



WEJHEROWO - PUCHAR POLSKI NORDIC WALKING 2019 - 10 KM

B4SPORT
NORDIC WALKING

Event: PUCHAR POLSKI NORDIC WALKING 2019
Organiser: Polska Federacja Nordic Walking
Date: 2019-05-19
Place: Wejherowo
Distance: 10 km



Classification: M60-69

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	HELWICH Stefan	274	KS METRACO POLKOWICE	M60-69	1			00:15:22	00:30:57	00:46:43	01:02:10.70		6:13	9.6 (100%)
2	DREWA Marian	263	TEAM GEW	M60-69	2	1		00:16:02	00:32:26	00:49:07	01:06:16.00	+00:04:05 (6.2%)	6:37	9.1 (94.8%)
3	SMARSZCZ Wiesław	318	LĘBORSKIE LWY	M60-69	3			00:16:36	00:33:35	00:50:35	01:07:49.05	+00:05:38 (8.3%)	6:46	8.8 (91.7%)
4	HRYNDIO Jerzy	275	STADION ŚLĄSKI	M60-69	4			00:16:07	00:33:26	00:51:02	01:09:29.93	+00:07:19 (10.5%)	6:57	8.6 (89.6%)
5	NETKOWSKI Wojciech	298	PASJA NORDIC WALKING	M60-69	5			00:17:23	00:35:34	00:53:54	01:12:25.55	+00:10:14 (14.1%)	7:14	8.3 (86.5%)
6	ŚLUSARCZYK Andrzej	322	WESOŁY BORSUK TEAM	M60-69	6			00:17:35	00:35:59	00:54:43	01:13:46.80	+00:11:36 (15.7%)	7:22	8.1 (84.4%)
7	BIAŁK Roman	252		M60-69	7			00:19:03	00:38:47	00:58:25	01:18:12.47	+00:16:01 (20.5%)	7:49	7.7 (80.2%)
8	SILIKOWSKI Andrzej	343		M60-69	8	1		00:20:28	00:41:34	01:02:20	01:22:59.65	+00:20:48 (25.1%)	8:18	7.2 (75.0%)
9	KRASZKIEWICZ Marek	341		M60-69	9	1		00:20:27	00:41:33	01:02:16	01:23:00.92	+00:20:50 (25.1%)	8:18	7.2 (75.0%)
10	RATKOWSKI Wojciech	347	AWFIS	M60-69	10			00:27:41	00:51:54	01:17:04	01:43:21.44	+00:41:10 (39.8%)	10:20	5.8 (60.4%)

Total 10 results.