



BIEGI W SZCZAWNICY

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Biegi w Szczawnicy
Fundacja Strefa Przygód
2022-04-23
Szczawnica
43.5 km

WIELKA PRZEHYBA - 43 KM

B4SPORT
INTELEKTNE ZAWODY SPORTOWE

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INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko na Przehybie 14.4km	Bacówka na Obidzy 24.3km	Schronisko pod Durbaszką 35.7km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
1	RZESZÓTKO Marcin	1201	BUFF THE NORTH FACE	M30	1	tak	01:14:24	01:57:27	02:52:38	03:26:09.85	03:26:10.55		4:44	12.7 (100%)
2	WITEK Andrzej	1203	140MINUT.PL	M30	2	tak	01:18:15	02:02:49	02:58:54	03:34:11.65	03:34:13.10	+00:08:02 (3.8%)	4:55	12.2 (96.1%)
3	SZCZEŚNIEWSKI Miłosz	1825	HOKA GARMIN TEAM	M30	3	tak	01:19:14	02:03:38	03:01:32	03:36:57.80	03:36:59.05	+00:10:48 (5.0%)	4:59	12 (94.5%)
4	SKUPIEŃ Tomasz	1211		M30	4	tak	01:21:46	02:06:39	03:05:55	03:41:37.55	03:41:38.95	+00:15:28 (7.0%)	5:05	11.8 (92.9%)
5	DOMBROWSKI Maciej	1215	ON RUNNING	M30	5	tak	01:23:57	02:11:53	03:13:52	03:50:48.80	03:50:50.35	+00:24:39 (10.7%)	5:18	11.3 (89.0%)
6	PARIS Nicola	1597	LA RECASTELLO	M30	6		01:25:25	02:16:06	03:21:42	04:01:38.30	04:01:40.90	+00:35:30 (14.7%)	5:33	10.8 (85.0%)
7	KSIĄŻKIEWICZ Piotr	1643	CITY TRAIL TEAM / MKS UNIA HRUBIESZÓW	M30	7	tak	01:27:13	02:17:08	03:23:24	04:03:01.80	04:03:03.85	+00:36:53 (15.2%)	5:35	10.7 (84.3%)
8	LAGNER Sebastian	1637	KB SOBÓTKA/ PRZEDWOJEWSKI_TEAM	M30	8		01:25:26	02:17:15	03:27:49	04:14:50.75	04:14:54.65	+00:48:44 (19.1%)	5:51	10.2 (80.3%)
9	GALAS Karol	1685	GORLICE	M30	9		01:29:13	02:21:51	03:38:10	04:21:40.95	04:21:46.20	+00:55:35 (21.2%)	6:00	10 (78.7%)
10	PIĄTEK Mateusz	1599	RMT TEAM	M30	10		01:35:17	02:28:57	03:40:33	04:22:26.10	04:22:30.15	+00:56:19 (21.5%)	6:01	9.9 (78.0%)
11	SOBCZAK Henryk	1708	-	M30	11		01:36:14	02:29:03	03:42:56	04:24:06.40	04:24:08.10	+00:57:57 (21.9%)	6:04	9.9 (78.0%)
12	LISAK Krzysztof	1892		M30	12	tak	01:32:23	02:25:46	03:39:34	04:26:58.90	04:27:01.20	+01:00:50 (22.8%)	6:08	9.8 (77.2%)
13	CEBERAK Bartosz	1388		M30	13		01:25:31	02:17:19	03:38:59	04:28:28.40	04:28:31.20	+01:02:20 (23.2%)	6:10	9.7 (76.4%)
14	MATUSIAK Daniel	1272		M30	14		01:31:51	02:27:01	03:43:03	04:29:08.25	04:29:24.20	+01:03:13 (23.5%)	6:11	9.7 (76.4%)
15	FLOREK Sebastian	1224	PRZEHYBA TRAIL	M30	15		01:35:34	02:32:49	03:46:11	04:30:01.30	04:30:05.65	+01:03:55 (23.7%)	6:12	9.7 (76.4%)
16	GOŁĄB Marek	1325	STAY INSANE	M30	16		01:37:15	02:33:59	03:49:08	04:31:50.00	04:31:52.65	+01:05:42 (24.2%)	6:14	9.6 (75.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko	Bacówka	Schronisko	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
							na Przehybie 14.4km	na Obidzy 24.3km	pod Durbaszką 35.7km					
17	STANKIEWICZ Tomasz	1275	PLANYBIEGOWE.PL	M30	17	tak	01:38:22	02:34:17	03:54:23	04:40:50.45	04:40:54.75	+01:14:44 (26.6%)	6:27	9.3 (73.2%)
18	STACHOWIAK Łukasz	1226	STR POZNAŃ / CITY TRAIL TEAM	M30	18		01:37:06	02:34:51	03:55:59	04:41:44.15	04:41:47.40	+01:15:36 (26.8%)	6:28	9.3 (73.2%)
19	CZARNY Jarosław	1587		M30	19		01:42:20	02:39:31	03:58:22	04:46:39.10	04:46:44.65	+01:20:34 (28.1%)	6:35	9.1 (71.7%)
20	STAŃCO Paweł	1846	PRZEDWOJEWSKI TEAM	M30	20		01:34:18	02:30:33	03:57:14	04:47:36.65	04:47:44.15	+01:21:33 (28.3%)	6:36	9.1 (71.7%)
21	SZKOŁA Paweł	1640		M30	21		01:40:31	02:39:40	04:00:02	04:51:41.60	04:51:44.70	+01:25:34 (29.3%)	6:42	8.9 (70.1%)
22	SKOWRON Michał	1811	BIEGAM_BO_MAM_DZIECI	M30	22		01:46:10	02:49:37	04:09:48	04:54:56.10	04:55:18.80	+01:29:08 (30.2%)	6:46	8.8 (69.3%)
23	KOWALCZYK Mateusz	1719	MINUTKA TRAIL / PRZEWORSKA GRUPA BIEGOWA	M30	23		01:42:44	02:43:06	04:09:48	04:55:36.95	04:55:39.90	+01:29:29 (30.3%)	6:47	8.8 (69.3%)
24	KRZYSZTOŃ Marcin	1740	GMP LASY - KRAŚNIK	M30	24		01:43:44	02:44:45	04:09:37	04:58:51.50	04:58:57.95	+01:32:47 (31.0%)	6:52	8.7 (68.5%)
25	BIENIAS Łukasz	1902	BLACKHATULTRA	M30	25		01:46:22	02:50:46	04:16:00	05:01:58.15	05:02:34.00	+01:36:23 (31.9%)	6:56	8.6 (67.7%)
26	SZCZYGIEŁ Łukasz	1789		M30	26		01:43:27	02:41:03	04:09:55	05:02:34.80	05:02:47.15	+01:36:36 (31.9%)	6:57	8.6 (67.7%)
27	WÓJCIK Łukasz	1251	SZYBCIEJ NIE DAM RADY	M30	27		01:44:10	02:47:37	04:13:57	05:03:14.65	05:03:27.25	+01:37:16 (32.1%)	6:58	8.6 (67.7%)
28	DUDEK Wojciech	1725	WOJCIECH DUDEK	M30	28		01:40:40	02:44:46	04:14:34	05:04:39.25	05:04:49.50	+01:38:38 (32.4%)	7:00	8.6 (67.7%)
29	STASZELIS Krzysztof	1848	POCO LOCO ADVENTURE	M30	29		01:45:24	02:50:52	04:22:42	05:13:22.90	05:13:30.15	+01:47:19 (34.2%)	7:12	8.3 (65.4%)
30	BŁĄDEK Sławomir	1412		M30	30		01:45:34	02:51:41	04:24:49	05:14:33.95	05:14:38.75	+01:48:28 (34.5%)	7:13	8.3 (65.4%)
31	WALDOWSKI Arkadiusz	1476		M30	31		01:45:14	02:47:43	04:21:30	05:16:03.95	05:16:30.00	+01:50:19 (34.9%)	7:15	8.3 (65.4%)
32	MATYJASZCZYK Kamil	1237	ŁĘCZNA BIEGA	M30	32		01:42:08	02:50:31	04:28:44	05:17:34.40	05:17:42.45	+01:51:31 (35.1%)	7:18	8.2 (64.6%)
33	WÓJCIK Robert	1835	42K PRO TEAM	M30	33		01:43:28	02:50:40	04:24:01	05:19:01.90	05:19:04.70	+01:52:54 (35.4%)	7:20	8.2 (64.6%)
34	WASIEWICZ Adam	1678	NIE MÓJ CYRK, MOJE MAŁPY	M30	34		01:51:20	02:56:15	04:28:37	05:19:06.60	05:19:15.25	+01:53:04 (35.4%)	7:20	8.2 (64.6%)
35	OGŁUSZKA Michał	1856	SAFEPRO USŁUGI BHP	M30	35		01:48:19	02:54:01	04:30:41	05:21:53.65	05:21:57.05	+01:55:46 (36.0%)	7:23	8.1 (63.8%)
36	KAŻMIERCZAK Piotr	1633		M30	36		01:48:23	02:53:03	04:32:12	05:26:58.95	05:27:08.85	+02:00:58 (37.0%)	7:30	8 (63.0%)
37	WALASZCZYK Sławomir	1815	POLWAX RACING TEAM	M30	37		01:52:52	03:00:37	04:33:17	05:27:26.45	05:27:39.10	+02:01:28 (37.1%)	7:31	8 (63.0%)
38	SKRZYP Tomasz	1444		M30	38		01:45:18	02:53:16	04:32:40	05:29:40.15	05:29:54.30	+02:03:43 (37.5%)	7:34	7.9 (62.2%)
39	SŁUGOCKI Mateusz	1352		M30	39		01:54:18	03:01:49	04:35:27	05:29:52.30	05:30:20.25	+02:04:09 (37.6%)	7:34	7.9 (62.2%)
40	KOLASA Przemysław	1626		M30	40		01:52:56	03:01:48	04:40:50	05:31:05.55	05:31:23.10	+02:05:12 (37.8%)	7:36	7.9 (62.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko	Bacówka	Schronisko	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							na Przehybie 14.4km	na Obidzy 24.3km	pod Durbaszką 35.7km					
41	KALISZUK Przemysław	1322		M30	41		01:53:01	03:01:33	04:39:06	05:31:53.55	05:32:18.85	+02:06:08 (38.0%)	7:37	7.9 (62.2%)
42	KACZMAREK Maciej	1722	MEISSNER KOZIOŁ KACZMAREK & PARTNER SP.K.	M30	42		01:56:53	03:03:20	04:40:25	05:34:43.20	05:35:48.45	+02:09:37 (38.6%)	7:41	7.8 (61.4%)
43	ORŁOWSKI Jaku	1750		M30	43		01:48:24	03:03:43	04:44:57	05:35:40.15	05:36:14.20	+02:10:03 (38.7%)	7:42	7.8 (61.4%)
44	MRÓWKA Michał	1229	OBOZY GÓRSKIE	M30	44		01:56:22	03:08:03	04:46:18	05:36:37.85	05:36:44.15	+02:10:33 (38.8%)	7:44	7.8 (61.4%)
45	LIPSKI Michał	1258	STARY CZŁOWIEK KOJOT	M30	45		01:54:39	03:02:05	04:41:54	05:37:34.35	05:37:51.95	+02:11:41 (39.0%)	7:45	7.7 (60.6%)
46	STASIAK Bartosz	1600	DRUŻYNA SZPIKU	M30	46		01:56:17	03:02:56	04:44:48	05:37:31.90	05:38:16.30	+02:12:05 (39.1%)	7:45	7.7 (60.6%)
47	PELA Dariusz	1690		M30	47		01:59:19	03:12:24	04:45:16	05:39:05.10	05:39:26.45	+02:13:15 (39.3%)	7:47	7.7 (60.6%)
48	SWORSKI Roman	1494	TRENUJSKUTE CZNIE.COM / VEGAN & VEGE RUNNERS	M30	48		01:47:30	02:55:22	04:47:46	05:40:51.05	05:41:07.00	+02:14:56 (39.6%)	7:50	7.7 (60.6%)
49	WINTER Piotr	1482	NIGHT RUNNERS	M30	49		01:50:06	02:58:56	04:41:44	05:41:31.45	05:41:36.05	+02:15:25 (39.6%)	7:51	7.6 (59.8%)
50	KWIATKOWSKI Przemysław	1256		M30	50		01:56:16	03:04:10	04:50:46	05:43:04.65	05:43:10.20	+02:16:59 (39.9%)	7:53	7.6 (59.8%)
51	ZIEMBA Michał	1774	ZIOMKI	M30	51		01:57:28	03:10:08	04:47:59	05:43:36.80	05:43:41.40	+02:17:30 (40.0%)	7:53	7.6 (59.8%)
52	SMACZNY Bartłomiej	1528	WTM	M30	52		01:56:13	03:08:49	04:49:16	05:46:43.35	05:47:07.40	+02:20:56 (40.6%)	7:58	7.5 (59.1%)
53	KMITA Krzysztof	1753		M30	53		01:56:56	03:11:48	04:52:33	05:47:33.55	05:48:02.15	+02:21:51 (40.8%)	7:59	7.5 (59.1%)
54	MAZURKIEWICZ Jarosław	1878	KS GRUCHA	M30	54		01:53:01	03:03:43	04:53:48	05:49:09.85	05:49:20.10	+02:23:09 (41.0%)	8:01	7.5 (59.1%)
55	MANDZIUK Grzegorz	1471	ORT ŁOMIANKI	M30	55		01:53:33	03:05:33	04:53:43	05:49:47.30	05:49:47.30	+02:23:36 (41.1%)	8:02	7.5 (59.1%)
56	SMOLIŃSKI Piotr	1347		M30	56		02:03:47	03:18:34	04:58:30	05:52:09.90	05:52:26.75	+02:26:16 (41.5%)	8:05	7.4 (58.3%)
57	FILIPIUK Tomek	1677	POWIAT ŚWIDNICKI	M30	57		01:53:22	03:04:54	04:51:32	05:52:23.20	05:52:36.40	+02:26:25 (41.5%)	8:06	7.4 (58.3%)
58	KARP Paweł	1712		M30	58		01:47:40	02:55:42	04:54:05	05:52:42.85	05:53:00.50	+02:26:49 (41.6%)	8:06	7.4 (58.3%)
59	GŁOWACKI Krzysztof	1813	WIDZEW RUNNING TEAM	M30	59		01:58:31	03:12:14	04:57:53	05:54:37.60	05:55:00.30	+02:28:49 (41.9%)	8:09	7.4 (58.3%)
60	ILKOVIC Matus	1682		M30	60		02:00:29	03:15:56	05:03:17	05:57:24.55	05:57:42.95	+02:31:32 (42.4%)	8:12	7.3 (57.5%)
61	WNEK Marek	1280		M30	61		01:59:24	03:17:41	05:00:17	05:59:16.40	05:59:42.35	+02:33:31 (42.7%)	8:15	7.3 (57.5%)
62	ŁATWIŃSKI Łukasz	1826	MOCNA GRUPA CEZARA	M30	62		02:05:29	03:18:34	05:02:14	05:59:45.85	06:00:00.65	+02:33:50 (42.7%)	8:16	7.3 (57.5%)
63	ŚWIĄTKOWSKI Maciej	1288		M30	63		01:59:42	03:16:02	05:04:32	05:59:57.50	06:00:13.50	+02:34:02 (42.8%)	8:16	7.3 (57.5%)
64	PŁUDOWSKI Bartosz	1850	CHODZIESKIE TOWARZYSTWO ROWEROWE	M30	64		02:05:07	03:19:17	05:06:50	06:02:10.55	06:02:36.40	+02:36:25 (43.1%)	8:19	7.2 (56.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa	Schronisko	Bacówka	Schronisko	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Polski	na Przehybie 14.4km	na Obidzy 24.3km	pod Durbaszką 35.7km					
65	SPYTKOWSKI Patryk	1703		M30	65		02:05:09	03:19:17	05:06:50	06:02:11.90	06:02:37.10	+02:36:26 (43.1%)	8:19	7.2 (56.7%)
66	NOWAK Krzysztof	1684		M30	66		01:59:59	03:19:53	05:09:04	06:02:42.55	06:03:04.00	+02:36:53 (43.2%)	8:20	7.2 (56.7%)
67	WILAMOWSKI Bartłomiej	1241	RYKOWISKO TEAM	M30	67		02:09:24	03:26:13	05:09:02	06:04:20.00	06:04:30.75	+02:38:20 (43.4%)	8:22	7.2 (56.7%)
68	SŁOMKOWSKI Mateusz	1669		M30	68		02:05:13	03:18:02	05:05:20	06:04:30.15	06:04:52.65	+02:38:42 (43.5%)	8:22	7.2 (56.7%)
69	ŚLAŚKI Bartosz	1742	PRZEDWOJEWSKI TEAM	M30	69		02:08:57	03:24:55	05:10:07	06:05:15.35	06:05:45.85	+02:39:35 (43.6%)	8:23	7.1 (55.9%)
70	TRZÓSŁO Tomasz	1293	TOMASZ TRZÓSŁO	M30	70		02:07:15	03:22:17	05:06:24	06:06:19.15	06:06:56.30	+02:40:45 (43.8%)	8:25	7.1 (55.9%)
71	KŁÓDKIEWICZ Marcin	1747		M30	71		02:06:05	03:24:02	05:08:13	06:06:45.85	06:07:23.80	+02:41:13 (43.9%)	8:25	7.1 (55.9%)
72	BURDA Jarosław	1769	RAKOŃ WARRIORS	M30	72		02:14:13	03:31:18	05:11:16	06:06:26.70	06:07:29.95	+02:41:19 (43.9%)	8:25	7.1 (55.9%)
73	JANCZAK Konrad	1549		M30	73		02:03:02	03:19:18	05:09:03	06:07:54.00	06:08:15.45	+02:42:04 (44.0%)	8:27	7.1 (55.9%)
74	BRZUSZKIEWICZ Michał	1757	DREAM RUN	M30	74		01:55:51	03:15:03	05:08:13	06:08:25.85	06:08:33.10	+02:42:22 (44.1%)	8:28	7.1 (55.9%)
75	PYCHA Piotr	1760	FROGPROJECT PIOTR PYCHA	M30	75					06:10:00.00	06:10:00.00	+02:43:49 (44.3%)	8:30	7.1 (55.9%)
76	KOŁBA Paweł	1255	KUSY BUKOWNO	M30	76		02:09:35	03:32:33	05:14:41	06:09:05.20	06:10:17.15	+02:44:06 (44.3%)	8:29	7.1 (55.9%)
77	DZIOB Grzegorz	1460	NIEPOŁOMICE BIEGAJĄ	M30	77		02:00:28	03:17:16	05:07:06	06:11:56.50	06:12:14.60	+02:46:04 (44.6%)	8:33	7 (55.1%)
78	KUŚPIT Przemek	1631		M30	78		02:07:18	03:26:51	05:14:02	06:11:56.65	06:12:15.35	+02:46:04 (44.6%)	8:33	7 (55.1%)
79	HERSZFELD Karol	1228	ŚWIŃSKIE CYCE	M30	79		02:04:02	03:22:16	05:10:36	06:12:07.45	06:12:41.25	+02:46:30 (44.7%)	8:33	7 (55.1%)
80	DĄBROWSKI Andrzej	1786		M30	80		02:04:03	03:18:02	05:08:27	06:12:42.15	06:13:25.00	+02:47:14 (44.8%)	8:34	7 (55.1%)
81	PAĆKO Michał	1577	SPARTA LUBLIN	M30	81		02:09:29	03:24:59	05:11:05	06:13:41.70	06:14:11.85	+02:48:01 (44.9%)	8:35	7 (55.1%)
82	SZYMANIAK Emil	1479		M30	82		02:03:19	03:24:46	05:13:05	06:14:14.25	06:14:24.90	+02:48:14 (44.9%)	8:36	7 (55.1%)
83	ADAMUS Jakub	1235		M30	83		02:06:40	03:23:07	05:12:08	06:14:29.40	06:14:53.80	+02:48:43 (45.0%)	8:36	7 (55.1%)
84	WOCHOWSKI Tomasz	1605		M30	84		02:17:09	03:33:33	05:18:29	06:14:41.95	06:15:20.30	+02:49:09 (45.1%)	8:36	7 (55.1%)
85	KUNYSZ Mateusz	1820	BORGWARNER RUNNING TEAM	M30	85		02:06:41	03:24:28	05:18:33	06:16:51.95	06:17:11.15	+02:51:00 (45.3%)	8:39	6.9 (54.3%)
86	NOWAK Bartłomiej	1441	GANG ULTRABIESA	M30	86		02:04:27	03:20:28	05:14:39	06:17:45.00	06:18:00.85	+02:51:50 (45.5%)	8:41	6.9 (54.3%)
87	RADZIWON Wojciech	1507	OSTRÓDA RUNNERS	M30	87		02:15:03	03:37:50	05:23:15	06:19:08.85	06:20:01.20	+02:53:50 (45.7%)	8:42	6.9 (54.3%)
88	ŻACZEK Łukasz	1360	JZDL	M30	88		02:01:18	03:19:18	05:22:25	06:19:50.40	06:20:32.05	+02:54:21 (45.8%)	8:43	6.9 (54.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko	Bacówka	Schronisko	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
							na Przehybie 14.4km	na Obidzy 24.3km	pod Durbaszką 35.7km					
89	KRZYSZTOŃ Grzegorz	1320	GMP LASY KRAŚNIK	M30	89		02:15:56	03:36:16	05:24:48	06:21:28.30	06:21:57.30	+02:55:46 (46.0%)	8:46	6.8 (53.5%)
90	GRZYBEK Sławomir	1730	BARTOSZ GORCZYCA RUNNING TEAM	M30	90		02:08:42	03:29:51	05:22:23	06:23:22.25	06:23:26.25	+02:57:15 (46.2%)	8:48	6.8 (53.5%)
91	OCHREMIAK Michał	1355	MOKOBIEGACZE	M30	91		02:02:57	03:22:03	05:23:00	06:23:19.75	06:23:42.90	+02:57:32 (46.3%)	8:48	6.8 (53.5%)
92	CZYCZ Mateusz	1245	CARPATHIAN RUNNERS	M30	92		02:09:30	03:29:09	05:24:51	06:25:29.00	06:25:46.30	+02:59:35 (46.6%)	8:51	6.8 (53.5%)
93	MILEWSKI Mateusz	1866		M30	93		02:09:00	03:31:18	05:23:52	06:27:54.15	06:28:21.90	+03:02:11 (46.9%)	8:55	6.7 (52.8%)
94	GAFFKE Krzysztof	1299	EDYTA LEWANDOWSKA TEAM	M30	94		02:15:29	03:36:53	05:32:49	06:34:51.50	06:35:22.75	+03:09:12 (47.9%)	9:04	6.6 (52.0%)
95	BANACH Jan	1335	KLINIKA TRIATHLONU	M30	95		02:02:19	03:20:22	05:28:07	06:35:18.55	06:35:35.50	+03:09:24 (47.9%)	9:05	6.6 (52.0%)
96	BOCHENEK Michał	1502	INFINITY GYM	M30	96		02:12:53	03:34:46	05:33:52	06:37:14.15	06:37:29.50	+03:11:18 (48.1%)	9:07	6.6 (52.0%)
97	SYCHOWSKI Dawid	1790		M30	97		02:08:08	03:34:13	05:30:15	06:37:24.20	06:38:22.75	+03:12:12 (48.2%)	9:08	6.6 (52.0%)
98	POPRAWSKI Mateusz	1383	KILIŃSKIEGO TEAM	M30	98		02:12:43	03:42:30	05:34:49	06:39:18.50	06:39:52.50	+03:13:41 (48.4%)	9:10	6.5 (51.2%)
99	KRYGIER Przemysław	1398	KILIŃSKIEGO TEAM	M30	99		02:12:47	03:42:36	05:34:53	06:39:20.35	06:39:52.65	+03:13:42 (48.4%)	9:10	6.5 (51.2%)
100	KOSMOWSKI Wiesław	1527	MORACZEWO	M30	100		02:12:49	03:42:35	05:34:54	06:39:21.90	06:39:52.85	+03:13:42 (48.4%)	9:10	6.5 (51.2%)
101	SARNA Paweł	1456		M30	101		02:10:06	03:40:04	05:41:48	06:41:05.35	06:41:10.05	+03:14:59 (48.6%)	9:13	6.5 (51.2%)
102	SKŁODOWSKI Piotr	1762		M30	102		02:06:00	03:27:26	05:27:22	06:41:35.00	06:41:35.00	+03:15:24 (48.7%)	9:13	6.5 (51.2%)
103	KOSZCZUK Łukasz	1296	NATIONALE-NEDERLANDEN RUNNING TEAM	M30	103		02:11:54	03:39:11	05:38:04	06:41:46.75	06:41:56.90	+03:15:46 (48.7%)	9:14	6.5 (51.2%)
104	HAŁABUZ Wojciech	1483	ŚWIŃSKIE CYCE	M30	104		02:15:12	03:35:51	05:37:31	06:41:12.60	06:42:18.70	+03:16:08 (48.8%)	9:13	6.5 (51.2%)
105	OLEJNIK Egidiusz	1665		M30	105		02:11:31	03:34:24	05:34:45	06:43:00.70	06:43:30.25	+03:17:19 (48.9%)	9:15	6.5 (51.2%)
106	KLIMEK Paweł	1651	PLANEKO	M30	106		02:06:08	03:37:45	05:41:07	06:44:37.50	06:45:30.20	+03:19:19 (49.2%)	9:18	6.5 (51.2%)
107	MALINOWSKI Tomasz	1525	UKS LIDER SIERCZA	M30	107	tak	02:09:37	03:28:49	05:45:18	06:45:26.70	06:45:47.45	+03:19:36 (49.2%)	9:19	6.4 (50.4%)
108	KWIATKOWSKI Michał	1520	ŚWIŃSKIE CYCE	M30	108		02:12:11	03:35:14	05:37:31	06:46:42.75	06:47:48.60	+03:21:38 (49.4%)	9:20	6.4 (50.4%)
109	FRANUSIAK Marek	1540		M30	109		02:16:03	03:35:07	05:42:09	06:49:40.75	06:50:09.55	+03:23:59 (49.7%)	9:25	6.4 (50.4%)
110	PERENC Michał	1321	CARPATHIAN RUNNERS	M30	110		02:14:07	03:41:16	05:45:41	06:51:42.65	06:51:58.20	+03:25:47 (50.0%)	9:27	6.3 (49.6%)
111	KACZMAREK Łukasz	1781	IWWT ŁUKASZ KACZMAREK	M30	111		02:12:27	03:36:57	05:46:28	06:53:34.90	06:53:59.90	+03:27:49 (50.2%)	9:30	6.3 (49.6%)
112	JĘDRUŚ Jakub	1480	CHSBD W RUCHU""	M30	112		02:17:47	03:44:58	05:42:41	06:54:53.70	06:54:59.85	+03:28:49 (50.3%)	9:32	6.3 (49.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko	Bacówka	Schronisko	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
							na Przehybie 14.4km	na Obidzy 24.3km	pod Durbaszką 35.7km					
113	BUSZEK Tomasz	1371		M30	113		02:32:50	04:07:20	05:54:01	06:54:41.90	06:55:25.05	+03:29:14 (50.4%)	9:31	6.3 (49.6%)
114	WILMAN Andrzej	1650		M30	114		02:20:18	03:50:39	05:52:48	06:54:49.15	06:55:49.95	+03:29:39 (50.4%)	9:32	6.3 (49.6%)
115	PITERA Paweł	1608		M30	115		02:25:44	04:03:38	05:54:58	06:56:06.65	06:56:39.75	+03:30:29 (50.5%)	9:33	6.3 (49.6%)
116	OCHREMIAK Jędrzej	1418	MOKOBIEGACZE	M30	116		02:09:29	03:38:29	05:50:00	06:57:23.95	06:57:48.00	+03:31:37 (50.7%)	9:35	6.3 (49.6%)
117	CISZEWSKI Krzysztof	1622		M30	117		02:19:24	03:47:15	05:54:34	07:01:33.75	07:02:12.35	+03:36:01 (51.2%)	9:41	6.2 (48.8%)
118	ZAWISZA Łukasz	1451		M30	118		02:18:32	03:49:14	05:57:25	07:02:12.25	07:02:19.15	+03:36:08 (51.2%)	9:42	6.2 (48.8%)
119	WAŚKO Rafał	1554		M30	119		02:28:22	03:56:14	05:59:17	07:02:26.20	07:03:06.60	+03:36:56 (51.3%)	9:42	6.2 (48.8%)
120	RAKOWSKI Mateusz	1403		M30	120		02:08:20	03:33:59	05:41:04	07:03:42.45	07:04:34.05	+03:38:23 (51.4%)	9:44	6.2 (48.8%)
121	DREWNIK Robert	1593	BIEGNIJ Z PROSERVICE	M30	121		02:18:44	03:50:12	05:55:40	07:06:03.65	07:07:03.70	+03:40:53 (51.7%)	9:47	6.1 (48.0%)
122	MAJDA Maciej	1839	BRYGADA BESKIDÓW	M30	122		02:17:26	03:51:44	05:57:00	07:11:00.60	07:11:23.65	+03:45:13 (52.2%)	9:54	6.1 (48.0%)
123	DUDEK Maciej	1428		M30	123		02:16:03	03:51:14	06:03:52	07:12:17.70	07:12:17.70	+03:46:07 (52.3%)	9:56	6 (47.2%)
124	CIECKIEWICZ Tomasz	1874		M30	124		02:16:44	03:49:39	06:00:38	07:12:07.25	07:12:32.05	+03:46:21 (52.3%)	9:56	6 (47.2%)
125	LUBINA Cezary	1875		M30	125		02:23:41	03:55:03	06:04:01	07:13:09.05	07:13:09.05	+03:46:58 (52.4%)	9:57	6 (47.2%)
126	MACIEJEWSKI Lukasz	1590		M30	126		02:23:24	03:54:20	06:00:00	07:12:31.30	07:13:21.10	+03:47:10 (52.4%)	9:56	6 (47.2%)
127	MALEC Dawid	1503	MUAY RUNNING TEAM	M30	127		02:10:37	03:39:27	05:58:17	07:14:01.75	07:14:39.70	+03:48:29 (52.6%)	9:58	6 (47.2%)
128	CYGAN Łukasz	1270	KLUB SPORTOWY HAJIME	M30	128		02:23:42	03:57:22	06:07:34	07:14:55.45	07:15:55.75	+03:49:45 (52.7%)	9:59	6 (47.2%)
129	MACHTAŁOWICZ Szymon	1499		M30	129		02:21:27	03:54:43	06:17:54	07:20:24.60	07:20:35.85	+03:54:25 (53.2%)	10:07	5.9 (46.5%)
130	PASTUSZKA Marek	1411		M30	130		02:31:54	04:06:20	06:12:52	07:20:13.50	07:20:45.15	+03:54:34 (53.2%)	10:07	5.9 (46.5%)
131	MUCHA Marek	1818	APOSTLES OF STARS	M30	131		02:24:05	03:57:08	06:03:33	07:20:01.95	07:20:58.60	+03:54:48 (53.2%)	10:06	5.9 (46.5%)
132	RUTKOWSKI Mateusz	1362	WAKACYJNA DEMOLKA	M30	132		02:22:02	04:00:47	06:12:55	07:21:37.10	07:21:54.15	+03:55:43 (53.3%)	10:09	5.9 (46.5%)
133	MAZUREK Łukasz	1802	ABM RUNNERS	M30	133		02:21:20	03:59:20	06:10:22	07:22:09.80	07:23:01.35	+03:56:50 (53.5%)	10:09	5.9 (46.5%)
134	DYREK Marcin	1364		M30	134		02:28:10	04:05:05	06:14:28	07:27:57.05	07:28:08.70	+04:01:58 (54.0%)	10:17	5.8 (45.7%)
135	GULA Tomek	1767	GBY	M30	135		02:31:34	04:06:15	06:18:15	07:29:03.55	07:29:39.50	+04:03:28 (54.1%)	10:19	5.8 (45.7%)
136	SZYMAŃSKI Cezary	1575		M30	136		02:26:29	04:00:00	06:11:47	07:30:02.05	07:31:00.90	+04:04:50 (54.3%)	10:20	5.8 (45.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko	Bacówka	Schronisko	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
							na Przehybie 14.4km	na Obidzy 24.3km	pod Durbaszką 35.7km					
137	NIEDZIAŁKOWSKI Jan	2586		M30	137		02:15:24	03:53:41	06:31:19	07:30:50.95	07:31:06.65	+04:04:56 (54.3%)	10:21	5.8 (45.7%)
138	MOTYLEWSKI Tomasz	1342	SKS	M30	138		02:23:22	04:06:14	06:30:28	07:45:04.70	07:45:58.25	+04:19:47 (55.8%)	10:41	5.6 (44.1%)
139	KARPIŃSKI Jarosław	1783		M30	139		02:20:28	04:05:44	06:39:10	07:58:47.75	07:59:28.55	+04:33:18 (57.0%)	11:00	5.5 (43.3%)
140	TOMASZEWSKI Adrian	1746		M30	140		02:33:39	04:22:53	06:47:49	08:08:28.65	08:09:05.45	+04:42:54 (57.8%)	11:13	5.3 (41.7%)
141	HUNIA Konrad	1298		M30	141		02:32:48	04:17:32	06:45:22	08:11:10.90	08:11:55.00	+04:45:44 (58.1%)	11:17	5.3 (41.7%)
142	WAGNER Grzegorz	1652		M30	142		02:23:34	03:59:58	06:32:47	08:17:27.35	08:18:06.25	+04:51:55 (58.6%)	11:26	5.2 (40.9%)
143	KOZIEŁ Tadeusz	1319	SZCZĘŚCIARZ BIEGA	M30	143		02:40:21	04:35:44	07:07:14	08:23:40.70	08:24:26.15	+04:58:15 (59.1%)	11:34	5.2 (40.9%)
144	ZASŁONKA Paweł	1338		M30	144		02:40:22	04:36:49	07:07:14	08:23:40.10	08:24:26.40	+04:58:15 (59.1%)	11:34	5.2 (40.9%)
145	SZCZAPA Karol	1691	12TRI	M30	145		02:58:22	04:58:54	07:27:16	08:50:20.70	08:50:56.75	+05:24:46 (61.2%)	12:11	4.9 (38.6%)
Przekroczony limit czasu: 09:00:00														
146	BIAŁOBRZESKI Piotr	1845	CITYZEN ATHLETICS	M30	146		03:08:51	05:21:12	08:07:05	09:41:07.25	09:41:33.00	+06:15:22 (64.5%)	13:21	4.5 (35.4%)
	BEDNAREK Adrian	1213	ADRIANBEDNAREK.PL	M30		tak	01:20:47 DNF	02:10:54 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	GABRYŚ Rafał	1648	MKL BRYGADA BESKIDÓW NOWY SĄCZ	M30		tak	01:23:02 DNF	02:12:14 DNF	DNF	DNF	DNF	-	-	- (0.0%)
	BADOWSKI Aleksander	1696	MARCIN ŚWIERC TEAM	M30		tak	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 149 wynik(ów)