



BIEGI W SZCZAWNICY

WIELKA PREHYBA - 43 KM

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

Wydarzenie: Biegi w Szczawnicy
Organizator: Fundacja Strefa Przygód
Data: 2022-04-23
Miejsce: Szczawnica
Dystans: 43.5 km

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
1	KANTOR Martyna	1204	SALOMON SUUNTO TEAM	K30	1	tak	01:28:52	02:21:14	03:27:52	04:05:45.80	04:05:48.15		5:38	10.6 (100%)
2	WITOWSKA Mirostawa	1212	HOKA GARMIN TEAM	K30	2	tak	01:30:09	02:25:51	03:29:54	04:09:27.85	04:09:30.95	+00:03:42 (1.5%)	5:44	10.5 (99.1%)
3	WILK Katarzyna	1208		K30	3	tak	01:32:38	02:25:39	03:35:20	04:13:32.15	04:13:34.95	+00:07:46 (3.1%)	5:49	10.3 (97.2%)
4	SOLIŃSKA Katarzyna	1206	ON RUNNING POLSKA	K30	4	tak	01:32:58	02:26:03	03:36:13	04:17:47.55	04:17:50.85	+00:12:02 (4.7%)	5:55	10.1 (95.3%)
5	TRACZ Paulina	1202		K30	5	tak	01:32:59	02:28:12	03:41:52	04:24:33.45	04:24:36.00	+00:18:47 (7.1%)	6:04	9.9 (93.4%)
6	MAMALA Justyna	1216	PAMTRANS	K30	6		01:43:40	02:43:14	03:58:51	04:44:29.80	04:44:32.90	+00:38:44 (13.6%)	6:32	9.2 (86.8%)
7	ŁABUZ Małgorzata	1588		K30	7		01:42:53	02:42:10	04:01:53	04:47:33.10	04:47:38.35	+00:41:50 (14.5%)	6:36	9.1 (85.8%)
8	SENDEK Sylwia	1766	INFINITY-GYM	K30	8	tak	01:47:58	02:49:04	04:08:38	04:54:55.35	04:54:59.75	+00:49:11 (16.7%)	6:46	8.8 (83.0%)
9	DYGACZ Agnieszka	1834	LHOTSE TEAM/42K PRO TEAM	K30	9	tak	01:42:35	02:44:40	04:11:40	05:05:52.45	05:05:54.65	+01:00:06 (19.6%)	7:01	8.5 (80.2%)
10	PIĄTEK Joanna	1598		K30	10		01:48:53	02:52:11	04:17:23	05:06:12.10	05:06:17.95	+01:00:29 (19.8%)	7:02	8.5 (80.2%)
11	GARGAS Ewa	1628	PRZEDWOJEWSKI_TEAM	K30	11		01:49:02	02:50:10	04:18:29	05:07:40.75	05:07:47.35	+01:01:59 (20.1%)	7:04	8.5 (80.2%)
12	MILANOWSKA- ZABEL Kaja	1340	#CODEAGAINSTCANCER	K30	12		01:51:37	02:55:52	04:20:42	05:14:19.00	05:14:23.30	+01:08:35 (21.8%)	7:13	8.3 (78.3%)
13	ANTCZAK Jolanta	1537	SPORTOWE PUŁAWY	K30	13		01:58:49	03:10:02	04:43:58	05:36:30.90	05:36:38.30	+01:30:50 (27.0%)	7:44	7.8 (73.6%)
14	CHMIEL Joanna	1544		K30	14		02:00:10	03:16:02	04:52:52	05:44:49.05	05:45:02.90	+01:39:14 (28.8%)	7:55	7.6 (71.7%)
15	KOZERA Katarzyna	1595	BUSHIDO	K30	15		02:01:02	03:16:11	04:54:10	05:48:29.05	05:49:01.50	+01:43:13 (29.6%)	8:00	7.5 (70.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko	Bacówka	Schronisko	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
							na Przehybie 14.4km	na Obidzy 24.3km	pod Durbaszką 35.7km					
16	BIHUN Natalia	1737	NOA	K30	16		02:02:34	03:13:37	04:54:12	05:50:59.55	05:51:03.45	+01:45:15 (30.0%)	8:04	7.4 (69.8%)
17	PŁAZIAK-KOWALSKA Magdalena	1618	2K	K30	17		02:00:40	03:15:32	04:55:10	05:54:10.95	05:54:40.35	+01:48:52 (30.7%)	8:08	7.4 (69.8%)
18	KOMAR Anna	1399		K30	18		02:03:09	03:18:56	04:57:46	05:55:01.10	05:55:14.05	+01:49:25 (30.8%)	8:09	7.4 (69.8%)
19	KLUS Anna	1333	TRAIL IS OUR WAY TEAM	K30	19		02:03:47	03:17:36	05:00:56	05:55:39.25	05:56:13.15	+01:50:25 (31.0%)	8:10	7.3 (68.9%)
20	SOBCZAK Aleksandra	1784		K30	20		02:04:53	03:20:55	05:02:13	05:56:42.10	05:56:54.40	+01:51:06 (31.1%)	8:12	7.3 (68.9%)
21	WIADERNA Nina	1659		K30	21		02:05:06	03:18:52	04:59:41	05:56:18.90	05:57:01.05	+01:51:12 (31.2%)	8:11	7.3 (68.9%)
22	MOLASY Dorota	1714	AKTYWNIIE Z MOLKAMI	K30	22		02:08:06	03:27:00	05:08:55	06:03:48.65	06:04:18.85	+01:58:30 (32.5%)	8:21	7.2 (67.9%)
23	RATKA Adriana	1621		K30	23		02:08:50	03:26:37	05:06:32	06:04:24.00	06:05:09.95	+01:59:21 (32.7%)	8:22	7.2 (67.9%)
24	KUJAWSKA-FREJLICH Joanna	1404		K30	24		02:09:06	03:26:22	05:13:43	06:05:38.65	06:05:59.25	+02:00:11 (32.8%)	8:24	7.1 (67.0%)
25	MĄCZKA Martyna	1865	VEGERUNNERS	K30	25		02:03:50	03:16:15	05:04:00	06:06:51.90	06:07:15.55	+02:01:27 (33.1%)	8:26	7.1 (67.0%)
26	DORENDA Marta	1351		K30	26		02:09:58	03:27:24	05:12:21	06:09:00.15	06:09:04.90	+02:03:16 (33.4%)	8:28	7.1 (67.0%)
27	SOWA-LEWANDOWSKA Katarzyna	1354	UKS LIDER SIERCZA/TECHNIKAM/4F	K30	27	tak	02:09:28	03:25:02	05:10:21	06:08:48.55	06:09:25.80	+02:03:37 (33.5%)	8:28	7.1 (67.0%)
28	SOWIŃSKA-JANECZEK Joanna	1240	KB MARATON TUREK	K30	28		02:05:58	03:24:49	05:11:15	06:08:58.20	06:09:28.00	+02:03:39 (33.5%)	8:28	7.1 (67.0%)
29	MUDY-MADER Justyna	1763	KKS VICTORIA STALOWA WOLA	K30	29		02:12:28	03:28:01	05:13:37	06:13:49.95	06:14:10.40	+02:08:22 (34.3%)	8:35	7 (66.0%)
30	KACPRZYK Katarzyna	1336	SPRINTEX TEAM	K30	30		02:10:06	03:28:49	05:21:55	06:19:12.30	06:19:31.75	+02:13:43 (35.2%)	8:43	6.9 (65.1%)
31	KOEHLER Ola	1816		K30	31		02:05:56	03:23:39	05:15:18	06:20:00.55	06:20:12.10	+02:14:23 (35.3%)	8:44	6.9 (65.1%)
32	CYRULIK Justyna	1244	KRAKOWSKI KLUB OYAMA	K30	32		02:14:50	03:34:35	05:23:43	06:21:30.35	06:21:57.15	+02:16:09 (35.6%)	8:46	6.8 (64.2%)
33	PAWLAK Milena	1281		K30	33		02:10:27	03:36:21	05:26:00	06:22:12.00	06:22:50.35	+02:17:02 (35.8%)	8:47	6.8 (64.2%)
34	PAWLAK Agnieszka	1394		K30	34		02:10:28	03:36:23	05:26:00	06:22:12.65	06:22:50.40	+02:17:02 (35.8%)	8:47	6.8 (64.2%)
35	SOBCZAK Magdalena	1788	WYBIEGAJ SIEBIE	K30	35		02:06:18	03:25:00	05:26:16	06:26:50.15	06:27:11.60	+02:21:23 (36.5%)	8:53	6.7 (63.2%)
36	DROSIO Klaudia	1271	KASZANKI	K30	36		02:17:08	03:43:48	05:42:29	06:41:22.00	06:41:48.35	+02:36:00 (38.8%)	9:13	6.5 (61.3%)

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						Polski	na Przehybie 14.4km	na Obidzy 24.3km	pod Durbaszką 35.7km					
37	GROMEK Edyta	1307	SZYBCIEJ NIE DAM RADY	K30	37		02:18:22	03:43:52	05:38:49	06:41:26.45	06:41:56.90	+02:36:08 (38.8%)	9:13	6.5 (61.3%)
38	PIOTROWICZ Małgorzata	1485	INFINITY-GYM	K30	38		02:16:50	03:41:47	05:36:27	06:41:48.00	06:42:02.40	+02:36:14 (38.9%)	9:14	6.5 (61.3%)
39	TARADAJ Paulina	1689	LACHO TEAM	K30	39		02:21:12	03:48:58	05:42:23	06:43:30.40	06:44:09.05	+02:38:20 (39.2%)	9:16	6.5 (61.3%)
40	MILIK Dagmara	1889		K30	40		02:10:05	03:36:50	05:41:13	06:45:45.95	06:46:26.75	+02:40:38 (39.5%)	9:19	6.4 (60.4%)
41	WASIEWICZ Jolanta	1576		K30	41		02:22:10	03:48:24	05:41:20	06:49:10.15	06:49:17.85	+02:43:29 (39.9%)	9:24	6.4 (60.4%)
42	WAWRZYNIAK Ilona	1680		K30	42		02:18:08	03:51:29	05:52:01	06:55:16.55	06:55:25.60	+02:49:37 (40.8%)	9:32	6.3 (59.4%)
43	KUŁAKOWSKA Monika	1474	W POGONI ZA DUCHEM	K30	43		02:20:28	03:53:49	05:57:37	06:55:53.15	06:56:29.20	+02:50:41 (41.0%)	9:33	6.3 (59.4%)
44	KNAPIŃSKA Monika	1405		K30	44		02:16:31	03:51:55	05:51:58	06:59:38.70	07:00:05.65	+02:54:17 (41.5%)	9:38	6.2 (58.5%)
45	OGŁUSZKA Elżbieta	1857	SAFEPRO USŁUGI BHP	K30	45		02:18:39	03:57:40	06:02:25	07:12:19.15	07:12:28.85	+03:06:40 (43.2%)	9:56	6 (56.6%)
46	WOJEWÓDZKA Anna	2247	WOJEWÓDZCY TEAM	K30	46		02:21:28	04:00:58	06:09:05	07:16:20.10	07:17:02.35	+03:11:14 (43.8%)	10:01	6 (56.6%)
47	KAMIŃSKA Sylwia	1764		K30	47		02:22:32	03:54:10	06:12:01	07:17:10.20	07:17:28.65	+03:11:40 (43.8%)	10:02	6 (56.6%)
48	OLCZYK Joanna	1410		K30	48		02:31:55	04:06:21	06:12:17	07:20:13.65	07:20:45.20	+03:14:57 (44.2%)	10:07	5.9 (55.7%)
49	BEDNARZ Karolina	1758	RAKOŃ WARRIORS	K30	49		02:27:05	04:04:03	06:14:07	07:20:31.55	07:21:35.05	+03:15:46 (44.3%)	10:07	5.9 (55.7%)
50	NIEZNAJ Beata	1434		K30	50		02:26:02	04:03:06	06:15:59	07:23:33.45	07:23:45.80	+03:17:57 (44.6%)	10:11	5.9 (55.7%)
51	BUSK Jakub	1571	NOEV SP. Z O.O.	K30	51		02:25:37	04:01:31	06:12:32	07:28:42.05	07:29:26.50	+03:23:38 (45.3%)	10:18	5.8 (54.7%)
52	PĘCIAK Katarzyna	1469		K30	52		02:26:57	04:01:53	06:18:35	07:34:14.55	07:34:26.70	+03:28:38 (45.9%)	10:26	5.7 (53.8%)
53	GAWRYLUK-KORCZAK Eliza	1430		K30	53		02:17:41	03:57:34	06:31:00	07:42:45.25	07:42:58.75	+03:37:10 (46.9%)	10:38	5.6 (52.8%)
54	WINNICKA Edyta	1294	ADIDAS RUNNERS WARSAW SŁODKIE PĄCZKI	K30	54		02:36:33	04:14:53	06:29:55	07:46:33.45	07:47:29.90	+03:41:41 (47.4%)	10:43	5.6 (52.8%)
55	STRAŻYC Iwona	1262	9-TKA RUNNING TEAM	K30	55		02:32:49	04:18:58	06:30:43	07:47:42.30	07:48:06.95	+03:42:18 (47.5%)	10:45	5.6 (52.8%)
56	LACHCIK Iwona	1580		K30	56		02:33:58	04:18:29	06:35:23	07:49:50.35	07:50:30.90	+03:44:42 (47.8%)	10:48	5.6 (52.8%)
57	WÓJCIK Karolina	1672		K30	57		02:36:21	04:11:08	06:30:01	07:52:44.70	07:52:44.70	+03:46:56 (48.0%)	10:52	5.5 (51.9%)
58	WITOWSKA Aleksandra	1627	DELOITTE ADVENTURE TEAM	K30	58		02:37:45	04:20:16	06:35:09	07:53:14.45	07:54:02.40	+03:48:14 (48.1%)	10:52	5.5 (51.9%)
59	ROMANOWSKA Monika	1836		K30	59		02:34:09	04:16:18	06:48:37	07:58:24.45	07:59:03.65	+03:53:15 (48.7%)	10:59	5.5 (51.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
60	SZTURC Klaudia	1500	KB MCKIS JAWORZNO	K30	60		02:40:36	04:24:10	06:47:18	07:59:27.15	07:59:36.15	+03:53:48 (48.7%)	11:01	5.4 (50.9%)
61	LEWANDOWSKA Marta	1573		K30	61		02:38:33	04:27:25	06:52:01	08:00:15.30	08:00:52.15	+03:55:04 (48.9%)	11:02	5.4 (50.9%)
62	KUJAWA Agata	1699		K30	62		02:31:56	04:26:42	06:58:01	08:11:43.60	08:12:15.95	+04:06:27 (50.1%)	11:18	5.3 (50.0%)
63	FURMAN Agnieszka	1392	OCHAJORUN & FRIENDS	K30	63		02:39:53	04:32:38	07:05:04	08:27:33.70	08:28:13.05	+04:22:24 (51.6%)	11:40	5.1 (48.1%)
64	MODELSKA Małgorzata	1798	AZS AWF MASTERS	K30	64		02:54:18	04:42:21	07:16:11	08:35:57.70	08:36:15.30	+04:30:27 (52.4%)	11:51	5.1 (48.1%)
65	PIOTROWSKA Kamila	1452		K30	65		02:42:11	04:39:42	07:17:44	08:35:47.00	08:36:21.60	+04:30:33 (52.4%)	11:51	5.1 (48.1%)
66	BOGDAŁ Ewelina	1278		K30	66		02:47:27	04:41:16	07:17:25	08:40:03.60	08:40:22.05	+04:34:33 (52.8%)	11:57	5 (47.2%)
67	PAZDERSKA-KIPIEL Agnieszka	1765	LACHO TEAM/EVIL TEAM	K30	67		03:02:52	05:01:25	07:26:43	08:50:52.15	08:51:37.45	+04:45:49 (53.8%)	12:12	4.9 (46.2%)
68	DUNAJ Dominika	1843	DOMINIKA DUNAJ	K30	68		02:51:47	04:49:07	07:27:39	08:55:02.55	08:55:50.15	+04:50:02 (54.1%)	12:17	4.9 (46.2%)
	LEBODA Katarzyna	1248	WILD DOGS TEAM	K30			DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 69 wynik(ów)