:35         | 00:50:35           |
| 15  | ŚWISŁOCKI Bogdan        | 323   | FACE NORDIC WALKING TEAM | M50-59    |             |              | 00:16:21           | 00:33:20         | 00:50:36           |
| 16  | GIERSEWSKI Arkadiusz    | 269   |                          | M40-49    |             |              | 00:16:09           | 00:33:20         | 00:50:41           |
| 17  | SANIUK Edward           | 314   | FACE NORDIC WALKING TEAM | M70+      |             |              | 00:16:47           | 00:33:49         | 00:50:45           |
| 18  | KRÓLIKOWSKA Krystyna    | 288   | LĘBORSKIE LWY            | K40-49    |             |              | 00:16:44           | 00:33:45         | 00:51:01           |
| 19  | HRYNDIO Jerzy           | 275   | STADION ŚLĄSKI           | M60-69    |             |              | 00:16:07           | 00:33:26         | 00:51:02           |
| 20  | ADAMCZYK Adam           | 251   | PASJA NORDIC WALKING     | M70+      |             |              | 00:16:56           | 00:34:01         | 00:51:13           |
| 21  | OSTROCHALSKA Aleksandra | 346   | POLIPACK TEAM GWE        | K40-49    |             |              | 00:16:46           | 00:34:02         | 00:51:32           |
| 22  | GODZIŃSKI Paweł         | 270   | BAŻANT NW ELBLĄG         | M40-49    |             |              | 00:16:48           | 00:34:10         | 00:51:44           |
| 23  | MOGIŁKA Aleksander      | 297   |                          | M18-29    | 1           |              | 00:17:22           | 00:35:03         | 00:52:13           |
| 24  | WEINER Jakub            | 330   | CKZIU NYSA MECHANIK      | M18-29    |             |              | 00:17:32           | 00:35:08         | 00:52:25           |
| 25  | PRZYBYŁEK Marysia       | 310   | MARSZ PO ZDROWIE         | K40-49    |             |              | 00:16:55           | 00:34:45         | 00:52:27           |
| 26  | RAJEK Magdalena         | 311   | NORDIC TEAM CZĘSTOCHOWA  | K40-49    |             |              | 00:17:20           | 00:35:07         | 00:52:46           |
| 27  | RASZEWSKA Izabela       | 312   | FORMA NA PIĄTKĘ NW       | K40-49    |             |              | 00:17:23           | 00:35:12         | 00:53:02           |
| 28  | GRYGOROWICZ Marcin      | 271   | KS METRACO POLKOWICE     | M30-39    |             |              | 00:17:15           | 00:35:03         | 00:53:06           |

| Msc | Zawodnik               | Numer | Klub                        | Kategoria | Żół. kartki | Czer. kartki | Start_All<br>2.5km | Start_All<br>5km | Start_All<br>7.5km |
|-----|------------------------|-------|-----------------------------|-----------|-------------|--------------|--------------------|------------------|--------------------|
| 29  | CZAJKA Urszula         | 257   | FACE NORDIC WALKING TEAM    | K60-69    |             |              | 00:17:31           | 00:35:17         | 00:53:21           |
| 30  | POSIM Dariusz          | 308   | WATAHA                      | M50-59    |             |              | 00:17:17           | 00:35:10         | 00:53:24           |
| 31  | SZCZĘŚNIAK Zbigniew    | 321   | NORDIC TEAM CZĘSTOCHOWA     | M50-59    |             |              | 00:17:18           | 00:35:28         | 00:53:27           |
| 32  | DALECKI Przemysław     | 260   | GDYNIA SPORT TEAM           | M40-49    | 1           |              | 00:17:45           | 00:35:26         | 00:53:31           |
| 33  | DUSIEL Ewa             | 265   | NORDIC TEAM CZĘSTOCHOWA     | K50-59    |             |              | 00:17:28           | 00:35:25         | 00:53:32           |
| 34  | JAŃCZY Gracjan         | 276   | CKZIU NYSA MECHANIK         | M18-29    |             |              | 00:18:03           | 00:36:03         | 00:53:46           |
| 35  | NETKOWSKI Wojciech     | 298   | PASJA NORDIC WALKING        | M60-69    |             |              | 00:17:23           | 00:35:34         | 00:53:54           |
| 36  | GWAREK Anita           | 272   | PASJA NORDIC WALKING        | K40-49    |             |              | 00:17:50           | 00:36:05         | 00:54:27           |
| 37  | ZWOLENKIEWICZ Joanna   | 337   | KS SOKÓŁ GAŚAWA             | K40-49    |             |              | 00:18:03           | 00:36:14         | 00:54:34           |
| 38  | KURZAWSKA Jolanta      | 290   | KS METRACO POLKOWICE        | K70+      |             |              | 00:18:03           | 00:36:17         | 00:54:40           |
| 39  | GÓRSKA Iwona           | 44    | LĘBORSKIE LWY               | K40-49    |             |              | 00:18:03           | 00:36:28         | 00:54:41           |
| 40  | ŚLUSARCZYK Andrzej     | 322   | WESOŁY BORSUK TEAM          | M60-69    |             |              | 00:17:35           | 00:35:59         | 00:54:43           |
| 41  | KOBIELA Magdalena      | 285   | NORDIC TEAM CZĘSTOCHOWA     | K40-49    |             |              | 00:17:54           | 00:36:22         | 00:54:50           |
| 42  | CZEMPIK Kornelia       | 259   | STADION ŚLĄSKI              | K50-59    | 1           |              | 00:17:45           | 00:36:11         | 00:55:02           |
| 43  | ŁOPIŃSKI Aleksy        | 294   | DAJ RADOŚĆ NIEPEŁNOSPRAWNYM | M70+      | 1           |              | 00:18:35           | 00:37:01         | 00:55:36           |
| 44  | PANEK Elwira           | 302   | LĘBORSKIE LWY               | K50-59    |             |              | 00:18:25           | 00:37:01         | 00:55:37           |
| 45  | GRUBA Angelika         | 340   |                             | K18-29    | 2           |              | 00:17:49           | 00:36:29         | 00:55:41           |
| 46  | OLECH Anna             | 299   | ELITE TEAM                  | K40-49    |             |              | 00:18:06           | 00:36:56         | 00:56:06           |
| 47  | CONTUCCI Ewa           | 256   | NORDIC TEAM CZĘSTOCHOWA     | K40-49    |             |              | 00:18:23           | 00:37:22         | 00:56:18           |
| 48  | KACZMAREK Maja         | 279   | POLIPACK TEAM GWE           | K30-39    |             |              | 00:18:58           | 00:37:44         | 00:56:20           |
| 49  | ZIELIŃSKA Iwona        | 199   | SERCE NORDICA WŁOCŁAWEK     | K50-59    |             |              | 00:18:39           | 00:37:46         | 00:56:28           |
| 50  | STAWNIAK Karol         | 320   | KS METRACO POLKOWICE        | M70+      |             |              | 00:18:41           | 00:37:26         | 00:56:31           |
| 51  | CHYRA Janusz           | 254   | UNIA MIAST                  | M40-49    |             |              | 00:18:46           | 00:38:05         | 00:57:11           |
| 52  | PONKA Radosław         | 307   | POLIPACK TEAM GWE           | M40-49    |             |              | 00:18:16           | 00:37:55         | 00:57:16           |
| 53  | FORYŚ Katarzyna        | 267   | WATAHA                      | K30-39    |             |              | 00:18:53           | 00:38:12         | 00:57:28           |
| 54  | CIESIELSKA Renata      | 255   | TORUŃ - IDZIEMY BEZ RYZYKA  | K40-49    |             |              | 00:19:00           | 00:38:07         | 00:57:33           |
| 55  | BERSZTOLC Agnieszka    | 342   | NOWI SIEDLCE/ NW            | K50-59    |             |              | 00:17:54           | 00:37:31         | 00:58:01           |
| 56  | CZEMPIK Aniela         | 258   | STADION ŚLĄSKI              | K60-69    |             |              | 00:19:12           | 00:38:46         | 00:58:01           |
| 57  | BIAŁK Roman            | 252   |                             | M60-69    |             |              | 00:19:03           | 00:38:47         | 00:58:25           |
| 58  | MIRUSZEWSKA Magdalena  | 296   | OPEC GDYNIA                 | K30-39    |             |              | 00:19:05           | 00:38:51         | 00:58:36           |
| 59  | OMARSKA Grażyna        | 301   | PASJA NORDIC WALKING        | K60-69    |             |              | 00:19:34           | 00:39:03         | 00:58:37           |
| 60  | SĘDZIK Katarzyna       | 316   | LECZMY DURŚ                 | K40-49    |             |              | 00:19:07           | 00:38:56         | 00:58:46           |
| 61  | STANKOWSKA Marzena     | 319   | KIJKOWE TRZEMESZNO          | K40-49    |             |              | 00:19:26           | 00:39:04         | 00:58:46           |
| 62  | SYLDATK Beata          | 148   |                             | K40-49    |             |              | 00:18:28           | 00:38:24         | 00:58:47           |
| 63  | MACIŃSKA Estera        | 295   | LECZMY DURŚ                 | K18-29    |             |              | 00:19:26           | 00:39:11         | 00:58:56           |
| 64  | FOLWARSKA Małgorzata   | 266   | FACE NORDIC WALKING TEAM    | K60-69    |             |              | 00:19:38           | 00:39:10         | 00:59:14           |
| 65  | TURZYŃSKA-STOPA Maria  | 326   | BŁĘKITNI NW DZIEMIANY       | K60-69    |             |              | 00:19:32           | 00:39:33         | 00:59:26           |
| 66  | WYSOCKA Bernadeta      | 336   | BŁĘKITNI NW DZIEMIANY       | K40-49    |             |              | 00:19:22           | 00:39:24         | 00:59:37           |
| 67  | SCHWANN Mirosław       | 315   |                             | M50-59    |             |              | 00:19:44           | 00:39:39         | 00:59:59           |
| 68  | GAŁEK Iwona            | 268   | TORUŃ - IDZIEMY BEZ RYZYKA  | K40-49    |             |              | 00:20:13           | 00:40:30         | 01:00:42           |
| 69  | WALASZKOWSKI Piotr     | 345   | W-WO KRYSTYNA PISAŁA        | M50-59    |             |              | 00:20:06           | 00:40:51         | 01:00:53           |
| 70  | THOMALLA Bogdan        | 324   | STADION ŚLĄSKI              | M70+      |             |              | 00:19:32           | 00:39:49         | 01:00:59           |
| 71  | WOJDANOWSKA Małgorzata | 333   | LECZMY DURŚ                 | K30-39    |             |              | 00:19:49           | 00:41:23         | 01:01:01           |
| 72  | PINIS Michał           | 304   | NORDIC TEAM CZĘSTOCHOWA     | M30-39    |             |              | 00:20:29           | 00:40:49         | 01:01:03           |

| Msc | Zawodnik                          | Numer      | Klub                                                         | Kategoria | Żół. kartki | Czer. kartki | Start_All<br>2.5km | Start_All<br>5km | Start_All<br>7.5km |
|-----|-----------------------------------|------------|--------------------------------------------------------------|-----------|-------------|--------------|--------------------|------------------|--------------------|
| 73  | <b>PEŚKO Michał</b>               | <b>303</b> |                                                              | M40-49    | 1           |              | 00:20:01           | 00:40:43         | 01:01:07           |
| 74  | <b>KISZKA-MAZIARCZUK Berenika</b> | <b>281</b> | LECYMY DURŚ                                                  | K30-39    |             |              | 00:20:27           | 00:41:01         | 01:01:27           |
| 75  | <b>KRASZKIEWICZ Marek</b>         | <b>341</b> |                                                              | M60-69    | 1           |              | 00:20:27           | 00:41:33         | 01:02:16           |
| 76  | <b>SILIKOWSKI Andrzej</b>         | <b>343</b> |                                                              | M60-69    | 1           |              | 00:20:28           | 00:41:34         | 01:02:20           |
| 77  | <b>DROZD Krystyna</b>             | <b>264</b> | CIDRY LOTAJOM                                                | K50-59    |             |              | 00:20:45           | 00:41:34         | 01:02:27           |
| 78  | <b>WĄTROBA Sebastian</b>          | <b>327</b> | VITADIET ŁÓDŹ                                                | M40-49    |             |              | 00:20:25           | 00:41:34         | 01:02:49           |
| 79  | <b>PISAŁA Katarzyna</b>           | <b>121</b> | WEJHEROWSKI KLUB NORDIC WALKING                              | K40-49    |             |              | 00:20:45           | 00:41:56         | 01:03:07           |
| 80  | <b>WŁOCHOWICZ Olga</b>            | <b>332</b> | LECYMY DURŚ                                                  | K30-39    |             |              | 00:21:03           | 00:42:33         | 01:04:26           |
| 81  | <b>POSIM Bogumiła</b>             | <b>309</b> | WATAHA                                                       | K50-59    |             |              | 00:21:21           | 00:43:09         | 01:04:55           |
| 82  | <b>DARGACZ Wiesława</b>           | <b>261</b> |                                                              | K40-49    |             |              | 00:21:08           | 00:42:43         | 01:05:00           |
| 83  | <b>SZYMANEK Anna</b>              | <b>157</b> | WEJHEROWSKI KLUB NORDIC WALKING                              | K30-39    |             |              | 00:21:36           | 00:43:26         | 01:05:43           |
| 84  | <b>KALKOWSKA Martyna</b>          | <b>400</b> |                                                              | K40-49    | 1           |              | 00:20:41           | 00:44:10         | 01:05:52           |
| 85  | <b>ZIĘBA Julia</b>                | <b>202</b> | STADION ŚLĄSKI                                               | K70+      | 1           |              | 00:21:25           | 00:43:49         | 01:05:59           |
| 86  | <b>PLUTA Bożena</b>               | <b>305</b> | CHODZE BO LUBIE                                              | K60-69    | 1           |              | 00:21:34           | 00:43:56         | 01:06:13           |
| 87  | <b>FLISIKOWSKA Iwona</b>          | <b>344</b> | W-WO KRYSTYNA PISAŁA                                         | K40-49    |             |              | 00:22:00           | 00:44:19         | 01:06:48           |
| 88  | <b>SIWCZYK Grażyna</b>            | <b>317</b> | LECYMY DURŚ                                                  | K60-69    |             |              | 00:22:43           | 00:45:30         | 01:08:08           |
| 89  | <b>KRÓLIKOWSKA-ŁOSKOT Danuta</b>  | <b>289</b> | STADION ŚLĄSKI                                               | K60-69    | 1           |              | 00:23:04           | 00:46:08         | 01:08:49           |
| 90  | <b>CHRAPEK Urszula</b>            | <b>253</b> | NORDUM                                                       | K30-39    |             |              | 00:22:56           | 00:45:56         | 01:08:50           |
| 91  | <b>JÓŹWIAK Dominik</b>            | <b>57</b>  | SERCE NORDICA WŁOCŁAWEK                                      | M18-29    |             |              | 00:24:12           | 00:48:30         | 01:12:24           |
| 92  | <b>SZCZĘSNA Emilia</b>            | <b>219</b> | GUMED                                                        | K40-49    | 1           |              | 00:27:32           | 00:51:03         | 01:13:11           |
| 93  | <b>RATKOWSKI Wojciech</b>         | <b>347</b> | AWFIS                                                        | M60-69    |             |              | 00:27:41           | 00:51:54         | 01:17:04           |
| 94  | <b>WĄŻ Mariusz</b>                | <b>328</b> | KLUB SPORTOWY ISKRA PRZY AKADEMII MARYNARKI WOJENNEJ W GDYNI | M40-49    |             |              | 00:25:52           |                  |                    |
|     | <b>LIESKE Anna</b>                | <b>338</b> | WEJHEROWSKI KLUB NORDIC WALKING                              | K18-29    |             |              | DNF                | DNF              | DNF                |
| DQ  | <b>WĄŻ Katarzyna</b>              | <b>329</b> |                                                              | K40-49    | 2           | 1            | 00:23:59 DQ        | DQ               | DQ                 |

Znaleziono 96 wynik(ów)